

NEUROTOXIN (Botox, Jeuveau, Dysport)

Pre-Treatment

- On the day of the procedure: please keep your face clean and do not apply makeup
- Wait at least 1 week after sun burns or laser treatments, such as IPL, laser hair, etc., or any chemical peels, microdermabrasion, or any other skin resurfacing treatments. The procedure will not be performed on sunburned, open, or irritated skin.
- If approved by your doctor, avoid any blood thinning herbal supplements or NSAIDS for at least 72 hours prior to treatment. If you have been prescribed a blood thinner this treatment may not be right for you and we ask you to call our office.
- Avoid alcohol at least 24 hours prior to treatment to reduce the risk of bruising.
- If you have a current diagnosis of any autoimmune, blood disorder, cancer, or neurological disease neurotoxin may not be recommended unless approved by your doctor.
- If you have a history of cold sores or vesicle outbreaks on the face please call our office prior to your appointment in case you need a prescription to be called in.
- A follow-up visit at 2 weeks is suggested to assess results for subsequent treatments, particularly if you are a first time client.

Post-Treatment

- For the first 4-6 hours following treatment, remain upright and periodically perform facial movements in the areas of injections in order to work the neurotoxin into the muscle.
- Do not participate in activities that include heavy lifting, vigorous exercise, straining, or laying down/bending over for 6 hours.
- Do not rub, touch, or manipulate neurotoxin for at least 6 hours.
- During the first 24 hours the areas treated with needles will be healing. Please be aware of everything that your face comes in contact with during this time. A clean pillowcase, washcloth, glasses, etc. is recommended. Cleanse the hands well before touching the face during this time.
- The skin can be gently cleansed and clean makeup may be gently applied after 6 hours. Avoid used sponges and brushes that will grow bacteria for 24 hours.
- Wait 2 weeks after neurotoxin for laser treatments, such as IPL, laser hair, etc., or any chemical peels, microdermabrasion, or any other skin resurfacing treatments, this gives the neurotoxin time to settle.
- Facials may be done 48 hours after neurotoxin.
- Re-treatment is typically needed between 3 and 6 months.
- Regularly scheduled injections usually yield a longer lasting neurotoxin result.

- Ice and topical Arnica may be used after treatment for any bruising, as needed.