## **EVOX SQUAT STAND**

#### **ASSEMBLY GUIDE**



#### AGAIN / FASTER

Again Faster Equipment • service@againfaster.com • (877) 763-8775

#### **OVERVIEW**

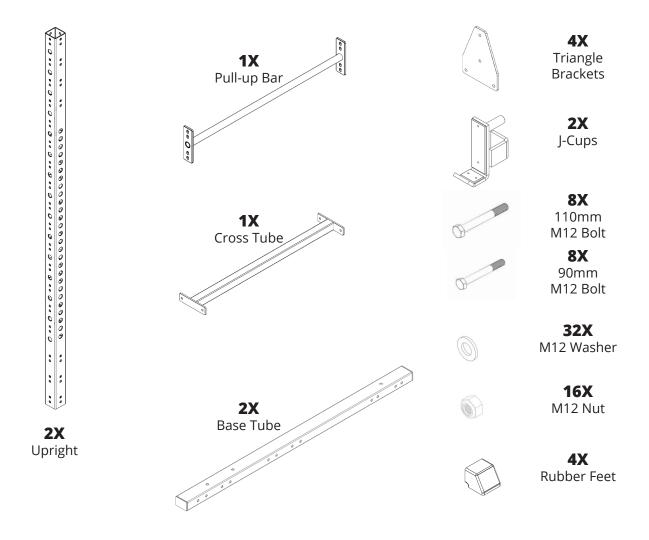
Congratulations on your new EVOx Squat Stand!

The Again Faster EVOx Squat Stand is the centerpiece of your garage gym. Ultimately versatile, this rack supports nearly every movement you can perfrom from bench and squats to pullups and ring dips.

#### WARNING

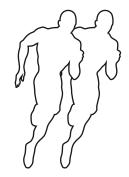
Serious or fatal crushing injuries can occur from equipment tip-over. To prevent this stand from tipping over, it must be permanantly fixed to the floor.

### WHAT'S INCLUDED

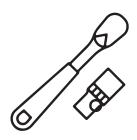


#### WHAT YOU'LL NEED

Assembly of this squat stand is straighforward. But it's always easier when you have a friend to help. So call a buddy who owes you a favor and get to work.



**TWO PEOPLE** 



19MM RATCHET



19MM WRENCH

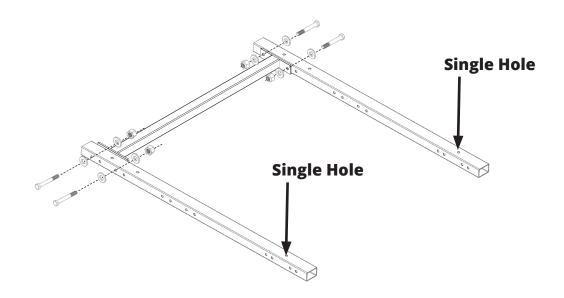
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#### STEP ONE

Lay the two base tubes on the ground with single top holes pointed forward.

Connect base tubes with cross tube using 90mm bolts in the indicated holes.



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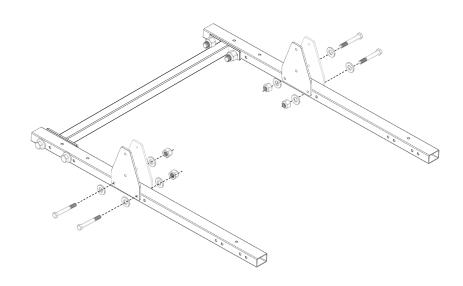
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## **STEP TWO**

Connect triangle brackets using 110mm bolts through indicated holes.

