

PERFECT DERMA PEEL

Pre-Treatment

- For best results, sun exposure must be avoided for at least 7 days prior
- The following products & procedures should be avoided on the desired treatment area at least 2 weeks prior to your treatment: Lasers and waxing
- Any products that may be drying or irritating, including products containing salicylic acid, alpha hydroxy acids, vitamin c, hydroquinone, retinoids, and exfoliating products should not be used 48 hours before peel. Tretinoin should be discontinued 5 days before the peel.
- Skin may be shaved at least 24 hours in advance.

Post Peel

- DAY 1 - 2 The day of the peel application is "Day 1". The peel should remain on the treated areas for at least 6 hours, but may be left on overnight for a deeper peel if tolerated. The Perfect Derma Moisturizer with 1% hydrocortisone may be used after 6 hours if the skin feels excessively irritated.
- DAY 2 (A.M.) Gently wash and dry the treated areas. Vigorously apply the 1st Post Peel Towelette to the treated areas. Let dry thoroughly. Towelette solution should be left on until the next wash. SPF MUST be worn during the day. Light make up may be applied if desired.
- DAY 2 (P.M) 30-60 minutes before bedtime, gently wash and dry the treated areas. Vigorously apply the 2nd Post Peel Towelette to the treated areas. Leave the solution on until the next wash.
- DAY 3-6 Peeling generally begins 72 hours post peel.
You may apply The Perfect Derma Moisturizer to the treated areas 2-3 times a day to control the peeling and relieve the tightness. This moisturizer should be used until the skin has fully healed. DO NOT rub, pick or pull on the peeling skin, let the peeling occur naturally. Rubbing, picking, or pulling may cause scarring. You may use small sanitized scissors to clip excessive skin.
Gently wash (DO NOT SCRUB) and dry the treated areas morning and night, and apply The Perfect Derma Moisturizer, mineral SPF 30 or higher during the daytime.
- DAY 7+ The peeling process is generally complete, but may go on for 10-14 days. Products containing exfoliating ingredients including retinol, glycolic acid, etc. may be resumed after 10-14 days depending on the sensitivity of the client.
- Please call our office with any questions and concerns.