



A GUIDE TO THE TDC GRADING SYSTEM

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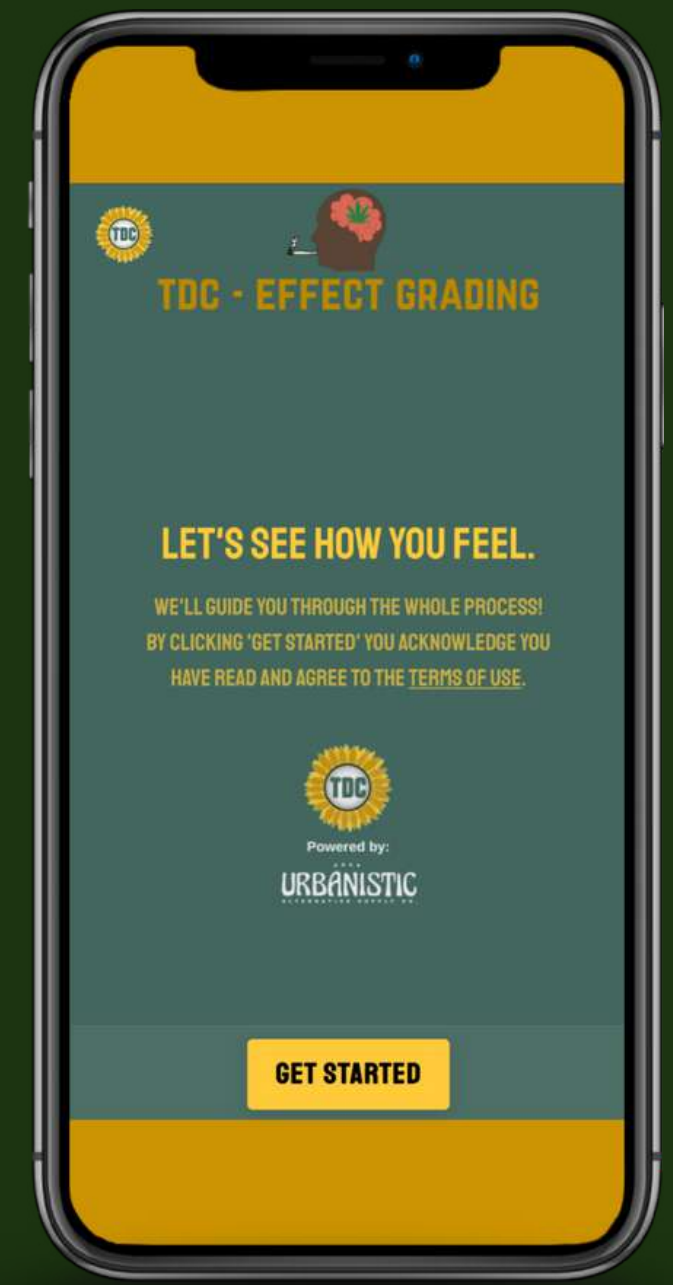
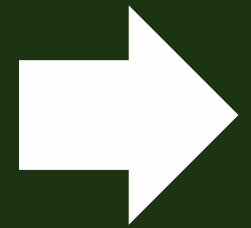
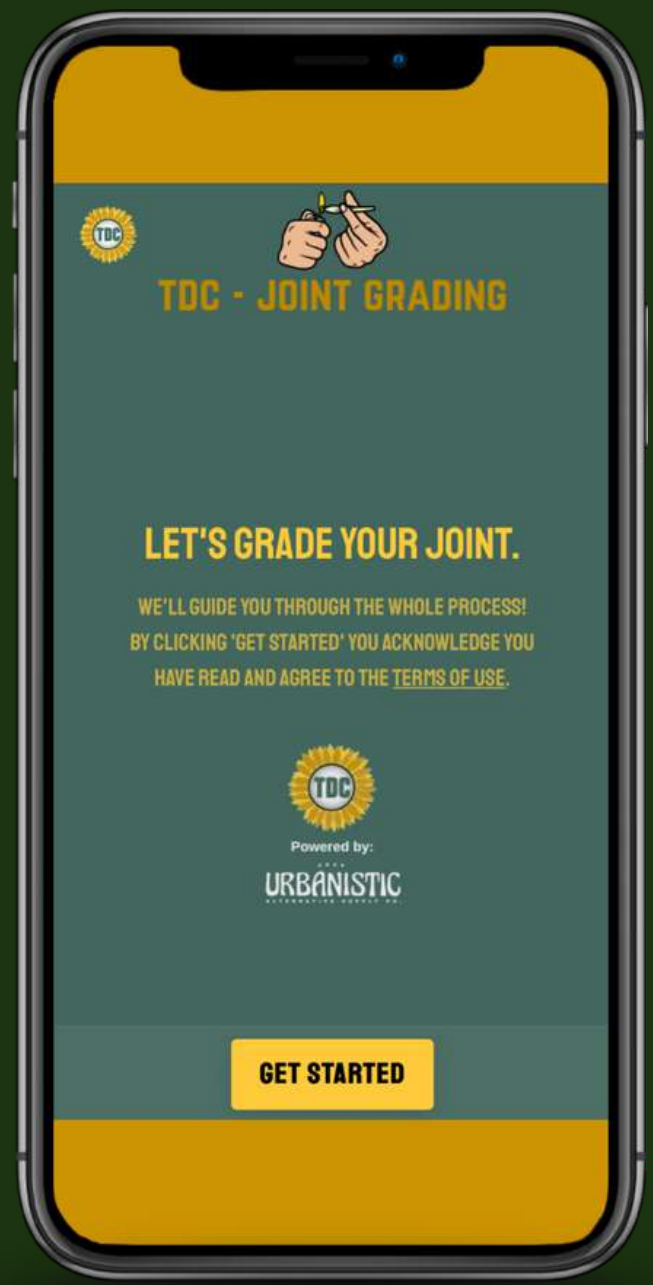
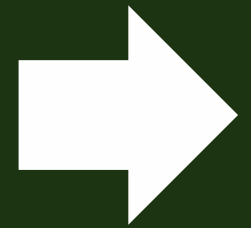
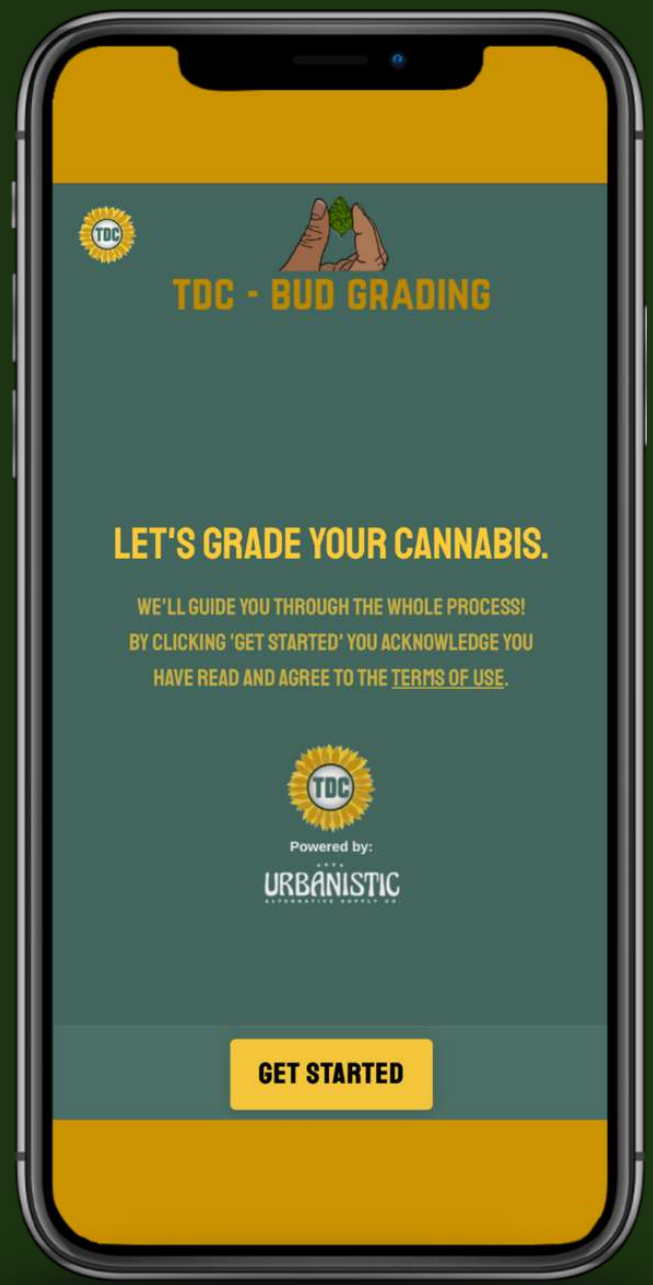


THE TDC GRADING SYSTEM

-  **DIGITAL FIRST**
-  **RESEARCH-BASED**
-  **APPLICABLE DATA POINTS**
-  **EFFECTS PREDICTION ENGINE**
-  **STANDARDIZED EVALUATIONS**
-  **FULLY GUIDED & ILLUSTRATED**
-  **EDUCATIONAL & EASY TO USE**
-  **OPTIMIZED FOR CONTENT CREATION**
-  **THIRD-PARTY QUALITY ASSURANCE**



A GUIDED THREE-STEP EVALUATION PROCESS.



USE CASES OF THE GRADING SYSTEM



Producers

- QA → Standardized testing process & valuable product data.
- Sampling → Educational process & streamlined product feedback.
- Sales & Marketing → Heightened product awareness and relevant marketing assets.



Retailers

- QA → Standardized testing process & valuable product data.
- Sampling → Educational process & streamlined product feedback.
- Sales & Marketing → Heightened product awareness and relevant marketing assets.



Consumers

- QA → Standardized testing process & valuable product data.
- Sampling → Educational process & streamlined product feedback.
- Product awareness → Heightened product awareness and mindful consumption.



MINDFUL CANNABIS EVALUATION STARTER PACK

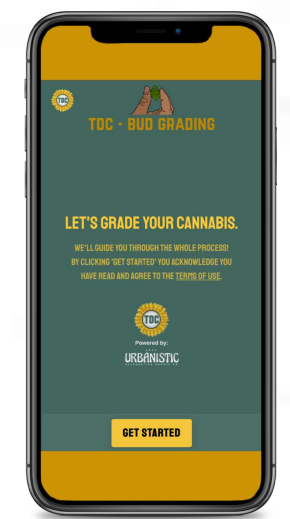


"Billy is thrilled for this first day with the TDC Grading System."

Clean evaluation surface



Phone/computer to access TDC grading system



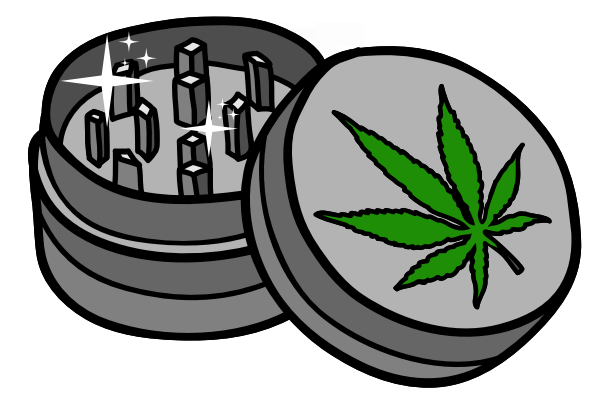
Digital microscope



Lighter for bud size reference (and to light your joint later)



Clean grinder



Unbleached rolling paper

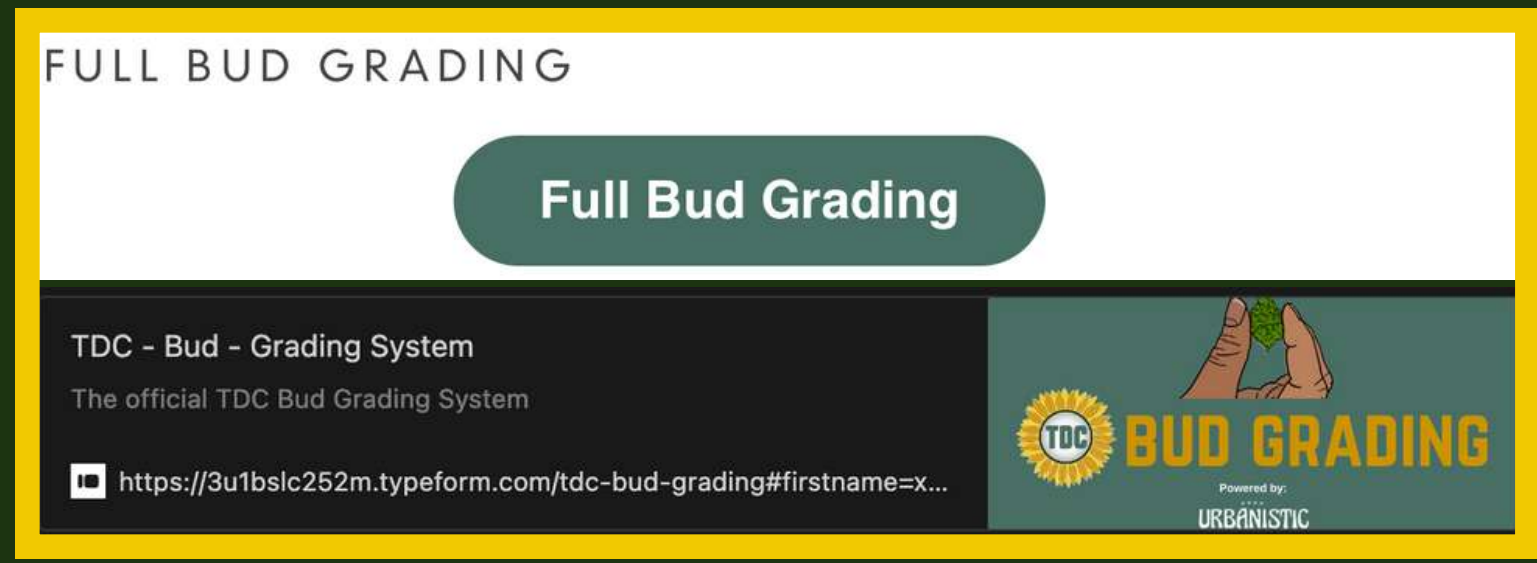


Disclaimer: We are not advocating for adolescent use of cannabis. We do advocate for harm reduction through education and destigmatization.

USING THE TDC GRADING SYSTEM

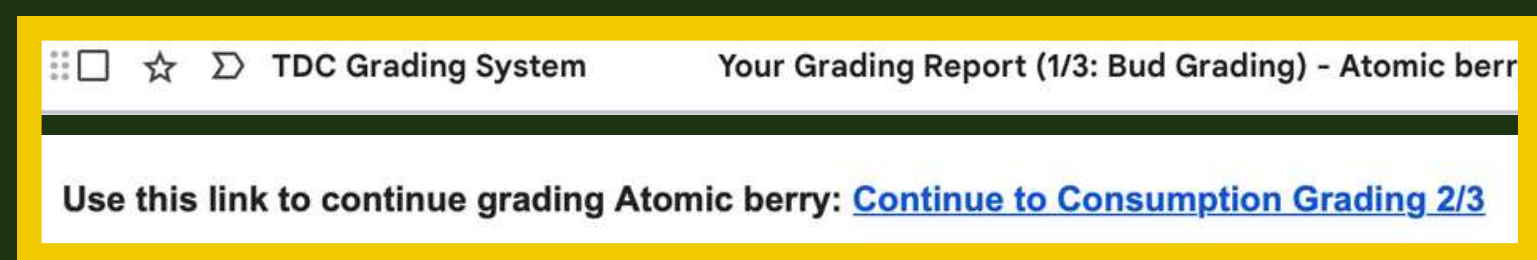
1

Access the grading system through our **Website** or your **private store hub**.



2

After completing the bud or joint grading, continue your grading process through the **link in your email**.



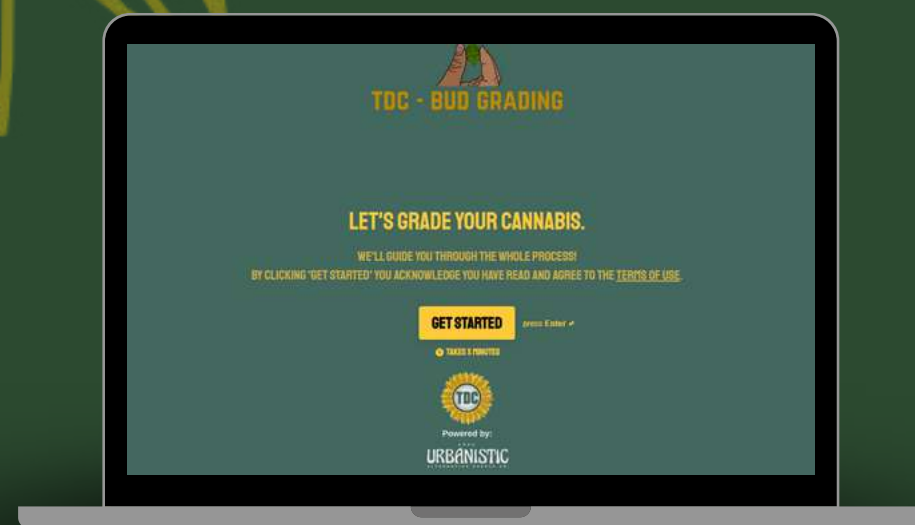
3

Share your **grading results** with your co-workers or on Social Media and use the data for your own graphics.





