

# Baby Travel First-Aid Checklist

- Prescription medicines
- Thermometer
- Infant pain killers (for teething pain too)
- Antiseptic cream or spray
- Sticky plasters
- Adhesive tape and bandages
- Tweezers
- Insect repellent
- Antihistamine cream
- Calamine lotion
- Rehydration powder
- Ice or gel packs
- Saline lotion or eye bath
- Emergency contact numbers