



Skin by VIVANT

*Acne: A Tactical Guide
To Clear Skin*

RADIANCE FOR ALL.

Unless you have dedicated yourself to using only water and pastes made from hand-foraged herbs to care for your skin, you've likely used a product that contains ingredients originally developed by James E. Fulton, M.D., Ph.D.

Dr. Fulton is the scientist who co-developed Retin-A®, the acne and anti-aging treatment that revolutionized skin care. He is known for creating the gold standards of skin care used in every dermatologist office: the stabilized version of benzoyl peroxide, the topical antibiotic erythromycin, and vitamin A propionate, a less irritating alternative to Retin-A® that is widely recognized as the most effective retinoid available without a prescription.

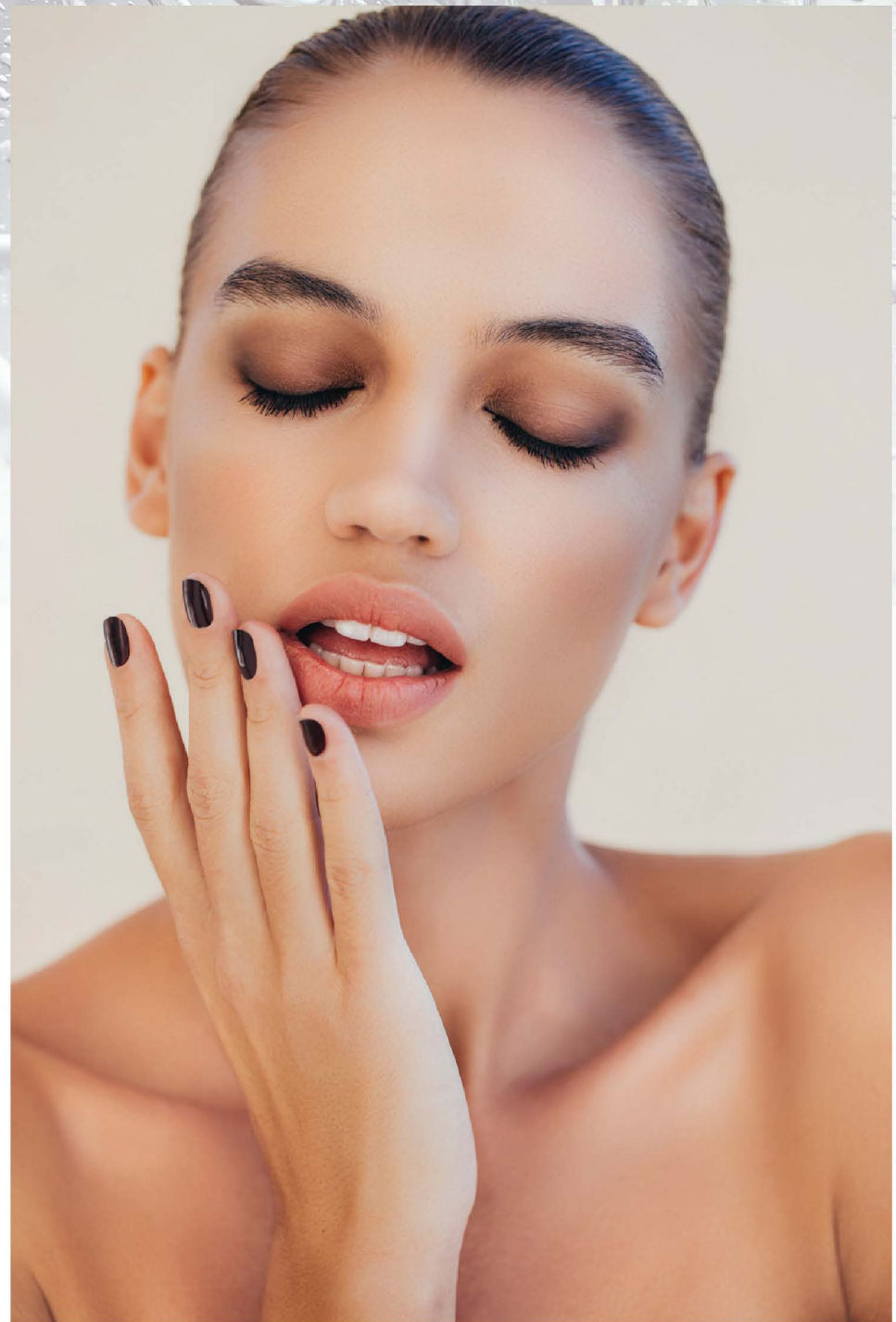
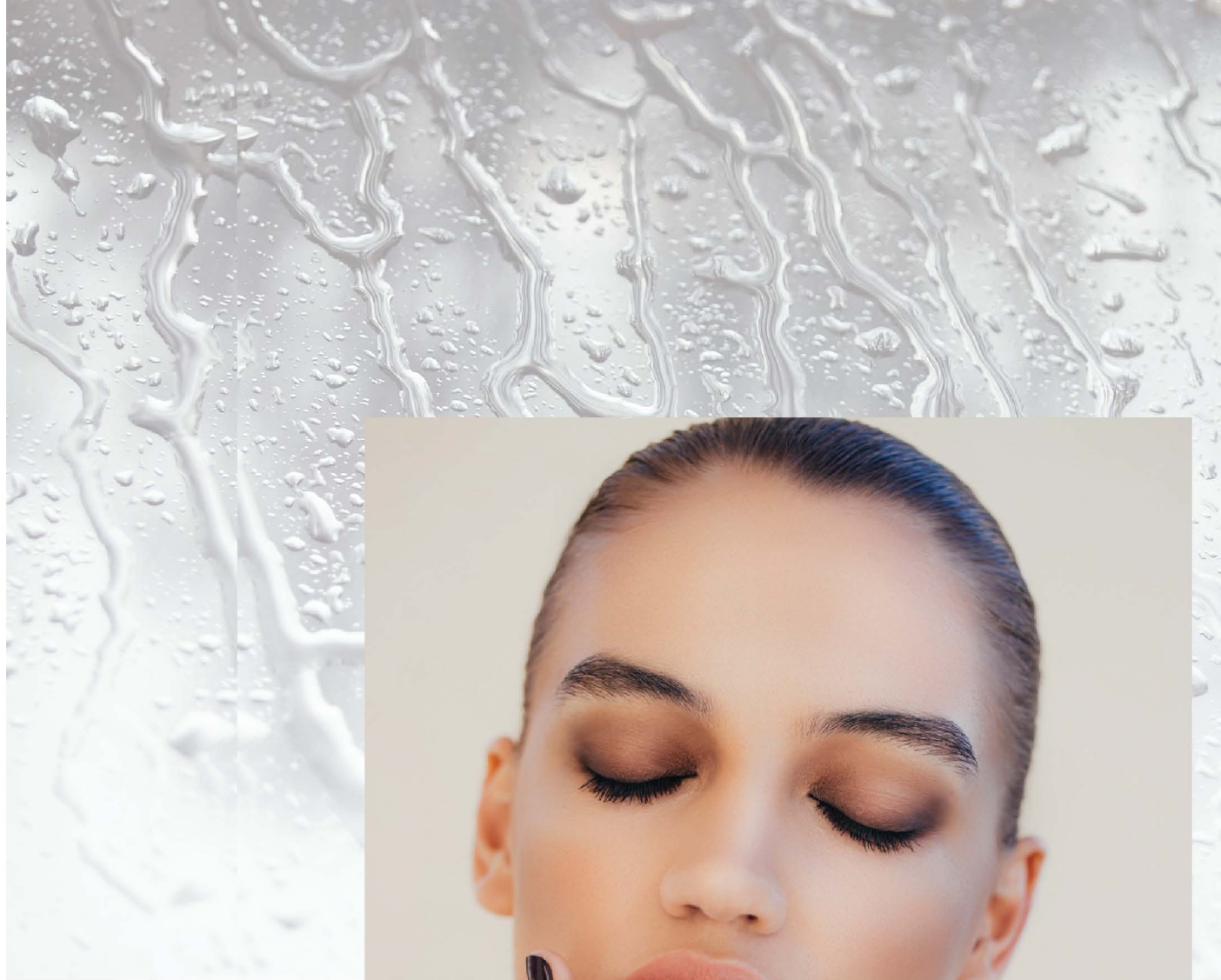
Inspired by Dr. Fulton's work, researcher and formulator Sara Fulton envisioned a line of profoundly transformative skin care products. Together, they successfully treated more than 100,000 patients with these products in their 12 dermatology offices over the course of four decades.

