

# Organic Cotton Sundress EASY CROCHET & SEW

A sweet, girl's sundress that's perfect for lazy days in the sun or at the beach. The dress is from a series of granny squares seamed together to form a bodice and a gathered lightweight skirt. An ideal project for a confident crocheter looking to try something a little different, this dress requires a basic understanding of machine sewing.

#### **MEASUREMENTS**

Size		6 mon	12 mon	2 yo	4 yo
To Fit Chest	cm	50	53	56	60
Measures at Chest	cm	52	55	58	62
Length from HSP	cm	40	50	65	75
<b>Yarn Required:</b> Ficio Organic Cotton <b>OR</b>	100g balls	1	1	2	2
Ficio Starburst <b>OR</b>	100g balls	1	1	2	2
Makr Cotton 8ply	50g balls	1	1	2	2

Please use only the yarn specified. Another yarn is likely to yield different results. Quantities are approximate as knitting styles may vary between knitters. Check the ball bands to ensure all yarn is from the same dye lot.

**ITEM A:** Bodice and granny square detail on dress



#### **DIFFICULTY** • • •

### **CROCHET HOOK & EQUIPMENT:**

A 4.00mm crochet hook.

Wool needle for sewing in ends.

0.5m of matching fabric, here we've chosen a cheesecloth.

Matching Thread.

A Sewing Machine.

Pins.

#### **TENSION:**

Each granny square should measure approximately 9cm square, using 4.00mm crochet hook.

### **CROCHET ABBREVIATIONS:**

ch: chain

double crochet dc: half treble crochet htr:

yarn over yo:

magic ring, alternatively ch4 and sl st to join to make a circle mr: puff stitch, YO and ins hook into st. YO again and pull up a pst: long loop. \*YO and ins hook into the same st. YO again and

pull up a long loop, repeat from \* twice more. YO and pull through all 7 loops on your hook. Ch 1 to close the Puff

Stitch.

vst: 1tr, ch 1, 1tr

# **SEWING TERMS (FOR BEGINNERS):**

CF: Or centre front, the middle or vertical centre line of the human

body as it is placed on the garment

Straight st: The most common sewing stitch. We recommend using a stitch

length of 2.50 - 3.00mm for this project, refer to your machine

manual on how to adjust.

Notch: A mark on your pattern, that should be transferred onto your

fabric to help line up pattern pieces correctly.

**Edge Stitch:** Straight machine stitch as close to the edge of the piece or

seam as possible. Used for reinforcing seams or to keep seam

allowances down.

**Seam Allowance:** An "excess" border of fabric around your pattern piece to provide enough space for the pieces to be stitched together

**Grading Seams:** Trim the seam allowances back at different lengths, i.e. one

layer to 3mm, one layer to 5mm and keep one layer at 6mm,

after sewing.

# **DRESS**

NOTE: This pattern is written for our 12 month sized mask, all other stitch counts and sizes are written in the brackets for easy reference and are as follows 6 mon (12 mon - 2 yo - 4yo)

# **GRANNY SQUARES**

**Main Panel:** 

Using 4.00mm hook, make a mr.

Round 1: Ch 5 (counts as 1tr, ch2), \*tr, ch1, tr, ch 2, repeat from \* 3 more times, tr, ch1, sl st in 3rd ch from hook, sl st into next ch2 space (corner) Round 2: \*\*(1pst, ch 2, 1pst) into corner, ch 1, \*1pst in next space, ch1, repeat from \* across, repeat from \*\* 3 more times, sl st into the first pst, sl

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st into corner.

**Round 3:** ch5 (counts as 1tr, 2ch), 2tr into corner, 1tr in next pst,
\*(2tr in next ch-sp, 1tr in next puff), repeat across side of square, (2tr, ch2, 2tr) into corner, repeat from \* 3 more times but to complete final corner tr into corner before beginning ch-5 and sl st into 3rd ch, sl st again into corner **Round 4:** ch5 (counts as 1tr, 2ch), (1tr, ch, 1tr) into corner, skip next 2 st, \*[vst in next st, skip next 2 st] repeat across, (vst, ch2, vst) into corner, repeat from \* 3 more times but to complete final corner, tr, ch just before beginning ch5, sl st into 3rd ch, sl st again into corner **Round 5:** Ch1 and dc into each st around, working the corners as dc, ch2.

