

how to  
make

Lincraft



Elasticated Mask

#A769

## DIFFICULTY ●○○

**Approximate Time of Project:** 20 minutes

## MATERIALS

Plain cotton fabric  
Thread  
Elastic

## EQUIPMENT

Fabric scissors  
Sewing machine  
Pins  
Iron

## HELPFUL HINTS

- Once on your face the mask should not be touched until removed. At which point you put it in a sealed plastic bag until you are able to wash and dry it. Because of this we recommend making a few so you always have one ready to go.
- This mask has three layers of fabric to make it. This will ensure it holds its shape and structure better and provides more protection.
- Print the mask template on A4 paper at "actual size".
- A 10cm piece of wire can be sewn into the edge of the mask where the bridge of the nose is to prevent glasses fogging up while wearing your mask.

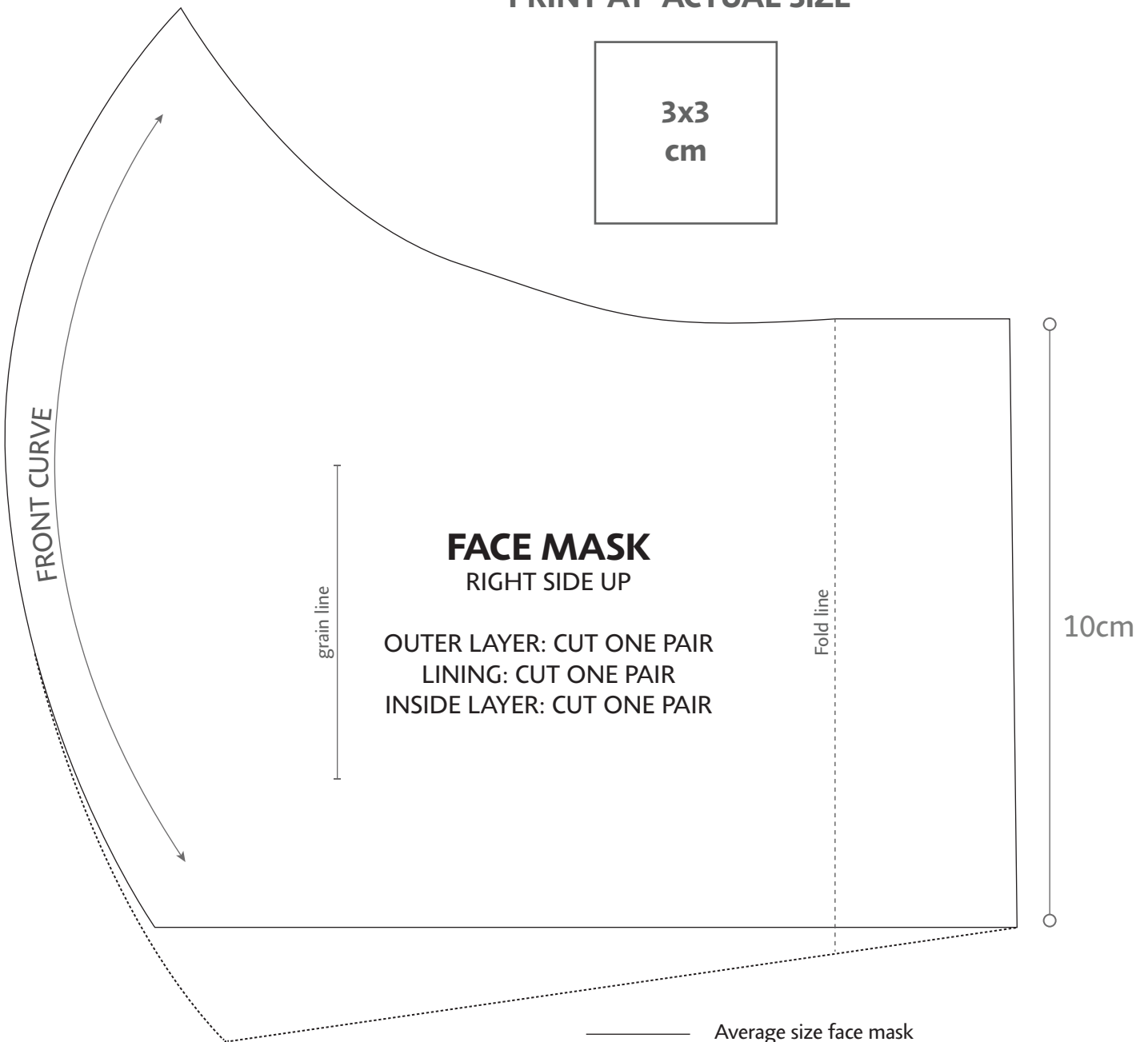
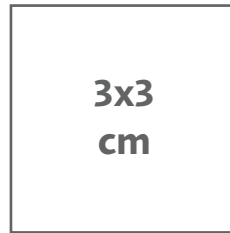


## STEPS

1. Use the template provided to cut out fabric for one mask.
2. Pin two printed fabric pieces right side together along the FRONT CURVE and sew.
3. Place two pieces of plain fabric right sides together. Stack the remaining two pieces on either side so they sandwich the first two pieces. Pin and sew through all four layers along the FRONT CURVE.
4. Open the fabric pieces and place right sides of the outer and inside pieces together.
5. Pin around edges sew leaving a 4cm gap at the bottom of the mask.
6. Turn right side out so the print fabric is on one side, plain on the other side.
7. Turn in seam allowance, press and top stitch.
8. Fold 2cm of the side edge of the mask over on itself. Pin and sew to create a channel. Repeat on the other side of the mask.
9. Cut two 15cm lengths of elastic.
10. Thread the elastic through the sewn and knot or sew the ends together to create a loop of elastic running through the channel on either side of the mask.
11. Wash mask with regular laundry soap or by hand with soap and allow to dry completely before wearing.
12. Wash your hands, with soap, or use disinfectant with at least 60% alcohol then pick up mask and place it over your mouth and nose catching the loops over your ears to hold it in place.



PRINT AT "ACTUAL SIZE"



———— Average size face mask

..... Large size face mask