how to make













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MEASUREMENTS Size		One size fits most
Width (approx from cuff to cuff)	cm	80
Depth (approx)	cm	40
YARN REQUIRED		
Lincraft Superwash 8ply, Cosy Wool 8ply or DK 8ply	100g balls	
vvool sply or DK sply		2

NEEDLES

A pair of 4.00mm knitting needles. Wool needle for sewing up

TENSION

22 sts and 30 rows to 10cm over stocking st, using 4.00mm needles.

DIFFICULTY .

SHRUG (worked sideways)

Using 4.00mm needles, cast on 91 sts. Knit 3 rows garter st, first row is wrong side.

Beg Patt:

1st row: K6, * yfwd, K2, sl 1, K1, psso, K2tog, K2, yfwd, K1, rep from * to last 4 sts, K4.

2nd row: K3, purl to last 3 sts, K3. **3rd row:** K5, * yfwd, K2, sl 1, K1, psso, K2 tog, K2, yfwd, K1, rep from * to last 5 sts, K5.

4th row: As 2nd row. Last 4 rows form patt.

Cont in patt until Shrug measures approx 79cm from beg, ending with a 3rd patt row.

Knit 3 rows garter st. Cast off.

FINISHING

Using a flat seam, join side edges (from cast on edge, then cast off edge) for 17cm. Sew in all ends.