In 1990, Sara Fulton launched Vivant Skin Care with the mission to provide life-changing solutions for problem skin. It has since become a premier brand for dermatologists, aestheticians, and med spas worldwide.



“ IN LIFE
AND IN
SKIN CARE,
PERSISTENCE
PAYS. ”

— VIVANT SKIN CARE



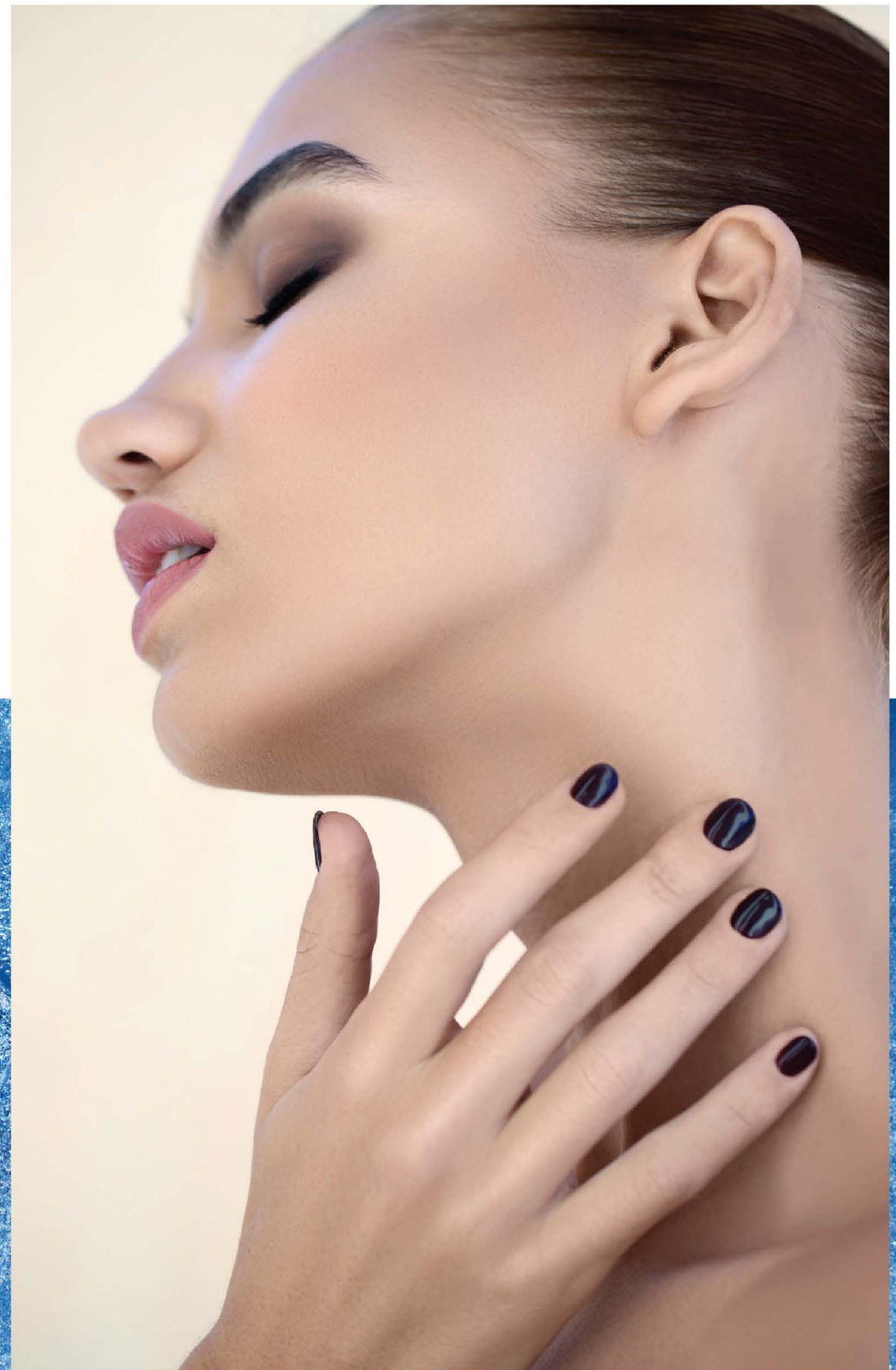
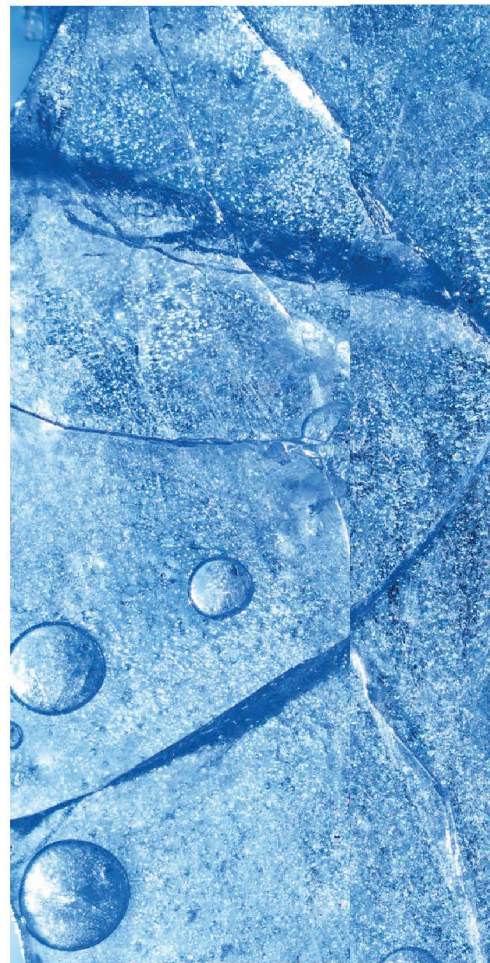
WASH YOUR FACE.