ACCESS TO FREE TDC CANNABIS GRADING SYSTEM



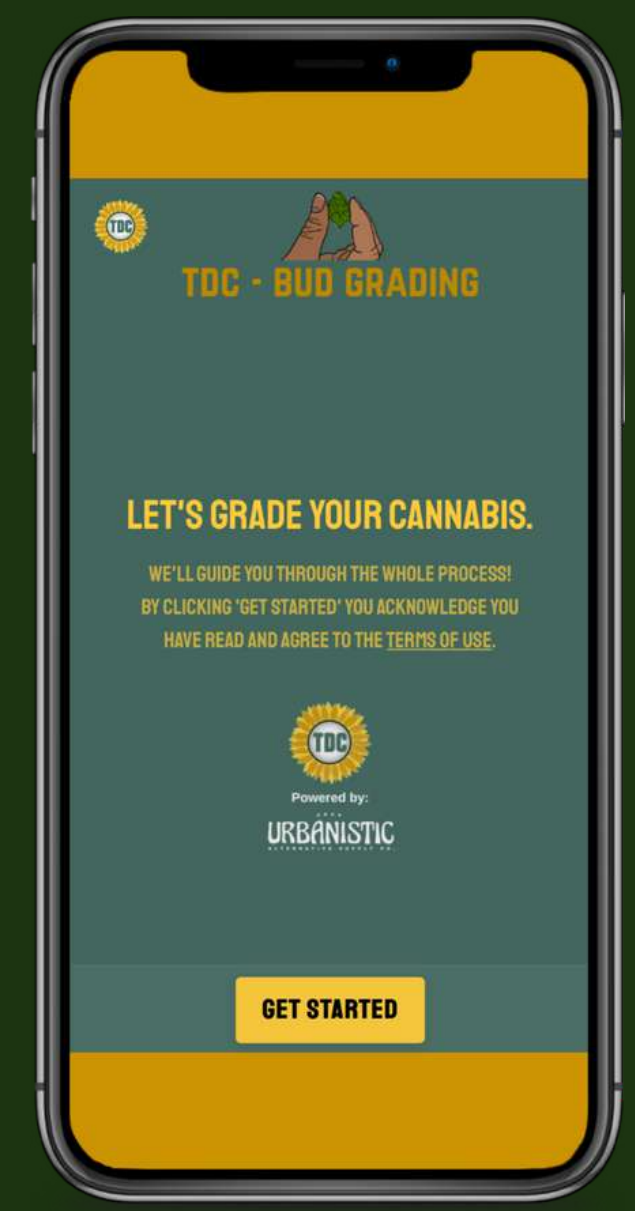
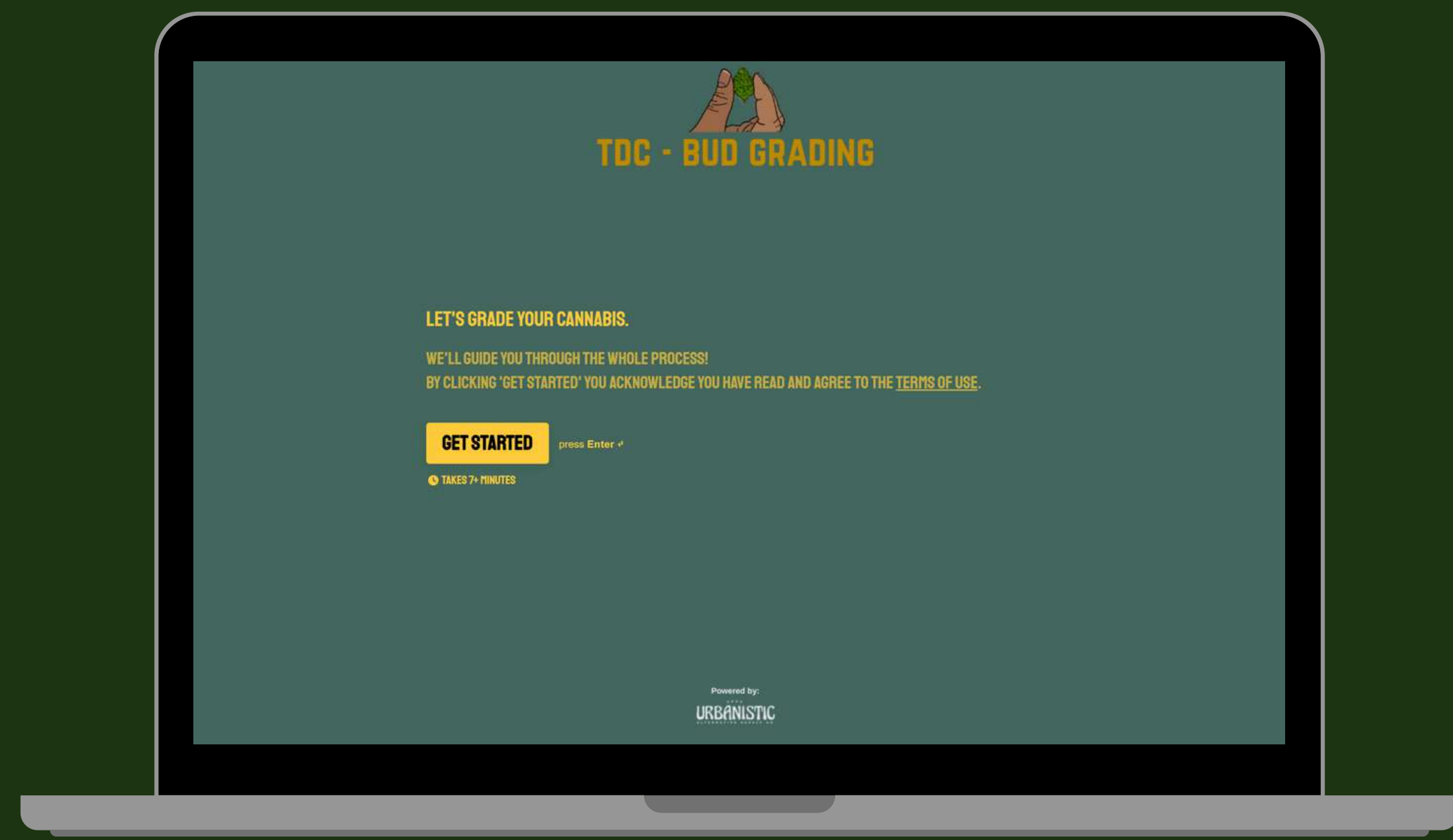
"THE NEW STANDARD."

- DIGITAL FIRST**
- RESEARCH-BASED**
- APPLICABLE DATA POINTS**
- EFFECTS PREDICTION ENGINE**
- STANDARDIZED EVALUATIONS**
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More info: urbanistic.ca/pages/tdc-grading-system



SYSTEM #1 BUD GRADING



PRODUCT PACKAGING

Evaluation focus: The correlation between the packaging type and grading data.

Ziplock pouch

Bud damage: High
Trichome damage: High
Environmental footprint: Bad

Ziplock pouch + nitrogen

Bud damage: Medium
Trichome damage: Medium
Environmental footprint: Bad

Plastic Jar

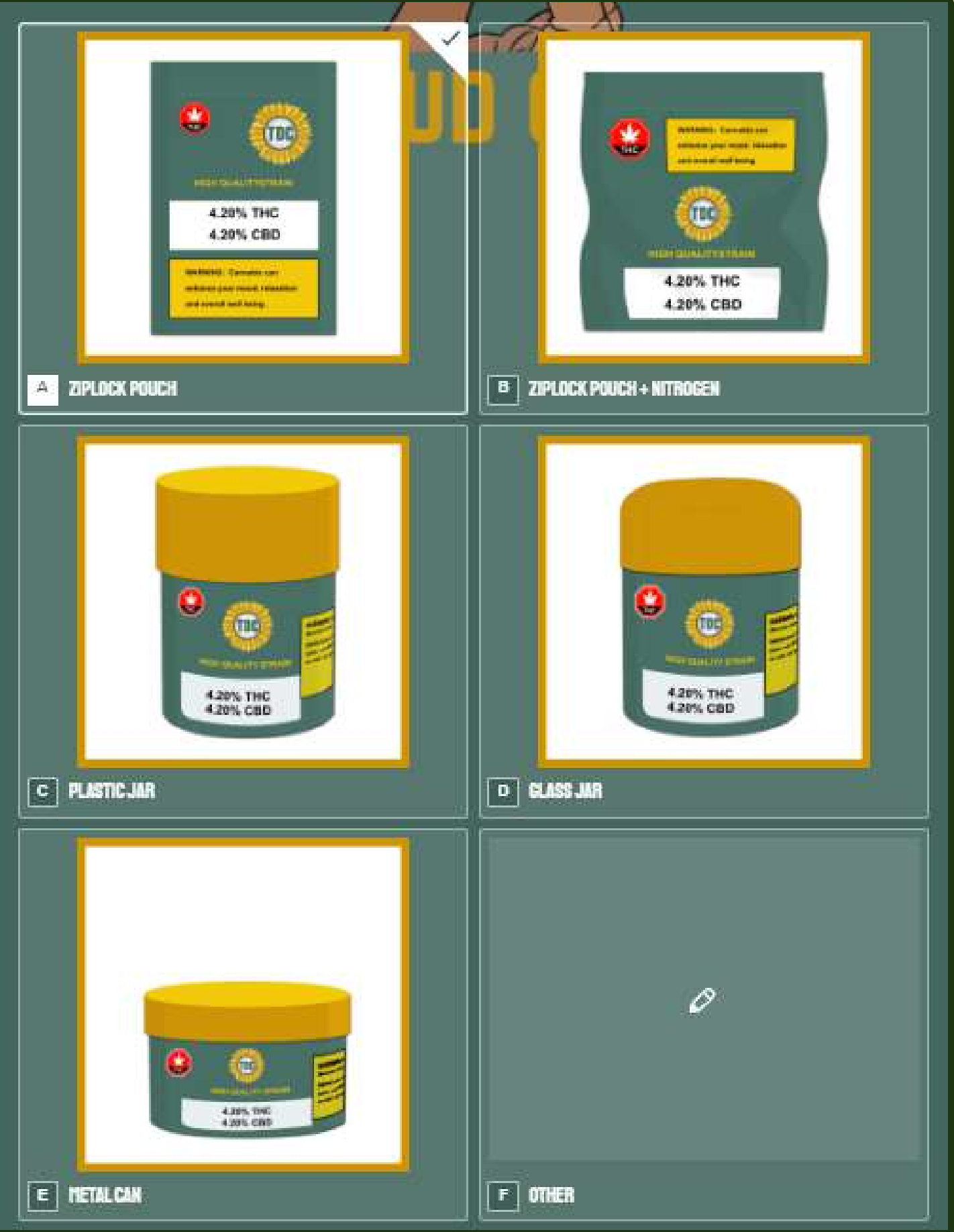
Bud damage: Low
Trichome damage: Medium
Environmental footprint: Bad

Glass jar

Bud damage: Low
Trichome damage: Low
Environmental footprint: Medium

Metal can

Bud damage: Low
Trichome damage: Low
Environmental footprint: Good



AROMA INTENSITY

Evaluation focus: The Concentration of aromatic phytochemicals in the product.

Mindful focus: Sense of smell | Perception of aroma intensity

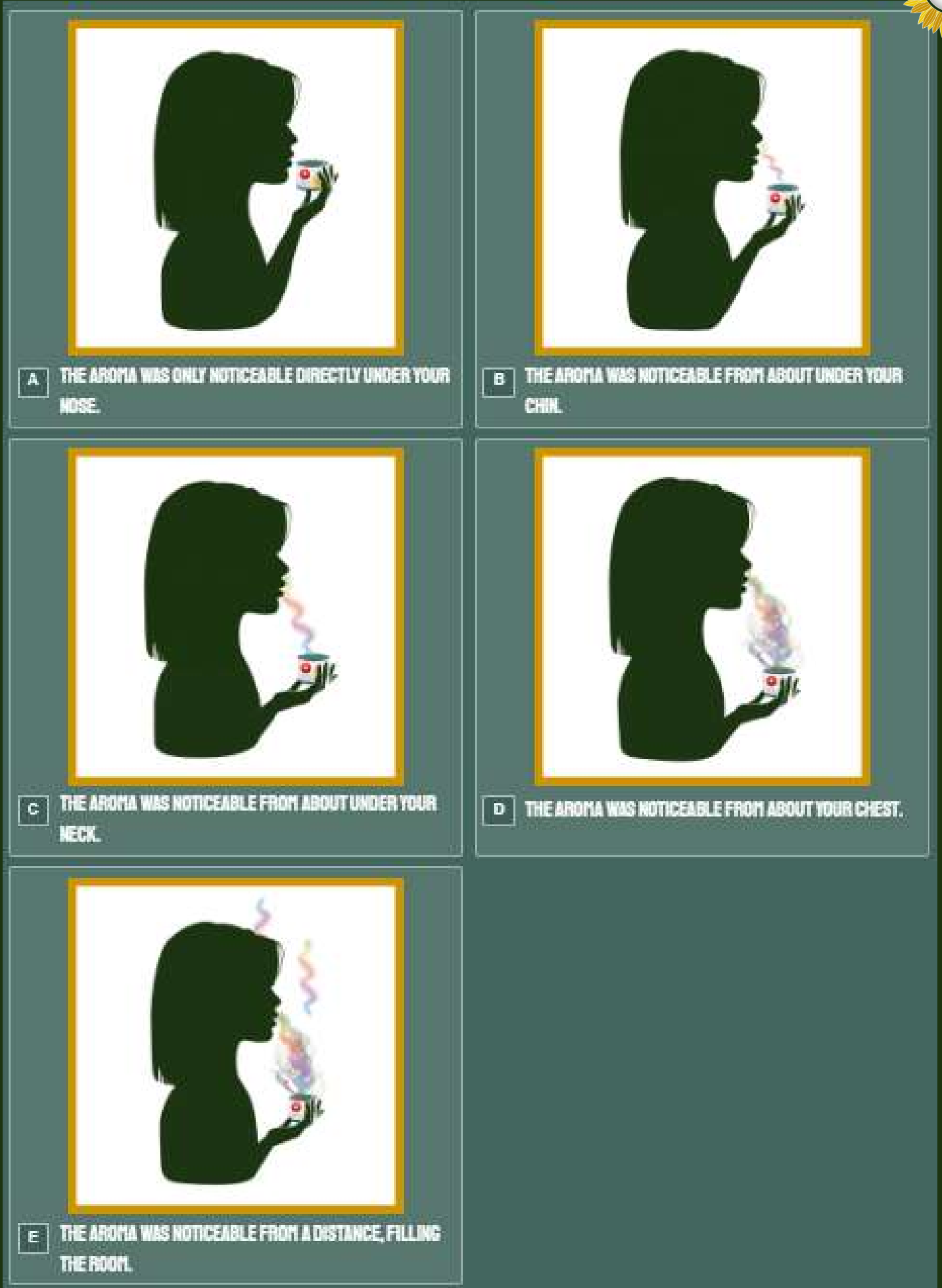
Mindful evaluation:

Product is still unopened

1. Put your phone away and settle in and let yourself feel **calm** and **grounded**.
2. Take a moment to **appreciate** the product in front of you and set the **intention** to be **mindful** and **relaxed** as you move through the grading process.
3. **Place** the **product** about a **forearm's length** on the **surface** in front of you.
4. Make sure your **spine** is nice and **straight** and **open** the product.
5. **Close your eyes** and take a **gentle, slow inhale** through your **nose** while **counting to 5** and **paying attention** to any distinct fragrance filling your **nostrils**. Exhale.

If you **noticed** the **distinct aroma** of the cannabis **from this distance**, return to the grading system and **select option E** (*The aroma was noticeable from a distance, filling the room*).

6. If you **didn't notice** a **distinct smell** travel from the product to you, **repeat steps 4-5** while adjusting the distance of the product to **(D)** about your chest height | **(C)** about under your neck **(B)** about under your chin | **(A)** directly under your nose.



A THE AROMA WAS ONLY NOTICEABLE DIRECTLY UNDER YOUR NOSE.

B THE AROMA WAS NOTICEABLE FROM ABOUT UNDER YOUR CHIN.

C THE AROMA WAS NOTICEABLE FROM ABOUT UNDER YOUR NECK.

D THE AROMA WAS NOTICEABLE FROM ABOUT YOUR CHEST.

E THE AROMA WAS NOTICEABLE FROM A DISTANCE, FILLING THE ROOM.

AROMA COMPLEXITY

Evaluation focus: The variety of present phytochemicals and undesirables.

Mindful focus: Sense of smell | Perception of aroma complexity

Mindful evaluation:

Buds are still in the packaging

1. While still feeling **calm** and **grounded**, bring the product **right up to your nose** now and smell it.
2. Be **fully present** with the aroma you notice and see if you can **notice any physical reaction** inside your body. (For example, very **pleasant** smells may put a **smile on your face** or make you feel more **relaxed and at ease**, while **unpleasant** aromas like **bud rot** can **tense your facial muscles** and evoke a **stinging sensation around your chest**)
3. While immersed in the aromas you notice, **consider the complexity** of the smells you perceive and **select the most accurate option** from the drop-down menu.

