



**YOGAMATTERS**

SERVING YOUR JOURNEY SINCE 1996

Reimagine your  
yoga space





## Wholesale Lookbook

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YOGAMATTERS LTD.

## Sit back, browse & be inspired...

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## Serving studios since 1996

After Yogamatters' first steps were taken in 1996 when the founders Paul Walker and Sandi Sharkey were teaching yoga in North London and discovered it was quite a challenge to find good yoga equipment. Taking matters into their own hands, they began selling yoga mats after class, often out of the back of the car. Yogamatters was founded by these two passionate yoga teachers to serve studios and practitioners around the world as they step in and out of classes, journey to retreats and enjoy their daily practice at home. Today, that is still our mission.

The online universe that is Yogamatters today was launched with **www.yogamatters.com** in 1999 and soon bales of blankets and crates of belts

started arriving from Pune and mat bags from Delhi. Since that day we have had the privilege of working closely with teachers and studios from around the world to ensure that we are continuing to provide the yoga community with the products and the service it needs the most. With over 2,500 yoga and wellbeing products in our range, we offer everything needed to create the perfect studio space and the team is always ready to help tailor a solution, because we recognise that no two teachers or studios are the same.

At Yogamatters, we are a passionate team of yoga teachers and practitioners, who truly believe in the transformational power of yoga.

# Yoga Mats

Thoughtfully developed for you



# Performance Mats

Yoga mats that are built to last! Made from highly durable raw materials, this selection of yoga mats are great for high traffic studios and yogi's who practice daily.

# Eco Mats

Discover our range of eco yoga mats designed to support your practice and the planet, using sustainable and innovative raw materials.

Bestseller



## The Eco Rise Mat

3mm x 61cm x 183cm  
Natural and biodegradable  
Textured surface for steady grip  
Beautiful in any space

## The Eco Flow Yoga Mat

4mm x 61cm x 183cm  
Made in Spain from sustainably harvested natural tree rubber, excellent smooth grip



## The Revive Yoga Mat

183cm x 61cm x 5mm  
Versatile mat for a wide range of fitness activities

## The Sticky Mat

4.5mm x 61cm x 183cm  
Perfect for studio classes  
Grippy & lightweight  
Great value

## The Reclaim Sticky Mat

4mm x 60cm x 190cm  
Made from 50% post-production waste. Great grip which improves with use.

## The Eco Everyday Yoga Mat

4mm x 61cm x 183cm  
Sustainably harvested natural tree rubber, recycled material from factory

## The Eco Cork Yoga Mat

4mm x 61cm x 183cm  
Made from cork of Oak trees and natural rubber from sustainable rubber farms

## The Aqua Evolve Yoga Mat

5mm x 60cm x 190cm  
Sustainable innovation, this mat is made from algae



## The Yogamatters Sticky Mat

The history of the sticky mat begins before Yogamatters. In the early 1900s as yoga began to gain popularity in the West, many practitioners used towels or cotton mats on wooden floors. So whilst practising yoga abroad in 1982 yoga teacher Angela Farmer used carpet underlay under a cotton mat during yoga classes to prevent slipping. When she returned to London, her father contacted a German manufacturer and became the first retailer of 'sticky mats' in the UK.

When Yogamatters was brought to life in 1996, the standard yoga mat came from Germany in boxes of ready cut mats and 30m uncut rolls that could be cut to any size. By 2003, the Yogamatters Sticky Mat as we know it today was introduced on the website in two colours. Fast forward 17 years and the Sticky Mat is still a studio favourite, now available in an array of colours.

**“I bought 4 of these mats for new students to borrow for my beginners’ course. I liked them so much that I kept one for myself.”**

Carol, Yogamatters Customer.