Every morning. Every night. Remove oil, dirt, makeup, dead skin, and fight the spread of acne with antibacterial ingredients.

Recommended Vivant products:
Mandelic Acid Exfoliating Cleanser
BP Exfoliating Cleanser

ICE YOUR TROUBLE SPOTS.

Tip: Calm inflammation and redness with a little ice rubbed directly on the skin. When used daily, it's a great way to prep skin for additional products.



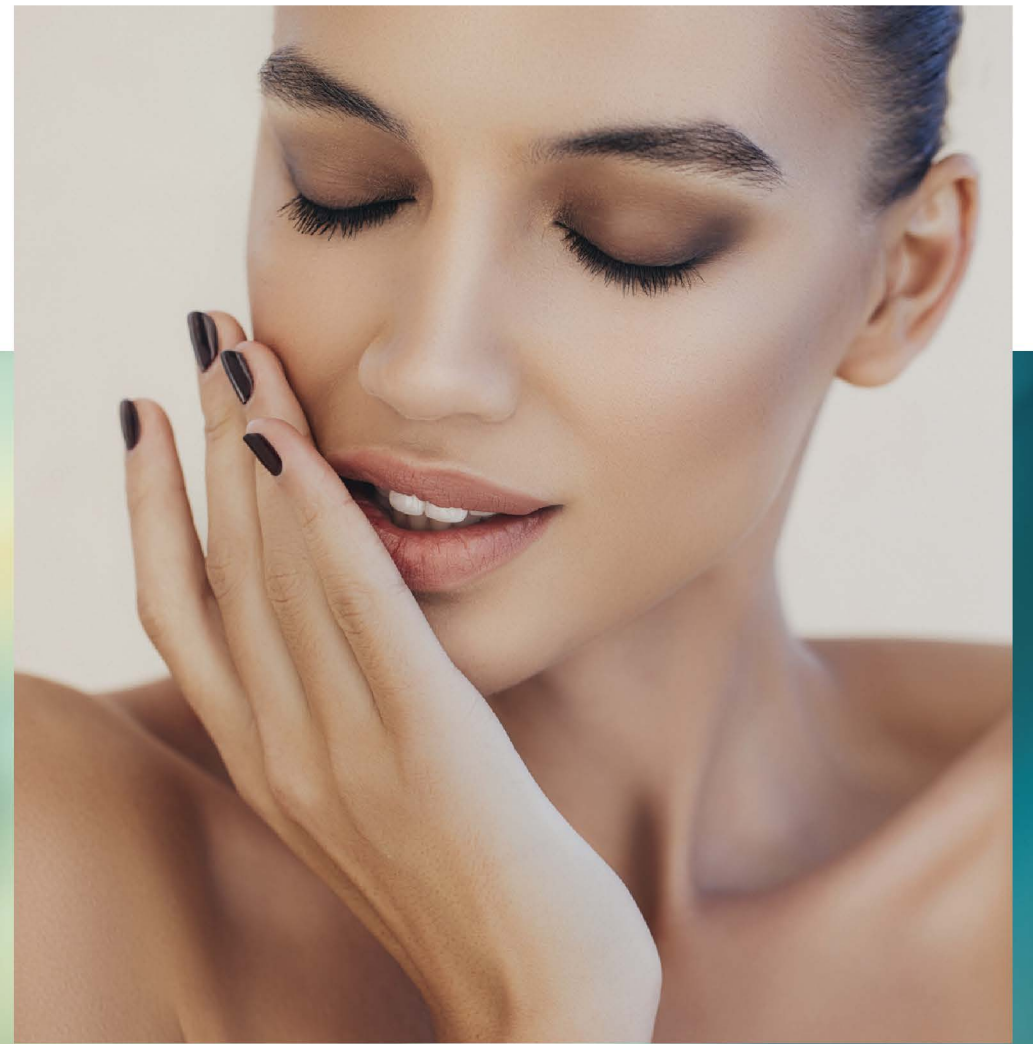
DON'T SKIP THE TONER.

Get every last bit of grime, dead skin, and soap film out of pores to refine and prime skin for better absorption of corrective serums.

Recommended Vivant products:

3% Mandelic Acid Toner

9% Mandelic Acid Toner



CORRECT & REPAIR.

Just about everything good you want to see in your skin begins with exfoliation. Use a Vitamin A or Mandelic Acid corrective serum up to twice daily to accelerate cellular turnover and reveal smoother, clearer, brighter skin.

Recommended Vivant products:

Derm-A-Gel®

8% Mandelic Acid 3-in-1 Serum

Note:

Don't spot treat. Cover the whole face to ensure even skin tone.



PROTECT. PREVENT. PERFECT.

