







# **KNITTING & CROCHET ABBREVIATIONS**

alt:	alternate	mm:	millimetre
beg:	beginning	M1:	make one by picking
ch:	chain		up the loop between
cm:	centimetre		2 stitches & knitting into
cont:	continue		the back of it (thereby
dc:	double crochet		increasing without
dec:	decrease		using up a stitch).
dtr:	double treble	P:	purl
foll:	following	patt:	pattern
htr:	half treble	psso:	pass slip stitch over

htr: p2sso: pass slip stitch over rem: remaining increase incl: includ
K: knit
lp/s: loops including rep: repeat slip stitch

o/s: t/s: ol:	space/s stitch/es through back of loop treble
r:	together
og: bk:	yarn back
ft:	yarn front
fwd:	
oh:	yarn over hook
on:	yarn over needle
rn:	yarn around needle

#### METRIC IMPERIAL US 2.00mm 14 13 12 2.25mm 1 2.50mm 2 2.75mm 3.00mm 3.25mm 12 11 10 3 & 4 3.50mm 9 9 8 -5 6

3.75mm 4.00mm

METRIC	IMPER	IAL U
4.50mm	7	7
5.00mm	6	8
5.50mm	5	9
6.00mm	4	10
6.50mm	3	10.5
7.00mm	2	10.5
7.50mm	1	11
8.00mm	0	11
9.00mm	00	13







MEASUREMENTS					
Size		S	M	L	XL
		8-10	12-14	16-18	20-22
Fits bust	cm	80	90	100	110
Garment measures	cm	90	100	110	120
Length (approx)	cm	77	78	79	80
Sleeve length	cm	43	43	43	43
YARN REQUIRED					
Lincraft Kimana	100g balls	7	8	9	10

#### **NEEDLES**

A pair of 4.50mm knitting needles. Wool needle for sewing up.

## **REQUIREMENTS**

2 stitch holders. 10 buttons.

#### **TENSION**

20 sts and 25 rows to 10cm over stocking st, using 4.50mm needles.

#### **BACK**

Using 4.50mm needles, cast on 87 (97-107-117) sts.

Knit 15 rows garter st, first row is wrong side, and inc 5 sts evenly across last row ... 92 (102-112-122) sts.

Work 122 rows stocking st, beg with a knit row, and dec 5 sts evenly across last row ... 87 (97-107-117) sts.
Working in garter st for rem, knit 84 (88-92-94) rows.

**Shape Shoulders:** 

Cast off 7 (8-9-10) sts at beg of next 6 rows, then 8 (9-10-11) sts at beg of next 2 rows.

Work 22 rows on rem 29 (**31**-33-**35**) sts. Cast off.

# **LEFT FRONT**

Using 4.50mm needles, cast on 47 (**53**-57-**61**) sts.

Knit 14 rows garter st, first row is wrong side.

**15th row:** K9, slip these 9 sts onto a stitch holder and leave for Left Front band, knit to end and inc 5 (4-5-6) sts evenly across ... 43 (48-53-58) sts. Work 123 rows stocking st, beg with a knit row.

Leave sts on a stitch holder. With right side facing, join yarn to 9 sts from first stitch holder. Knit 173 rows garter st.

Next row (wrong side): K9, knit across 43 (48-53-58) sts from stitch holder and dec 5 (4-5-6) sts evenly across ... 47 (53-57-61) sts.

Working in garter st for rem, knit 82 (86-90-92) rows.

# Shape Shoulder:

Cast off 7 (8-9-10) sts at beg of next and foll 2 alt rows.
Work 1 row.

Work 10.11) sts at beg of next row. Work 23 rows on rem 18 (20-20-20) sts. Cast off.

## RIGHT FRONT

Using 4.50mm needles, cast on 47 (**53**-57-**61**) sts. Knit 14 rows garter st, first row is wrong side. **15th row:** Knit to last 9 sts and inc 5 (4-5-6) sts evenly across, slip rem 9 sts onto a stitch holder and leave for Right Front band ... 43 (48-53-58) sts. Work 122 rows stocking st, beg with a knit row.

Leave sts on a stitch holder. With wrong side facing, join yarn to 9 sts from first stitch holder. Knit 11 (15-3-3) rows garter st.

**Next row:** K4, yfwd, K2tog, K3 ... buttonhole.

Work 161 (**157**-169**-169**) rows garter st, AT SAME TIME, work a buttonhole in every 30th (**30th**-32nd-**32nd**) row ... 6 buttonholes.

Next row (right side): K9, knit across 43 (48-53-58) sts from stitch holder and dec (4-5-6) sts evenly across ... 47 (53-57-61) sts.

Working in garter st for rem, knit 84 (88-92-94) rows, AT SAME TIME, work a buttonhole in 18th (22nd-22nd-22nd) row, then very 30th (30th-32nd-32nd) row ... 9 buttonholes.

## **Shape Shoulder:**

Cast off 7 (8-9-10) sts at beg of next and foll 2 alt rows.
Work 1 row.
Cast off 8 (9-10-11) sts at beg of next row.
Work 22 rows on rem 18 (20-20-20) sts,
AT SAME TIME, work a buttonhole in
17th (17th-19th-17th) row ...
10 buttonholes.
Cast off.

## **SLEEVES**

Using 4.50mm needles, cast on 43 (**45**-47-**49**) sts.

Knit 11 rows garter st, first row is wrong side, and inc 3 sts evenly across last row ... 46 (48-50-52) sts.