**Round 5:** Ch1 and dc into each st around, working the corners as dc, ch2, dc. Sl st into top of ch1 to close the round. Fasten off.

Make 4 (5 - 5 - 5) more granny squares in the above manner.

### **ASSEMBLING THE BAND**

#### **Border:**

Weave in all ends on each granny square. Sew all 5 (6 - 6 - 6) granny squares together using scrap yarn and a wool, taking care to ensure that each granny square is the correct way up.

Using 4.00mm crochet hook, sl st into any st around the edge of the yoke panel. Ch1, and \*dc across to the corner of the yoke, dc, ch 2, dc in the corner, turning the work dc in each st down the side to the next corner, dc, ch, dc into the corner again, repeat from \* once more, dc across to where you first sl st into the work, sl st to the top of the ch1 and fasten off.

If you notice a small gap between the joins in the granny squares then we recommend that you make it 2dc instead to create a more even edge.

#### **Button Placket and Loops:**

SI st into the top corner of the right hand side of the piece, dc back and forth across in rows four (zero - twice - four) times. Cut yarn and fasten off.

SI st into the bottom corner of the left hand side of the piece, dc, back and forth along the side edge until five (zero - three - five) rows have been worked, cut yarn and fasten off.

### **TOP YOKE**

#### **Cross stitch pattern:**

SI st into the st in the border above the top right (**left** - **left** - **left**) corner of the 4th granny square along.

**Row 1:** Ch3 and tr into each st along until you reach the top left (**right** - right) corner of the 2nd granny square, turn,

**Row 2:** Ch3 and tr into the 3rd st along, from the back of the work tr into the 2nd of the skipped sts, \*skip 1 st, tr into the next, from the back of the work tr into the skipped st, repeat from \* until 1 st remains, tr into the final st, turn.

Row 3: Ch3, tr2tog, tr to last three sts, tr2tog, tr into the final st

Repeat rows 2 & 3 until there are 5 (7 - 7 - 7) rows, ch1, DO NOT TURN WORK, instead Ch1 and work dc down the side of the bodice, continuing along the top of the bodice to the back button stand, ch2 to turn the corner, dc down the back button edge, ch2 again to turn the corner, dc across the bottom of the bodice, ch2 again to turn the corner.

To create the button holes, work (4dc, ch3) until the full repeat cannot be





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repeated anymore, dc to end, ch2 again to turn the corner. Work as you did for the other side of the bodice and sl st into the ch1 at the start of the round. Fasten off.

### Straps:

Using 4.00mm hook, Ch 31 (35 - 37 - 41), dc into the 2nd ch from the hook and each ch until the end, turn,

**Next Row:** Ch3 and tr into the 3rd st along, from the back of the work tr into the 2nd of the skipped sts, \*skip 1 st, tr into the next, from the back of the work tr into the skipped st, repeat from \* until 1 st remains, tr into the final st, turn.

**Next Row:** Ch1, dc into each st until end. Cut yarn and fasten off. Sew into place at top of yoke and 4 (5 - 6 - 7) cm in from cb opening.

Weave in all ends before sewing the dress in place.

#### **DRESS**

## **Cutting Fabric:**

Cut one rectangle from cheesecloth, taking care that the shorter side is parallel to the selvedge. The rectangle must measure twice the length of the bottom edge of the bodice by 20 (28 - 40 - 55) cm.

Overlock or zig-zag stitch along top edge of the rectangle to avoid fraying. Setting your machine to a larger stitch length and leaving a tail of excess thread at each end, sew two lines of gathering into the top of the rectangle, taking care that they don't cross each other. Pull gently and gather until the top edge measures the same as the bodice.

Sew the CB seams together leaving a 8cm opening at the top and overlock or bind open. Double roll the opening edge and top stitch down to form a neat opening.

Fold the hem up 1cm and press in place, fold the hem up another 2.5cm and press in place again, top edge or hand stitch along hem edge to fix in place.

Sew gathered panel in place on bodice and remove gathering thread.

Trim all loose threads and sew on buttons.