Black



Slate Grey



Black - Eyeletted



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Navy Blue



Ocean Green



Flame Orange



Mineral



Berry



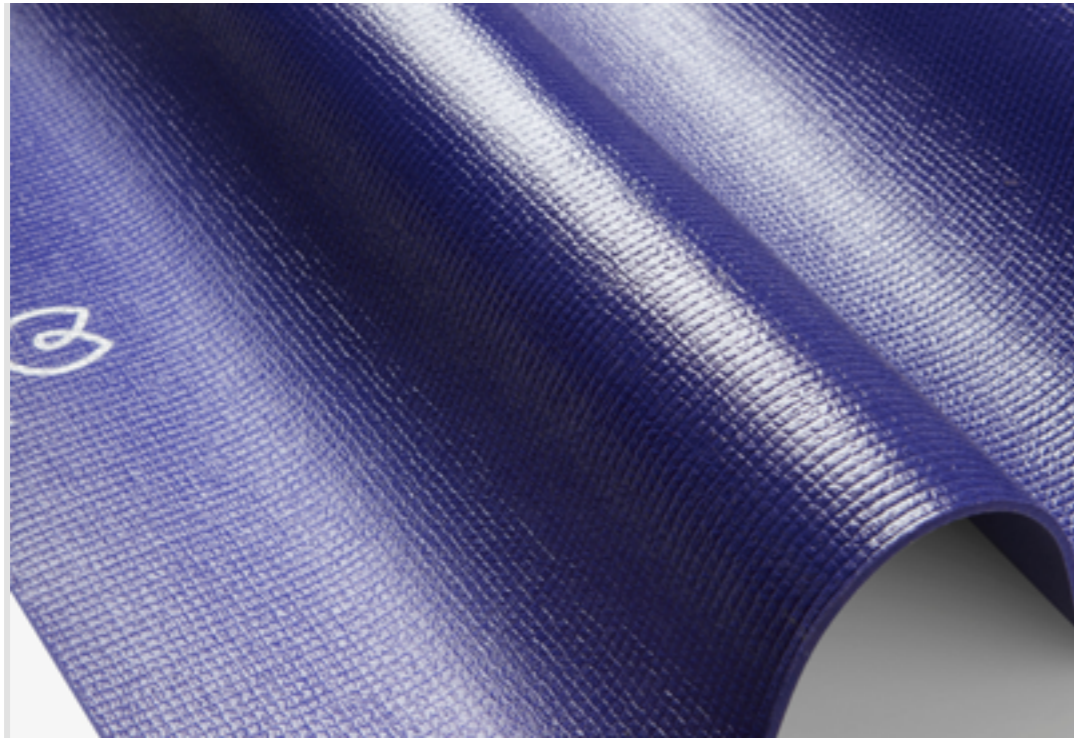
Purple



## Choose your colour

- Available in a rainbow of colours to match with other yoga accessories in the Yogamatters range
- A standard sized yoga mat with plenty of space and grip for your practice
- Wears in to develop excellent grip to help your hands and feet stay static and slip free
- Cushioned enough to protect knees, bottoms and backs from hard surfaces below
- Not so dense that you won't be stable in balancing poses
- Eyeletting service on mats available





## The Yogamatters Reclaim Sticky Yoga Mat

At Yogamatters we are always innovating: especially when it comes to creating sustainable essentials. Our Reclaim Sticky Mat is a perfect example of this: it's as great as our original best-selling Sticky Yoga Mat but this version is made with reclaimed and recycled materials. Sustainable yoga matters.

Half of the material used for the Reclaim Yoga Mat is sourced from excess manufacturing materials that would have normally been thrown out or gone to waste. We transform the extras and turn them into recycled yoga mats – making every one of these as grippy and lightweight as the original.

- Made in Germany
- Oeko-Tex® Standard 100 Certification\*
- Made from 50% post-production waste
- Extremely durable and long-lasting
- Great grip which improves with use
- Lightweight and easily transportable
- Perfect for taller yogis with a length of 190cm
- Non-toxic and safe, made from 16P Phthalate-free PVC
- Latex free



Eyeletting  
option  
available



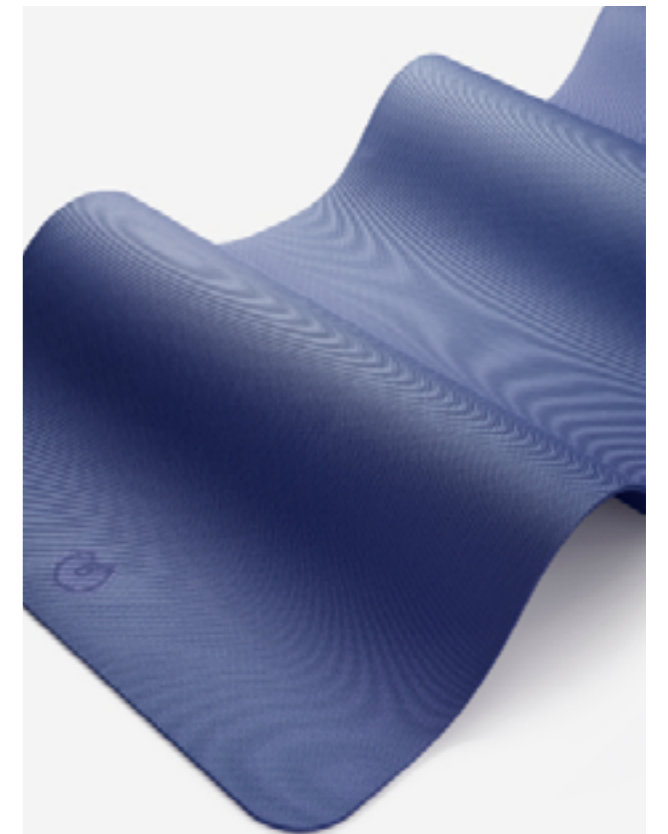


# Meet The Revive Yoga Mat

If you're looking for a versatile mat for a wide range of fitness activities, our Revive yoga mat is suited for yoga, pilates or a fitness class

At 5mm thick it supports your practice by offering comfortable cushioning to your joints. And, it's extremely light, weighing only 1.2kgs which makes it easy to carry to your class or use outdoors for a yoga session under the sun. Featuring rounded edges and foamed texture with an exceptional engineered grip.

- Made from 100% TPE
- Closed-cell surface for a more hygienic practice
- 5mm thick for comfort and cushioning
- Very durable with a strong grip
- Ultra lightweight so you can take it with you everywhere
- A versatile mat for a range of fitness activities



## Revive Yoga Mat

183cm x 61cm x 5mm  
Versatile mat for a wide range of fitness activities



## The Yogamatters Eco Rise Yoga Mat

Rise and shine with the Yogamatters Eco Everyday Rise Yoga Mat. Allow the calm colour and appealing texture to awaken your senses as your yoga practice lifts your soul. This Yogamatters yoga mat is a sustainable option for a studio wanting to create a soft, natural and nurturing environment. The three colourways pair perfectly with the props from the Yogamatters Organic Cotton Collection, so you can kit out your studio out with the beautiful calming colours, while feeling good about making a sustainable choice for your studio and students.

- Made from sustainably harvested natural tree rubber
- Recyclable & biodegradable, free from toxic chemicals and dyes
- Available in a range of clean, natural shades
- From the trusted supplier of the Yogamatters Eco Everyday and Eco Travel yoga mats in Taiwan
- Steady grip to allow you to focus on your practice without the distraction of slipping





### Yogamatters Yoga Mat Cleaner

Handmade on the Norfolk Coast, we offer three scent combinations all inspired by England.

Our mat sprays contain natural anti-bacterial properties which purify your mat, so that it's hygienically clean and ready for your next sun salutation.