Cannabis aromatics are **similar to the aromatics of flowers** during their **varying stages of degradation**, meaning that a **dried-out or faulty** product will smell like barely anything, just straw, chemicals or dirt (A).

On the other hand, **older flowers** may still hold some **herbalness, woodiness or light sweetness** (C).

And **fully fresh flowers** will release a bouquet of complex phytochemicals like fresh lilac or roses. Because of the **various different compounds** in cannabis, like **Thiols, Esters and Terpenes**, the aromas of cannabis offer **even more variety** than regular flowers and can evoke smells of **dough, cream, gas** or even **cat-piss, sweaty socks and skunks** (E).

The diagram consists of five overlapping triangles labeled A through E, each containing a set of icons representing different aromas. Triangle A (top) shows icons for a skull, a cigarette, a sad face, and a hand holding a cigarette. Triangle B shows a hand holding a cigarette, a sad face, a hand holding a cigarette, and a hand holding a cigarette. Triangle C shows a hand holding a cigarette, a sad face, a hand holding a cigarette, and a hand holding a cigarette. Triangle D shows a hand holding a cigarette, a sad face, a hand holding a cigarette, and a hand holding a cigarette. Triangle E shows a hand holding a cigarette, a sad face, a hand holding a cigarette, and a hand holding a cigarette.

- A UNPLEASANT AROMA (OFF-PUTTING, FOUL, ACIDIC, NO AROMA, ...)**
- B FAINT AROMA (STRAW, GRASS, DIRTY, HERBAL, WOOD, ...)**
- C AVERAGE AROMA (HERBAL, SPICY, PEPPERY, WOODSY, MUDDY, ...)**
- D PLEASANT AROMA (HERBAL WITH HINTS OF CITRUS, FLOWERS, BERRIES, ...)**
- E COMPLEX AROMA (LEMON, BERRY, SKUNK, GAS, FLORAL, SWEET, FRUITY, ...)**

AROMA IDENTIFICATION

Evaluation focus: The identification of various aromas created by the bouquet of phytochemicals or undesirables.

Mindful focus: Sense of smell | Perception of distinct aroma variety

Mindful evaluation:

Buds are still in the packaging

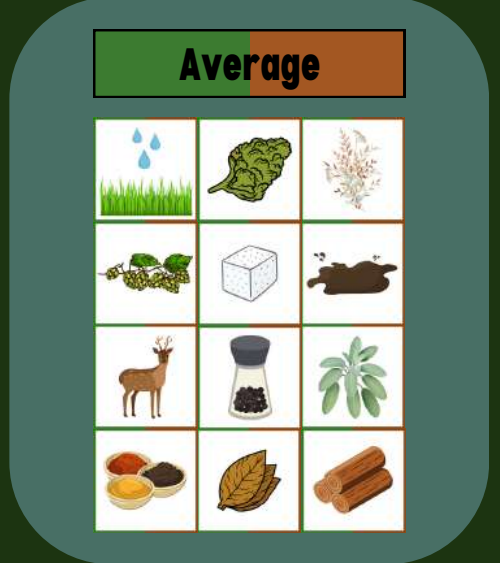
1. After assessing the aroma complexity, now **smell the product closely** and **turn more deeply into the specific aromas** that make up the overall bouquet of the buds in front of you.
2. **Close your eyes** while **gently smelling** the products and see if you notice up to **3 distinct aromas**.
3. You can use the **aroma complexity graphic** as a reference to help you assess the different fragrances accurately.

To do so, we **classified the different aromas** into unpleasant, **average** and **complex** fragrance categories.

Unpleasant aromas usually appear in the (A) & (B) complexity options and refer to the smells of **dried-out or faulty products**, including the scents of straw, foulness, salty, chemicals, no aroma at all and so on.

Average aromas are usually in the (B), (C) and (D) complexity categories and refer to the more "natural" fragrances of certain products that **lack adequate monoterpene, ester or thiol content** but still release some **sesquiterpene scents** like **spice, pepper, hops, musk, light sweetness** and so on.

Lastly, **complex aromas** are usually associated with the (D) and (E) complexity options and include the complex fragrances of **high concentrations of various phytochemicals**, creating unique scents ranging from **pine, earth** and **flowers** to **gasoline, soap, tropical fruits** and so on.



BUD PICTURE INSTRUCTIONS



Lighter

Using the same lighter will provide a sizing reference for the buds.



Lighting

Use lighting to improve the quality of the image.

You can utilize sunlight or a photography light. Keep a balanced light spectrum to prevent influencing the color of the buds.



Background

Use a background that contrasts well with the buds. (preferably white)



Camera angle

Select an angle that gives an even view of the bud.

Be careful not to cast a shadow with your arm or camera.



Framing

Select the square 1:1 format.



Focus

Make sure the image subjects (buds and lighter) are in focus.





BUD SIZE

Evaluation focus: The artistic manufacturing, care and size of the buds.

Mindful focus: Sight | Observing the size of the buds

Mindful evaluation:

1. Now that the aroma is assessed, take a moment to appreciate the time that you took to fully immerse yourself in the incredible scents the cannabis plant can produce.
2. Invite a mini smile onto your face.
3. Next, take the product packaging and empty the buds onto the surface in front of you.
4. Arrange the buds in a pile with some space in between the individual buds, similar to the pictures on the right.
5. Grab a standard BIC or Clipper lighter and place it next to the buds.
6. Now, observe the arrangement and the bud-to-lighter ratio you see in front of you.
7. Look at the different bud size options in the TDC Grading System (see right) and choose the most suitable choice by comparing what's in front of you to the illustrations of the grading system.

The TDC Grading System consists of five panels, each showing a different bud size next to a blue lighter with the TDC logo for scale. Panel A shows 'TINY' buds, which are very small and numerous. Panel B shows 'SMALL' buds, which are slightly larger than tiny. Panel C shows 'MEDIUM' buds, which are larger and more developed. Panel D shows 'BIG' buds, which are significantly larger. Panel E shows 'HUGE' buds, which are the largest and most dense. Each panel includes a dashed outline of the bud's shape for reference.

BUD STRUCTURE

Evaluation focus: The potential genetics and effects.

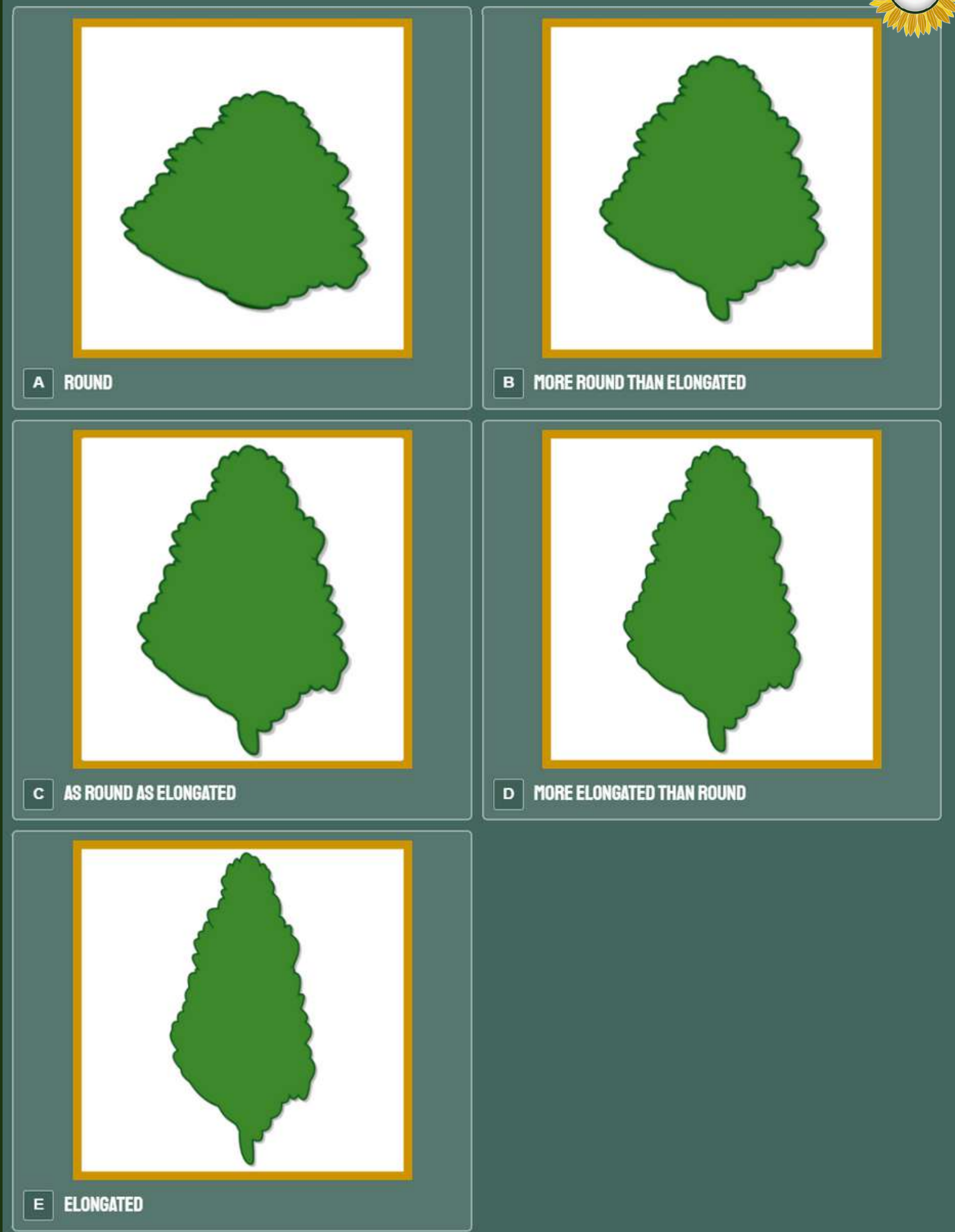
Mindful focus: Sight | Observing the shape of the buds

Mindful evaluation:

1. With the buds still lying on the surface in front of you, change your focus now from observing the size of the buds to evaluating the structure of the buds.
2. The bud structure can range from fully round (A) to fully elongated buds (E) and is an important factor to evaluate, as the shape of the buds can give us a hint about the potential effects of the cannabis in front of us.

The more round the buds, the more likely they are to produce sedative effects. On the contrary, the more elongated the buds, the more likely they are to evoke stimulating effects.

3. Observe the shape of all the buds before you and select the most suitable option in the grading system.



A grid of five diagrams illustrating different bud shapes, each in a green silhouette with a white stem, set against a white background within a square frame. The frames are arranged in a 3x2 grid, with the bottom-right cell empty.

- A ROUND**: A wide, flat, circular bud.
- B MORE ROUND THAN ELONGATED**: A bud that is wider than it is tall.
- C AS ROUND AS ELONGATED**: A bud that is roughly square in shape.
- D MORE ELONGATED THAN ROUND**: A bud that is taller than it is wide.
- E ELONGATED**: A very tall, narrow bud.

BUD COLOUR COMPLEXITY

Evaluation focus: The health of the buds.

Mindful focus: Sight | Observing the colour range of the buds' flowers and trim leaves.

Mindful evaluation:

1. With the buds still lying in front of you, grab one bud after the other and focus now on grading the colours and the vibrancy of the buds.
2. When you evaluate the colours, unhealthy buds (A) will be easy to assess by their dark, brown, pale or amber colours. Vibrant buds (E) will also be more straightforward to determine as their vibrant colours will shine at you from a distance.

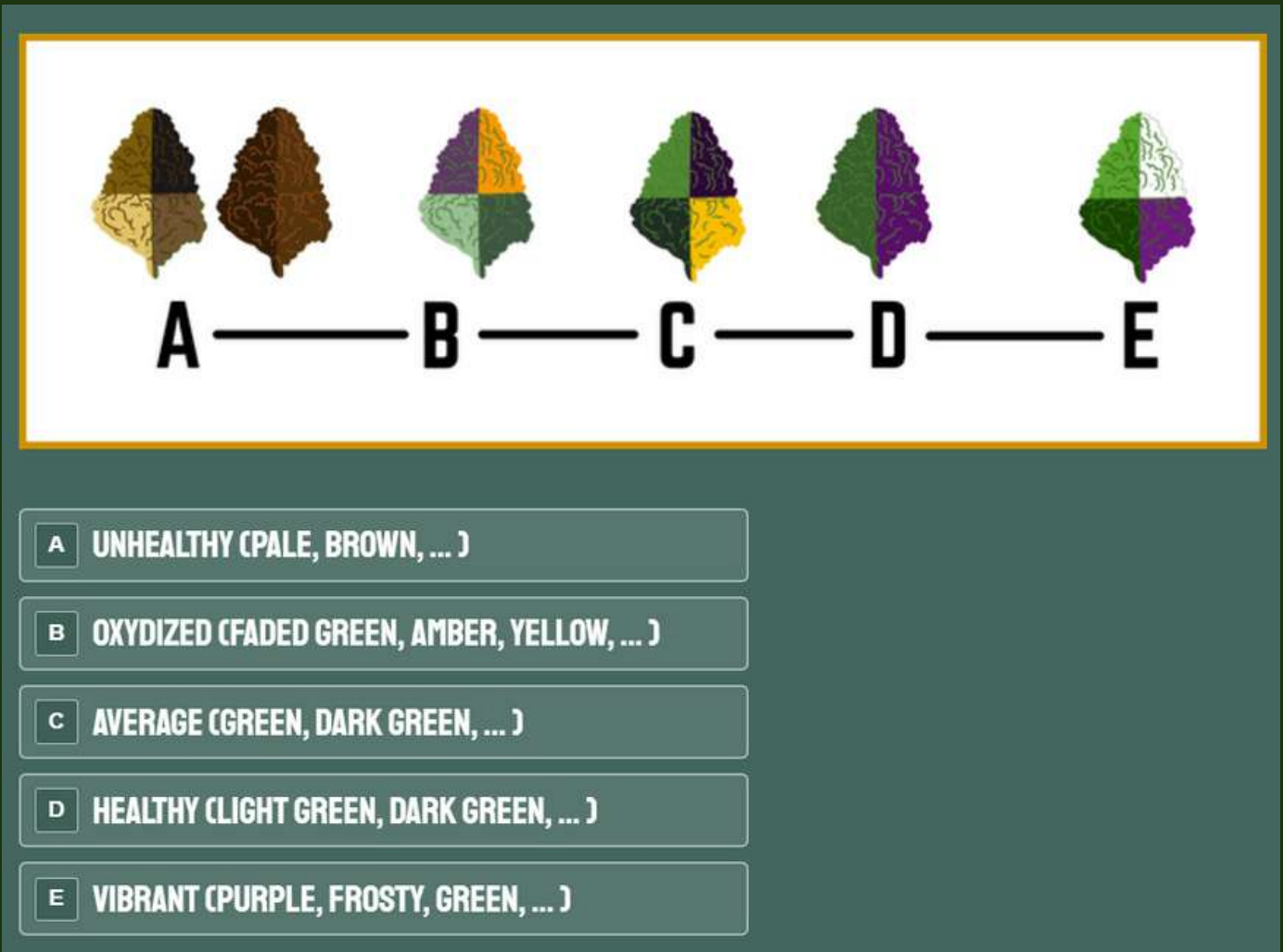
Consequently, if the buds aren't dark/brown-coloured or pop right out through their vibrant colours, you're either observing oxidized (B), average (C) or healthy (D) buds in front of you.

The oxidized buds (B) show very faded or golden-yellow discolourations that are rather whiteish than dark or brownish due to overexposure to oxygen or light.

The average buds (C), on the other hand, appear more basic (dark/light) green as they're neither discoloured nor overly vibrant.

Lastly, the healthy buds (D) show some more vibrant and lighter colours but still don't have as popping colours as the vibrant ones that shine right at you.

3. Select the most accurate option from the dropdown (see right) based on the bud colours you can observe in front of you.



The diagram shows five bud samples labeled A through E, each with a different color profile. Below the samples is a dropdown menu with the following options:

- A UNHEALTHY (PALE, BROWN, ...)
- B OXYDIZED (FADED GREEN, AMBER, YELLOW, ...)
- C AVERAGE (GREEN, DARK GREEN, ...)
- D HEALTHY (LIGHT GREEN, DARK GREEN, ...)
- E VIBRANT (PURPLE, FROSTY, GREEN, ...)

BUD COLOUR IDENTIFICATION

Evaluation focus: The actual colours of the buds' flowers and trim leaves

Mindful focus: Sight | Observing the actual colours on the buds

Mindful evaluation:

1. Next, with the buds still lying in front of you, let yourself feel grounded and focused and take the buds into your hands to bring them closer to your eyes so that you can pay close attention to their dominant colours.

2. Similar to the aroma complexity and picking the actual aromas, the previous question (bud colour complexity) will support you here in accurately selecting up to 3 dominant colours you see.

3. If you selected (A) in the previous bud complexity question, the colours you'd pick would then be ranging more around the top (black to amber) of the colour spectrum on the right.

If you selected (B) in the bud colour complexity, the colours you'd choose would range between the amber and faded colours.

