

# BABY TRAVEL ESSENTIALS CHECKLIST

- Bag for carrying baby's items, preferably a backpack or rolling suitcase
- Baby food (baby formula / milk / purees / cereals / baby snacks)
- Eating cutlery (spoons / palettes / bowls / sippy cups) / zip lock bags)
- Feeding bottles and teats (should be sterilised)
- Teething crackers
- Baby toiletries (body wash / shampoo / toothbrush / toothpaste / baby lotion / powder)
- Baby nail clippers and hairbrush
- A couple of blankets
- Pacifier
- Mini diaper bag (should have diapers / diaper cream / wipes)
- Changing pad
- Baby bathtub (should be inflatable) / bath toys
- Swim diapers / Baby's swimsuit
- Baby sunscreen
- Baby sunhat
- A couple of clothes
- Socks
- Sandals / shoes
- Sweaters
- CRS car seat
- Travel crib / cot
- Front carrier or sling
- Disposable or plastic bags for disposing of wipes, diapers, etc.
- CRS Car seat

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- Hand wipes / disinfecting gel
- Stroller (should be foldable or collapsible)
- Bibs / Drool or burp cloths
- Bedding for crib / cot
- First aid kit plus baby's medications (should include ear pain drops and baby pain relievers for teething pain, a thermometer, prescription medicines, antiseptic cream or spray, sticky plasters, calamine lotion, tweezers, bandages, adhesive tape, antihistamine cream, rehydration powder and ice or gel packs)
- Toys (bring a couple of your baby's favourites) / some flash cards, tablet or compact educational activity, bubble blowers, etc.
- Child proofing safety items like electric plug covers, corner covers, etc.
- A pack of tissue
- Night light
- Food processor
- Emergency contact of a pediatrician or health centre at your destination
- Baby monitor
- Camera / camcorder / battery charger / flash disks / power bank
- Baby's passport
- Consent letter from other parent
- Inoculation documents
- Travel insurance
- Medical insurance card