

afia MEDITERRANEAN SIDE DISH

SWEET POTATO & KALE



5lb
Resealable
Bag

A warm, vibrant popular dish
consumed in most areas of the
Arabian Peninsula.

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Nutrition Facts

About 20 servings per container

Serving size (116g)

Amount per serving
Calories 170

% Daily Value*

Total Fat 5g **8%**

Saturated Fat 0.5g **3%**

Trans Fat 0g

Cholesterol 0mg **0%**

Sodium 180mg **8%**

Total Carbohydrate 28g **10%**

Dietary Fiber 1g **4%**

Total Sugars 4g

Includes 0g Added Sugars **0%**

Protein 3g **6%**

Vitamin D 0mcg 0%

Calcium 40mg 2%

Iron 1mg 6%

Potassium 230mg 4%

* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

INGREDIENTS: long grain rice, kale, sweet potatoes, lemon vinaigrette (water, sunflower oil, natural flavor, extra virgin olive oil, lemon juice concentrate, turmeric), sweetcorn, chickpeas (chickpeas, water, salt), raisins (raisins, vegetable or sunflower oil), dried cranberries (cranberries, sugar, sunflower oil), roasted pumpkin seeds (pumpkin seeds, sunflower or safflower oil, salt), yeast extract, smoked sea salt

Produced in a facility that may process wheat and sesame.

SPECIFICATIONS

UNIT WEIGHT: 5lbs

UNITS PER CASE: 2

CASE TOTAL WEIGHT: 10lbs

CASES PER PALLET: 176

SHELF LIFE (FROZEN): 24mo from production

 **STORAGE:** Keep Frozen



THIS PRODUCT IS A READY TO COOK - IT IS NOT RTE

AFIAFOODS.COM ♦  /afiafoods ♦ FOR MORE INFORMATION EMAIL: foodservice@afiafoods.com