

# 2020 (2.0) Focus Areas

## suggestions:

+health + fitness    +professional    +spiritual/emotional    +relational  
+financial    +educational    +personal

## MY AREAS OF FOCUS FROM JULY 2ND - DEC. 31:

FOCUS #1:

FOCUS #4:

FOCUS #2:

FOCUS #5:

FOCUS #3:

FOCUS #6:

## QUESTIONS TO CONSIDER FOR EACH FOCUS:

- + General areas of progress I'd like to prioritize in each area?
- + Biggest wins I'd like to achieve in each focus area?
- + Hurdles I'll face in each area + plan to prepare for them?
- + How will I measure my progress in each area?
- + When/how often will I assess my progress?