

EVOx SQUAT STAND

HALF RACK ASSEMBLY GUIDE



AGAIN / FASTER

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OVERVIEW

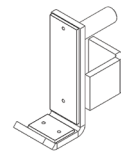
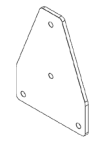
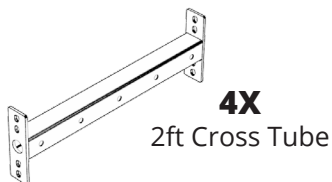
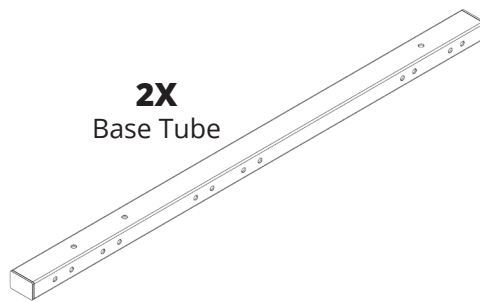
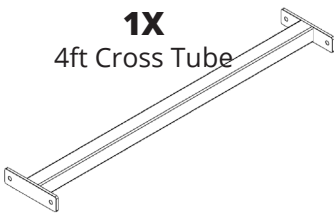
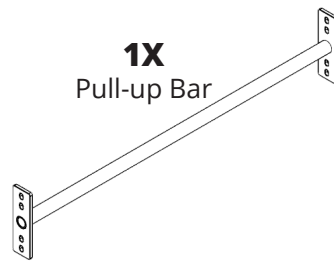
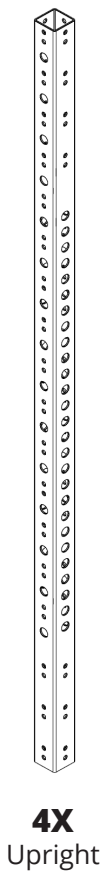
Congratulations on your new EVOx Squat Stand!

The Again Faster EVOx Squat Stand is the centerpiece of your garage gym. Ultimately versatile, this rack supports nearly every movement you can perform from bench and squats to pullups and ring dips.

WARNING

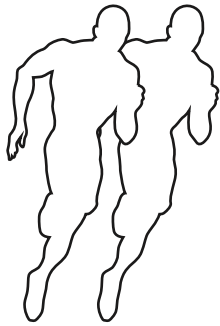
Serious or fatal crushing injuries can occur from equipment tip-over. To prevent this stand from tipping over, it must be permanently fixed to the floor.

WHAT'S INCLUDED

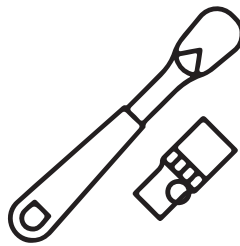


WHAT YOU'LL NEED

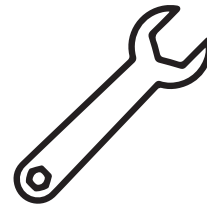
Assembly of this squat stand is straightforward. But it's always easier when you have a friend to help. So call a buddy who owes you a favor and get to work.



