

SCALP PRP

Pre-Treatment

1. Avoid any herbal supplements or NSAIDS for at least 72 hours prior to treatment. If you have been prescribed a blood thinner this treatment may not be right for you and we ask you to call our office.
2. Avoid alcohol for at least 48 hours prior to treatment.

Post-Treatment

1. Scabbing and mild peeling may occur.
2. Keep treatment sites clean
3. Avoid NSAIDS (ibuprofen, Motrin, Aleve, Naproxen, Aspirin, etc.) for 3 days after procedure (Tylenol is OK for pain relief – do not exceed 4000mg in a 24 hour period).
4. Avoid the following nutritional supplements for 3 days after the procedure.
5. Avoid Alcohol for 24 hours after treatment and cigarettes indefinitely after the procedure if possible. Smoking damages blood vessels and reduces blood supply to scalp, leading to hair loss.
6. Avoid touching, pressing and manipulating the injection site for at least 12 hours after the injection.
7. Avoid hot showers, saunas, and swimming pools for at least 24 hours after treatment.
8. Results are best when combined with scalp massage, quality shampoo and conditioner, and hair growth oils to condition the scalp. Adding a supplement to the diet may be beneficial as well such as biotin and prenatals.
9. Drinking plenty of water and eating a well balanced diet with plenty of protein can aid hair growth.
10. Notify us immediately of any concerns after the treatment. This includes but is not limited to redness, excessive swelling after 24 hours of treatment, fevers, itching, rashes, etc.