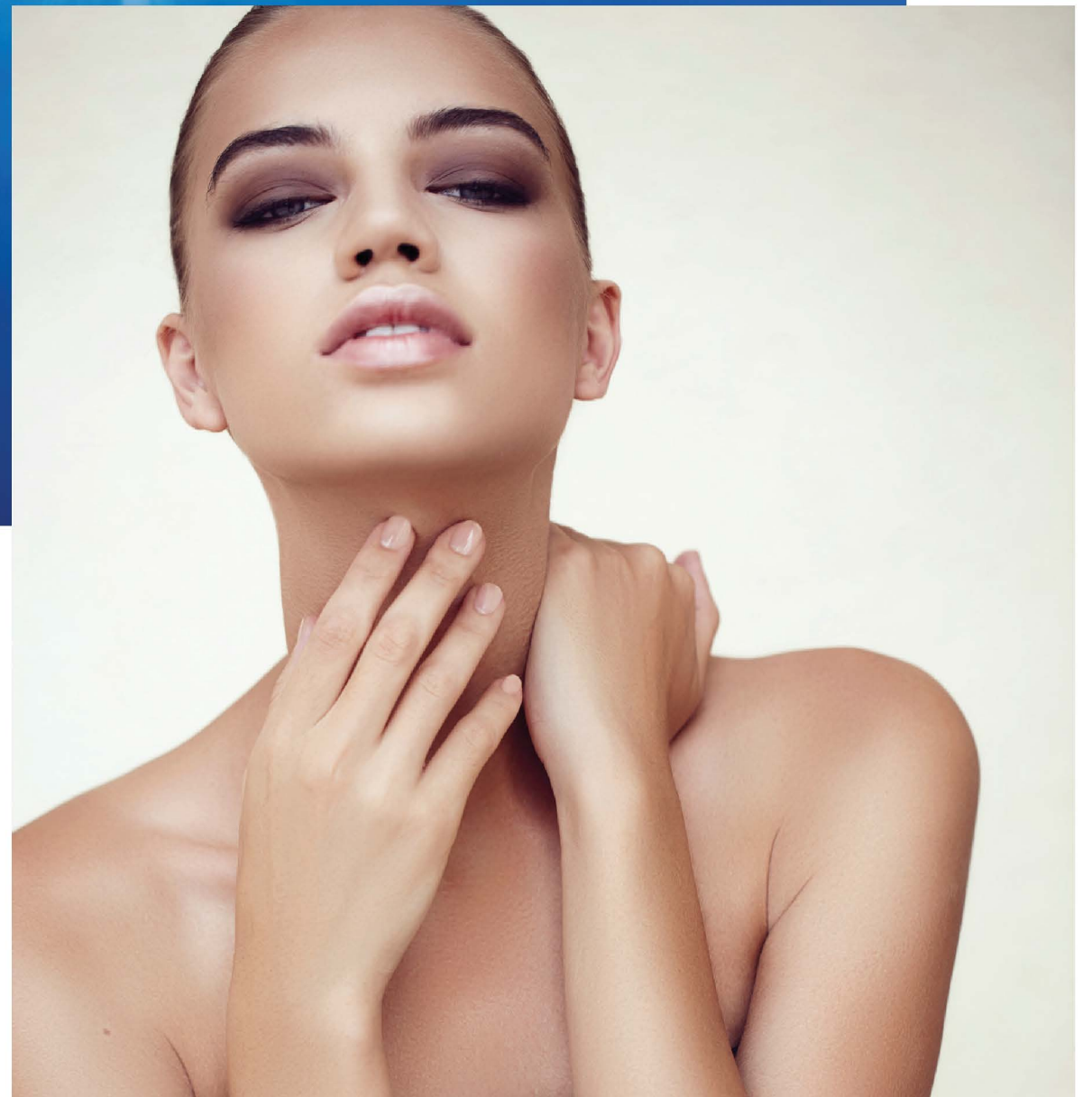
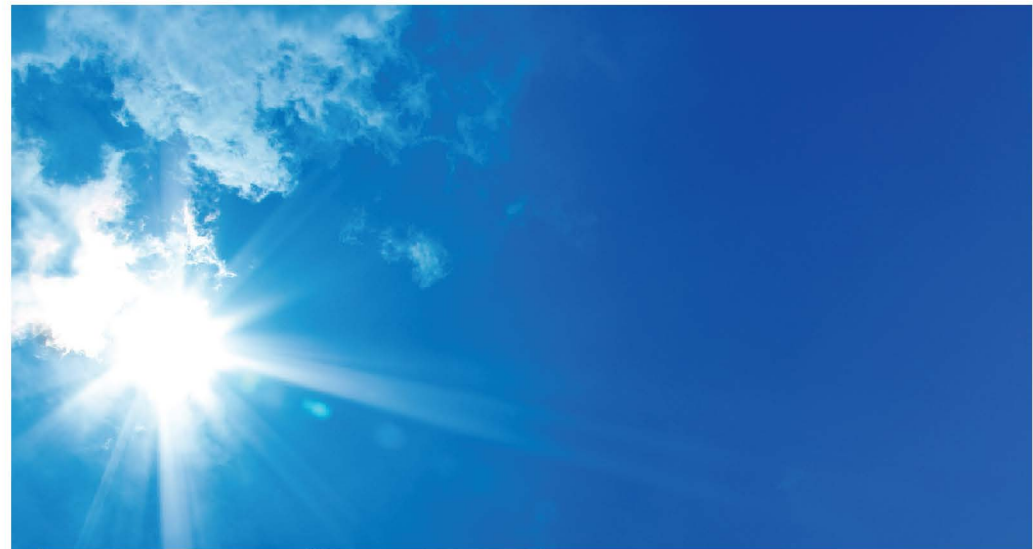
Limit sun exposure and apply a UVA/UVB sunscreen daily to protect from UV radiation, which can cause inflammation, acne flares and acne scarring. Remember that even when you're driving in your car, you're exposed to UV radiation.