TWO PEOPLE



**19MM
RATCHET**

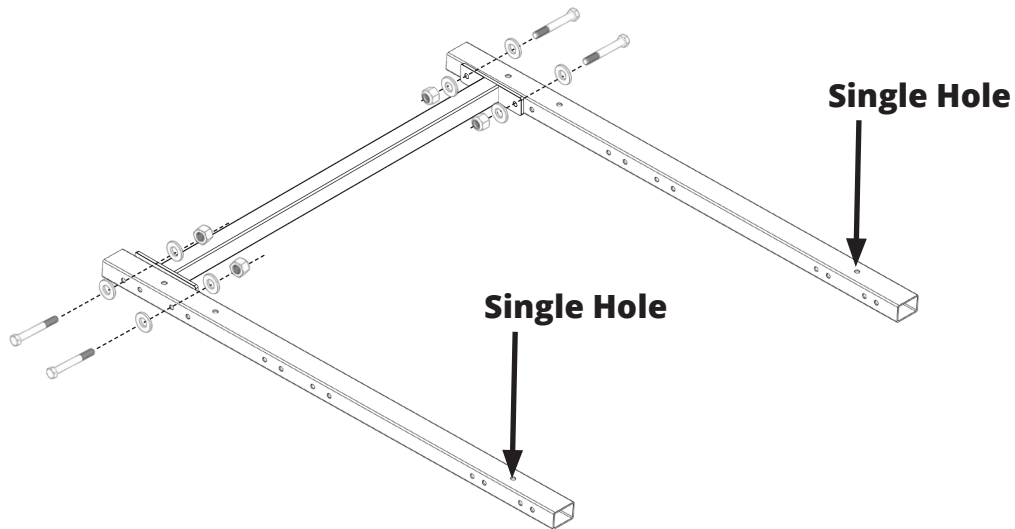


**19MM
WRENCH**

STEP ONE

Lay the two base tubes on the ground with single top holes pointed forward. Connect base tubes with cross tube using 90mm bolts in the indicated holes.

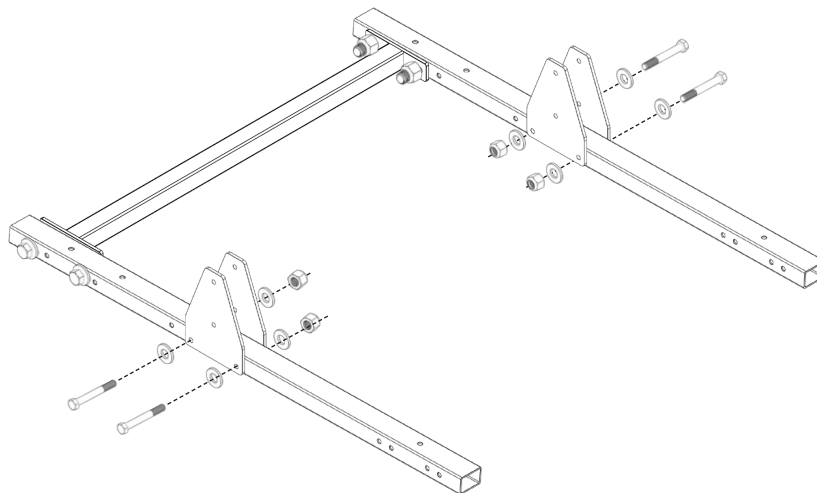
IMPORTANT: DO NOT TIGHTEN BOLTS



STEP TWO

Connect triangle brackets using 110mm bolts through indicated holes.

