Lincraft

Unisex Cabled V-Neck Vest

INTERMEDIATE KNIT

Our cabled, sweater vest is great for wearing under blazers and coats or for transitioning from the cooler to warmer months. Easy to style for men and women alike, we used non-gendered sizing for this pattern with the option to lengthen and shorten the pattern as you wish. Pictured here is the size small.

MEASUREMENTS

Size		XS	S	M	L	XL	XXL
Chest		90	95	100	105	110	115
Waist		76	81	86	91	106	111
Hip		90	95	100	105	110	115
Length (approx)	cm	34	35	36	37	4	42
Yarn Required: Ficio Coaster	50g balls	6	7	8	9	10	11

Please use only the yarn specified. Another yarn is likely to yield different results. Quantities are approximate as knitting styles may vary between knitters. Check the ball bands to ensure all yarn is from the same dye lot.

DIFFICULTY ●●○

KNITTING NEEDLES & EQUIPMENT:
A 5.50mm pair of needles.
A 5.00mm pair of needles.
A 5.50mm circular needles.
Cable Needle.
Wool needle for sewing in ends.

TENSION:
17 sts and 22 rows to 10cm over stocking st, using 5.50mm needles.

KNITTING ABBREVIATIONS:
K: Knit
K2tog: Knit 2 Together
Kfb: K1 into the fr of the next stitch on the needle but do not slide the stitch off, K1 into the bk of the same stitch on the needle and slide the stitch off the needle
P: Purl
P2tog: Purl 2 Together
P2togtbl: Purl 2 Together, through the back loop
Pfb: Purl 1, Purl tbl to increase by 1
Sl1: Slip One Stitch purlwise
SSK: Slip, Slip Knit (Left Slanting Decrease)
2/1 RPC: sl 1 st onto cn, hold in back, k2, p1 from cn
2/1 LPC: sl 2 sts onto cn, hold in front, p1, k2 from cn
2/1 RC: sl 1 st onto cn, hold in back, k2, k1 from cn
2/1 LC: sl 2 sts onto cn, hold in front, k1, k2 from cn
2/2 RC: sl 2 sts onto cn, hold in back, k2, k2 from cn
2/2 LC: sl 2 sts onto cn, hold in front, k2, k2 from cn

SPECIAL ABBREVIATIONS:
2/2 SRPC: sl 2 sts onto cn and hold in back, k2, p1 k1 from cn
2/2 SLPC: sl 2 sts onto cn and hold in front, p1, k1, k2 from cn

SWEATER VEST

NOTE: This pattern is written for our XS Adult's size, all stitch counts and references for other sizes are written in brackets for easy reference. They are as follows, XS (**S** - M - **L** - XL)

BACK
Casting On:
Using 5.00mm needles, cast on 84 (**86** - 90 - **94** - 98) sts.
Row 1: K1, *P1, Ktbl, repeat from * to last st, K1.
Row 2: K1, *Ptbl, K1, repeat from * to last st, K1.
Last two rows form a twisted rib pattern, repeat these two rows until piece measures 10cm from the beg, ending with a WS row.

Body:
Change to using 5.50mm needles and begin to work in stocking st, without shaping until piece measures,
    31 (**32** - 33 - **34** - 34) cm from the beginning for full length version **OR**
    17 (**18** - 19 - **20** - 20) cm from the beginning for a cropped version **OR**
    Length desired leaving 3cm for the armband,
ending with a WS row.

Armhole Shaping:

Cast off 7 (**7** - 8 - **8** - 9) sts at the beginning of the next two rows ... 70 (**72** - 74 - **78** - 80) sts

Cast off 3 (**3** - 3 - **4** - 4) sts at the beginning of the next two rows ... 64 (**66** - 68 - **70** - 72) sts.

Next Row: K2, SSK, work to last four sts, K2tog, K2.
Next Row: P2, P2tog, work to last four sts, P2togtbl, K2
Repeat the above two rows until 50 (**52** - 56 - **58** - 62) sts remain.

