

# *You Were Born To GO!*



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Elite Mountain Ultrarunner,  
Coach, and Author



***The World's Only  
Kinesiology Sleeves***  
Kinesiology Strips Inside

**GO**  
SLEEVES

# *GO Sleeves Are A Patent-pending Combination Of:*



**Kinesiology  
Tape**

**Compression  
Sleeves**



**INSIDE  
Kinesiology  
Strips**

**OUTSIDE  
Compression  
Sleeve**

## **Benefits**

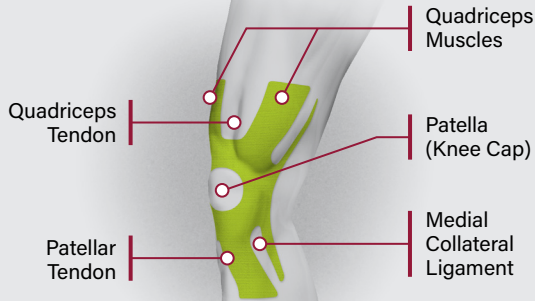
- Reduces pain & inflammation
- Accelerates recovery from injury
- Reduces tightness & fatigue
- Accelerates post-workout recovery
- Premium, non-slip support

**Kinesiology + Compression  
GO Sleeves**

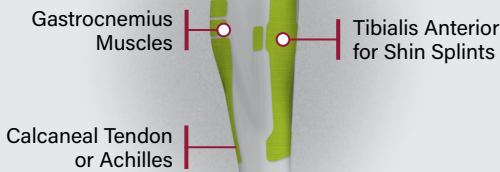
## Kinesiology Target Areas

Built-in silicone strips mimic kinesiology tape to target and support muscles, ligaments & joints.

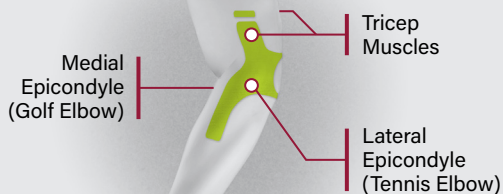
### Knee Sleeve



### Calf Sleeves



### Elbow Sleeve



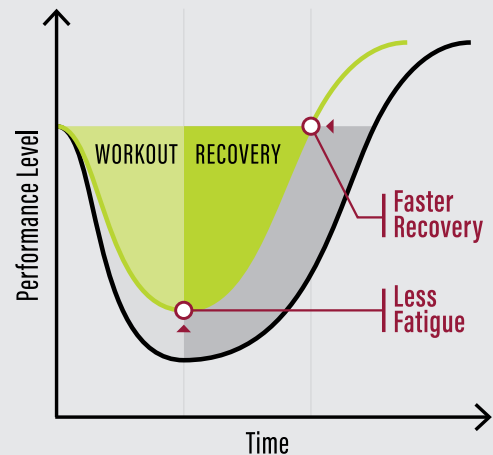
## Less Fatigue. Faster Recovery.

By lifting and stretching the skin to increase recuperating blood and lymphatic flow, GO Sleeves built-in kinesiology strips activate your body's natural ability to reduce lactic-acid build-up and speed recovery. No time-consuming tape sessions, no PT office visits.



## Stay In The Game

GO Sleeves help reduce fatigue & speed recovery so you can work out longer & achieve your peak performance.



## GO Sleeves Essentials



GO Kinesiology + Compression  
***Knee Sleeve***



GO Kinesiology + Compression  
***Calf Sleeves***



GO Kinesiology + Compression  
***Elbow Sleeve***



GO Acu-Pressure  
***Elbow Strap***



***K-Recover Cream***  
by GO Sleeves

Average Overall User Rating

**5.0★s**

Recommended: 98.5% | Always stays in place: 4.9 | Quality: 4.9

# *Why GO Sleeves for Activity and Recovery?*

## **Recover Faster From Activity**

Built-in kinesiology strips improve blood flow and lymphatic drainage for faster and more complete recovery from fatigue.

## **Avoid Downtime And Stay At The Top Of Your Game**

GO Sleeves target your key muscles, ligaments and tendons to provide corrective support and fatigue reduction.

## **Experience Rock Solid Support Without That Strangling Feeling**

No slipping, no bunching. Built-in kinesiology strips keep GO Sleeves locked in place without having to size down.

## **Manage Pain Without Medication**

Take pressure off pain receptors using the same technology prescribed by doctors, chiropractors and physical therapists.

## **Speed Recuperation From Injury**

GO Sleeves increase recuperating blood and lymphatic flow to improve your body's natural healing capabilities.



**Shadrack Kipchirchir**

2016 Olympian Runner, Team USA



**"Whenever any tightness or tendonitis shows up in my calves or Achilles, I use GO Sleeves and the K-Recover Cream to prevent any downtime."**

### Allie Mac

2022 Broken Arrow Skyrace  
Gold Women's, Team USA



**"GO Sleeves protect my calves, Achilles and shin splints. No more shin splints or tight calves!"**

### Joseph Gray

6x Mountain Running World Champion,  
Team USA Mountain Runner



**"GO Sleeves are my go-to for my daily active recovery practice. I can feel the reduced tightness and fatigue."**

### Nancy Hobbs

Founder of American Trail Running Association,  
Chairperson for USA Track & Field's Mountain,  
Ultra & Trail Running Council



**"Our team turns to GO Sleeves for specific recovery from hard training sessions."**

### Scott Simmons

Coach of Team USA and  
Olympian Distance Runners



**GO**  
SLEEVES  
GOSleeves.com