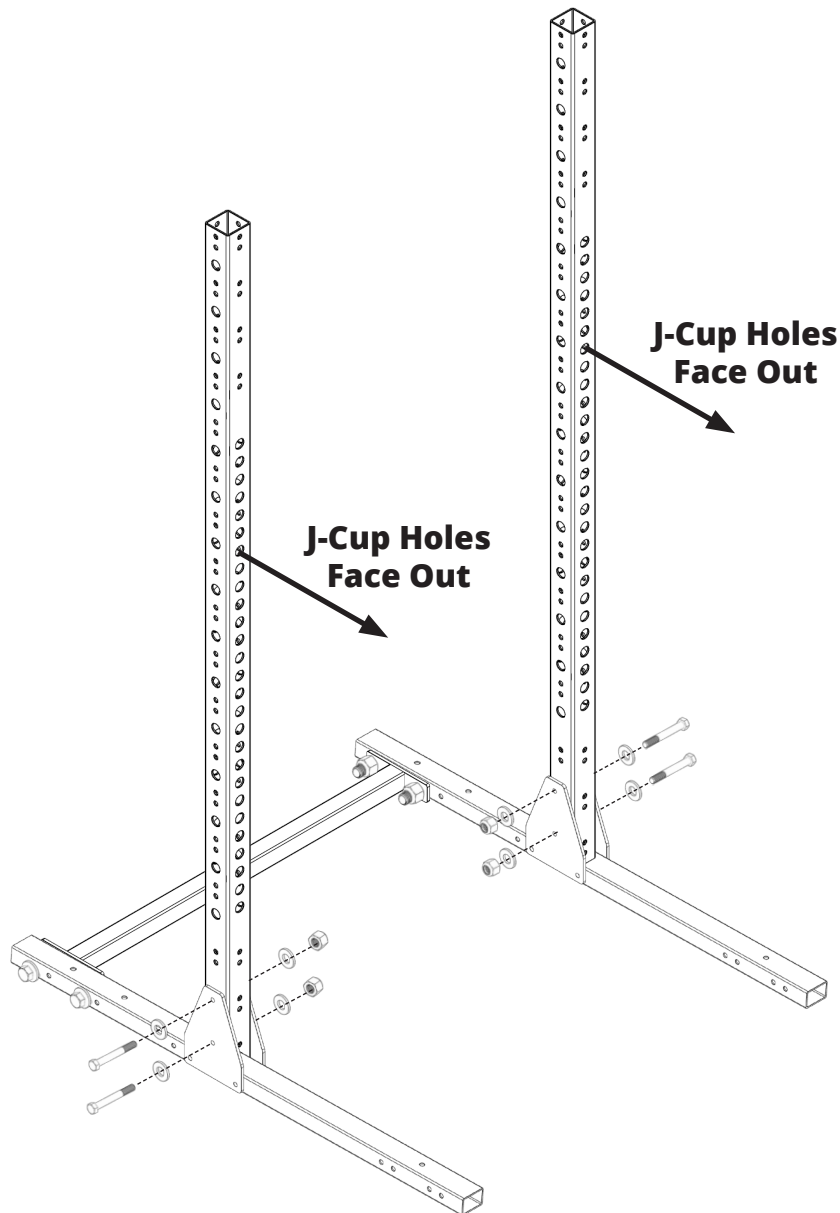
IMPORTANT: DO NOT TIGHTEN BOLTS



STEP THREE

With your partner, place uprights in-between the triangle brackets, ensuring j-cup holes are facing out. Secure with 110mm bolts through indicated holes.