- Comes in a 300ml recyclable PET spray bottle
- Made in the UK
- Suitable for use on all Yogamatters yoga mats

Natural



Grey Ice



Eucalyptus



Sunshine



Sky



Desert Sand





# The Yogamatters Eco Everyday Yoga Mat

Introducing the Eco Everyday Yoga Mat made for everybody and for everyday use, either at home or in the studio. At 4mm thick, the Yogamatters Eco Everyday offers just the right amount of cushioning for a comfortable surface for your yoga practice. The textured surface provides stability and steady grip to allow you to focus on your practice without the distraction of slipping. Made from natural materials, this earth friendly Eco Everyday is the natural choice for your studio.

- Made from sustainably harvested natural tree rubber and recycled material, an innovative solution to environmental waste
- Recyclable & biodegradable, free from toxic chemicals and dyes
- Superior cushioning and grip
- A textured practice surface with tonal reverse
- As this mat is made from natural materials, it will breakdown over time and need to be replaced



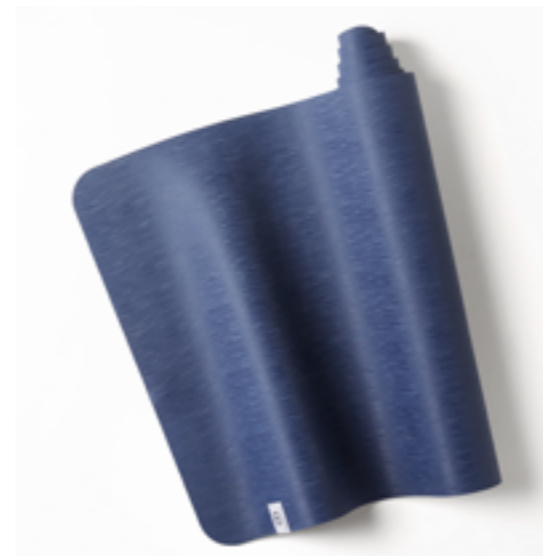
## Berry

A bright berry shade with unique embossed texture and contrasting light berry rubber base.



## Ocean Green

A calming ocean colour with unique embossed texture and an ocean green rubber base.



## Dark Navy

A mat that would suit any space. With a deep navy top and a bright blue base.



## Slate Grey

A versatile colour that can be used with a combination of other coloured props. The slate grey on the embossed surface is the same colour as the rubber base.



## The Yogamatters Eco Cork Yoga Mat

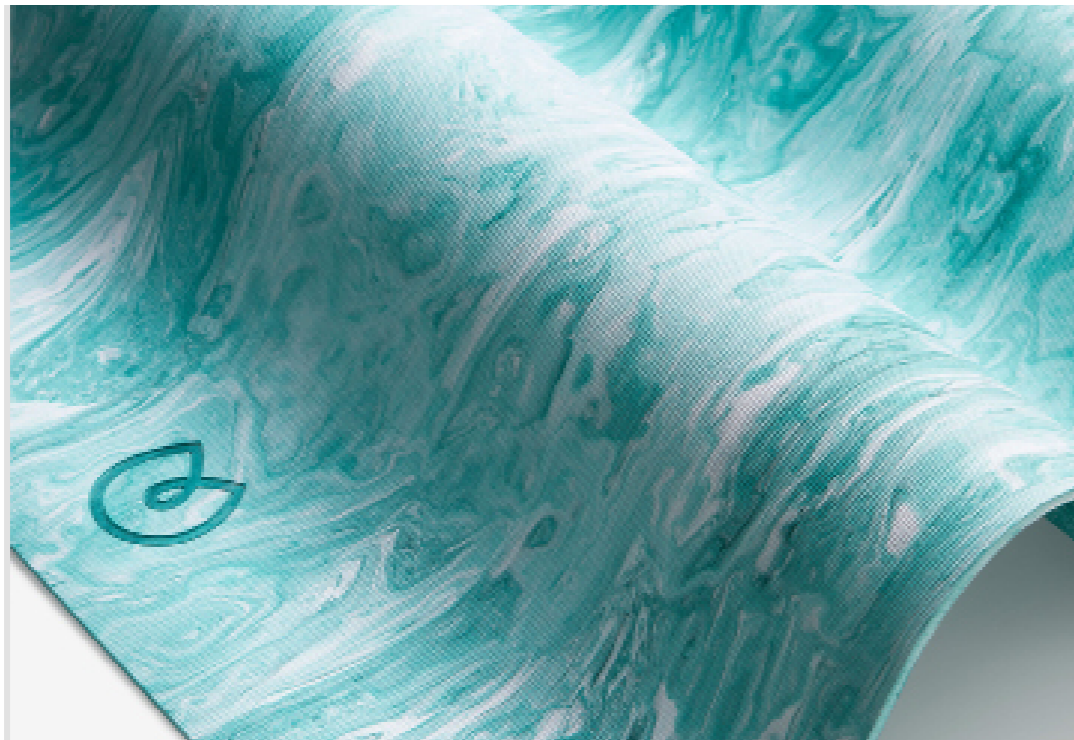
The earth friendly Eco Cork Yoga Mat is made from cork of Oak trees and natural rubber from sustainable rubber farms. At 4mm thick, the Eco Cork mat offers a smooth practice surface with excellent cushioning and comfort.

Cork bark is naturally anti-bacterial, eradicating germs and bacteria that cause bad odours, so you can breathe easy knowing that your cork yoga mat isn't home to any nasties. The grip improves as you get into your practice and start to sweat, you can speed this up by spraying the mat with water before starting your practice.

- Vegan
- Made from cork of the cork Oak tree & sustainably harvested natural tree rubber
- Recyclable & biodegradable
- Free from toxic chemicals and dyes
- Grip improves as you sweat, spritz mat with water to speed this up
- 4mm thickness offering good cushioning

*This product is not suitable for people with a rubber allergy (99% latex free)*





## The Aqua Evolve Yoga Mat

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Sustainability innovation at its best - a yoga mat which actually helps to clean the environment!