Recommended Vivant product:

Day Treatment Lotion SPF 15 for everyday activity.

Note:

Reapply sunscreen frequently during extended outdoor recreation.



Your Anti-Acne Arsenal



Meet the gold standards of clear skin for every skin type and tone. Ingredients that work for skin that glows.

VITAMIN A

Skin's best ally in the fight against acne and aging, Vitamin A is a serial cell regenerator. It exfoliates, promotes collagen production, diminishes the appearance of fine lines and wrinkles, and protects against photo-aging and free radicals. Dr. Fulton developed and patented Vitamin A Propionate, the most effective non-prescription retinoid available.

Vivant Vitamin A products:

- Derm-A-Gel
- Exfol-A
- Exfol-A-Forté
- Clear Body Therapy

MANDELIC ACID

The star player of AHAs. Naturally derived from bitter almonds, Mandelic Acid is a gentler alpha hydroxy acid (AHA) that targets acne and brown spots. Mandelic Acid does not cause the typical irritation that can trigger post-inflammatory hyperpigmentation, especially in darker skin tones. Vivant's synergistic formulations feature Mandelic Acid in a range of transformative products for a dramatic difference.

Vivant Mandelic Acid products:

- Mandelic Acid Cleanser
- Mandelic Acid Toners
- Mandelic Acid Serums
- Daily Repair Pads

BENZOYL PEROXIDE

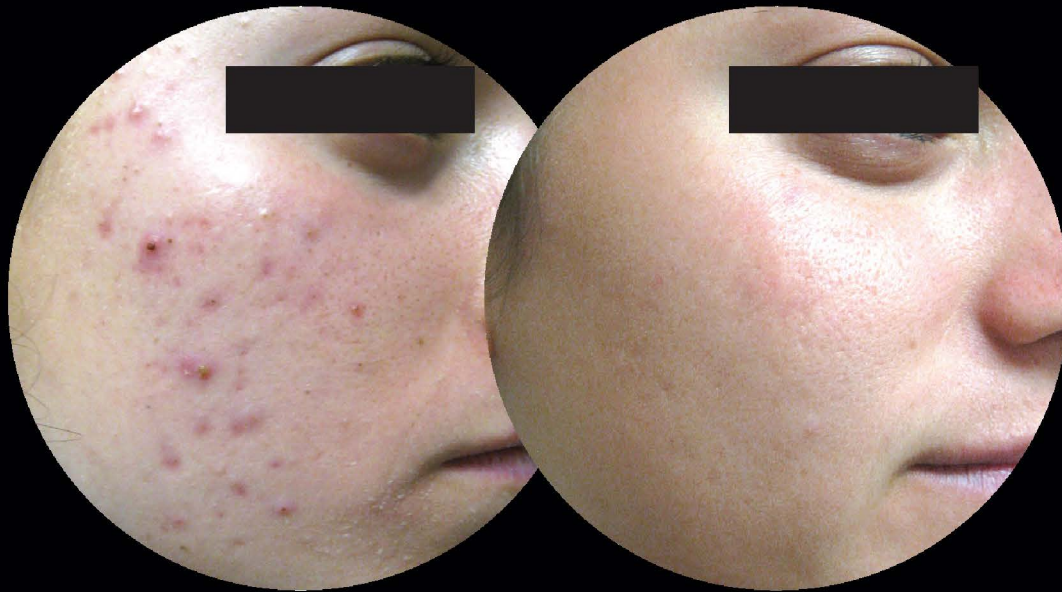
The gold standard in the treatment of acne, Benzoyl Peroxide is an organic compound that penetrates pores and releases oxygen to kill acne-causing bacteria. Dr. Fulton developed and patented a stabilized Benzoyl Peroxide gel to give Vivant BP products superior performance.

