

# YOUR THIRD TRIMESTER CHECKLIST

Get all Baby Essentials

Blank space for notes related to getting all baby essentials.

Write a Birth Plan

Blank space for notes related to writing a birth plan.

Plan your Antenatal Sessions

Blank space for notes related to planning antenatal sessions.

Pack your Hospital Bag

Blank space for notes related to packing a hospital bag.

Monitor Baby's Movements

Blank space for notes related to monitoring baby's movements.

Choose your Baby's Name

Blank space for notes related to choosing a baby's name.

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Finish up the Baby Nursery

Blank space for notes related to finishing up the baby nursery.

Prepare for Postpartum

Blank space for notes related to preparing for postpartum.

Pre-register with the Hospital

Blank space for notes related to pre-registering with the hospital.

Have the Baby Shower

Blank space for notes related to having the baby shower.

Get a Pediatrician

Blank space for notes related to getting a pediatrician.

Get some Me-Time

Blank space for notes related to getting some me-time.

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Take your Pre-Birth Photos



Read about Labour and Birthing