

IV THERAPY

Pre-Treatment

Drink a glass of water or two along with a snack or meal before your appointment to ensure the service can be completed.

- Do not take vitamins and/or mineral supplements prior to your treatment unless otherwise specified.
- If applicable, take prescribed blood pressure medications prior to your appointment. If your blood pressure is dangerously high the service will not be rendered.

Post-Treatment

Please follow these simple instructions to help you derive the full benefit of IV Vitamin and Hydration therapy:

- You may remove the gauze or band aid over the IV site after 1 hour.
- Bruising is normal and may occur.
- If minor bleeding reoccurs at the IV site apply pressure at the site for 10 minutes. If it does not stop, please go to the nearest emergency room or urgent care while holding pressure on the IV site.
- Dermatitis is a mild skin reaction to the adhesive used to secure IV tubing to your arm. It is characterized by itchy and red skin. If this occurs, it will usually go away on its own within the next day or so, but please notify us.
- Minor infection or irritation of the vein is very rare and is characterized by a red, warm, tender, streak around the IV site. Please call our office if this occurs.
- If you experience any trouble breathing or swelling of the airway after you have left the office immediately call 911.