

TIB BAR™ ASSEMBLY INSTRUCTIONS







Tib Bar Parts List:

- 1. Clamp
- 2. Sleeve
- 3. Tib Bar Base
- 4. Tib Bar Top

Assembly Instructions: Your Tib Bar Base & Top comes already assembled as shown in image #A.

- 1. As shown in image #B, screw the Sleeve on and fasten tight.
- As shown in image #C, slide your preferred weight(s) on and close the Clamp tight against the weights.

Your Tib Bar is now ready to use HGG fam!

Scan the code to follow our IG page for how-to videos & more!

