

CHEMICAL PEELS

Pre-Treatment

For best results, sun exposure must be avoided. The following products & procedures should be avoided at least 1 week prior to your treatment:

Waxing

Depilatory creams

Do not shave the area that is being treated.

The following products & procedures should be avoided at least 2 weeks prior to your treatment:

Any products that may be drying or irritating, including products containing salicylic acid, alpha hydroxy acids, vitamin c, hydroquinone, retinoids, and exfoliating products should not be used 48 hours before peel.

Post-Treatment

Gently wash (DO NOT SCRUB) and dry the treated areas morning and night for 7 days. Only use skincare products approved by your skin specialist.

Drink plenty of water immediately after treatment and for the next 7 days.

Avoid sun exposure for at least 7 days.

Use a mineral based SPF 35 or higher daily.

Avoid exercise or sweating for 48 hours post peel.

Do not pick, rub, or pull on skin as it peels (this can cause scarring).

Day 7 The peeling process is generally complete, but may go on for 10-14 days.

Do not have any other facial treatment for at least 10 days after your peel. You may ONLY resume the regular use of: retinoids, alpha-hydroxy acid, beta hydroxy acid, vitamin C or bleaching creams after at least 7 days, but wait longer if skin is still peeling.