

Disease State Content for Physician Website and Patient Email Outreach

As provided by Dr. Clay Cockerell:



Eczema

Eczema is often used synonymously with inflammation of the skin and usually refers to a condition known by dermatologists as atopic dermatitis. A more generalized term for eczema is dermatitis. The exact cause is not known although there are abnormalities in the skin's "barrier" function. Many factors can contribute to the development of eczema including genetics, allergies, dry skin, hot, dry, or cold environments and stress. The symptoms include vesicles, crusts, dryness, cracking, and redness. While most consider eczema to be atopic dermatitis, there are other skin diseases that are sometimes called eczema including contact dermatitis and seborrheic dermatitis. Treatment includes symptom relief with use of moisturizers, oral antihistamine medications, bleach containing products and corticosteroid creams.

As provided by CLn® Skin Care:

As many as 30 million Americans may have eczema—and the condition takes a toll on families and quality of life as they search for relief. As part of a treatment plan, physicians have known that bleach baths can effectively improve eczema signs and symptoms. Additionally, bleach baths can reduce inflammation and microbes on the skin.

CLn® BodyWash As the safe, gentle, and easy alternative to a bleach bath, CLn® BodyWash takes the most important ingredient, sodium hypochlorite, and provides a clinically proven active therapeutic wash to help reduce the physical symptoms of eczema. If you are new to the CLn® Skin Care experience, start here with the CLn® BodyWash. It can be used daily from head to toe and the smaller size (2.5 fl oz) is useful when traveling or for spot cleansing.

CLn® Facial Cleanser CLn® BodyWash can be used from head to toe but if your face is dry or sensitive use the CLn® Facial Cleanser. This can be used daily, without irritation, and is formulated to minimize tightness and stinging. This gentle cleanser contains glycerin and skin conditioners – allowing the skin to retain moisture.

CLn® Gentle Shampoo Unlike CLn® Shampoo, CLn® Gentle Shampoo does not contain salicylic acid, which makes it a great solution for those with sensitive or eczema-prone scalp – and your sensitive scalp needs special treatment.

CLn® Gentle Shampoo effectively cleanses normal to dry scalps, providing moisture rich ingredients to replenish lost nutrients and restore a healthy scalp. This hydrating wash repairs dry and irritated skin and hair to create a radiant appearance

FAQ

1.) What is eczema?

Eczema is a skin condition caused by inflammation of the skin. Typically, eczema causes skin to become itchy, red, and dry -- even cracked and leathery. Eczema can appear on any part of the body. Eczema is a chronic problem for many people. It is most common in children, some of whom outgrow it before adulthood. Atopic dermatitis is the most common of the many types of eczema.

2.) What causes eczema?

Eczema runs in families. Certain genes can make some people have extra-sensitive skin. An overactive immune system is thought to be a factor as well. Also, it's thought that defects in the skin's protective barrier contribute to eczema, by allowing moisture out through the skin and letting germs in. Factors that may trigger eczema include: stress, contact with irritating substances, heat and sweat, cold, dry climates and dry skin.