Continue to work without shaping until piece measures 25 (**26** - 27 - **28** - 28) cm from the cast off edge, ending with a wrong side row.

Shoulder Shaping:

Cast off 7 (**7** - 8 - **8** - 9) sts at the beginning of the next four rows ... 22 (**24** - 24 - **26** - 26) sts.

Slide the remaining 22 (**24** - 24 - **26** - 26) sts onto a stitch holder to be worked later as part of the neckband.

FRONT
Casting On:

Using 5.00mm needles, cast on 84 (**86** - 90 - **94** - 98) sts.
Row 1: K1, *P1, Ktbl, repeat from * to last st, K1.
Row 2: K1, *Ptbl, K1, repeat from * to last st, K1.
Last two rows form a twisted rib pattern, repeat these two rows until piece measures 10cm from the beg, ending with a RS row.

Cabling and Body:

Change to using 5.50mm needles, please note the cable chart and full pattern is available for reference on the last page.

Row 0 (WS & Set Up Row): P27 (**28** - 30 - **32** - 34), P3, K1, [Pfb, Pfb, (P1, K1) four times,] twice, Pfb, Pfb, K1, P3, P27 (**28** - 30 - **32** - 34) ... 90 (**92** - 96 - **100** - 104) sts

Row 1: P27 (**28** - 30 - **32** - 34), Work Cable Row 1, P27 (**28** - 30 - **32** - 34)
Row 2: K27 (**28** - 30 - **32** - 34), Work Cable Row 2, K27 (**28** - 30 - **32** - 34)
Row 3: P27 (**28** - 30 - **32** - 34), Work Cable Row 3, P27 (**28** - 30 - **32** - 34)

Continue to work in this manner, keeping the 27 (**28** - 30 - **32** - 34) sts either side of the cable in stocking st and following the 32 row cable repeat over left until piece measures the same as the back.

V NECK SHAPING
Right Armhole Shaping:

Cast off 7 (**7** - 8 - **8** - 9) sts at the beginning of the next row ... 83 (**85** - 88 - **92** - 95) sts
Work one row as normal.

Cast off 3 (**3** - 3 - **4** - 4) sts at the beginning of the next row, K31 (**32** - 33 - **34** - 35) sts, turn and continue working on these sts only, sliding the remaining 49 (**50** - 52 - **54** - 56) sts onto a stitch holder to be worked later.
Work one row as normal

Next Row: K2, SSK, work to last four sts, K2tog, K2.
Next Row: P2, P2tog, work to last four sts, P2togtbl, K2
Repeat the above two rows until 20 (**20** - 22 - **24** - 24) sts remain.

Decrease by one stitch at the neckline edge on every 3rd row until there are 14 (**14** - 16 - **16** - 18) sts

Work without further shaping until front armhole measures the same as the back armhole, ending with a WS row.

Right Shoulder Shaping:

Cast off 7 (**7** - 8 - **8** - 9) sts at the beginning of the next two RS rows, fasten off.

Left Armhole Shaping:

With RS facing, join yarn to remaining sts at the inner neck edge, cast off next 8 sts and work as normal to end ... 41 (**42** - 44 - **46** - 48) sts

Cast off 7 (**7** - 8 - **8** - 9) sts at the beginning of the next row ... 34 (**35** - 36 - **38** - 39) sts
Work one row as normal.

Cast off 3 (**3** - 3 - **4** - 4) sts at the beginning of the next row, work as normal to end ... 31 (**32** - 33 - **34** - 35) sts

Next Row: K2, SSK, work to last four sts, K2tog, K2.
Next Row: P2, P2tog, work to last four sts, P2togtbl, K2
Repeat the above two rows until 20 (**20** - 22 - **24** - 24) sts remain.
Work one row as normal.

Decrease by one stitch at the neckline edge on every 3rd row until there are 14 (**14** - 16 - **16** - 18) sts.

Work without further shaping until front armhole measures the same as the right armhole, ending with a RS row.