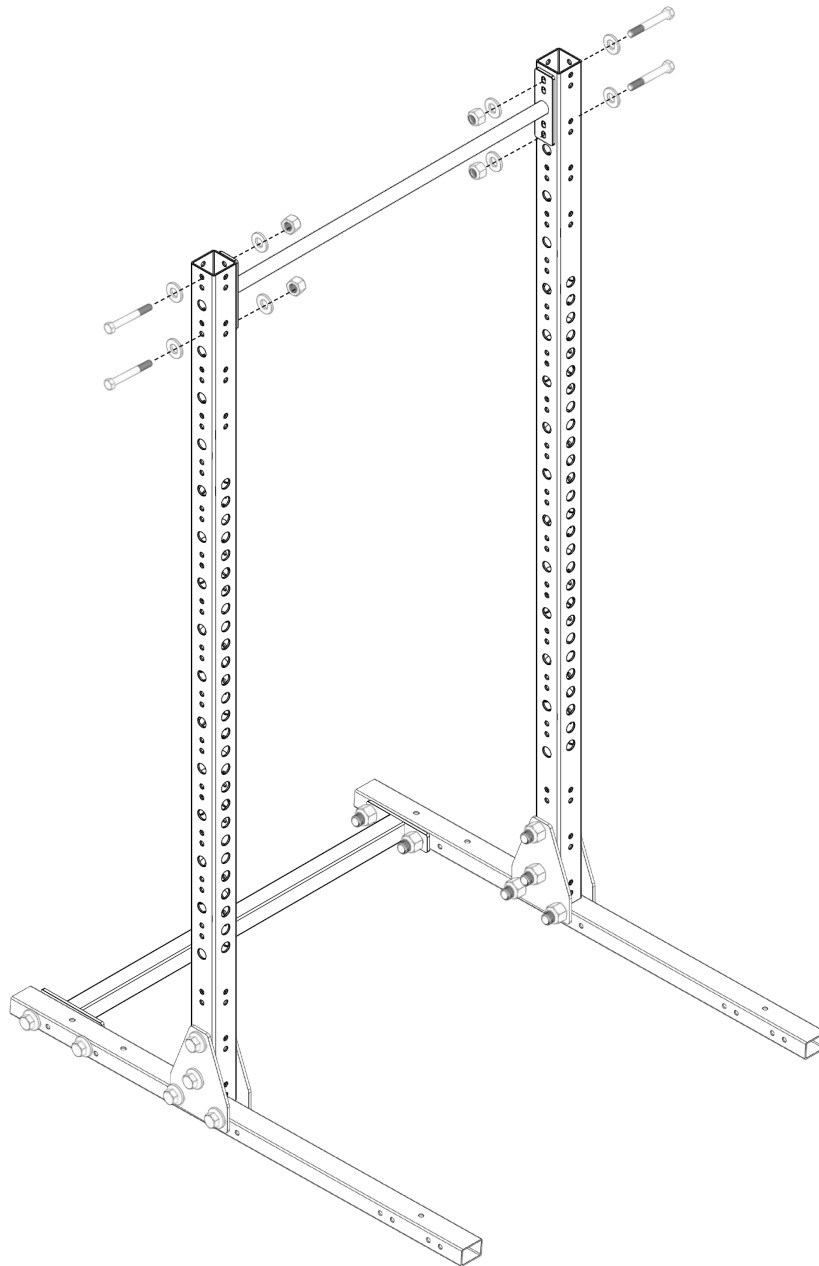
IMPORTANT: DO NOT TIGHTEN BOLTS



STEP FOUR

With your partner, install pull-up bar at desired height using 90mm bolts.

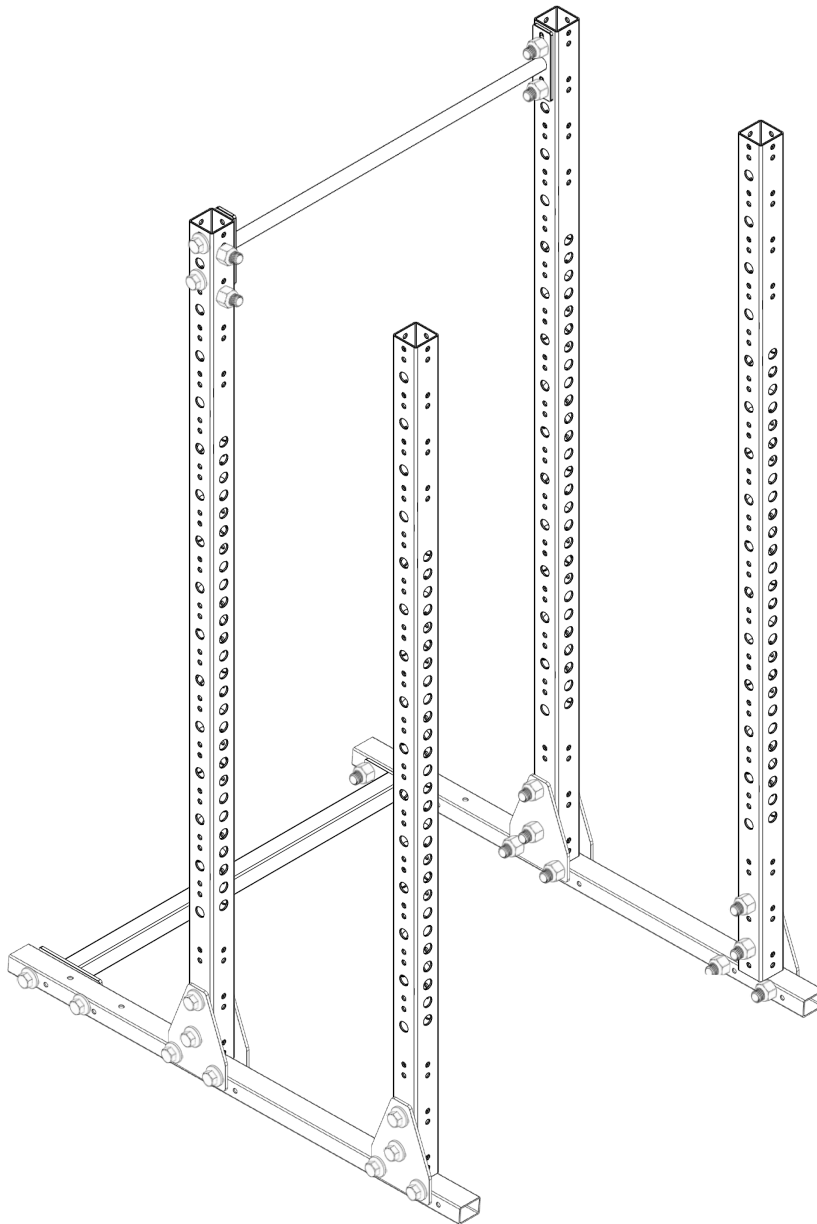
IMPORTANT: DO NOT TIGHTEN BOLTS



STEP FIVE

Duplicate steps two and three to install two additional uprights and triangle brackets in indicated holes.

