

International Coaching Federation (ICF)

Some ICF terminology:

- **Accredited** refers to a coach training program. The ICF assesses and accredits coach training programs to ensure high standards of coach training. Each program is audited quarterly by the accreditation teams.
- **Credentialed** refers to the level of credential a coach has reached (ACC, PCC, MCC).
- **Certified** refers to the Certificate you receive at the completion of your coach training program. At completion of your NZIC coach training program you may call yourself an ICF Certified Coach.

See the links below that detail requirements for:

ICF Membership

<https://coachingfederation.org/professional-coaches/eligibility-requirements>

Member Benefits

<https://coachingfederation.org/professional-coaches/benefits>

Member Pricing

<https://coachingfederation.org/professional-coaches/pricing>

Digital Badge

<https://coachingfederation.org/professional-coaches/icf-member-digital-badge>

Credentialing Explained

Associated Credentialed Coach (ACC)

<https://coachingfederation.org/credentials-and-standards/acc-paths> - If you have done NZIC coach training you would select the ACSTH pathway, which includes:

- 60 hours of coach-specific training
- 10 hours of mentor coaching over a minimum of three months
- A minimum of 100 hours of coaching experience (70 must be paid, 30 can be pro-bono)

- 25 of your coaching experience hours need to be completed within 24 months of applying
- Application for credentialing to the ICF includes submitting a recording of a coaching session no less than 20 minutes and no more than 60 minutes.
- Once this has been passed by the ICF assessor it has been assigned to, you will receive notice to book attendance to complete the online Coach Knowledge Assessment (CKA).

Professional Credentialed Coach (PCC)

<https://coachingfederation.org/credentials-and-standards/pcc-paths>

Master Certified Coach

<https://coachingfederation.org/credentials-and-standards/mcc-path>

When you become an ICF credentialed coach you will be able to create a profile on the ICF website which enables you to add your professional development hours, register for Reciprocal Peer Coaching, join Communities of Practice, be involved in professional development, and much more to enhance your profile and visibility.

Credential Renewal

Your credential needs to be renewed every three years. This is done by completing 40 hours of Continuing Coach Education (CCE).

At least 24 of the CCE's must be in Core Competencies and at least 3 must be in coaching ethics. The remaining hours can be in Resource Development.

10 hours of Mentoring is also required for renewal of your credential.

More detail on renewals here: <https://coachingfederation.org/credentials-and-standards/renew-credential>

At NZIC we recommend mentoring and supervision as a way of engaging in ongoing professional development. As you have read 10 hours of mentoring is required for applying for your credential and then for renewing your credential every three years. Supervision may be used for 10 Core Competencies when renewing your credential.

Supervision is not mandated by the ICF but is a highly effective way of reflecting on your coaching practice to enhance your coaching skills. ICF's position on Supervision: [The Gold Standard in Coaching | ICF - Coaching Supervision \(coachfederation.org\)](https://coachfederation.org/the-gold-standard-in-coaching-icf-coaching-supervision)

The difference between Mentoring and Supervision

Mentoring has its focus on understanding and applying the specific ICF Core Competencies in coaching conversations and relationships. Mentoring provides professional assistance in achieving levels of coaching competency. ICF's explanation of mentoring: [Mentor Coaching - International Coaching Federation \(coachfederation.org\)](https://coachfederation.org/mentor-coaching)

Supervision can be described as the intersection of the personal and professional aspects of coaching. Supervision offers a space to reflect on our own coaching practice in order to bring the best of ourselves to each coaching relationship. Focus here is on *who* the coach is in their coaching relationships.

A good explanation of supervision here: [Coaching Supervision - International Coaching Federation \(coachfederation.org\)](https://coachfederation.org/coaching-supervision)