If your previous selection were (C), the colours would then range from a few faded tones to regular tones of (dark/light green).

Lastly, if you selected the healthy bud complexity option (D), you'd likely pick a mix of regular green tones as well as some more vibrant colour options, and if the buds were fully vibrant (E), you'd mostly select the vibrant colour options.



STIGMA EXPRESSION

Evaluation focus: The potential genetics and effects.

Mindful focus: Sight | Observing the amount and length of stigmas on the buds

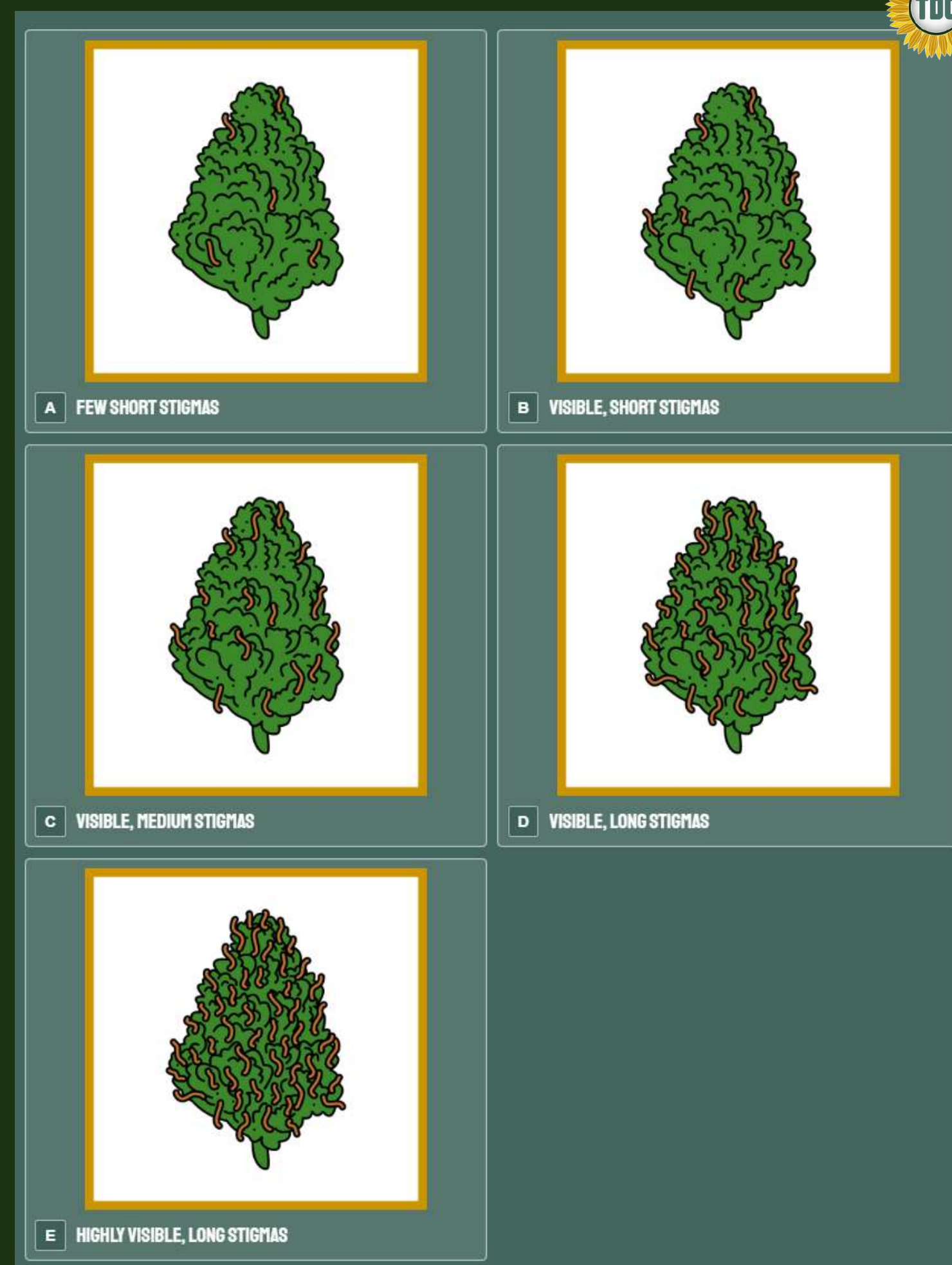
Mindful evaluation:

1. Now direct your **focus** away from the cluster of flowers and trim leaves **to** the **stigmas** (the hairs) that are protruding from the flowers.
2. To do so, **grab one bud after the other** and **observe** the **density and length** of their **stigmas** **closely**.
3. If the buds are fully covered in **highly visible, long stigmas (E)** that you can even **notice from a distance**, you are likely looking at a very **stimulating/energizing** cultivar.

On the other hand, if you have to bring the **buds close to your eyes** and can **see barely any stigmas** because they're so **few and short (B)**, you're likely looking at a very **sedative bud**.

When you **can see the stigmas** but they're **still pretty short (B)**, you're likely looking at a more **relaxing** bud.

In contrast, if the stigmas don't fully cover the buds but are **visible and long (D)**, you're likely looking at a more **uplifting cultivar** and if they're **visible but not too long (C)**, you're likely looking at a bud that will provide more **balanced** effects.



STIGMA COLOUR

Evaluation focus: The age and harvest time of the buds.

Mindful focus: Sight | Observing the colours of the buds' stigmas




Mindful evaluation:

1. Next, direct your attention to the colours of the stigmas.
2. The stigma colours can range between dark brown, orange, yellow and white, to different mixed tones of those colours.

Usually, darker stigma colours (dark brown, brown) can give us a hint that the buds were harvested late or are already a bit old, while lighter colours like white or yellow stigmas mean that the buds were likely harvested too early and fully orange or red stigmas could indicate the peak maturity of the buds.

3. To assess the stigma colours, grab one bud after the other, observe the stigma colours thoroughly and then select the most suitable option from the menu (see right).



 A DARK BROWN STIGMAS	 B BROWN STIGMAS	 C BROWN-YELLOW STIGMAS	 D BROWN-RED STIGMAS
 E BROWN-ORANGE STIGMAS	 F ORANGE STIGMAS	 G RED STIGMAS	 H WHITE STIGMAS
 I YELLOW STIGMAS			

TRIM JOB

Evaluation focus: The amount of unnecessary chlorophyll and weight.


Mindful focus: Sight | Observing the visibility of trim leaves on the buds

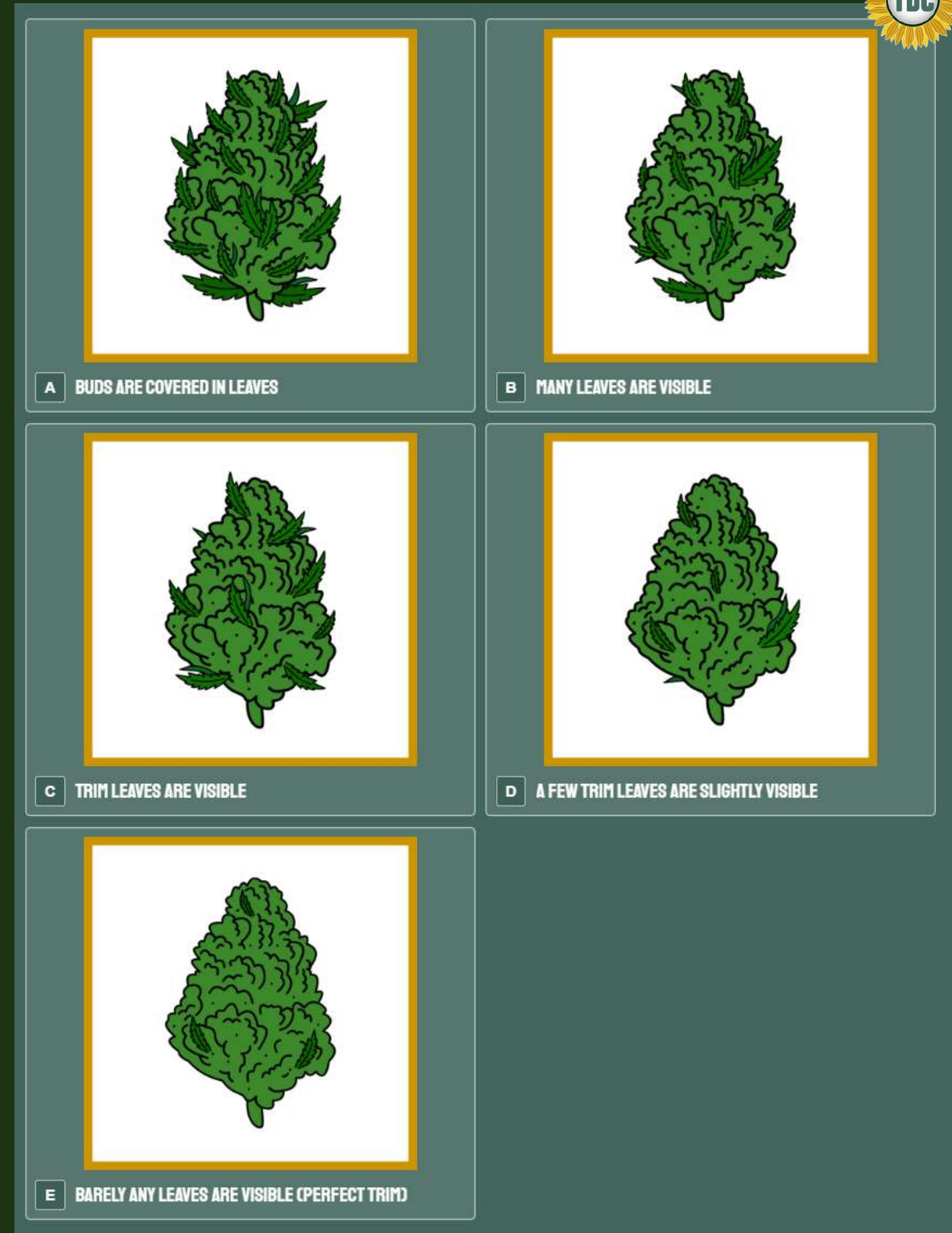
Mindful evaluation:


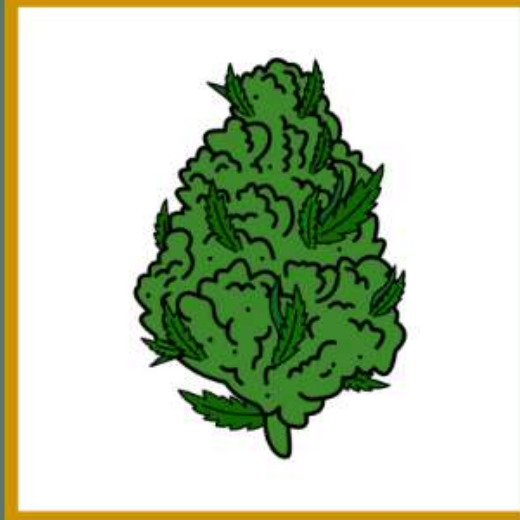



1. Now, move your **attention** from the stigmas on the buds to the **trim leaves** surrounding the cluster of little flowers.
2. If you can **notice** the **trim leaves already from afar**, the buds are likely either **covered in leaves (A)** or have **many visible trim leaves (B)**.

If you can't notice the trim leaves from a distance, **bring the buds closer** to your eyes again and see if they're **visible now (C)**, only **slightly visible (D)** or if you can **barely see any** trim leaves at all (E).

3. **Observe each bud individually**, and once you're done, select the most suitable option from the menu based on the **average of your observations** (see right).

 *We evaluate the trim because most glandular trichomes are on the cannabis flowers and not the trim leaves. Therefore, the trim only adds chlorophyll and weight to the buds.*



 A BUDS ARE COVERED IN LEAVES	 B MANY LEAVES ARE VISIBLE
 C TRIM LEAVES ARE VISIBLE	 D A FEW TRIM LEAVES ARE SLIGHTLY VISIBLE
 E BARELY ANY LEAVES ARE VISIBLE (PERFECT TRIM)	

EXCESSIVE STEMS

Evaluation focus: The amount of unnecessary weight and plant material.

Mindful focus: Sight | Observing the stems on the buds

Mindful evaluation:

1. Grab each bud individually and **look at their base**.
2. If you see a **long stem or multiple stems** protruding from all the buds **select (B)**.
3. If you see **barely any stems**, select **(A)**.



TRICHOME VISIBILITY

Evaluation focus: The potential amount of present phytochemicals.

Mindful focus: Sight | Observing the visibility of the buds' trichomes.

Mindful evaluation:

1. We've now arrived at evaluating the **most important parts** of the entire cannabis plant. The Trichomes!
2. To evaluate the trichome visibility, start by **holding the bud about a forearm's length away from your eyes** and **pay attention to the amount of trichomes** (frostiness) of the buds.

If you can **notice the trichomes already from a distance**, the trichomes are **either visible (C), easily visible (D), or highly visible (E)**.

Now, **bring the buds closer to your eyes**.

If you **still hardly see any trichomes** from up close, select option **(A)** from the menu.

When they're **slightly visible** from here, select the choice **(B)**.

If they're **visible**, select option **(C)** and if you **notice the trichomes easily**, choose option **(D)**.

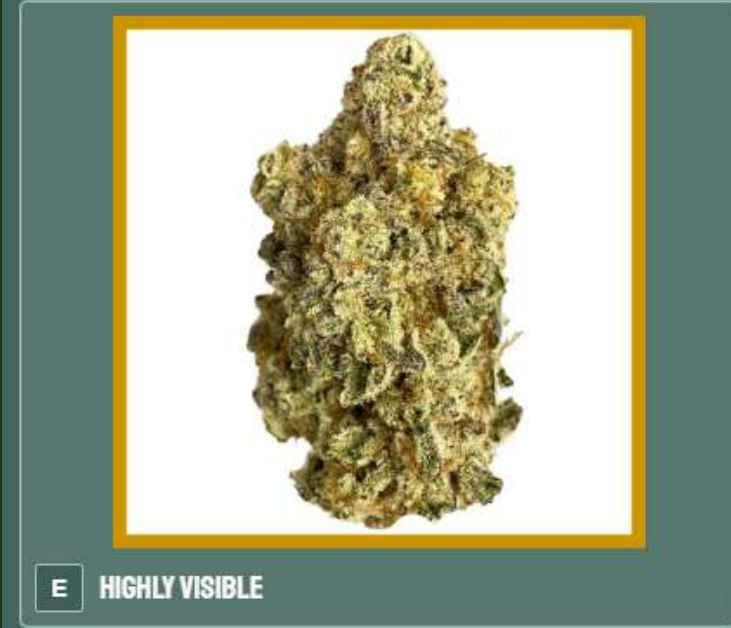
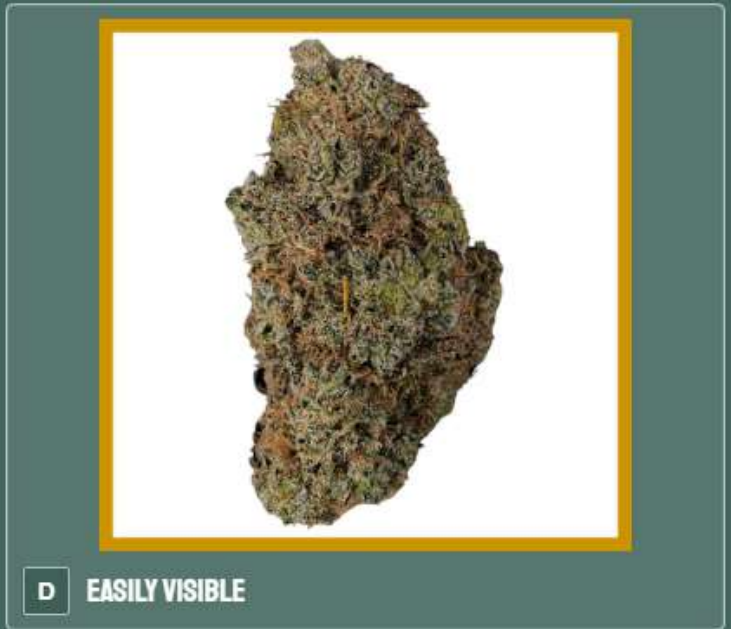
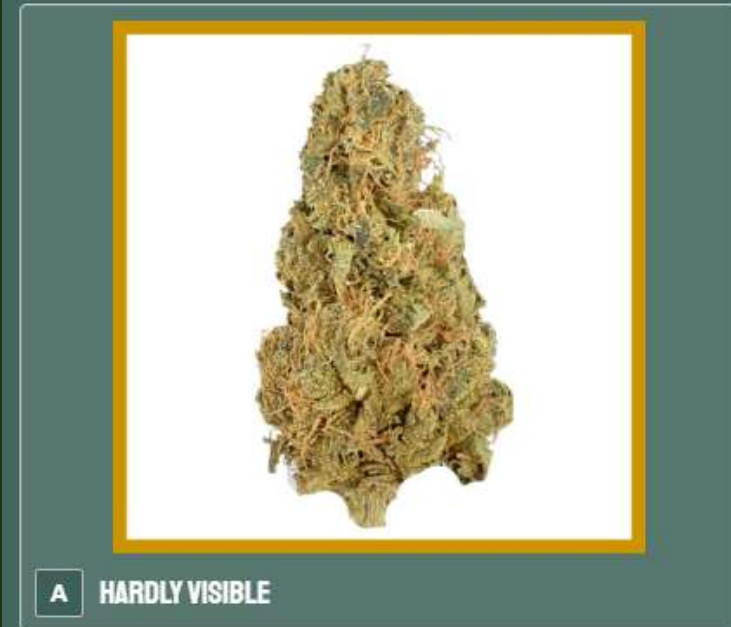
Lastly, if the buds are **fully covered in trichomes** and **look white or golden frosty**, select the option **(E)** - **highly visible trichomes**.