**IMPORTANT: DO NOT TIGHTEN BOLTS** 

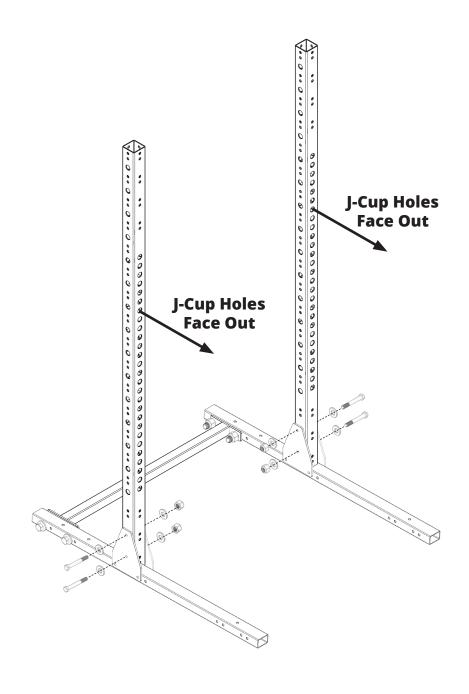




#### STEP THREE

With your partner, place uprights in-between the triangle brackets, ensuring j-cup holes are facing out. Secure with 110mm bolts through indicated holes.

**IMPORTANT: DO NOT TIGHTEN BOLTS** 

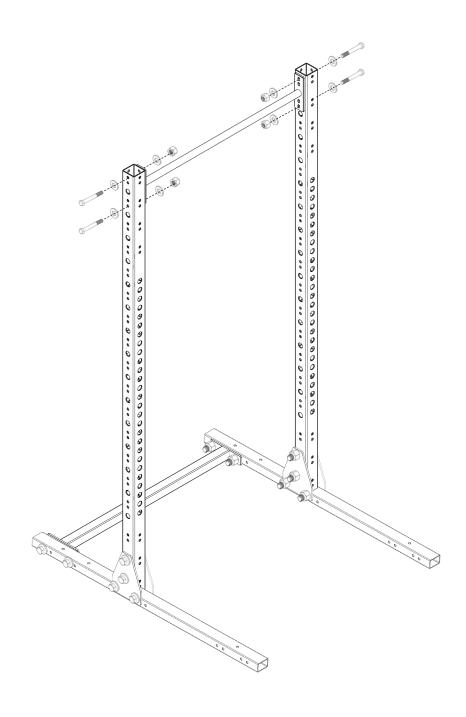




#### STEP FOUR

With your partner, install pull-up bar at desired height using 90mm bolts.

Tighten all bolts on stand.

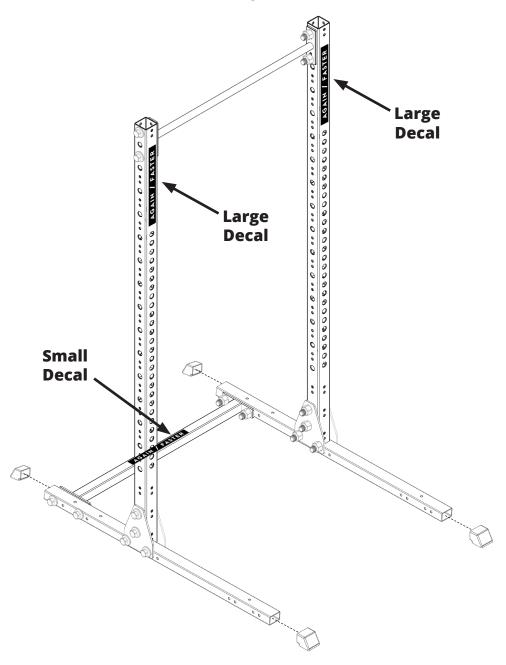


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#### STEP FIVE

Slide rubber feet on each end of base tube. Apply large decals to uprights and small decal to crosstube.

IMPORTANT: TO FULLY SECURE STAND, BOLT IT TO FLOOR. THIS METHOD WILL VARY DEPENDING ON YOU STRUCTURE. CALL A QUALIFIED CONTRACTOR FOR HELP



#### COMPLETE

Congrats! Your assembly is complete.

# IMPORTANT: CHECK TO MAKE SURE BOLTS ARE TIGHTENED BEFORE EVERY USE