Vivant BP products:

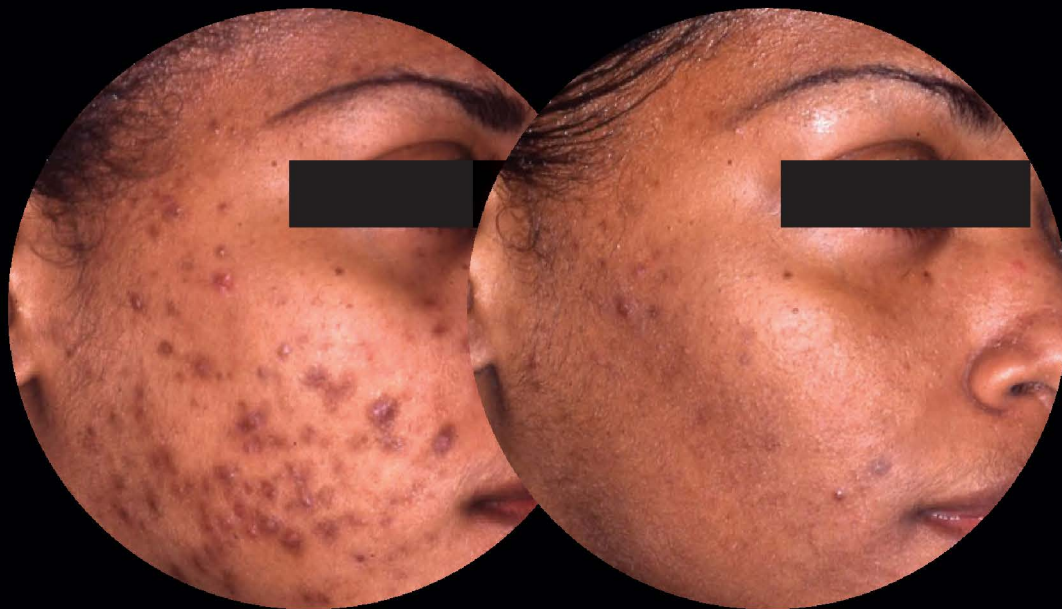
- BP Cleanser
- BP 10% Gel Medication



BEFORE & AFTER



CRISTINA'S RESULTS AFTER 45 DAYS OF USE



PAMELA'S RESULTS AFTER 90 DAYS OF USE

Boosters

(weekly)

NOURISH.

Eat a clear skin diet: leafy greens, wide variety of fruits and vegetables, nuts, fish, olive oil, avocados, whole grains. Drink plenty of water. Avoid sugar as much as possible.

SUPPLEMENT.

Studies link acne with a deficiency in zinc, which is an anti-inflammatory. Try 100mg a day to give your skin some internal support.

RADIATE.

Exercise daily to rev up circulation and detox skin. Remember to wear sunscreen if you're exercising outdoors. Indoors or out, beware of tight clothing that can trap sweat and cause mechanical acne. Absolutely shower ASAP when you're finished exercising to remove dirt, oil and sweat.

SLEEP.

Choose to snooze at least eight hours a night. Sleep is skin's natural method for repair and renewal.

DETOX AND EXFOLIATE .

Use a mask to pull impurities from the skin and accelerate cell turnover. Recommended: Vivant Sulfur Clay Mask

(bi-weekly)

DEEP CLEANING.


Get a professional facial for peak "poreformance" every two weeks (if budget allows). Once skin is under control, you can back off to every one to two months.

Recommended Regimen

Notes

AM

PM



TAKE
BACK
YOUR
SKIN.



CLEAR BODY THERAPY
Take control of unruly skin
with our most serious
skin care solutions.

VIVANTSKINCARE

JAMES E FULTON, M.D., Ph.D.