Left Shoulder Shaping:

Cast off 7 (**7** - 8 - **8** - 9) sts at the beginning of the next two WS rows, fasten off.

V NECK NECKBAND

Seam together shoulder seams, with RS facing and 5.50mm circular knitting needle, starting at front left neck slope pick up 39 (**40** - 42 - **44** - 44) sts, knit across the 22 (**24** - 24 - **26** - 26) sts from the back st holder and working down towards the centre fron again pick up 39 (**40** - 42 - **44** - 44) sts ... 100 (**104** - 108 - **114** - 114) sts.
Do not join to begin working in the round, instead work back and forth in rows
.
Row 1 (WS): *Ptbl, K1, repeat from * to end
Row 2: *P1, Ktbl, repeat from * to end
Repeat these two rows, three more times and cast off loosely in rib.

ARMBANDS

Sew side seams together, with RS facing and using 5.50mm needles, pick up 86 (**90** - 92 - **96** - 96) sts around the armhole edge. Join to begin working in the round.

Round 1: *Ktbl, P1, repeat from * to end of round.
Repeat Round 1, 7 more times and cast off loosely in rib.

FINISHING

With RS facing sew the left hand end of the v-neck band into the 8 sts cast off at the CF, sew the right hand end into the same 8 sts behind it. Weave in all ends and stretch gently into shape.

SEED STITCH LATTICE CABLE
Abbreviations:

2/1 RPC: sl 1 st onto cn, hold in back, k2, p1 from cn
2/1 LPC: sl 2 sts onto cn, hold in front, p1, k2 from cn
2/1 RC: sl 1 st onto cn, hold in back, k2, k1 from cn
2/1 LC: sl 2 sts onto cn, hold in front, k1, k2 from cn
2/2 RC: sl 2 sts onto cn, hold in back, k2, k2 from cn
2/2 LC: sl 2 sts onto cn, hold in front, k2, k2 from cn
2/2 SRPC: sl 2 sts onto cn and hold in back, k2, p1 k1 from cn
2/2 SLPC: sl 2 sts onto cn and hold in front, p1, k1, k2 from cn

Cable Pattern:

Row 1 (RS): K3, P1, [K4, (K1, P1) four times] twice, K4, P1, K3 … 36 sts
Row 2: P3, K1, [P4, (P1, K1) four times] twice, P4, K1, P3.
Row 3: K3, P1, [2/2 RC, (K1, P1) four times] twice, 2/2 RC, P1, K3

Row 4: As Row 2
Row 5: K1, P1, [2/2 RC, 2/2 LC, (K1, P1) twice] twice, 2/2 RC, 2/2 LC, P1, K1
Row 6: P1, K1, [P8, (P1, K1) twice] twice, P8, K1, P1
Row 7: P1, [2/1 RC, K4, 2/1 LPC, P1, K1] twice, 2/1 RC, K4, 2/1 LPC, P1
Row 8: K1, P2, K1, [P7, K1, P3, K1] twice, P7, K1.
Row 9: [2/1 RPC, 2/1 RC, 2/1 LPC, 2/1 LC] three times
Row 10: [P5, K1, P3, K1, P2] three times
Row 11: [K2, 2/1 RPC, P1, K1, 2/1 LC, K2] three times
Row 12: [P5, K1, P1, K1, P4] three times
Row 13: [2/2 SRPC, K1, P1, K1, P1, 2/2 SLPC] three times
Row 14: [P3, K1, (P1, K1) three times, P2] three times
Row 15: K3, [(P1, K1) three times, P1, 2/2 LC] twice, (K1, P1) four times, K2
Row 16: As Row 14
Row 17: [K3, (P1, K1) three times, P1, K2] three times
Row 18: As Row 14
Row 19: As Row 15
Row 20: As Row 14
Row 21: [2/2 LC, (K1, P1) twice, 2/2 RC] three times

