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Embroidered Face Mask

#A746

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PLEASE NOTE: Keep up to date with the latest health advice provided by the Government and the World Health Organisation in regards to cleanliness, hygiene and how to properly wear a mask.

- *www.health.gov.au/resources/publications/coronavirus-covid-19-information-on-the-use-of-surgical-masks*
- *www.who.int/emergencies/diseases/novel-coronavirus-2019/advice-for-public/when-and-how-to-use-masks*
- *https://www.dhhs.vic.gov.au/face-masks-covid-19*

DIFFICULTY ●●○

Approximate Time of Project: 1+ hours

MATERIALS

30x60cm cotton/ cotton-poly blend
Thread
Elastic
Embroidery floss

EQUIPMENT

Dressmaker pencil
Embroidery needle
Embroidery hoop
Fabric scissors
Sewing machine
Pins

HELPFUL HINTS

- Once on your face the mask should not be touched until removed. At which point you put it in a sealed plastic bag until you are able to wash and dry it. Because of this we recommend making a few so you always have one ready to go.
- This mask has three layers of fabric to make it. This will ensure it holds its shape and structure better and provides more protection.
- Print the mask template on A4 paper at "actual size". Seam allowance of 0.5cm included in pattern
- A 10cm piece of wire can be sewn into the edge of the mask where the bridge of the nose is to prevent glasses fogging up while wearing your mask.

STEPS

1. Use the pattern template provided to draw out the mask shapes on the fabric.

2. Draw the embroidery pattern onto the right side of the outer layers of your mask. Use an embroidery hoop and thread to embroider your pattern.

3. Cut out the mask pieces from the fabric.

4. Pin the outer layer pieces right side together along the FRONT CURVE and sew the curve.

5. Place the two inside layers right sides together then sandwich the lining layers on either side creating a 4 layered fabric sandwich. Pin and sew through all four layers along the FRONT CURVE.

6. Cut two 15cm lengths of elastic.

7. Pin the ends of the elastic to the right side of the inside layer at the circles marked on the template. Be sure to pin and baste through both inside and lining layers and so raw edges line up.

8. Open the fabric pieces and place the right sides of the outer and inside pieces together.

9. Pin around edges making sure not to catch the elastic loop and sew leaving a 4cm gap at the bottom of the mask.

10. Turn right side out so your embroidery is on one side, plain on the other and elastic loops on either end.

11. Turn in seam allowance, press and stitch shut.

12. Wash the mask with regular laundry soap or by hand with soap and allow it to dry completely before wearing. This will sterilise the mask and remove your drawn markings.

13. Wash your hands with soap, or use disinfectant with at least 60% alcohol then pick up the mask and place it over your mouth and nose catching the loops over your ears to hold it in place.

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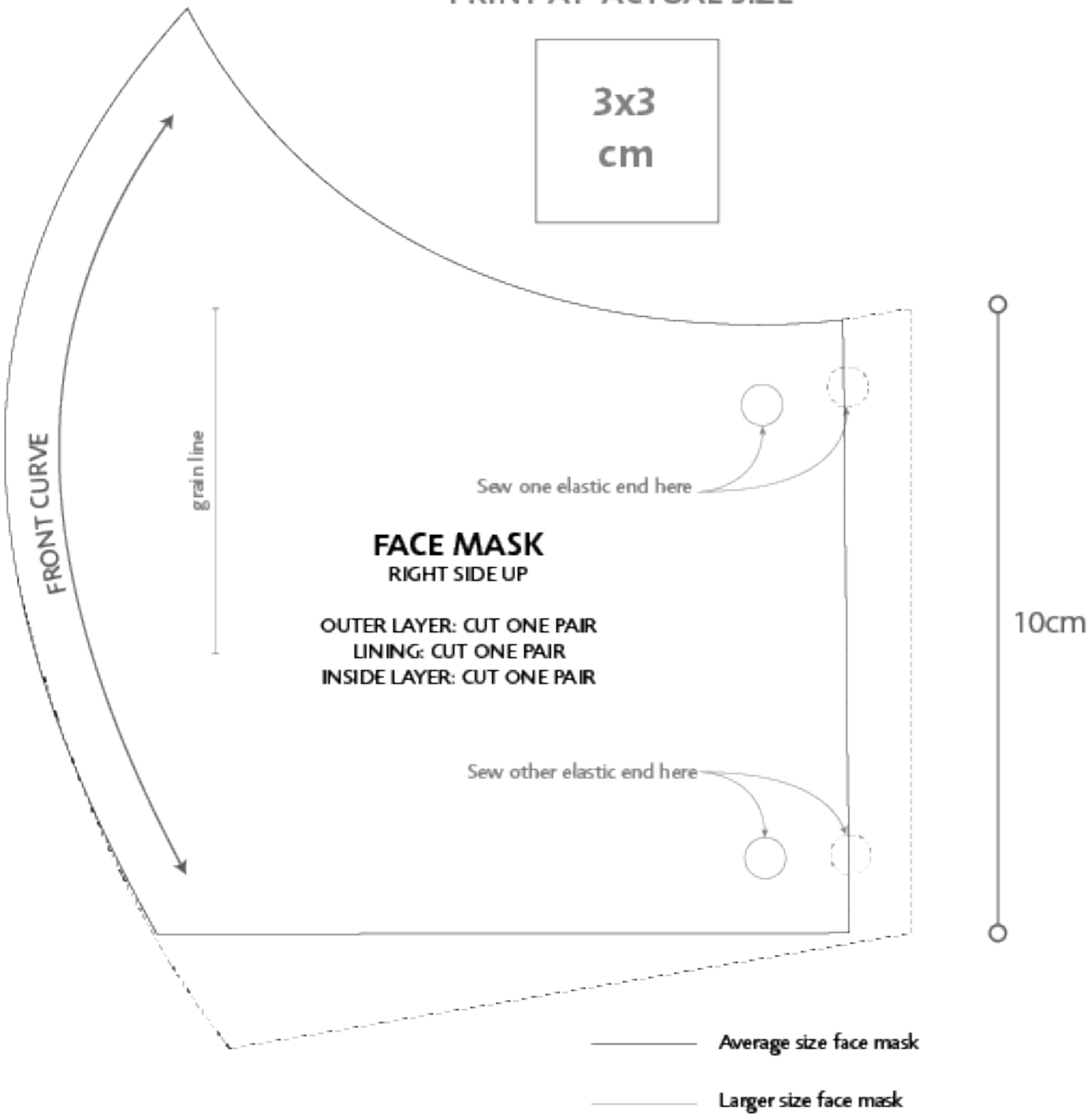
PRINT AT "ACTUAL SIZE"



