

FILLER DISSOLVANT

Pre-Treatment

- Please arrive with a clean face
- Wait at least 1 week after sun burns or laser treatments, such as IPL, laser hair, etc., or any chemical peels, microdermabrasion, or any other skin resurfacing treatments. The procedure will not be performed on sunburned, open, or irritated skin.
- Avoid any herbal supplements or NSAIDS for at least 72 hours prior to treatment. If you have been prescribed a blood thinner this treatment may not be right for you and we ask you to call our office.
- Avoid alcohol for at least 48 hours prior to treatment.
- If you have a current diagnosis of any autoimmune, blood disorder, cancer, or neurological disease then filler may not be recommended.
- If you have a history of cold sores or vesicle outbreaks on the face please call our office prior to your appointment for an antiviral prescription.
- Eat a well balanced meal and drink a full bottle of water within 1 hour of appointment to reduce dizzy spells or fainting.
- To reduce swelling you may take Pepcid 40 mg OTC and Zyrtec 10 mg OTC the night before your appointment and Pepcid 40 mg OTC the morning of your appointment.

Post-Treatment

- If this treatment was not done due to a vascular occlusion you can apply an ice pack, as there may be mild to significant swelling. You may continue to apply the ice pack for 5-10 minutes every hour. Avoid any trauma to the skin for up to 2-5 days, such as bathing with hot water, strenuous exercise, or massage.
- Avoid touching or massaging the treated skin to reduce the risk of complications.
- Makeup may be used after 24 hours. Keep the area moist by applying a moisturizer.
- You may shower after the procedure in tepid water. The treated area may be washed gently with a mild soap and dabbed dry with a clean cloth.
- You may experience redness and bruising from 3-14 days after the treatment. Use sunscreen SPF 35 or higher at all times when going outside.
- Avoid tweezing, waxing, bleaching or laser services at the site of the treatment for 7 days. Do not use any irritants such as Retin-A, Benzoyl Peroxide or astringents for 7 days.
- Please call us if there are signs of infection including but not limited to increasing pain, redness, or blisters.
- Call us with any questions or concerns you may have after the treatment.