ITEM A: Cable Pattern
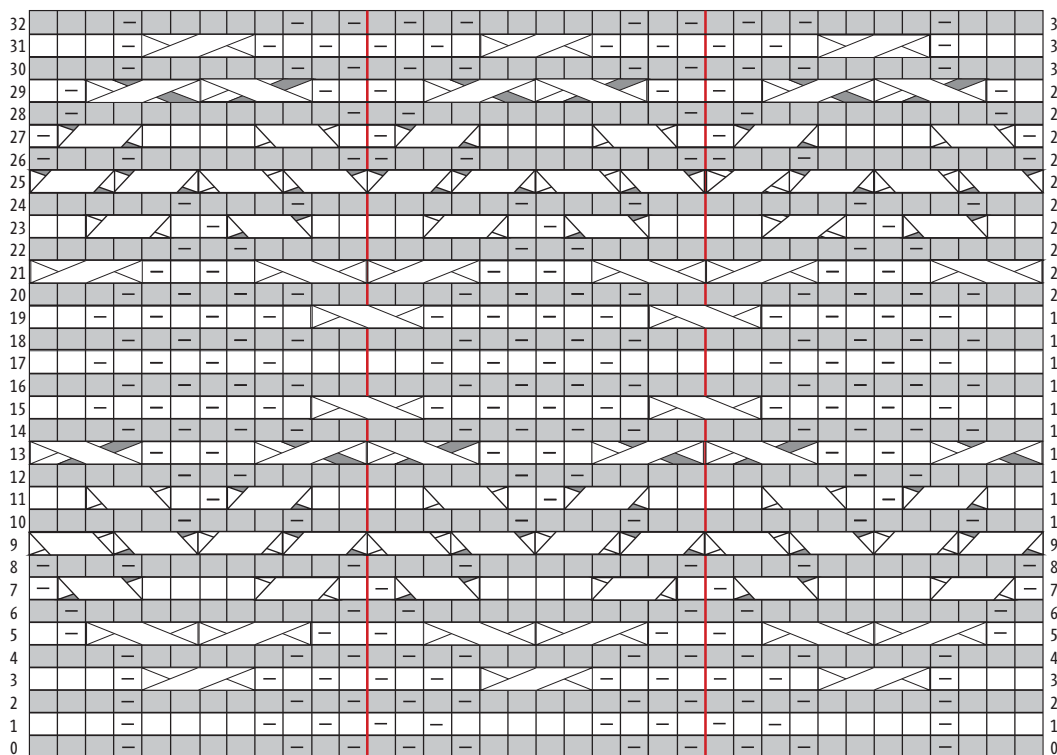
SEED STITCH LATTICE CABLE
36 sts, 32 row repeat

KEY

☐ = RS Knit
— = RS Purl
━ = WS Knit
▧ = WS Purl
⬓ = 2/1 RC
⬔ = 2/1 LC

⬓ = 2/1 RPC
⬔ = 2/1 LPC
⬓ = 2/2 RC
⬔ = 2/2 LC
⬓ = 2/2 SRPC
⬔ = 2/2 SLPC

Row 22: [P5, K1, P1, K1, P4] three times
Row 23: [K2, 2/1 LPC, P1, K1, 2/1 RC, K2] three times
Row 24: [P5, K1, P3, K1, P2] three times
Row 25: [2/1 LPC, 2/1 LC, 2/1 RPC, 2/1 RC] three times
Row 26: [K1, P2, K1, P7, K1] three times
Row 27: P1, [2/1 LC, K4, 2/1 RPC, P1, K1] twice, 2/1 LC, K4, 2/1 RPC, P1
Row 28: [P1, K1, P9, K1] twice, P1, K1, P8, K1, P1.
Row 29: [K1, P1, 2/2 SLPC, 2/2 SRPC, K1, P1] twice, K1, P1, 2/2 SLPC, 2/2 SRPC, P1, K1
Row 30: P3, K1, P4, [(P1, K1) four times, P4] twice, K1, P3
Row 31: As Row 3
Row 32: As Row 4

Repeat Rows 1-32 for cable pattern as referred to for the Front Sweater.

ITEM A: Cable Stitch Detail