

PostPartum Care Kit Must-Haves For YOUR BOOBIES

1



Breastfeeding cooling pads

2



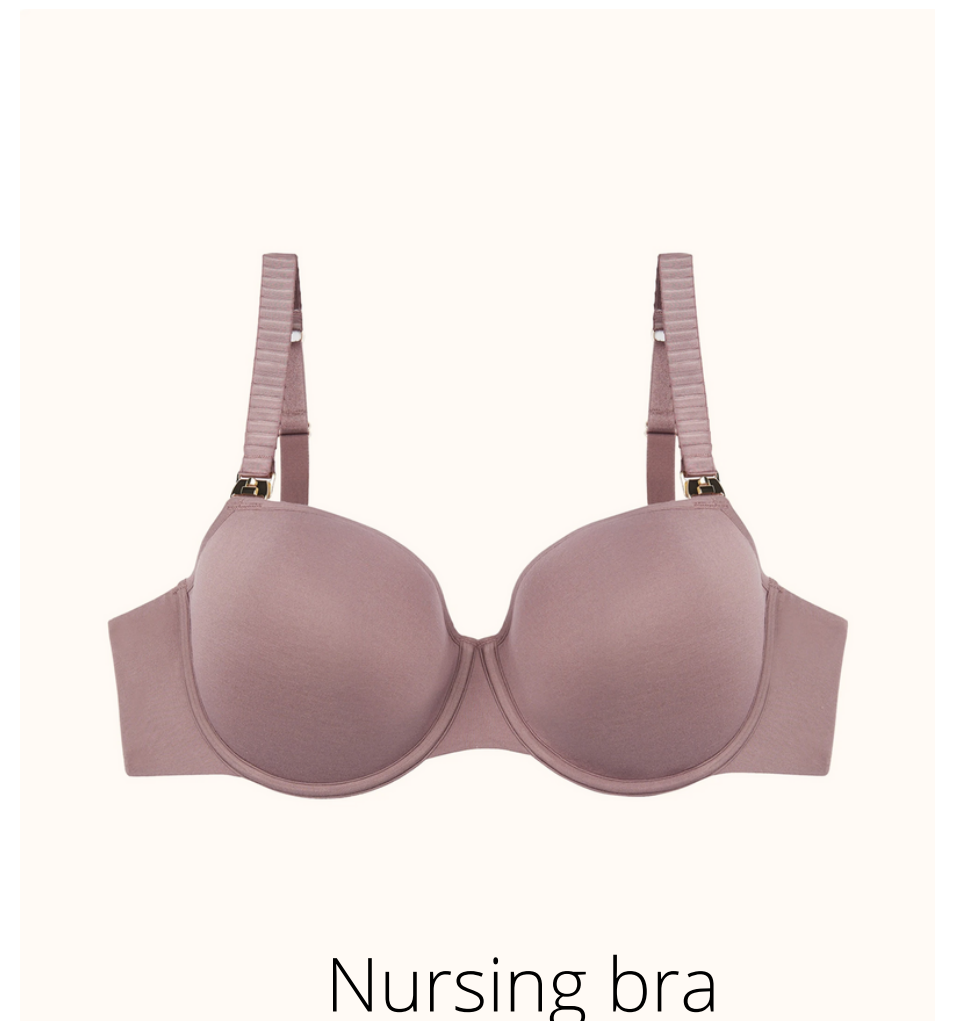
Breast pads

3



Nipple cream

4



Nursing bra

5



Breast wipes

PostPartum Care Kit Must-Haves For YOUR BELLY

6



Belly binder

7



Abdominal pads

8



Silicone gel / sheets

PostPartum Care Kit Must-Haves

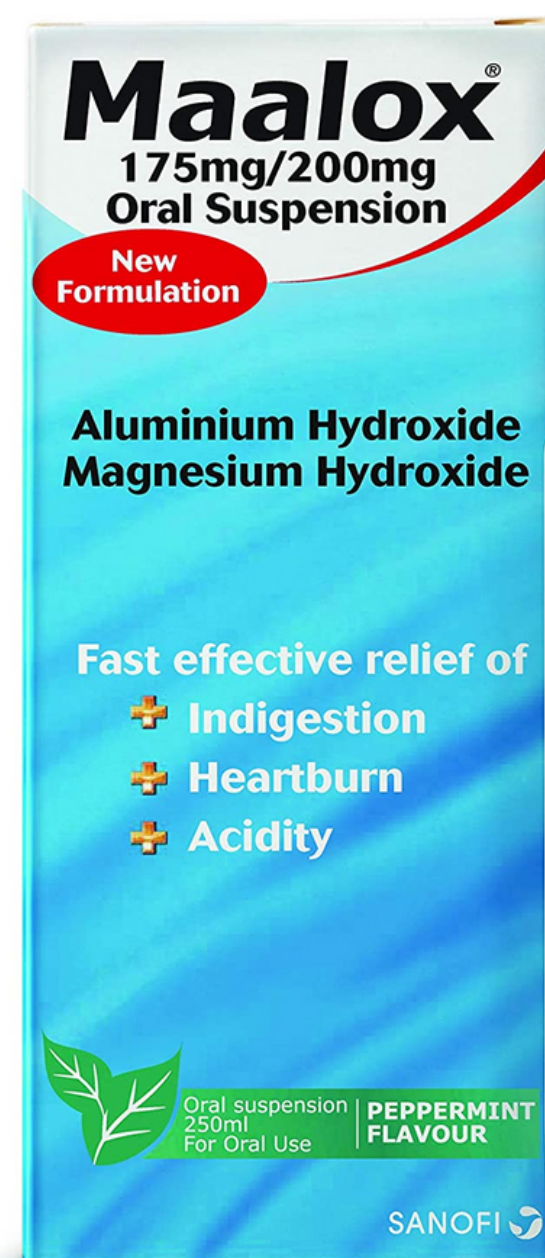
For YOUR BACK & BODY

9



Heating pad

10



Pain relievers

PostPartum Care Kit Must-Haves For YOUR BUM & CO

11



Maternity pads

12



Disposable underwear

13



Peri bottle

14



Perineal cooling pads

15



Perineal spray

16



Stool softener

17



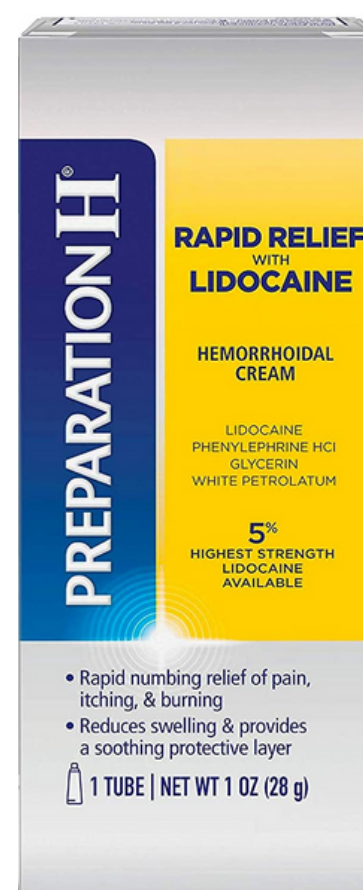
Sitz bath and tablets

18



Kegel weights or balls

19



Haemorrhoid cream

20



Medicated cooling pads