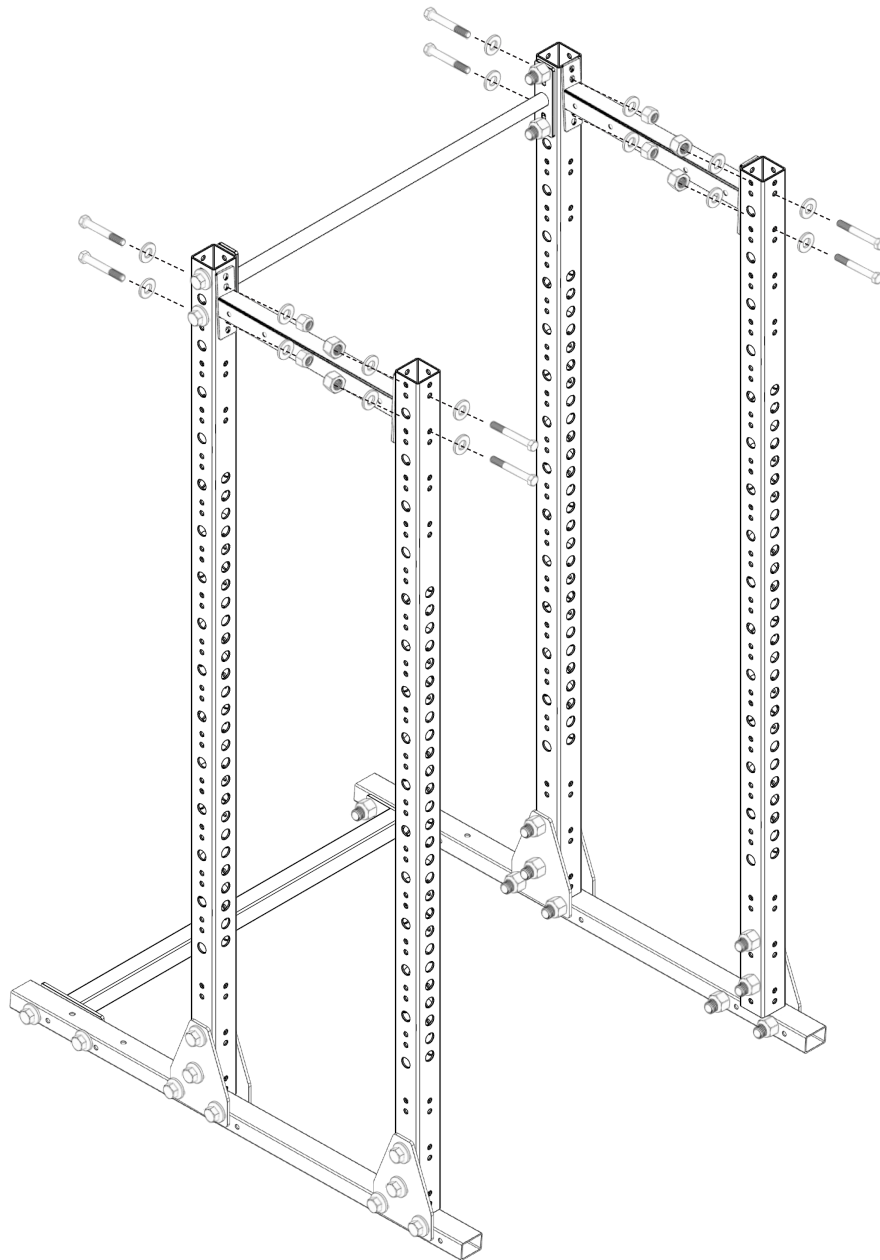
IMPORTANT: DO NOT TIGHTEN BOLTS



STEP SIX

Install 2ft cross tubes at top of rack between uprights with 90mm bolts.

