



# CHAU VEGGIE EXPRESS

PLANT-BASED VIETNAMESE CUISINE  
platters & catering menu



## STARTERS

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### #21 namahata fresh roll

fresh rice paper roll with shredded beancurd, quinoa, mung beans, crispy shallots, cucumber, lettuce, mint, green leaf lettuce, rice vermicelli and a crispy wheat centre served with a lemon "fish" sauce

*GF option without crispy centre*

\$6.25 per roll

### #20 namaste fresh roll

fresh rice paper roll with steamed lemongrass organic tofu, quinoa, mung beans, crispy shallots, cucumber, thai basil, carrots, green leaf lettuce, rice vermicelli and a crispy wheat centre served with a roasted organic peanut sauce

*GF option without crispy centre & with a lemon "fish" sauce*

\$6.25 per roll

*each fresh salad rolls are cut into 4 pieces  
12-21 rolls per tray = 48-84 pieces  
\* special event platters available*

### #6 baisao beach chips

hand-cut taro chips, paired with a paprika garlic spiced organic tofu dip (GF)

\$40 medium tray/ \$75 large tray

## DRINKS

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### signature coconut shake

coconut cream, coconut juice & fresh coconut pieces, over ice  
\$5.5

### earl grey iced tea

cane syrup, lemon  
\$5

**bottled drinks available**

# ENTREES

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## #13 midnight swim platter

wild rice blend, spicy peanut garlic soy mushroom sauce, organic tofu, mushrooms, beancurd, seasonal vegetables, kale, green leaf lettuce, sunflower seeds, sesame seeds, roasted peanuts

\$70 medium tray/ \$120 large tray

## #8 rice fields platter

dark soy garlic mushroom sauce, flat rice noodles, organic tofu, seasonal vegetables, kale, pineapple, beansprouts, herbs

\$70 medium tray/ \$120 large tray

## #10 rickety rickshaw platter

crispy spring rolls, thin vermicelli rice noodles, shredded beancurd, mung beans, crispy shallots, green leaf lettuce, cucumber, pickled carrots/daikon, thai basil, roasted peanuts. mixed with lemon vegan fish sauce (GF)

\$70 medium tray/ \$120 large tray

## #11 tropical rainstorm

thick round rice noodles with shredded beancurd, spinach, kale, cucumber, pickled carrot/daikon, mung beans, crispy shallots, mint, coconut flakes, roasted peanuts. mixed with a toasted coconut sauce & lemon "fish" sauce (GF)

\$65 medium tray/ \$120 large tray

## #9 sapa power salad platter

mixed kale, spinach, green leaf lettuce, quinoa, steamed assorted vegetables, cucumber, mint, thai basil, sunflower seeds, sesame seeds, roasted peanuts, toasted coconut flakes (GF)

\$65 medium tray/ \$115 large tray

## add ons

\$2 - seared organic tofu

\$2 - assorted steamed veggies

\$4 - seared tempeh

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medium tray: serves 5-15 people

large tray: serves 20-30 people



**CHAU Veggie Express is a 100% plant-based Vietnamese eatery inspired by roots in family and culture, combining traditional Vietnamese flavours with fresh produce.**

### **EAST VANCOUVER**

5052 Victoria Drive,  
Vancouver BC V5P 3T8  
604 568 9508

*fully licensed restaurant  
& retail shop*

### **GRANVILLE ISLAND PUBLIC MARKET**

1689 Johnston Street, Unit 255  
Vancouver, BC V6H 3S3  
778 379 9508

*take out & retail shop*

**for booking inquiries, please contact  
info@chowatchau.ca**

**please specify if ceramic or disposable platters are desired  
email inquiries require a minimum of 72 hours notice**

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## **CONNECT WITH US**



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www.chowatchau.ca

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