Tipp:

Next up, we'll evaluate the trichome development.

If the trichomes on the buds sparkled at you during the visibility grading, you can already assume that the trichomes will be properly developed.



MICROSCOPE EVALUATION GUIDELINES

1. Next up in our trichome evaluation, we're going to use a **digital microscope** to evaluate the **outer (OS)** and **inner (IS)** surfaces of our cannabis buds.
2. To do this properly, you have to **set** the **zoom** of your microscope to the **lowest magnification** setting. We do this to **observe as many trichomes as possible** and then **grade the average** of our **observations** rather than looking at a few highly magnified trichomes on a single bud.
3. Once you have your microscope at the **lowest magnification setting**, you can **start** with **observing** the outer surface of your buds before breaking them open to investigate their insides.

We grade the **outside** and the **inside** of the buds for two reasons:

1. To analyze the **impact of the product packaging & handling** on the integrity of the trichomes.
2. To analyze **possible undesirables** like bud rot that could potentially be **hidden inside the buds**.

4. Microscopy Tips:

Scope **all** your buds!

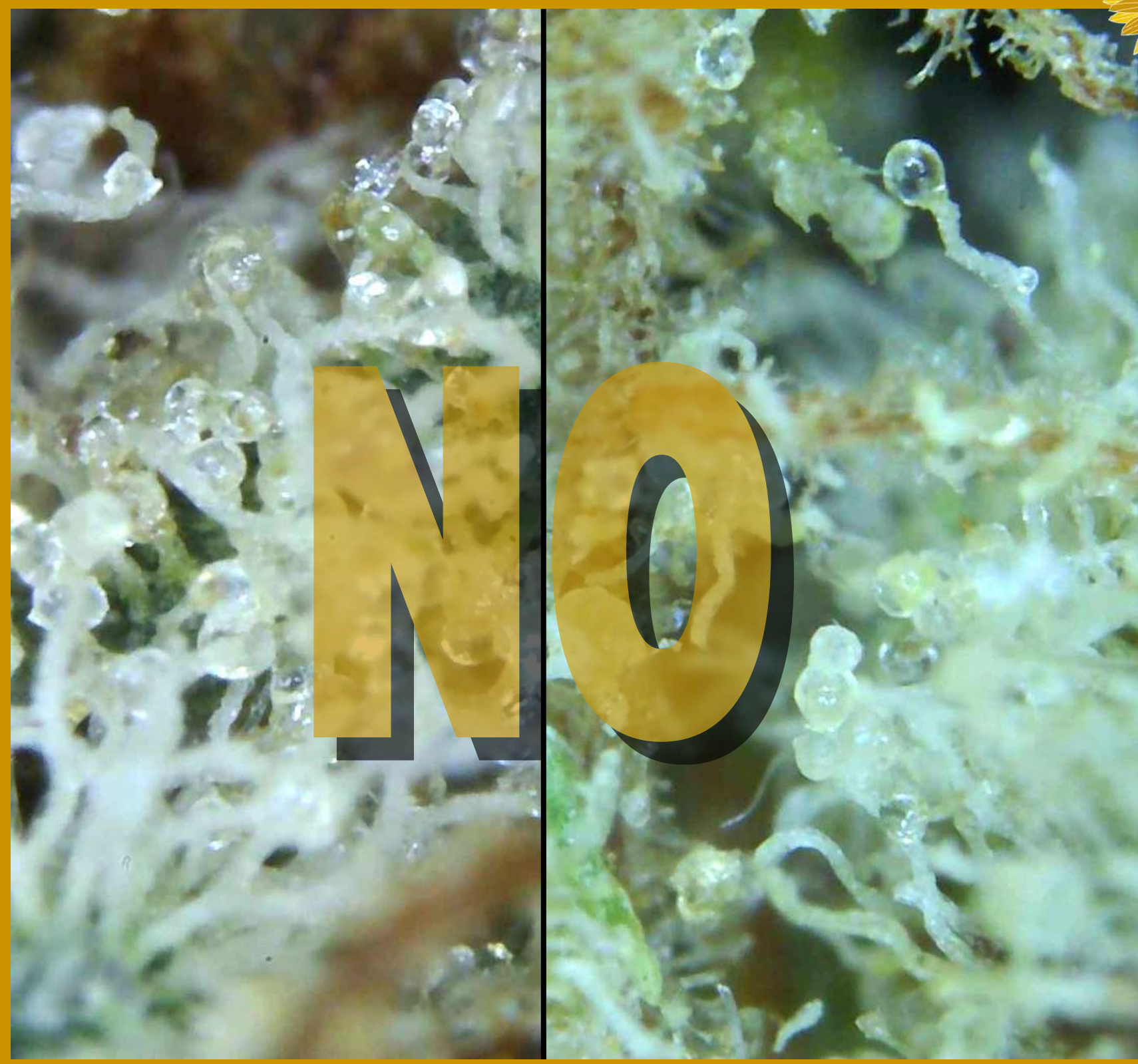
Use the **wheels at the back** of your desktop microscopes and the **silver wheel** on your hand-held scope to **adjust the magnification to the lowest setting**.

Use two hands:

When using the desktop microscope, keep **one hand on the bud** or the scope card to move the bud around and keep the **other hand on the focus ring** above the lens to **adjust the focus while you're moving the bud** under the microscope.

When using the digital hand-held microscope, use **one hand to hold the bud steadily** and the **other hand to move and adjust the focus** of the microscope.





Strong magnification

Shows a few trichomes on the bud.

Evaluation magnification

Show as many trichomes on the bud as possible.

TRICHOME COLOUR RANGE (OS & IS)

Evaluation focus: The ripeness of trichome heads and phytochemicals.

Mindful focus: Microscope sight | Observing the dominant colours of the trichome heads.

Mindful evaluation:

Same grading process for outside and inside evaluation. Ensure to save one bud for the last grading aspects.

1. Place **one bud** after the other under the microscope and **move each of them around** while properly **adjusting the focus** and paying close **attention to the colour** of the trichome heads.

For **inside observation**, **break** a few pieces of the different **buds** off and then **place the pieces** with the **inner surface facing the lens** under the microscope.

2. While observing the trichomes under the microscope, try to **notice a distinct hue** of your **microscope display screen**. For example, the trichomes of some extremely old or faulty buds will make the microscope display immediately look **brown, dark amber or even red-ish (A)**.

On the other hand, expertly grown, **fully mature buds** make the screen appear **fully white (E)**.

If the trichomes are **a bit overripe**, their colours will be **mostly golden (D)** and if they're a bit **premature** they're about **50% white and about 50% milky/white (C)**.

Lastly, if you observe the colour of the trichome heads thoroughly and notice that the **majority** of them appear **clear**, you're likely looking at a **premature bud (B)**.

3. Once you observed all of the buds, select the most suitable option from the menu (right) based on the **average of your observations**.

A ABOUT 70% AMBER/BROWN

B ABOUT 70% CLEAR

C ABOUT 50% CLEAR - 50% MILKY

D ABOUT 30% MILKY - 70% GOLDEN

E ABOUT 70% MILKY

TRICHOME HEAD DEVELOPMENT (OS & IS)

Evaluation focus: The size & condition of trichome heads' storage cavities and their correlating amount of phytochemicals.

Mindful focus: Microscope sight | Observing the size/radius of the trichome heads.

Mindful evaluation:

Same grading process for outside and inside evaluation. Ensure to save one bud for the last grading aspects.

1. Continue to observe each bud under the microscope but change your **focus** now from observing the colour of the trichome heads **to grade the heads' size/radius and intactness**.
2. For reference, we can compare the trichome development to the **development of grapes**.

Generally speaking, when you buy grapes, you'd hope for **big juicy grapes** on the shoots rather than buying **grape-less shoots or dried-out raisins**.

3. Therefore, if you **only see trichome stems** and **barely any trichome heads** on the buds (A), the product will likely **lack in phytochemicals and flavour**.

However, other buds may show some trichomes with a **few tiny (raisin-like) trichome heads** (B) while even other ones may have a **couple of heads** on them but **lack in size and robustness** (C).

On the other hand, if the genetics and the growing methods where properly dialed in, you can also find buds with a **few robust trichome heads** (D) or **fully juicy, robust trichomes that sparkle back** at you from a distance and **pop out at your microscope screen** (E).

4. Once you observed all of the buds, select the most suitable option from the menu (right) **based on the average of your observations**.

A grid of five microscope images showing different trichome head developments, labeled A through E. Each image is framed with a yellow border and has a corresponding label below it.

- A** LACK OF TRICHOME HEADS: Shows a close-up of a bud with very few and small trichome heads.
- B** FEW MEDIUM DEVELOPED TRICHOME HEADS: Shows a close-up of a bud with a few medium-sized trichome heads.
- C** MEDIUM DEVELOPED TRICHOME HEADS: Shows a close-up of a bud with many medium-sized trichome heads.
- D** FEW ROBUST TRICHOME HEADS: Shows a close-up of a bud with a few large, robust trichome heads.
- E** HIGHLY DEVELOPED, ROBUST TRICHOME HEADS: Shows a close-up of a bud with many large, robust trichome heads that appear to be sparkling.

UNDESIRABLES (IF APPLICABLE)

Evaluation focus: The presence of harmful and degrading undesirables.

Mindful focus: Microscope sight | Observing the presence of undesirables.

Mindful evaluation:

1. During your microscopy observation of the trichome heads, it's possible that you encounter various of the **undesirables** listed on the right.
2. After the trichome grading, the grading system will ask you if you've spotted any undesirables in your buds and opens up the list on the right if you click 'yes' in the survey.
3. Select the undesirables you've found from the list and upload a proper photo of the undesirables on your microscope screen in the next steps.

Here are some general tips on how to identify certain undesirables:

Bud rot: Buds show brown, dark amber or reddish trichomes surrounded by a white fuzz on the inside.

Powdery mildew: Buds show spots of white powder on the plant material.

Jar rot: Buds show white web-like strings around the plant material and trichomes.

Insects: Buds show various edgy shapes and entire bodies of insects .

Exoskeleton: Buds show white, edgy shapes that often have the form of an insect.

Seeds: Buds show fully matured, brown/spotted seeds or enlarged ovules surrounded by the white calyx membrane.

Anthers: Buds show banana-like looking protruding formations.

Fabric/Hair: Buds show a string or hair of various colours.





TRICHOME IMAGE INSTRUCTIONS

Two ways to take scope pictures

- With the scope → sd card
- With your computer → webcam program

Instructions:

✓ Image

Find the best spot on your buds that shows the average quality of your observations.

✓ Focus

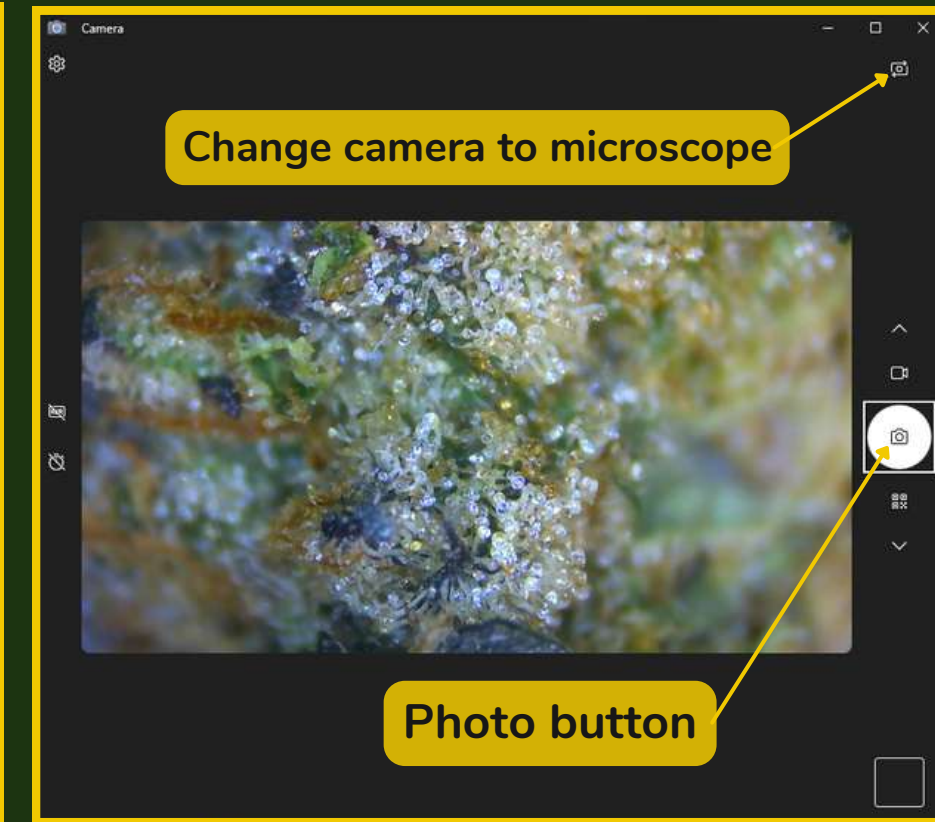
1. Adjust the focus to see as many sharp trichomes as possible.
2. Hold the lens still when clicking the photo button on your scope.

✓ Taking the pictures

- Press the photo button on your microscope.
 - Click the photo button on your webcam program.
- (Alternatively: adjust the focus ever so slightly and take multiple pictures for photo stacking)



USING THE MICROSCOPE



USING YOUR WEBCAM PROGRAM



INADEQUATE FOCUS



PROPER FOCUS

DENSITY

Evaluation focus: The potential genetics and effects.

Mindful focus: Touch | The density/robustness or openness of the buds

Mindful evaluation:

1. Turn off your microscope and grab one bud after the other.
2. While holding the bud in your hands, **squeeze** and **pull** on them **gently** while **focusing** on the **resistance** of the buds.
3. If the buds feel **extremely dense (A)**, almost like a rock, and **don't open up at all** while pulling gently on them, you're likely looking at a **sedative variety**.

On the other hand, if they have a **lot of spacing between their structures** of flowers and trim and can be **easily pulled apart (E)** you're having a **very stimulating/energizing** bud in front of you.

If they feel **dense (B)** but **aren't fully firm** like a rock, the cultivar will likely be **more relaxing**.

If the buds are **neither dense nor open (C)** and can be **pulled a bit apart**, they'll likely produce more **balanced effects**.

And lastly, if the buds show **a bit of open spacing between their structures** of flowers and trim and **can be pulled apart (D)**, you're observing a **mildly stimulating/awaking** cultivar.

4. Once you observed all of the buds, select the most suitable option from the menu (right) based on the **average of your observations**.

A grid of five bud illustrations showing different density levels, each with a corresponding label below it:

- A EXTREMELY DENSE:** A single, large, solid green bud with a smooth, rounded shape.
- B DENSE:** A cluster of smaller green buds packed closely together.
- C DENSE - OPEN:** A cluster of green buds with some visible gaps between them.
- D OPEN:** A cluster of green buds with significant spacing between the individual structures.
- E WIDELY OPEN:** A cluster of green buds with very large gaps between the structures, appearing loose.

MOISTURE CONTENT

Evaluation focus: The adequate moisture content of the buds.

Mindful focus: Sight & Touch | The reaction of the buds to squeezing them firmly.

Mindful evaluation:

1. Grab **one bud after the other** and give them a **firm squeeze** while **focusing** on how the buds react to the squeeze test.
2. If the buds **explode or crumble into tiny pieces (A)**, it means that they're **entirely dried out**.