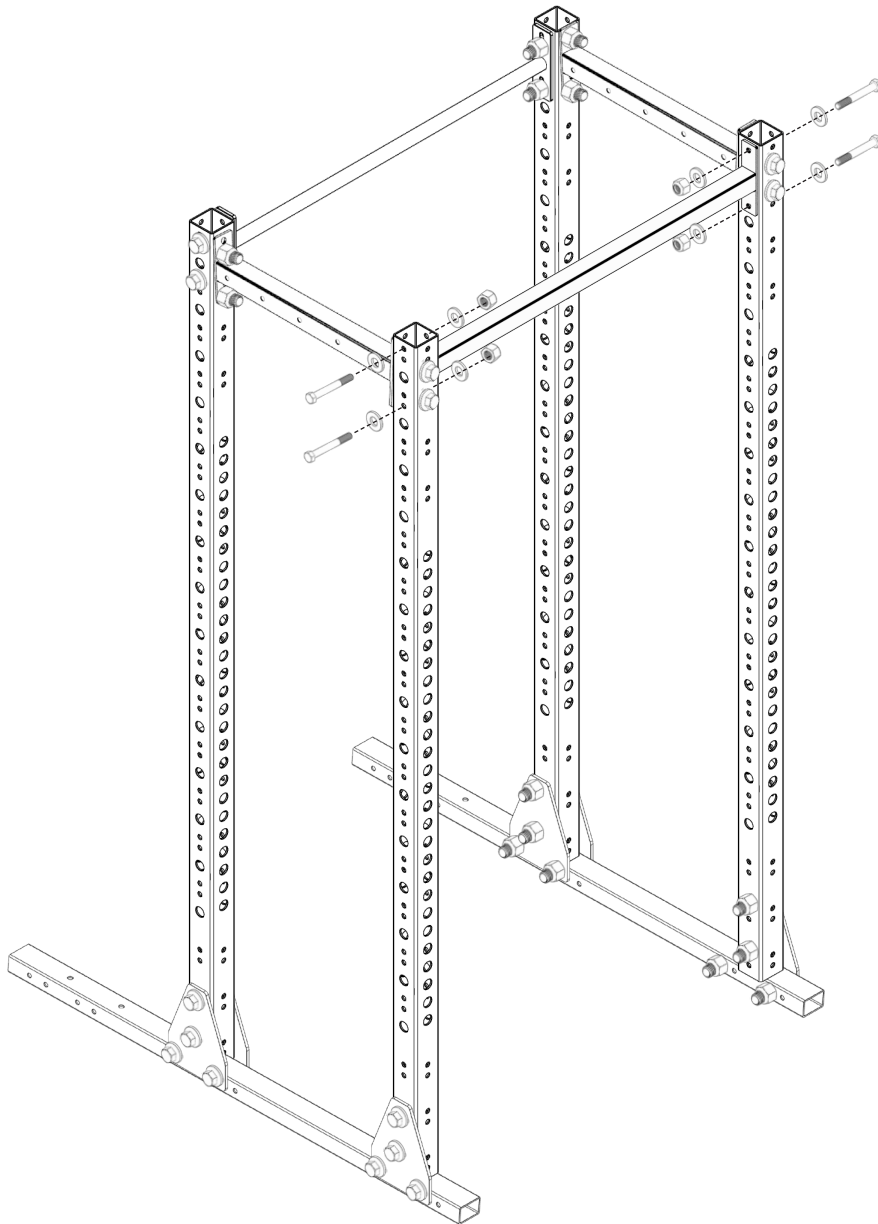
IMPORTANT: DO NOT TIGHTEN BOLTS



STEP SEVEN

Move 4ft cross tube from bottom of rack to top of rack between uprights.

