

PERMANENT MAKEUP|EYEBROWS

Pre-Treatment

SKIN PREP:

To perform cosmetic tattoo procedures, the skin must be hydrated and moisturized on the day of your appointment.- NO EXCEPTIONS.

1 week prior to your appointment:

- Avoid: Alcohol, excessive caffeine, and extreme sun exposure
- Drink a minimum of 8 (8oz) glasses of water daily.
- Please do not take any blood thinners such as Ibuprofen and Aspirin 24 hours before. However, Tylenol can be taken 30 minutes before your treatment without any contraindications.
- Stop any face scrubs or chemical peels in the treatment area
- **Please note:** that you will be more sensitive 5 days before, during, and 5 days **after your menstrual cycle.**

ADDITIONAL INFORMATION:

- The skin should not be dry, chapped, or irritated on the day of the appointment. Modern Beauty Bar reserves the right to cancel your appointment if your brow area is not in optimal condition for the treatment.
- Your brows will be darker and may experience minor flaking during the healing process; please make sure you don't have anything important for the next 1-5 days after your visit (depends on the person).
- If you use or have used any medications, please advise the artist.
- Do not consume caffeinated products 24 hours before the procedure.
- Do not consume alcohol 5 days before your procedure and 3 days after.
- Do not take Aspirin, Niacin, Vitamin E, or Ibuprofen 72 hours before the procedure.
- Avoid Chemical Peels, Botox, Laser treatment 2 weeks before your appointment.

Post-Treatment

- Wipe brows off for the first 5 hours, once every hour using a cotton round that lightly moisten with distilled or cooled downed water that has been boiled water to remove impurities.
- Apply after care morning & night for the first 7-10 days. Gently wipe away the old healing balm and any lymphatic liquid (clear yellowish liquid) that may have built up prior to the new application. Lightly pat dry with tissue and using a new q-tip, re-apply healing balm to the brows.
- Do not over apply healing balm.

- Do not immerse brow area in water for 7 days. When showering, make sure to avoid eyebrow area. When cleaning or washing face, make sure to avoid brows and clean around it.
- You must avoid working out for 7 days following your Microblading procedure. Light exercising is allowed (minimal sweating), but you must clean the tattooed area with lukewarm water as soon as you are done exercising. The salt in sweat will fade the pigment very quickly and give poor results.
- Do not put makeup on the brow area for a minimum of 10 days. Microbladed area is an open wound, using makeup may cause infections.
- Avoid alcohol and aspirin/ibuprofen and any vitamins that may thin your blood for 24 hours.
- Brow area will feel slightly itchy as it heals and will start to lightly scab over. Do not peel or pick at the scabs as this can affect the outcome and pigmentation.
- Do not go swimming, tanning or into saunas for at least 14 days.
- No face scrubs or chemical peels at least 2 weeks after.