

MY BABY'S DAD HOSPITAL BAG CHECKLIST

ELECTRONICS

- Smartphone
- Charger / Power Bank**

TOILETRIES**

- Toothbrush** / Toothpaste**
- Deodorant**
- Face Wash** / Towel**
- Shampoo: Straight** / Curly** Hair
- Conditioner: Straight** / Curly** Hair
- Hair Comb or Brush**

BEDDINGS**

- Pillow / Blanket / Duvet / Comforter

CLOTHING

- Extra Clothes To Change Into
- Eyeglasses / Contact Lenses (Cases & Lens Solution**)

ENTERTAINMENT

- Music: Spotify** / Amazon Music**
- Magazines / Novels** / Audible**
- Movies: Netflix** / Amazon**

FOOD**

- Beverages / Snacks

MEDICATION

- Prescriptions
/Medications/Supplements/Vitamins

NOTES