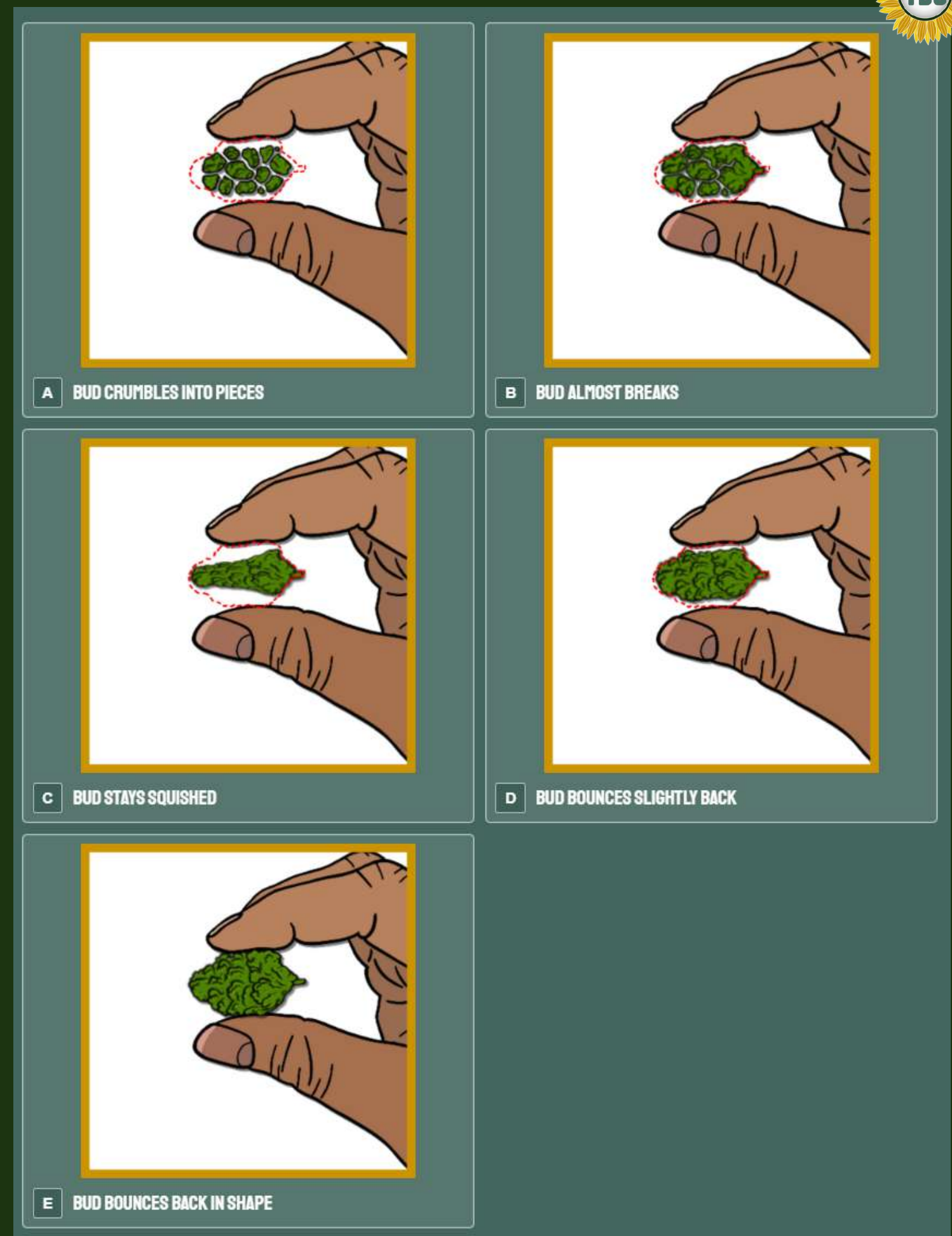
On the other hand, if the buds **bounce fully back** into their previous stage like a sponge **(E)** they're **perfectly cured**.

If a **few big chunks fall off the buds** or they **almost break (B)**, they **lack moisture**.

If they **stay squeezed/flat (C)** after you firmly pinched them, they hold **too much moisture**.

Lastly, if they **bounce only slightly back** into their previous shape **(D)**, it means the **moisture is slightly too high**.

4. Once you observed how the buds reacted to the squeeze test, select the most suitable option from the menu (right) **based on the average of your observations**.



A BUD CRUMBLES INTO PIECES

B BUD ALMOST BREAKS

C BUD STAYS SQUISHED

D BUD BOUNCES SLIGHTLY BACK

E BUD BOUNCES BACK IN SHAPE



"Dear journal, today I smoked the worst weed of my life which almost made me barf."

HOW TO WRITE A USEFUL SUMMARY



"Smoking this strain during my overwhelming day wasn't ideal as it made me feel like I'm dying."

Summarize your objective reviews in 1-2 sentences.

What were the key highlights and pitfalls of the product you evaluated?



"Healthy-looking smaller buds with an intense, citrusy scent that showed barely any trim leaves and were properly cured."
"Decent, smooth smoke that had a nice dry pull but tasted more average like wood, herbs and spice."

tell a story with 2-4 sentences for your effect reviews.

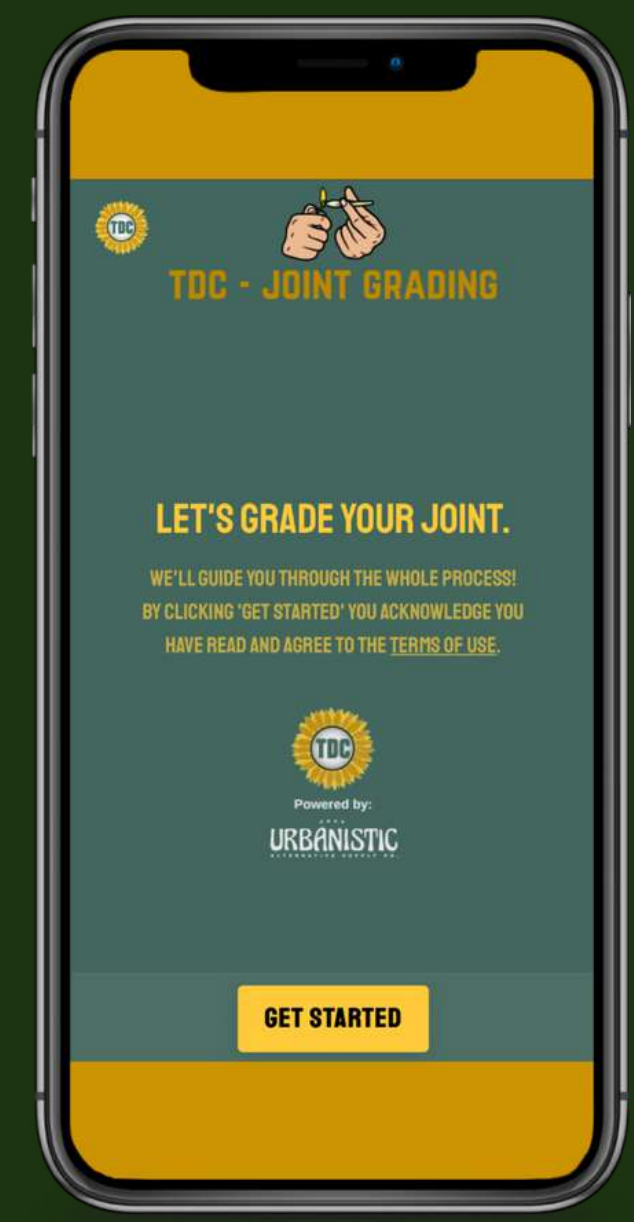
What was your set and setting, why did you consume, and what happened afterwards? (be honest with yourself!)



"I had a pretty stressful day today and decided to end my day with a joint to lean back and relax. However, after the first few puffs, I already felt a very strong high coming over me, which became more intense over time and put me right into bed."

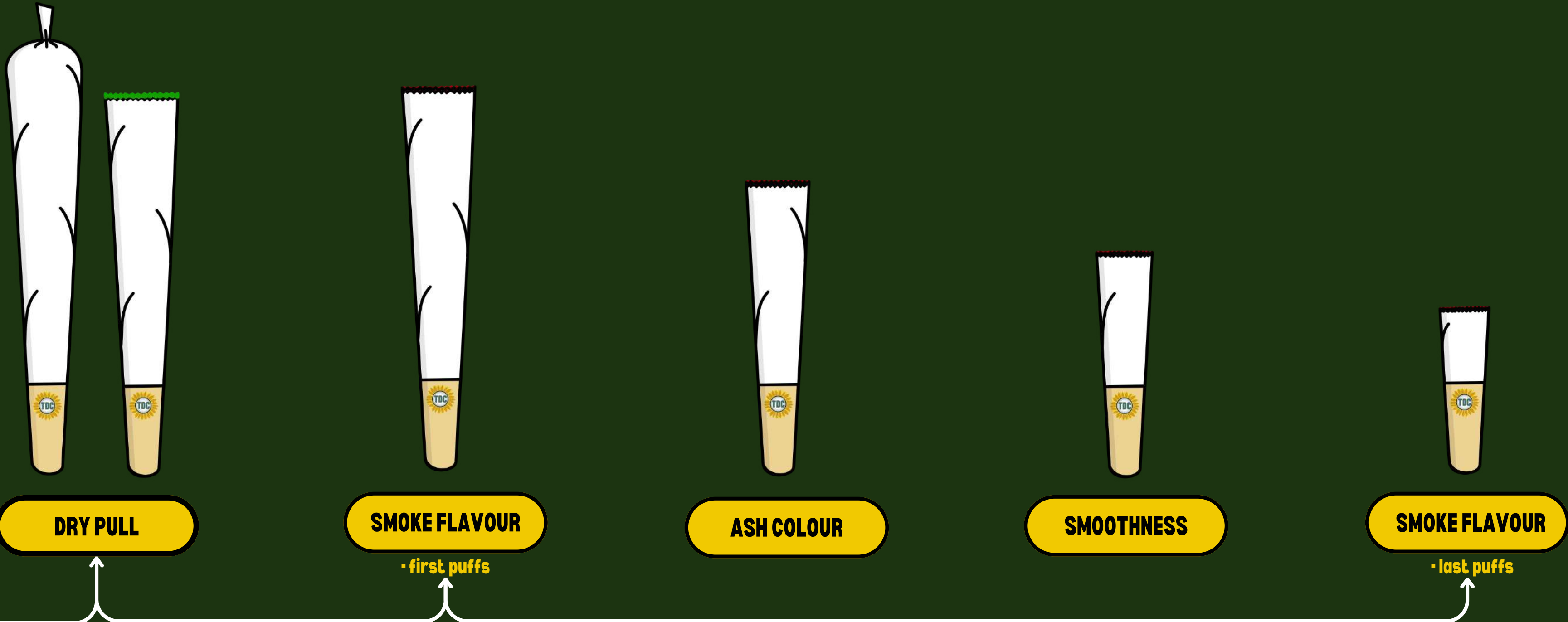


SYSTEM #2 JOINT GRADING



JOINT GRADING STAGES

Each joint grading aspect has to be evaluated at a certain stage of your consumption to ensure a standardized and consistent smoke grading process and its corresponding data sets.



An excellent product will carry its flavour from the aroma, to the dry pull, all the way to the last few puffs of the joint.

JOINT SIZE

Evaluation focus: The correlation between the joint type and smoking data.

Mindful focus: Sight | The size and shape of the joint

Mindful evaluation:

1. Take the joint you rolled or pre-roll you purchased and place them next to a lighter.
2. Focus on the **size & shape** of the joint and select the most suitable option from the menu on the right:
 - (A) a tiny, stubby joint that barely looks like 0.5g
 - (B) a regular medium-sized cone shaped joint.
 - (C) a long and thin joint.

(A)



(B)



(C)



A SHORT

B REGULAR ROLL

C LONG AND THIN

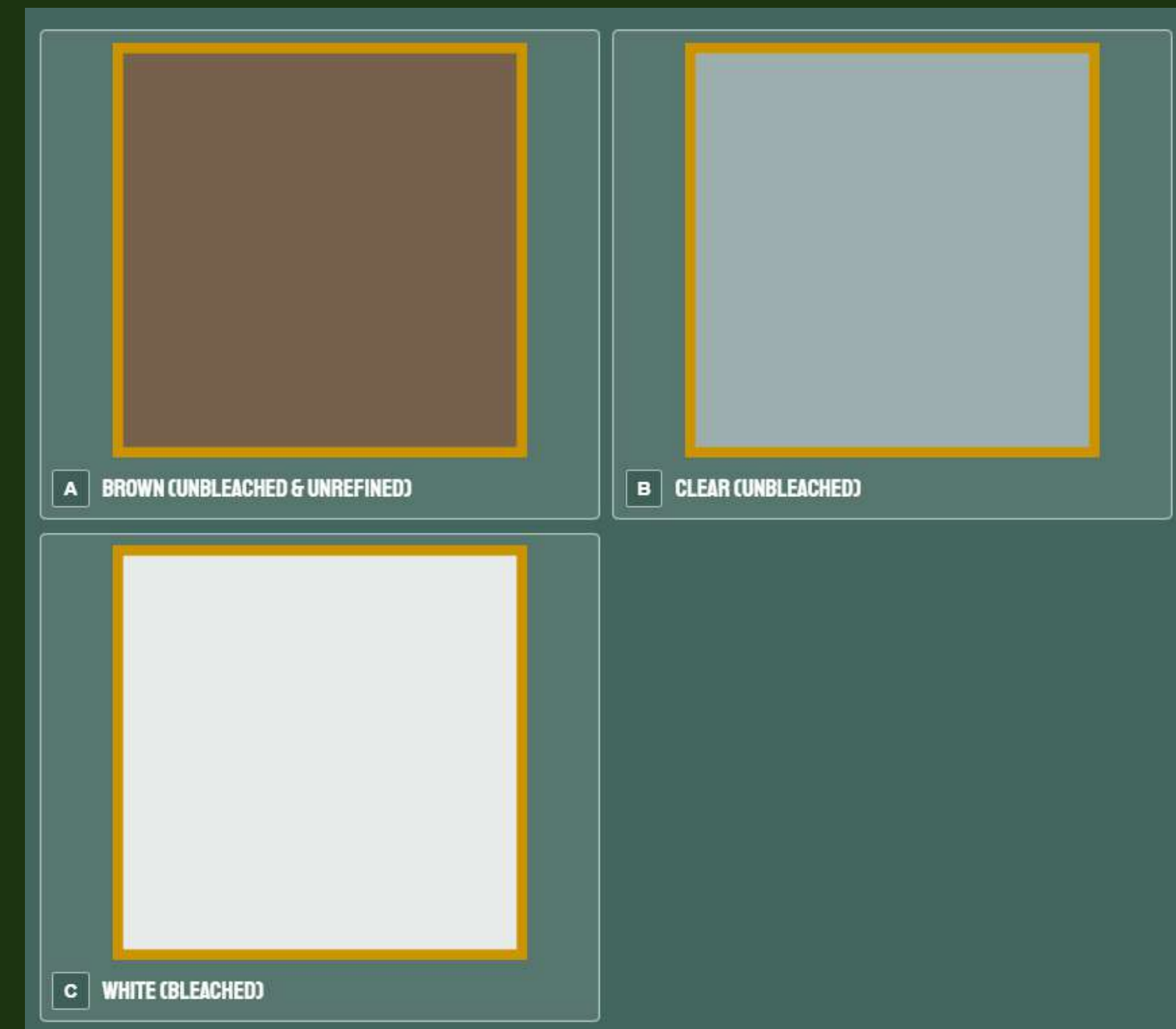
PAPER TYPE

Evaluation focus: The correlation between the paper type and smoking data.

Mindful focus: Sight | The colour & transparency of the rolling paper

Mindful evaluation:

1. Pay attention to the **appearance** of the **paper type**.
2. Select the most suitable option from the menu on the right:
 - (A) Brown, transparent unbleached and unrefined rolling paper
 - (B) Whiteish, Clear, unbleached paper
 - (C) White, opaque bleached paper



JOINT TIGHTNESS

Evaluation focus: The correlation between the joint's tightness and smoking data.

Mindful focus: Touch | The firmness of the joint.

Mindful evaluation:

1. Take your joints and **gently pinch** them **around the center** while focusing on its **tightness**.

2. Select the most suitable option from the menu on the right:

(A) Tight - The joint **feels very firm**

(B) Medium - The joint **gives in a little**

(C) Loose - The joint **gives in a lot**



DRY PULL INTENSITY



Evaluation focus: The Concentration of aromatic phytochemicals in the joint before combustion.

Mindful focus: Taste | Perception of flavour intensity before combustion.

Mindful evaluation:

1. Take your joint and **rip off the twisted end** at the top of the joint to **increase the airflow** of the dry pull, enabling the air to pass properly through the joint and transport the **aromatic phytochemicals onto** your **taste buds**.
2. **Calmly** take **2-4 puffs** on the still **unlit joint** while you focus on the **intensity of the flavour** you perceive.

3. From the menu on the right:

Select (A) if you **don't taste anything at all**.

Select (B) if you only taste a **hint of flavour**.

Select (C) if you taste the **flavour mildly**.

Select (D) if you taste a **strong, distinct flavour**.

Select (E) if you perceive an **intense flavour filling your entire mouth**.

The diagram on the right illustrates five levels of flavour perception during a dry pull:

- A NO FLAVOUR:** Shows a person with a joint in their mouth, but no vapour is visible.
- B LOW FLAVOUR:** Shows a person with a joint in their mouth, and a small amount of vapour is visible.
- C MILD FLAVOUR:** Shows a person with a joint in their mouth, and a larger amount of vapour is visible.
- D STRONG FLAVOUR:** Shows a person with a joint in their mouth, and a large amount of vapour is visible.
- E INTENSE FLAVOUR:** Shows a person with a joint in their mouth, and a very large amount of vapour is visible, filling the mouth.

DRY PULL COMPLEXITY



Evaluation focus: The variety of present phytochemicals and undesirables before combustion.

Mindful focus: Taste | Perception of flavour complexity before combustion

Mindful evaluation:

1. With the joint still unlit, take 2-3 more gentle puffs while paying attention to the complexity of its flavours.
2. Be fully present with the flavour you notice and see if you can catch any physical reaction inside your body. (For example, delightful flavours may put a smile on your face or make you feel more relaxed and at ease, while unpleasant flavours like can tense your facial muscles and leave a unpleasant taste on your tongue)
3. While immersed in the flavour you notice, consider the complexity of the flavour you perceive and select the most accurate option from the drop-down menu.