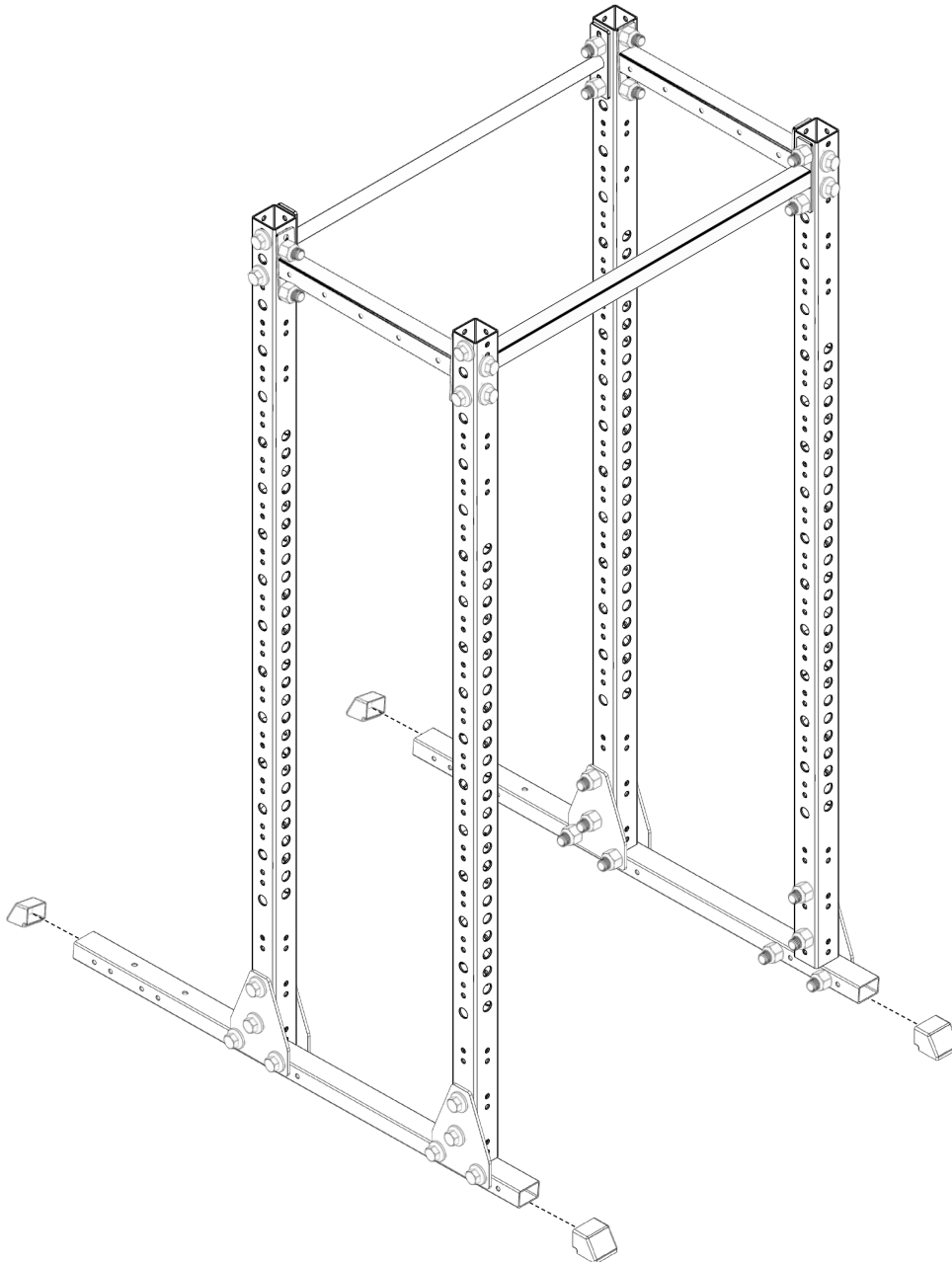
IMPORTANT: DO NOT TIGHTEN BOLTS



STEP EIGHT

ADD RUBBER FEET AND TIGHTEN ALL BOLTS

IMPORTANT: TO FULLY SECURE STAND, BOLT IT TO FLOOR. THIS METHOD WILL VARY DEPENDING ON YOU STRUCTURE. CALL A QUALIFIED CONTRACTOR FOR HELP



COMPLETE

Congrats! Your assembly is complete.

**IMPORTANT:
CHECK TO MAKE SURE BOLTS ARE
TIGHTENED BEFORE EVERY USE**