



# FANPOST

SERVING SUGGESTIONS BY MIKKEL KARSTAD







# **SMOKED SPRATS ON GRILLED BREAD WITH FRESH CHEESE**

## **Serving suggestion:**

FANGST Baltic Sea sprat No. 1 or 2, grilled bread, fresh cheese, thinly sliced

Jerusalem artichoke, drops of lemon juice and cold pressed rapeseed oil from the can, cress, salt.

## **Serveringsforslag:**

FANGST brisling No. 1 eller 2, grillet brød, friskost, tynde skiver jordkok,

dråber af citronsaft og koldpresset rapsolie fra dåsen, karse, salt.

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# **SMOKED SPRATS AND MARINATED CELERY**

## **Serving suggestion:**

FANGST Baltic Sea sprat No. 1 og 2, thin slices of celery marinated in vinegar and sugar, thin slices of shallots, chopped hardboiled egg and hazelnut, salt.

## **Serveringsforslag:**

FANGST Brisling No. 1 eller 2, tynde strimler af selleri marineret i eddike og sukker, tynde skiver skalotteløg, hakket, hårdkogt æg og hasselnød, salt.







# SMOKED SPRATS WITH PUMPKIN AND CARROTS

## **Serving suggestion:**

FANGST Baltic Sea sprat No. 1 or 2, pumpkin purée, thin slices of carrot pickled in vinegar and sugar, yoghurt, crispy pumpkin seeds, fresh herbs, salt.

## **Serveringsforslag:**

FANGST brisling No.1 eller 2, græskar-purée, tynder skiver gulerod syltet i eddike og sukker, yoghurt, sprøde græskarkerner, friske urter, salt





# **SALTED SPRATS ON CRISPBREAD, APPLE AND GREEN CABBAGE**

## **Serving suggestion:**

FANGST Baltic Sea sprat No. 4, crispbread, creme fraiche, thinly sliced green cabbage and apple, salt.

## **Serveringsforslag:**

FANGST Brisling No. 4, knækbrød, creme fraiche, fintsnittet grønkål og æble, salt.







# **SALTED SPRATS WITH BAKED TOMATOES AND TOASTED BUCKWHEAT**

## **Serving suggestion:**

FANGST Baltic Sea sprat No. 4, baked tomatoes, basil, toasted buckwheat, salt.

## **Serveringsforslag:**

FANGST Brisling No. 4, bagte tomater, basilikum, ristet boghvede, salt.







# **BLUE MUSSELS WITH FENNEL, DILL AND FRESH CHEESE**

## **Serving suggestion:**

FANGST Limfjord blue mussels No. 1, thin slices of kohlrabi, smoked fresh cheese, sliced fennel, dill.

## **Serveringsforslag:**

FANGST Blåmusling No. 1 (fra dåsen), tynde skiver glaskål, rygeost, snittet fennikel, dild.







# **SMOKED BLUE MUSSELS AND FLASH-ROASTED CAULIFLOWER**

## **Serving suggestion:**

FANGST Limfjord blue mussels No. 2, toasted wheat bread, flash-roasted slices of cauliflower, mayo, flower cress.

## **Serveringsforslag:**

FANGST Blåmusling No. 2, ristet hvedebrød, lynstegte skiver af blomkål, mayo, blomsterkarse.



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