Cannabis flavours are similar to the flavours of flowers during their varying stages of degradation, meaning that a dried-out or faulty product will taste like barely anything, straw, chemicals or just paper (A).

On the other hand, older flowers may still hold some herbalness, woodiness or light sweetness (C).

And fully fresh flowers will release a bouquet of complex phytochemicals like fresh lilac or roses. Because of the various different compounds in cannabis, like Thiols, Esters and Terpenes, the flavours of cannabis offer even more variety than regular flowers and can evoke flavours of dough, cream, gas or even cat-piss, sweaty socks and skunks (E).

A UNPLEASANT FLAVOUR (COFF-PUTTING, FOUL, ACIDIC, NO AROMA, ...)

B FAINT FLAVOUR (STRAW, GRASS, DIRTY, HERBAL, WOOD, ...)

C AVERAGE FLAVOUR (HERBAL, SPICY, PEPPERY, WOODSY, MUDDY, ...)

D PLEASANT FLAVOUR (HERBAL WITH HINTS OF CITRUS, FLOWERS, BERRIES, ...)

E COMPLEX FLAVOUR (LEMON, BERRY, SKUNK, GAS, FLORAL, SWEET, FRUITY, ...)

DRY PULL FLAVOURS



Evaluation focus: The identification of various flavours created by the bouquet of phytochemicals before combustion.

Mindful focus: Taste | Perception of distinct flavours before combustion

Mindful evaluation:

1. After assessing the flavour complexity, **keep tasting the unlit joint 2-3 times** and **turn more deeply** into the **specific flavours** that make up the overall bouquet of the dry pull flavour.
2. **Close your eyes** while gently **taking dry pulls** and see if you **notice up to 3 distinct flavours**.
3. You can use the **flavour complexity graphic** as a reference to help you assess the different tastes accurately.

To do so, we **classified** the different **flavours** into unpleasant, **average** and **complex** taste categories.

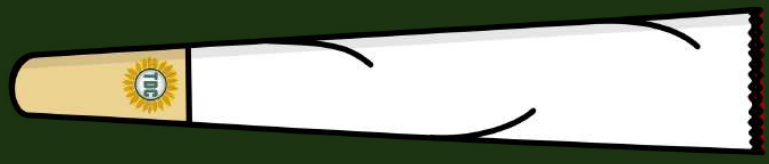
Unpleasant flavours usually appear in the (A) & (B) complexity options and refer to the tastes of **dried-out or faulty products** including flavours like straw, foul, salty, chemical, no flavour at all and so on.

Average tastes are usually in the (B), (C) and (D) complexity categories and refer to the **more "natural"** flavours of certain products that **lack adequate monoterpene, ester or thiol content** but still release some **sesquiterpene flavours** like **spice, pepper, hops, musk light sweetness** and more.

Lastly, **complex** tastes are usually associated with the (D) and (E) complexity options and include the complex flavours of **high concentrations of various phytochemicals**, creating unique tastes ranging from **pine, earth** and **flowers** to **gasoline, soap, tropical fruits** and plenty more.



SMOKE FLAVOUR (START) COMPLEXITY



Evaluation focus: The expression of present phytochemicals and residuals right after combustion.

Mindful focus: Taste | Perception of flavour complexity at the beginning of the joint.

Mindful evaluation:

1. Light the joint and take 2-4 gentle puffs while focusing on the complexity of the overall flavour.
2. Be fully present with the flavour you notice and see if you can catch any physical reaction inside your body. (For example, delightful flavours may put a smile on your face or make you feel more relaxed and at ease, while unpleasant flavours like ash or dirt can tense your facial muscles and leave a bitter, unpleasant taste on your tongue)
3. While immersed in the flavour you notice, consider the complexity of the flavour you perceive and select the most accurate option from the drop-down menu.

If the cannabis is too dry, holds undesirables and nutrients or lacks in phytochemical content, it will mostly leave an unpleasant taste in your mouth that is a dirty, burnt or ashy flavour... (A).

On the other hand, more average cannabis will taste more like smoking dried herbs, wood, spices or pepper... (C).

Lastly, excellent cannabis will taste similar to its dry pull and have a citrusy, berry, floral or even gassy... taste that clearly stands out from the general combustion taste (E).

A UNPLEASANT FLAVOUR (OFF-PUTTING, FOUL, ACIDIC, NO AROMA, ...)

B FAINT FLAVOUR (STRAW, GRASS, DIRTY, HERBAL, WOOD, ...)

C AVERAGE FLAVOUR (HERBAL, SPICY, PEPPERY, WOODSY, MUDDY, ...)

D PLEASANT FLAVOUR (HERBAL WITH HINTS OF CITRUS, FLOWERS, BERRIES, ...)

E COMPLEX FLAVOUR (LEMON, BERRY, SKUNK, GAS, FLORAL, SWEET, FRUITY, ...)

SMOKE FLAVOURS (START)



Evaluation focus: The identification of various flavours created by the bouquet of phytochemicals or undesirables right after combustion.

Mindful focus: Taste | Perception of distinct flavours at the beginning of the joint.

Mindful evaluation:

1. After assessing the smoke flavour complexity of the first few puffs, **take 2-3 more puffs** and **turn more deeply into the specific flavours** that make up the overall **smoke flavour**.
2. **Close your eyes while smoking the joint** and see if you **notice up to 3 distinct flavours**.
3. You can use the **flavour complexity** graphic as a **reference** to help you assess the different tastes accurately.

To do so, we **classified** the different flavours into unpleasant, **average** and **complex** taste categories.

Unpleasant flavours usually appear in the (A) & (B) complexity options and refer to the tastes of **dried-out or faulty products** including flavours like burnt, foul, bitter, ashy, off-putting and so on.

Average tastes are usually in the (B), (C) and (D) complexity categories and refer to the more "natural" flavours of certain products that **lack adequate monoterpene, ester or thiol content** but still release some **sesquiterpene** flavours like **spice, pepper, hops, musk, light sweetness, wood** and more.

Lastly, **complex tastes** are usually associated with the (D) and (E) complexity options and include the complex flavours of **high concentrations of various phytochemicals**, creating **clean tastes** ranging from **pine, earth** and **flowers** to **gasoline, soap tropical fruits** and plenty more.

unpleasant

average

Complex

ASH COLOUR



Evaluation focus: The absence or presence of residuals* during combustion.

**moisture, undesirables, nutrients, chlorophyll*

Mindful focus: Sight | Observing the colour of the ash center after flicking the residual ash off.

Mindful evaluation:

1. Once you've smoked about **1/3 of the joint**, let go of focusing on the taste and direct your **attention** to the **ash colour** now.
2. To evaluate the ash colour in a **standardized way**, take **2-3 puffs** to **let** the **ash cone build up** and then **gently tap** the **residual ash off the joint** to see the **center of the ash cone**.
3. Now, **observe** the **ash's center** and select the most suitable option from the menu (see right).

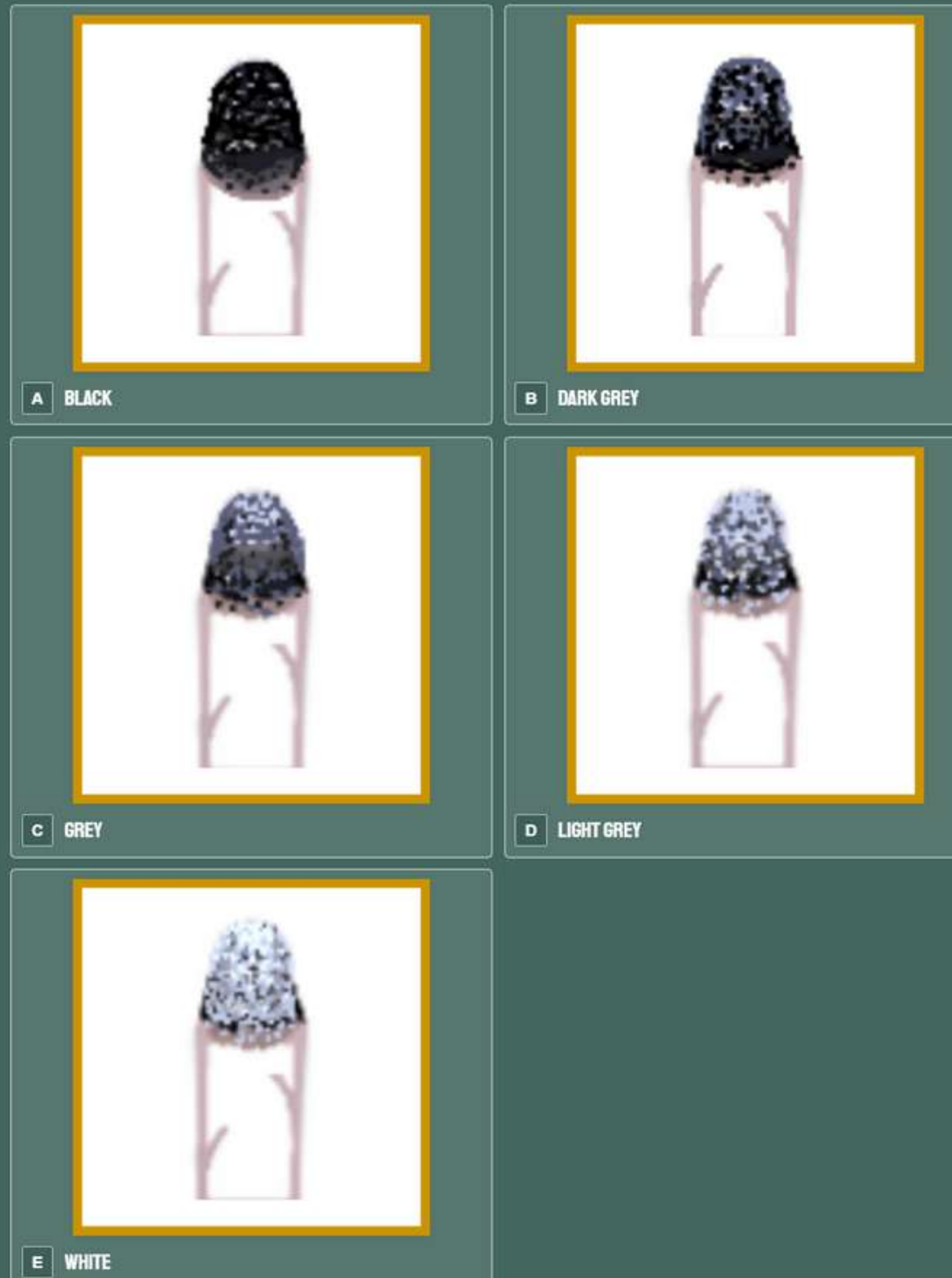
The ash colour can **range from fully black to fully white**, and its reference to cannabis quality is an **extensive discussion amongst the cannabis community**. Some individuals swear that a clean ash colour indicates a clean and properly flushed product, while others argue that the ash colour is irrelevant to the quality of your cannabis.

Our observations around this topic are that we've never smoked an entirely smooth and flavourful joint that burnt black, and neither did we ever smoke a fully clean burning joint that wasn't smooth or flavourful.

However, we agree that the ash colour is probably one of the least important aspects of the experience but still evaluate it to do a proper **data analysis** in the future that lets us prove the **correlation between ash colour, flavour and smoothness**.



ASH OFF AND LOOK RIGHT AT THE CENTER OF THE ASH CONE.

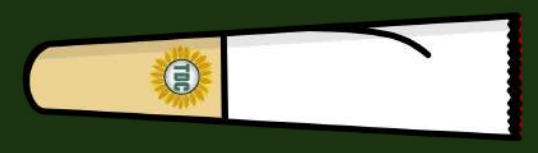


A BLACK **B DARK GREY**

C GREY **D LIGHT GREY**

E WHITE

SMOOTHNESS



Evaluation focus: The ease or physical harm of consumption.

Mindful focus: Sensation | The irritation the smoke causes your throat

Mindful evaluation:

1. When you're about **halfway** through your joint, direct your **attention** to the **sensations in your throat** while **taking 2-4 more big puffs**.
2. To **standardize** the smoothness evaluation, make the **inhalers** you take **as strong as possible**.
3. When taking **strong puffs**, a **subpar product** causes a **painful, hot, burning sensation (A)** in your **throat**, which very likely makes you **cough and not want to finish the joint**.

On the other hand, a **slightly better but still subpar** product **constricts your throat**, making it **hard to breathe** and **drying your throat out**, likely making you cough (B).

An **average smoke** experience neither burns nor dries your throat but **irritates** it with a **broad, scratchy sensation** that you can **distinctly notice in your throat** and **may** make you cough (C).

A more **superb smoke** will only cause a **slight, barely noticeable tickle** in your throat that **shouldn't bother you too much nor make you cough** (D).

Lastly, even when you take proper, big puffs, an **excellent joint doesn't irritate your throat at all** and let the smoke enter your body **like air** (E).

4. Based on your experience, select the most suitable option from the menu (see right).

The image shows a 3x2 grid of icons representing different throat sensations. Each icon is a silhouette of a person's head and shoulders with a specific symbol on the throat area. Below each icon is a label in a small box.

- A BURNS THROAT:** A flame icon on the throat.
- B DRIES THROAT:** Two yellow arrows pointing towards the throat with a blue lightning bolt symbol in the center.
- C SCRATCHES THROAT:** Three white scratch marks on the throat.
- D TICKLES THROAT:** A white feather icon on the throat.
- E NO SENSATION:** A white circle with a diagonal slash through it on the throat.

SMOKE FLAVOUR (END) COMPLEXITY



Evaluation focus: The expression of present phytochemicals and residuals right at the end of consumption.

Mindful focus: Taste | Perception of flavour complexity at the end of the joint.

Mindful evaluation:

1. Once you're at about the **last third of your joint**, take **2-4 more gentle puffs** while focusing on the complexity of the **overall flavour**.
2. Again, be **fully present** with the flavour you notice and see if you can **catch any physical reaction inside your body**. (For example, **delightful flavours** may put a smile on your face or make you feel more **relaxed and at ease**, while **unpleasant flavours** like **ash or dirt** can tense your facial muscles and leave a bitter, unpleasant taste on your tongue)
3. While **immersed in the flavour** you notice, consider the **complexity** of the flavour you perceive now and select the most accurate option from the drop-down menu.

If the cannabis is **too dry**, holds **undesirables** and **nutrients** or **lacks in phytochemical content**, it **won't retain a proper flavour until the end** and mostly leave an unpleasant taste in your mouth that is a dirty, burnt or ashy flavour... (A).

On the other hand, more **average** cannabis tastes more like smoking **dried herbs**, **wood**, **spices** or **pepper**... (C).

Lastly, **excellent cannabis** tastes **similar to the flavour at the start** and has a **citrusy**, **berry**, **floral** or even **gassy**... taste that **clearly stands out from the general combustion flavour** (E).

A UNPLEASANT FLAVOUR (OFF-PUTTING, FOUL, ACIDIC, NO AROMA, ...)

B FAINT FLAVOUR (STRAW, GRASS, DIRTY, HERBAL, WOOD, ...)

C AVERAGE FLAVOUR (HERBAL, SPICY, PEPPERY, WOODSY, MUDDY, ...)

D PLEASANT FLAVOUR (HERBAL WITH HINTS OF CITRUS, FLOWERS, BERRIES, ...)

E COMPLEX FLAVOUR (LEMON, BERRY, SKUNK, GAS, FLORAL, SWEET, FRUITY, ...)

SMOKE FLAVOURS (END)



Evaluation focus: The identification of various flavours created by the bouquet of phytochemicals or undesirables right at the end of consumption.

Mindful focus: Taste | Perception of distinct flavours at the end of the joint.