The Yogamatters Aqua Evolve yoga mat is made from a unique combination of EVA foam and algae from lakes and ponds.

Algae blooms pose a major problem for communities around the world causing ecosystems to become out of balance. They are caused by factors such as climate change, water pollution from agriculture, industry and society.

Our partners at BLOOM have found an innovative way of helping the environment by turning algae blooms into eco-foams for use in products.

During algae harvesting, the algae is separated

from the water and the clean, filtered and oxygenated water is returned back into the environment. Helping to restore the ecosystem. Algae also absorbs and traps CO<sub>2</sub> from the atmosphere through the process of photosynthesis. When the algae is harvested, the CO<sub>2</sub> comes along with it, which means cleaner air too!

For every mat, 42 bottles of cleaned water are returned to the local habitat as well as 27 cubic metres of clean air.

- Uses reclaimed/recycled materials certified by the Global Recycling Standard (GRS)
- Eco-friendly
- Vegan
- Lightweight and portable at 750 grams
- Free from toxic chemicals and dyes
- 5mm thickness for super cushioning



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## The Yogamatters Eco Flow Yoga Mat

Step onto the Eco Flow - our eco-friendly yoga mat made in Spain from sustainably harvested natural tree rubber. Perfect for yogis who are looking for a mat with superior grip for a dynamic practice without harming the environment. The open cell structure of the mat absorbs sweat and keeps you grounded without slipping away.

- made from 100% sustainably harvested natural tree rubber
- superior grip with smooth finish
- certified OEKO-TEX Standard 100, made with the highest respect for legal environmental and labour standards
- recyclable & biodegradable
- free from toxic chemicals and dyes
- fresh and natural colours inspired from nature
- made in Spain
- free from toxic chemicals and dyes
- 5mm thickness for super cushioning



