



Nature & Nurture Seeds' Shade Tolerant Crops*

Greens

Arugula
Cabbage
Good King Henry
Kale
Lettuce
Mustard greens
Pak choi
Sorrel
Spinach
Swiss chard
Vit mache

Other Vegetables

Beets
Bronze fennel
Bush beans
Horseradish
Kohlrabi
Lovage
Onions
Radish
Rhubarb
Turnip
Wild Leeks

Herbs & Berries

Cilantro
Dill
Chives, Garlic chives
Mint
Parsley
Black raspberries
Currants
Gooseberry
Red raspberries
Serviceberry
Strawberries

*While these plants will grow in partial sun, they will produce more food in full sun. To thrive, they need at least 3-4 hours of direct sunlight. For more information, see the "[Growing Tips](#)" tab on our website.