Working in stocking st for rem, inc one st at each end of 5th row, then every 4th row until there are 68 (76-84-92) sts, then every 6th row until there are 82 (86-90-94) sts.

Cont without shaping until work measures 43cm (or length desired) from beg, ending with a purl row. Cast off.

## **FINISHING**

Join shoulder and collar seams. Measure 21 (22-23-24) cm down from shoulder seams and place a marker on Back and Fronts. Sew in Sleeves between markers, placing centre of Sleeves to shoulder seams. Join side and Sleeve seams. Sew front bands in position. Sew on buttons. Sew in all ends.





# **CROCHET HOOK**

A 4.00mm crochet hook.

# **REQUIREMENTS**

Wool needle for sewing in ends.

Tension is not important for this project.

# **SPECIAL ABBREVIATION:**

**Picot** = 1dc in next st, 3ch, 1dc in same st.

# **THROW**

Using 4.00mm hook, make 197ch. **1st row:** 1dc in 2nd ch from hook, \* 5ch, miss 4ch, 1dc in next ch,

rep from \* to end, turn.

2nd row: 6ch, picot in 3rd ch of next 5ch arch, \* 5ch, picot in 3rd ch of next 5ch arch, rep from \* to end, 2ch, 1dtr in last dc, turn.

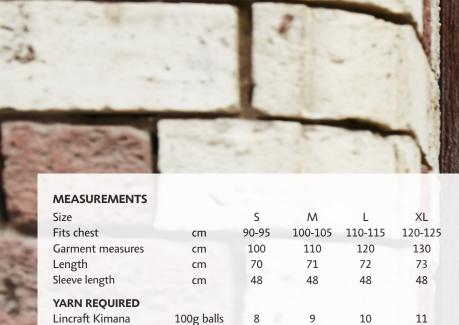
3rd row: 1ch, 1dc in same st, \* 5ch, miss next picot, picot in 3rd ch of next 5ch arch, rep from \* to arch before last picot, picot in 3rd chi picot, picot in 3rd ch of turning ch, turn.

Rep 2nd and 3rd rows until Throw measures 120cm from beg.

Fasten off.

# **FINISHING**

Sew in all ends.



#### **NEEDLES**

A pair of 4.50mm knitting needles. Wool needle for sewing up.

# **REQUIREMENTS**

2 stitch holders.

#### **TENSION**

22 sts and 25 rows to 10cm over patt, using 4.50mm needles.

#### **BACK**

Using 4.50mm needles, cast on 112 (124-133-145) sts.
1st row: K1, \* K1 leaving st on left-hand needle, purl that same st tog with the next st, K1, rep from \* to end.

**2nd row:** Purl. Last 2 rows form patt.

Cont in patt until work measures 47cm from beg, ending with a purl row.

# **Shape Armholes:**

Keeping patt correct, cast off 6 (8-9-11) sts at beg of next 2 rows ... 100 (108-115-123) sts.

Dec one st at each end of next row, then every alt row until 88 (92-97-101) sts rem. \*\*

Cont without shaping until work measures 70 (71-72-73) cm from beg, ending with a purl row.

# **Shape Shoulders:**

Cast off 9 (9-10-10) sts at beg of next 4 rows, then 8 (9-9-10) sts at beg of next 2 rows.
Leave rem 36 (38-39-41) sts on a

# stitch holder.

FRONT
Work as for Back to \*\*.
Cont in patt without shaping until there are 22 (24-26-26) rows less than Back to beg of shoulder shaping, ending with a purl row.

# Shape Neck:

Next row: Patt 35 (37-39-41), turn. Cont on these 35 (37-39-41) sts. Dec one st at neck edge in every alt row until 27 (28-31-31) sts rem, then every 4th row until 26 (27-29-30) sts rem. Work 1 row.

## Shape Shoulder:

Cast off 9 (9-10-10) sts at beg of next and alt row.

Work 1 row.

Cast off rem 8 (9-9-10) sts.

Slip next 18 (18-19-19) sts onto a stitch holder.

With right side facing, join yarn to rem sts and patt to end.

Dec one st at neck edge in every alt row until 27 (28-31-31) sts rem, then every 4th row until 26 (27-29-30) sts rem. Work 2 rows.

## **Shape Shoulder:**

Work as for other shoulder shaping.

### SLEEVES

Cast on 55 (58-58-61) sts. Work 10 rows patt. Keeping patt correct and working extra sts into patt as they become available, inc one st at each end of next row, then every 6th (6th-4th-4th) row until there are 73 (84-72-87) sts, then every 8th (8th-6th-6th) row until there are 85 (90-96-103) sts. Cont in patt without shaping until work measures 48cm (or length desired) from beg, ending with a purl row.

# Shape Top:

Keeping patt correct, cast off 3 (4-5-6) sts at beg of next 2 rows ... 79 (82-86-91) sts.

Dec one st at each end of next row, then every alt row until 53 (54-62-65) sts rem, then every row until 19 (20-20-19) sts rem.
Cast off.

# NECKBAND

Join right shoulder seam.
With right side facing and using
4.50mm needle, knit up 17 (18-20-20)
sts along left front neck, knit across
sts from Front stitch holder, knit up 17
(18-20-20) sts along right front neck,
then knit across sts from Back stitch
holder and dec 0 (1-1-0) st/s in centre
... 88 (91-97-100) sts.

Work 7 rows patt, beg with a 2nd row. Cast off.

## FINISHING

Join left shoulder and Neckband seam. Sew in Sleeves. Join side and Sleeve seams. Sew in all ends.