# The Full Prop Collection

Find Comfort & Space

## Bricks & Blocks



**Yoga Brick**

Our best-selling, lightweight yoga brick



**Cork Brick**

Made from eco-friendly natural cork



**Reclaim Eco Yoga Brick**

Made from post-production waste



**Large Reclaim Eco Yoga Brick**

Made from post-production waste



**Bamboo Yoga Brick**

Made from eco-friendly bamboo



**Yoga Block**

Our best-selling lightweight yoga block



# Blankets & Bolsters



**Half Chipped Foam Block**

32 Half the thickness of our chipped foam block



**Chipped Foam Block**

Made from leftover materials for an eco-friendly choice



**Cork Block**

Made from natural cork



Bestseller



**Organic Cotton Bolster**

Filled with Recron for firmness



**Organic Cotton Buckwheat Bolster**

Moulds to the contours of your body

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**Cork Wedge**

Great prop for wrist and ankle support



**Lightweight Foam Yoga Wedge**

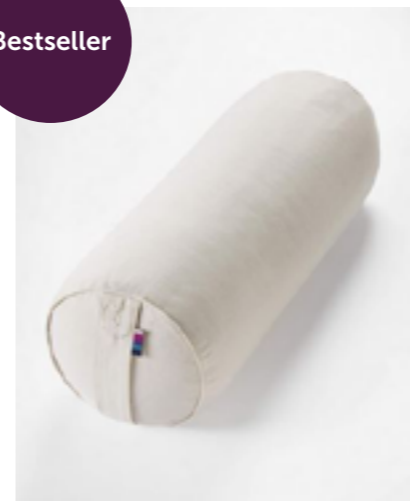
Ease the angle of wrists and ankles



**Pocket Size Cork Wedge**

The perfect compact cork prop

Bestseller



**Organic Cotton Chambray Buckwheat Bolster**

Made from 100% certified organic cotton



**Hemp Buckwheat Bolster**

Made from hemp and filled with organic buckwheat



**Organic Cotton Chambray Mini Buckwheat Bolster**

Our organic savasana neck pillow

# Meditation



**Organic Cotton Rectangular Bolster**

A flatter surface for supine postures



**Small Rectangular Organic Cotton Chambray Bolster**

A smaller version of our favourite rectangular bolster



**Organic Cotton Pranayama Pillow**

Open the chest to create breathing space

Bestseller



**Organic Cotton Crescent Meditation Cushion**

Sit cross legged in comfort



**Organic Cotton Meditation Cushion**

Filled with Buckwheat & easily adjusted



**Organic Cotton Zafu Meditation Cushion**

Firm support at a lower height

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Bestseller



**Organic Cotton Yoga Blanket**

Our staple cotton yoga blanket - a studio must-have



**Organic Cotton Yoga Blanket**

Made from 100% certified organic cotton



**Fleece Yoga Blanket**

Soft, lightweight, warm and cosy



**Organic Cotton Zabuton**

Large zabuton meditation cushion



**Organic Cotton Meditation Chambray Cushion**

Made from 100% certified organic cotton



**Om Tingsha**

Used to focus the mind in meditation

# Yoga Belts



**Organic Cotton D-ring Yoga Belt**

36 D-ring loop made from 100% organically grown cotton



**Organic Cotton Chambray D-ring Yoga Belt**

Soft yet strong rib weave structure



**Wide Yoga Belt**

Wide buckle to adjust the length



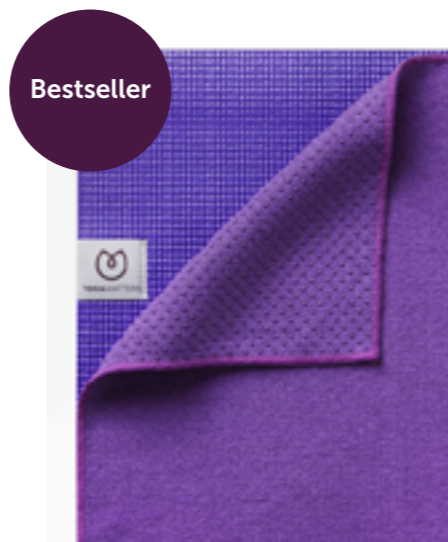
**Classic Yoga Belt**

Available in 0.9m, 2m, 2.5m or 3m



**Hemp Yoga Belt**

Made from 100% extremely durable hemp



**The Grippy Yoga Mat Towel**

Soft and super absorbent yoga towel

# Accessories



**Organic Cotton Standard Filled Sandbag**

Gravel filled



**Organic Cotton Long Filled Sandbag**

Gravel filled



**Organic Cotton Sandbag Cover**

Suitable for filling with small stones

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**Standard Filled Hemp Sandbag**

Gravel filled



**Standard Eye Pillow**

Filled with linseed



**Organic Cotton Chambray Eye Pillow**

Made from organic cotton and filled with lavender scented linseed

# Yoga Chairs

Bestseller



**Yoga Chair - No front bar**

Sturdy Yoga Chair without front bar



**Yoga Chair - Front bar**

Sturdy Yoga Chair with added front bar



**Yoga Chair - Tall**

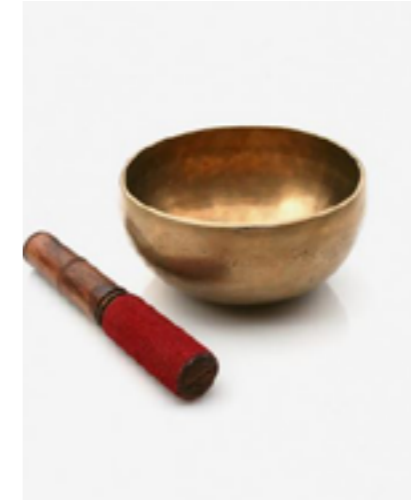
Taller version of the traditional chair

# Sound Healing



**Small Singing Bowl**

Traditional handmade bowl from India



**Medium Singing Bowl**

Traditional handmade bowl from India



**Large Singing Bowl**

Traditional handmade bowl from India



**Spare Foot for Yoga Chair**

Single replacement foot for all Chairs



**Backbender Chair Extension**

Extension for chair with and without front bar



**Cork Yoga Wheel**

A revolutionary prop that supports a wide variety of challenging postures



**Small Om Tingsha**

Traditional Indian prayer chimes



**Medium Om Tingsha**

Traditional Indian prayer chimes



**Large Om Tingsha**

Traditional Indian prayer chimes

# Exercise, Massage Balls & Rollers



**18cm Exercise Ball**

To enhance a Yoga or Pilates practice



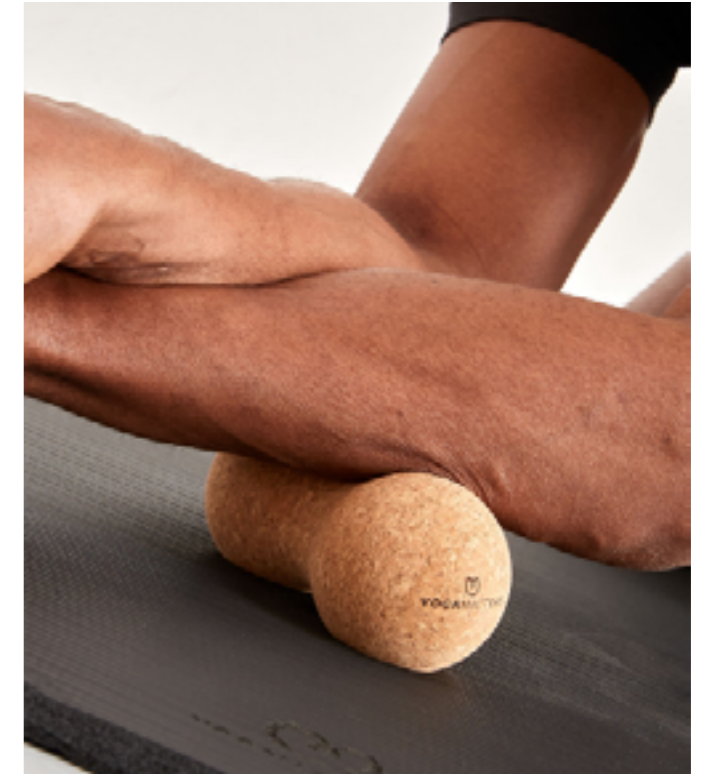
**23cm Exercise Ball**

To enhance a Yoga or Pilates practice



**Cork Peanut Massage Roller**

The perfect prop for loosening tight muscles



**Small 7cm Spiky Massage Ball**

For self massage and relieving tension



**Large 9cm Spiky Massage Ball**

For self massage and relieving tension



**Cork Massage Fascia Roller**

Effectively relieves inflammation and tight muscles



**Cork Massage Ball Set**

Set of 2, essential for trigger point release



# The Colour Collection

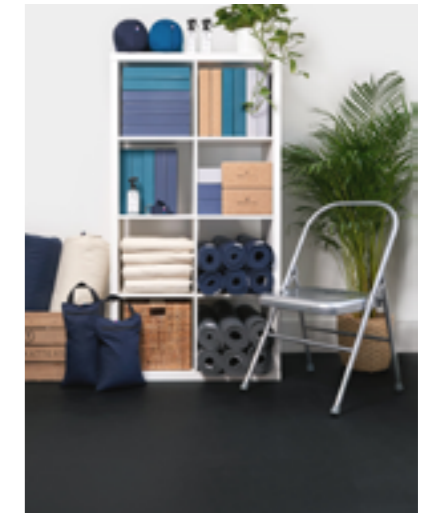
Inspire & Create



The creative choice for a studio that either wants to stick to a specific colour scheme or play with the rainbow!