Mindful evaluation:

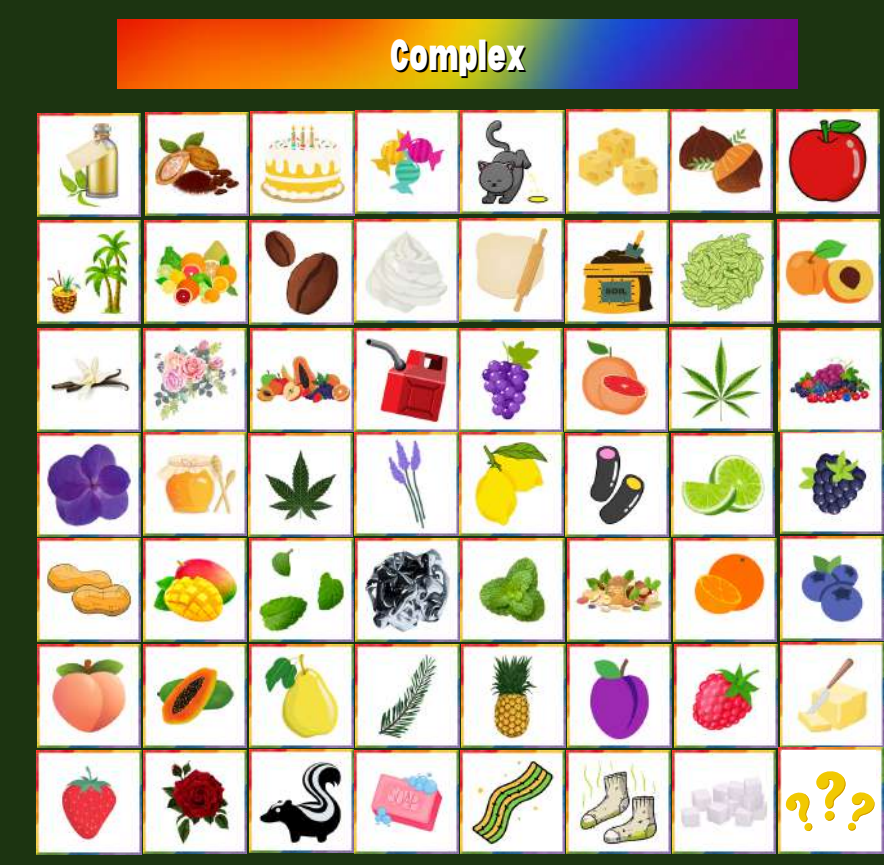
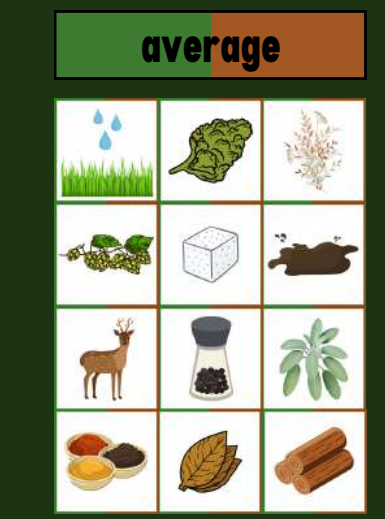
1. After assessing the smoke flavour complexity of the last few puffs, **take 2-3 last puffs** and **turn more deeply** into the **specific flavours** that make up the overall **smoke flavour**.
2. **Close your eyes** while smoking the joint and see if you **notice up to 3 distinct flavours**.
3. You can use the **flavour complexity graphic** as a **reference** to help you assess the different tastes accurately.

To do so, we **classified** the different flavours into unpleasant, **average** and **complex** taste categories (see right).

Unpleasant flavours usually appear in the (A) & (B) complexity options and refer to the tastes of **dried-out or faulty products** that **don't retain a proper flavour** and taste burnt, foul, bitter, ashy, off-putting (and so on) at the end of the joint.

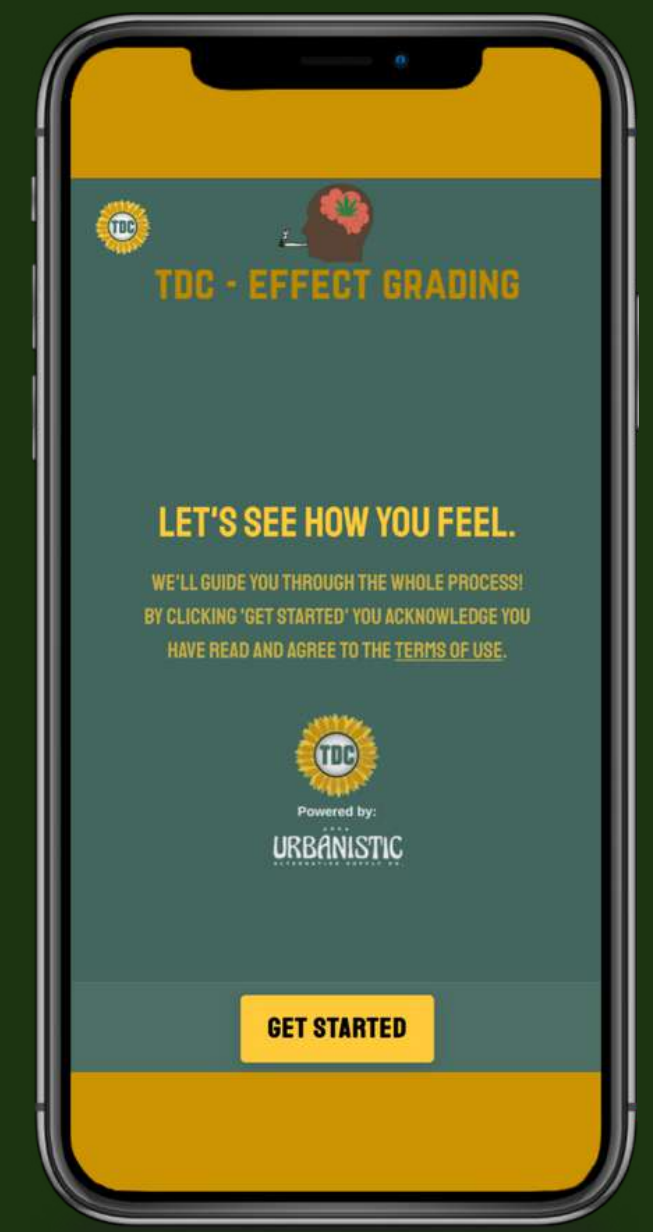
Average tastes are usually in the (B), (C) and (D) complexity categories and refer to the more "natural" flavours of certain products that **lack adequate monoterpene, ester or thiol content** but still release some **sesquiterpene** flavours like **spice, pepper, hops, musk, light sweetness, wood** and more.

Lastly, **complex** tastes are usually associated with the (D) and (E) complexity options and include the complex flavours of **high concentrations of various phytochemicals**, creating **clean flavours** ranging from **pine, earth** and **flowers** to **gasoline, soap, tropical fruits** and plenty more.





SYSTEM #3 EFFECT GRADING



THE INTERNAL AND EXTERNAL SET & SETTING OF YOUR CANNABIS EXPERIENCE

Internal

Before consumption

PURPOSE OF CONSUMPTION



Recreational | Medical

MINDSET BEFORE CONSUMPTION



Good | Great | Happy | Moderate | Sad | Anxious | Depressed | Stressed
In Pain | Exhausted | Overwhelmed | At ease | Other

TOLERANCE



Low | Below average | Average | Above average | High

"A switchboard functioning in and across all physiological processes and organs, acting and reacting to **external** and **internal** stimuli to direct, correct and overall manage your health."



Your **external** an **internal** stimuli influence the state of your nervous system and thereby set the foundation of your cannabis experience!

External

Before/during consumption

CONSUMPTION METHOD



Joint | Bong | Dry Herb Vaporizer | Vape Pen | Dab | Pipe | Edible | Oil

AMOUNT CONSUMED



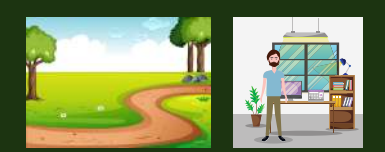
< 0.3g | 0.3g | 0.5g | 1g | > 1g

SOCIAL SETTING



Alone | With friends | Around new people | With family / loved ones

LOCATION



Indoor: At home | At an event | At a friend's place | In a public space
Outdoor: In nature | In a busy city | In a small town | Outdoor event

ACTIVITY DURING/AFTER CONSUMPTION



Eating | Entertainment | Creative work | Focused work | Meditation |
Physical activity | Sleep | Socializing | Talked with friends | Other

INTENSITY OF INTOXICATION

Evaluation focus: The level of intoxication after consumption.

Mindful focus: The state of your physical and mental being.

Mindful evaluation (one or combination of):

(A) No effects

You don't perceive any physical or mental intoxication.

(B) Mild effects

You feel a mild change in your physical and mental being.

Physical: Feeling a bit lighter, uplifted or relaxed

Mental: Mild change of mind and behaviours

(C) Moderate effects

You feel physically and mentally intoxicated.

Physical: Light red eyes, slight dry mouth, feeling a bit more uplifted or relaxed

Mental: Noticeable change of mind and behaviours, slightly in/decreased appetite

(D) Strong effects

You feel a strong physical and mental intoxication.

Physical: Red eyes, dry mouth, heavy limbs, movement is a bit uncoordinated

Mental: Strong change of mind and behaviour, in/decreased appetite

(E) Intense effects

You feel intense physical and mental intoxication.

Physical: Intense red eyes, dry mouth, heavy limbs, uncoordinated movement

Mental: Intense Change of mind and behaviours, change of vision, racy thoughts, intense sedation, strongly in/decreased appetite (munchies), heavily altered consciousness



A NO EFFECTS



B MILD EFFECTS



C MODERATE EFFECTS



D STRONG EFFECTS



E INTENSE EFFECTS

ENERGY LEVELS AFTER INTOXICATION

Evaluation focus: The level of energy after consumption.

Mindful focus: The state of your energy levels.

Mindful evaluation:

(A) Sedated

Your mental and physical energy levels are low.
You feel tired, sedated and could nap or go to bed.

(B) Relaxed

Your mental and physical energy levels are calmed down.
You feel relaxed, mildly sedated, chill, and would prefer doing something that doesn't require much mental or physical effort, like listening to music, watching a movie, reading a book etc.

(C) Balanced

Your mental and physical energy levels are balanced.
You feel normal and able to manage your day-to-day tasks and obligations.

(D) Awake

Your mental and physical energy levels are noticeably increased.
You feel uplifted, creative and more social and prefer to do something stimulating like socializing, dancing, going for a walk or doing creative work.

(E) Energized

Your mental and physical energy levels are immensely increased.
You feel energized, restless and like you have a million thoughts and ideas.
You prefer to do something highly stimulating like doing sports, dancing or brainstorming with a friend.



A SEDATED



B RELAXED



C BALANCED



D AWAKE



E ENERGIZED

MOOD LEVELS AFTER INTOXICATION

Evaluation focus: The change of mood after consumption.

Mindful focus: Your mental well-being.

Mindful evaluation:

(A) Paranoid

You feel very unwell, experience overwhelming negative thoughts and sense uncommon physical sensations in your body that can lead to a panic attack as you feel like you're dying.

(B) Anxious

You feel unwell and experience negative thoughts.

(C) Moderate

You feel normal.

(D) Mood Enhanced

You feel good, more smiley and more social.

(E) Happy

You feel amazing, joyful, and confident.



A PARANOID



B ANXIOUS



C MODERATE



D MOOD ENHANCED



E HAPPY

CONCENTRATION LEVELS AFTER INTOXICATION

Evaluation focus: The ability to focus and think clearly after consumption.

Mindful focus: The state of your attention

Mindful evaluation:

(A) Confused

Your mind feels overwhelmed and dysfunctional. You've lost your sense of direction, have too many thoughts, forget things and lack proper motor control making it impossible to perform any task properly.

(B) Distracted

Your mind feels very unfocused. You have too many thoughts to concentrate on one thing at a time, making it harder to complete any task at hand.

(C) Normal

Your mind feels normal. You're neither overly focused nor do you lack concentration.

(D) Focused

Your mind feels more attentive. You're more engaged and present with any task at hand.

(E) Flow state

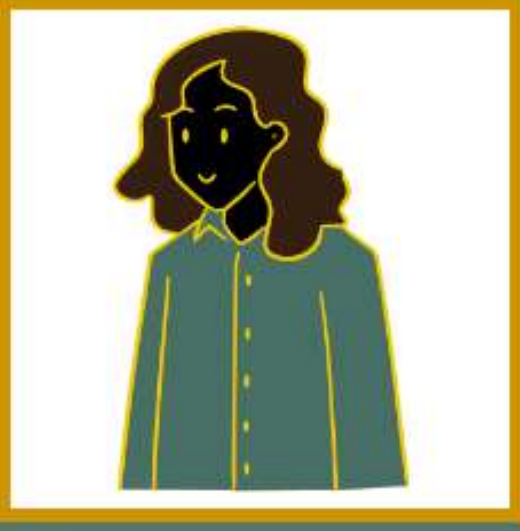
Your mind feels highly focused. You're fully engaged in the task at hand and disregard anything else that is going on in your mind and around you as you're fully immersed in anything you put your attention towards.



A CONFUSED



B DISTRACTED



C NORMAL



D FOCUSED



E FLOW STATE



RESULTS AND DATA MANAGEMENT



TDC - BUD GRADING

WELL DONE, THOMAS!
THANK YOU FOR USING OUR BUD GRADING SYSTEM.

DUNN CANNABIS | WHITE FIRE FUNK |
23021A00193DA

FINAL BUD SCORE: 3.29 / 5
AROMA: 4.5 / 5
APPEAL: 3.67 / 5
CURING: 2 / 5
TRICHOMES: 3 / 5

OUR SYSTEM PREDICTS THAT THE EFFECTS WILL BE: 2.33
SEDATIVE: 1, RELAXING: 2, BALANCED: 3, AWAKING: 4, ENERGIZING: 5

NEXT: SMOKE GRADING

TDC - JOINT GRADING

WELL DONE, THOMAS!
THANK YOU FOR USING OUR JOINT GRADING SYSTEM.

CAMP RIVER CANNABIS | GORILLA BREATH |
WFO037

OVERALL JOINT SCORE: 3.5 / 5

DRYPULL: 3.5 / 5
FLAVOUR: 3.5 / 5
SMOOTHNESS: 4 / 5
ASH COLOUR: 3 / 5

[CLICK HERE TO RETURN TO THE TDC GRADING SYSTEM.](#)

NEXT: EFFECT GRADING

TDC - EFFECT GRADING

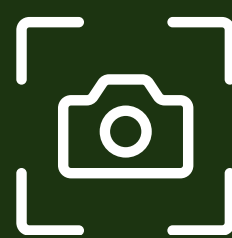
WELL DONE, THOMAS!
THANK YOU FOR USING OUR EFFECT GRADING SYSTEM.

I SLURRICANE MINT | SPACE ARTISANAL -
PLANTATIONS CÉRÈSI 2022-0009

POTENCY: INTENSE EFFECTS
ENERGY: SEDATED
MOOD: PARANOID
ATTENTION: CONFUSED

THOMAS: "I HAD A PRETTY STRESSFUL WEEK AND TRIED TO GET WAY TOO MUCH DONE, THIS JOINT GRADING BEING ONE OF THE THINGS I NEEDED TO DO LAST AND SO I FELT LIKE WITH BEING SO BUSY AND OVERSTIMULATED, STOKING A 0.5G JOINT BY MYSELF JUST TIPPED ME OVER AND GAVE ME A FULL-ON PANIC ATTACK."

BACK TO GRADING



Take a screenshot of the end screens
to share on social media, with your team, or the producers

TDC Grading System Your Grading Report (1/3: Bud Grading) - Hippie Headbanger

Bud Grading Results

You just graded Hippie Headbanger by Golden Spruce.
Lot Number: 230091

Final Bud Grading Score: 3.64 / 5

Appeal Score: 3.67 / 5
Aroma Score: 3.5 / 5
Curing Score: 4 / 5

Trichome Score: 3.4 / 5
Color Score: 4 / 5
Head Development Score: 2.5 / 5
Microscope used for trichome observation: Digital Desktop

If you captured pictures during the grading, you can download them here:
 Product Packaging: [Download Image](#)
 Product Packaging #2: [Download Image](#)
 Bud Appeal: [Download Image](#)
 Bud Appeal #2: [Download Image](#)
 Microscope Image: [Download Image](#)
 Microscope Image #2: [Download Image](#)
 Microscope Image #3: [Download Image](#)
 Undesirables: [Download Image](#)
 Undesirables #2: [Download Image](#)
 Undesirables #3: [Download Image](#)

To continue grading this product, proceed to the TDC Joint Grading System. Use this link to continue grading Hippie Headbanger: [Continue: Joint Grading 2/3](#)



Save & use your grading emails
to view your results, download your pictures,
access the next step in the grading process, or forward to others



GRADING MASTERCLASS

8 WEEK DIGITAL PROGRAM - \$1055 PER PERSON

Starts on February 20, 2024

INCLUDES:

- BECOME A TDC 'GRADING MASTER' - AN EXPERT IN MINDFUL CANNABIS EVALUATION
- 24+ HOURS TOTAL TEACHING TIME
- 2 X 1.5 HOURS ONLINE SESSIONS PER WEEK (TUESDAY & THURSDAY)
- DIFFERENT TOPIC COVERED EACH WEEK
- FULL TRAINING ON USING THE TDC GRADING SYSTEM
- CANNABIS MARKETING & CONTENT CREATION CLASSES

LEARNING OUTCOMES:

- PROPEL YOUR CAREER IN THE CANNABIS INDUSTRY
- UNDERSTAND CANNABIS GRADING & MICROSCOPY
- CREATE ENGAGING CONTENT
- THRIVE SUCCESSFUL CANNABIS MARKETING
- CREATE PROFESSIONAL GRADING GRAPHICS
- KNOW HOW TO EXPLAIN THE ECS & NEUROSCIENCE
- GAIN A DEEP UNDERSTANDING OF THE NUANCES OF CANNABIS EFFECTS



CANNABIS MICROSCOPY WORKSHOP - AUG 22, VIU CAMPUS



TOM USES THE GRADING SYSTEM AT THE CANNASSEUR CUP - NOV 22, TENERIFE

URBANISTIC

ALTERNATIVE SUPPLY CO. CDXX

***DO YOU HAVE QUESTIONS OR WANT TO
INQUIRE ABOUT OUR COURSE OFFERINGS?***



Contact us at: info@urbanistic.ca

Or visit us at: www.urbanistic.ca