Create a soft, calming and nurturing environment, while making a sustainable choice.



## The Iyengar Yoga Collection

The Iyengar Yoga Collection provides all the essential Iyen-



## The Restorative Collection

This collection creates the perfect atmosphere for sound-journeys, restorative yoga and gong-baths.



## The Hot Yoga Collection

Our Hot Yoga Collection provides you with the must haves for a sweaty practice.

# 01



THE COLOUR COLLECTION



## The Colour Collection

The Yogamatters Colour Collection is the creative choice for a studio that either wants to stick to a specific colour scheme or go all out and mix and match the colours of the rainbow. This collection gives you endless opportunities for combining and matching colours throughout all our favourite studio props.

With this collection, you can create a whole setup that matches your studio colour or simply pick and choose the colours that resonate the most with you and mix across mats, bolsters, bricks and blocks, to create your own unique colour combination.

The core props and mats in the Colour Collection are customer favourites that have been tried and tested by studios and teachers for years, to ensure that we are bringing your studio not only the right colours, but props that will last and serve you into the future.



**Sticky Mats**

Our best-selling sticky yoga mat



**Yoga Block**

Our best-selling lightweight yoga block



**Yoga Brick**

Made from high grade, non toxic foam



**Organic Cotton Yoga Blanket**

Our bestselling Yoga Blanket - now made from 100% organically grown cotton



**Fleece Yoga Blanket**

Soft, lightweight, warm and cosy



**Organic Cotton Eye Pillow**

Filled with linseed



**Organic Cotton Bolster**

Filled with Recron for firmness



**Organic Cotton Buckwheat Bolster**

Moulds to the contours of your body



**Organic Cotton Rectangular Bolster**

A flatter surface for supine postures



**Organic Cotton Wide Yoga Belt**

Wide buckle to adjust the length



**Organic Cotton D-ring Yoga Belt**

D-ring loop made from natural cotton



**Yoga Mat Cleaner**

Available in 3 scents





## The Eco Collection

The Yogamatters Eco Collection is for the studio wanting to create a soft, calming and nurturing environment, while making a sustainable choice.

Made up of the Organic Cotton Collection, our cork props and our two natural rubber mats, it is the perfect solution for the environmentally conscious studio.

The colours of the Eco Collection are perfect for creating a soft and bright space, where students can come to slow down and rest.



**The Eco Everyday Rise Yoga Mat**

Made from sustainably harvested rubber



**The Eco Everyday Yoga Mat**

Made from sustainably harvested rubber



**Organic Cotton Yoga Mat**

Made from 100% certified organic cotton



**Small Rectangular Chambray Organic Cotton Bolster**

A smaller version of our favourite rectangular bolster



**Organic Cotton Yoga Blanket**

Made from 100% certified organic cotton



**Organic Cotton Chambray Eye Pillow**

Made from certified organic cotton



**Cork Brick**

Made from eco-friendly natural cork



**Cork Block**

Made from eco-friendly natural cork



**Organic Cotton Chambray Buckwheat Bolster**

Made from 100% certified organic cotton



**Organic Cotton Chambray D-ring Yoga Belt**

Soft yet strong rib weave structure



**Yoga Mat Cleaner**

Available in 3 unique scents



## The Iyengar Yoga Collection

At Yogamatters, we are proud to have traditional Iyengar Yoga deeply embedded within our heritage and history. The Iyengar Yoga Collection provides all the essential Iyengar props needed to create a fully functional and inclusive Iyengar studio, with props to support your students at any level in any pose.

The Iyengar Yoga Collection is for studios wanting to offer the traditional style of Iyengar yoga or for those simply wanting to create an inclusive practice space where props offer modifications that allow everybody to enjoy the transformational power of yoga.

Props such as sandbags and the Yoga Chair are not standard in every studio, and our team has a wide knowledge of all our products, and is always happy to answer any questions about how to best use and care for your equipment.



**Pair of Eyebolts & Anchors**

Dark metallic colour



**Pair of Eyebolts & Anchors**

Stainless Steel



**Pair of Short Ropes**

This set contains one pair of short ropes



**Pair of Long Ropes**

This set contains one pair of long ropes



**Pair of Long & Short Ropes**

A set containing one pair of long and one pair of short ropes



# Yoga Chairs



**Yoga Chair - No front bar**

Sturdy Yoga Chair without front bar



**Yoga Chair - Front bar**

Sturdy Yoga Chair with added front bar



**Yoga Chair - Tall**

Taller version of the traditional chair



**Backbender Chair Extension**

Extension for chair with and without front bar



**Spare Foot for Yoga Chair**

Single replacement foot for all Chairs



**Yoga Brick**  
Made from high grade, non toxic foam



**Yoga Block**  
Our best-selling lightweight yoga block



**Chipped Foam Block**  
Made from compressed chipped foam



**Pocket Size Cork Wedge**  
The perfect compact cork prop



**Cork Wedge**  
Great prop for wrist and ankle support



**Organic Cotton Bolster**  
Filled with Recron for firmness



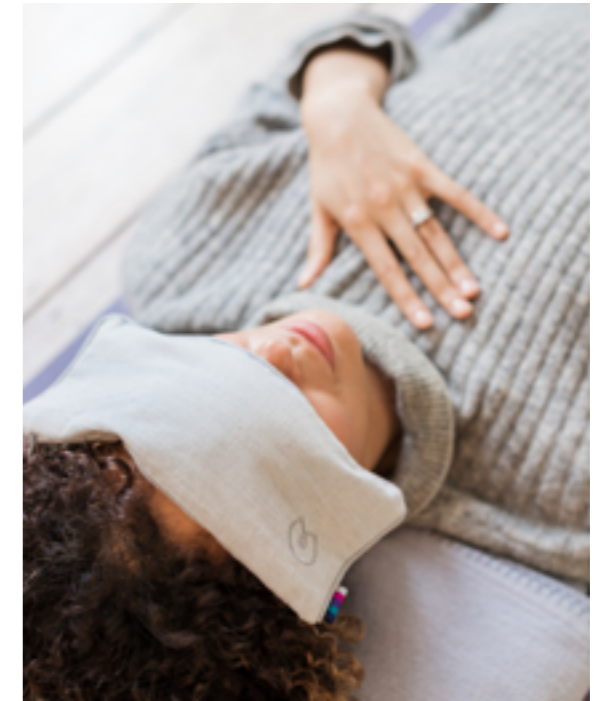
**Filled Sandbag**  
Choose from long or short



**Organic Cotton Yoga Blanket**  
Our coloured cotton yoga blanket



**Classic Yoga Belt**  
Available in 0.9m, 2m, 2.5m or 3m



## The Restorative Collection

If you are looking to create much more than just a yoga studio where people come to move and stretch, the Yogamatters Restorative Collection is the perfect choice.

This collection creates the perfect atmosphere for sound-journeys, restorative yoga and gong-baths, where the zabutons, meditation cushions and blankets from our soft Organic Cotton Collection will allow everyone to float away and feel rested and restored.

The soft colourways of the props will help you create a space that feels gentle and inviting, so you can welcome your students into a studio filled with warmth and comfort.



**Organic Cotton Yoga Mat**

Made from 100% certified organic cotton



**Organic Cotton Chambray Buckwheat Bolster**

Made from 100% certified organic cotton



**Small Rectangular Organic Cotton Chambray Bolster**

A smaller version of our favourite rectangular bolster



**Organic Cotton Chambray Eye Pillow**

Made from organic cotton



**Singing Bowl**

Choose from 3 sizes



**Organic Cotton Chambray Mini Buckwheat Bolster**

Our organic savasana neck pillow



**Organic Cotton Yoga Blanket**

Made from 100% certified organic cotton



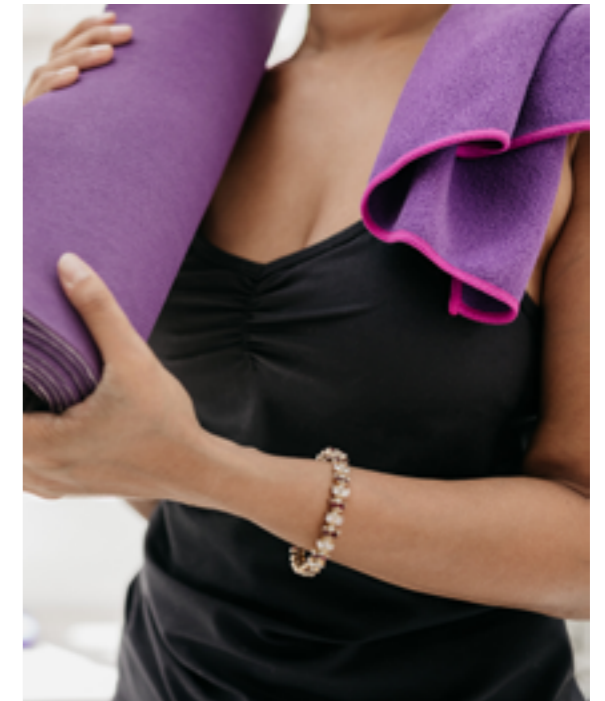
**Organic Cotton Zabuton**

Large zabuton meditation cushion



**Organic Cotton Chambray Meditation Cushion**

Made from 100% certified organic cotton



## The Hot Yoga Collection

The environment of a hot yoga class, where everyone is sweating, means that students often find themselves slipping on their mats, and it can be hard for them to find focus and enjoy the practice.

Our Hot Yoga Collection will help you provide the best possible environment for everyone to enjoy the practice and stay focused class after class, knowing they are supported and stable as they move through a flow.

Our Grippy towels provide a sturdy and comfortable foundation on top of any yoga mat to absorb moisture, while the non-toxic silicone dots on the back means the towel will stay put throughout the class. Available in a range of colours the towels are not only functional, but will brighten up the studio.



# The Grippy Mat Towel

The Grippy from Yogamatters is a soft and super absorbent yoga mat towel that layers over a yoga mat during a hot yoga class for a protective & hygienic surface. We offer a range of colours and prints to choose from.



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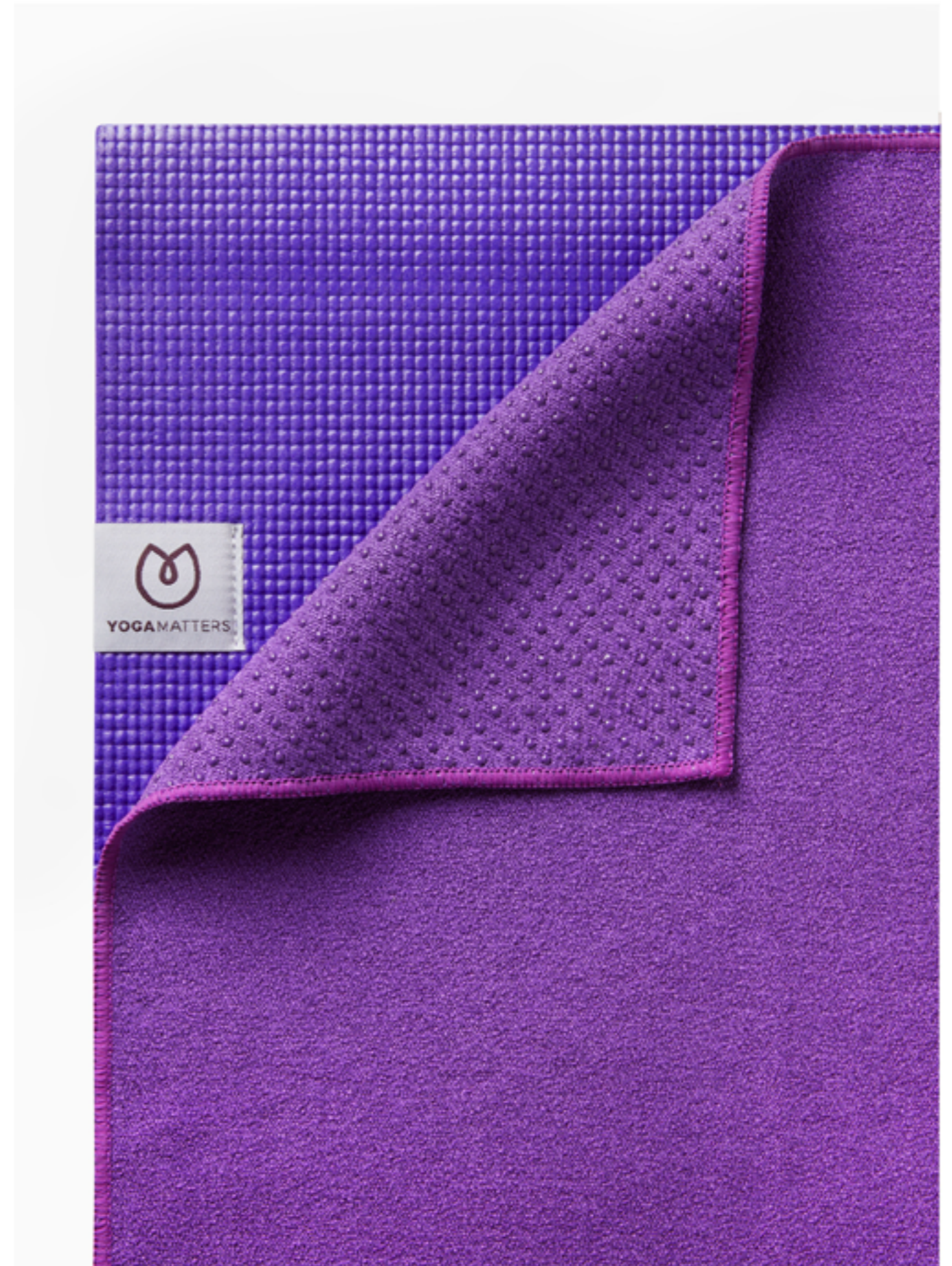
**The Grippy Yoga Mat Towel**

Soft and super absorbent yoga towel



**Mat Grip Eco Ball**

Filled with a non-toxic compound



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# The Bolster Guide

## Yogamatters Buckwheat Bolster

Filled with organic buckwheat hulls, our buckwheat bolster moulds to the contours of your body, encouraging complete release and support of the body. The buckwheat hulls are easy to remove making it simple to find a desired firmness for the bolster.

The buckwheat is also sturdy when placed on top of bricks and other props. As this filling is also slightly heavier it provides grounding and stability for a range of uses.



## Yogamatters Recron Bolster

Filled with recron fibrefill (a specially engineered hollow polyester fibre) which guarantees firmness throughout use whilst giving gentle and comfortable support.

This bolster is much more lightweight than the buckwheat filling and provides a cushioned feel. Perfect for restorative poses to support the body on a soft surface.





### Organic Cotton Chambray Buckwheat Bolster

**Filling:** Buckwheat  
**Cover:** 100% organic cotton  
**Size:** 63cm length x 23cm diameter  
**Weight:** 4.5 kg  
**Great for:** A yoga teacher favourite - you will find our bolsters in studios all over the world



### Small Rectangular Buckwheat Bolster

**Filling:** Buckwheat  
**Cover:** 100% organic cotton  
**Size:** 45cm length x 21cm width x 12cm height  
**Weight:** 2.4 kg  
**Great for:** Meditation and restorative yoga. Buckwheat filling moulds to the contours of the body. Natural and environmentally friendly filling. Flat surface great for supine poses.



### Organic Cotton Yoga Bolster

**Filling:** Recron fibrefill (a specially engineered hollow polyester fibre)  
**Cover:** 100% organic cotton  
**Size:** 63cm length x 23cm diameter  
**Weight:** 2.2 kg  
**Great for:** Many styles of yoga. Recron filling ensures firmness and durability. Lightweight.



### Organic Cotton Rectangular Bolster

**Filling:** Recron  
**Cover:** 100% organic cotton  
**Size:** 63cm length x 30cm width x 15cm height  
**Weight:** 2.3 kg  
**Great for:** Restorative yoga. Large surface offers great support in supine poses. Recron filling ensures firmness and durability.



### Organic Cotton Buckwheat Bolster

**Filling:** Buckwheat  
**Cover:** 100% organic cotton  
**Size:** 63cm length x 23cm diameter  
**Weight:** 4.5 kg  
**Great for:** Many styles of yoga. Buckwheat filling moulds to the contours of the body. Natural and environmentally friendly filling.



### Organic Cotton Chambray Mini Buckwheat Bolster

**Filling:** Buckwheat  
**Cover:** 100% organic cotton  
**Size:** 31cm length x 12cm diameter-  
**Weight:** 0.7 kg  
**Great for:** An ideal prop in studios that offer yoga nidra, sound and gong baths

Enjoy every step of the  
journey...