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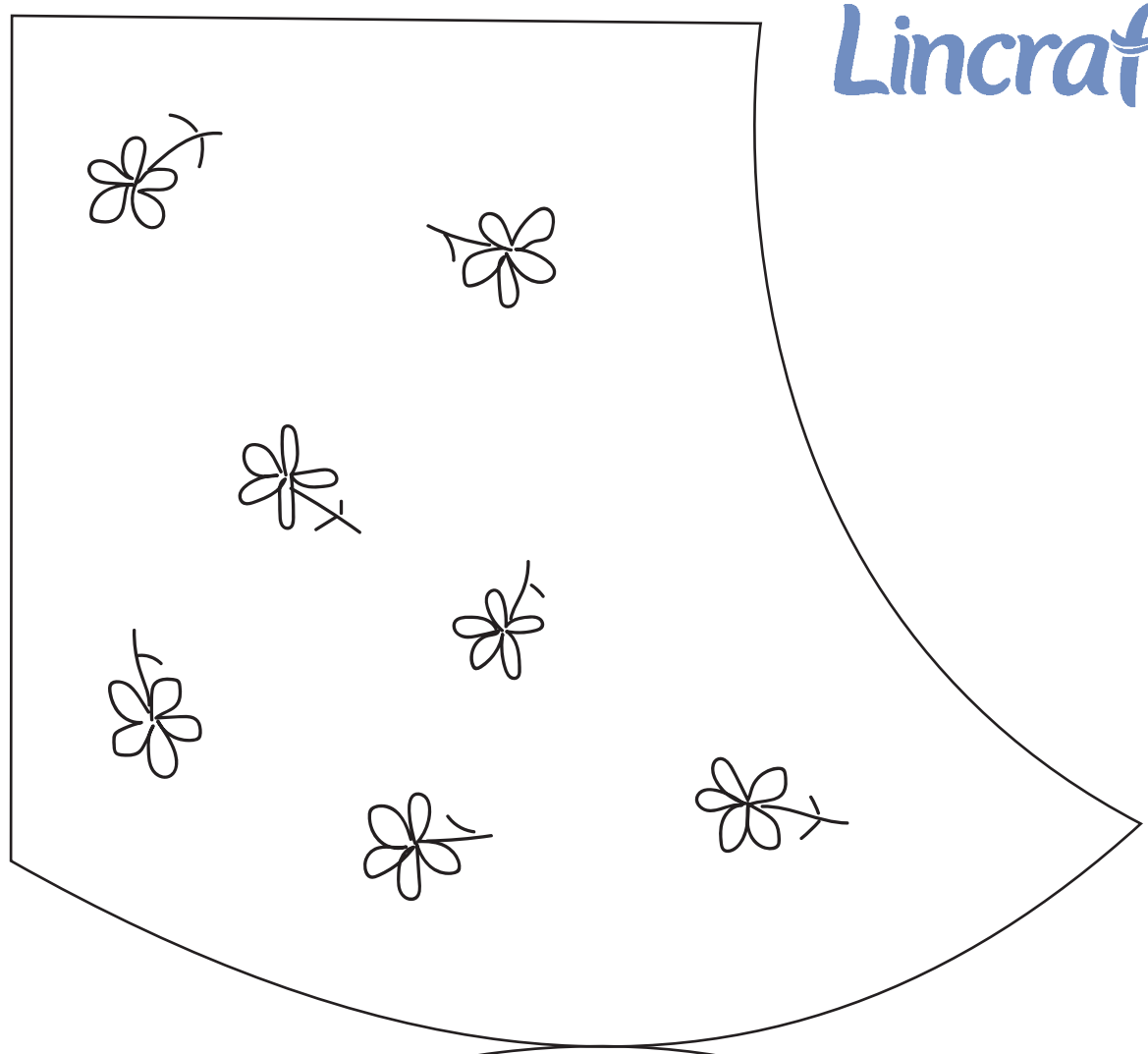

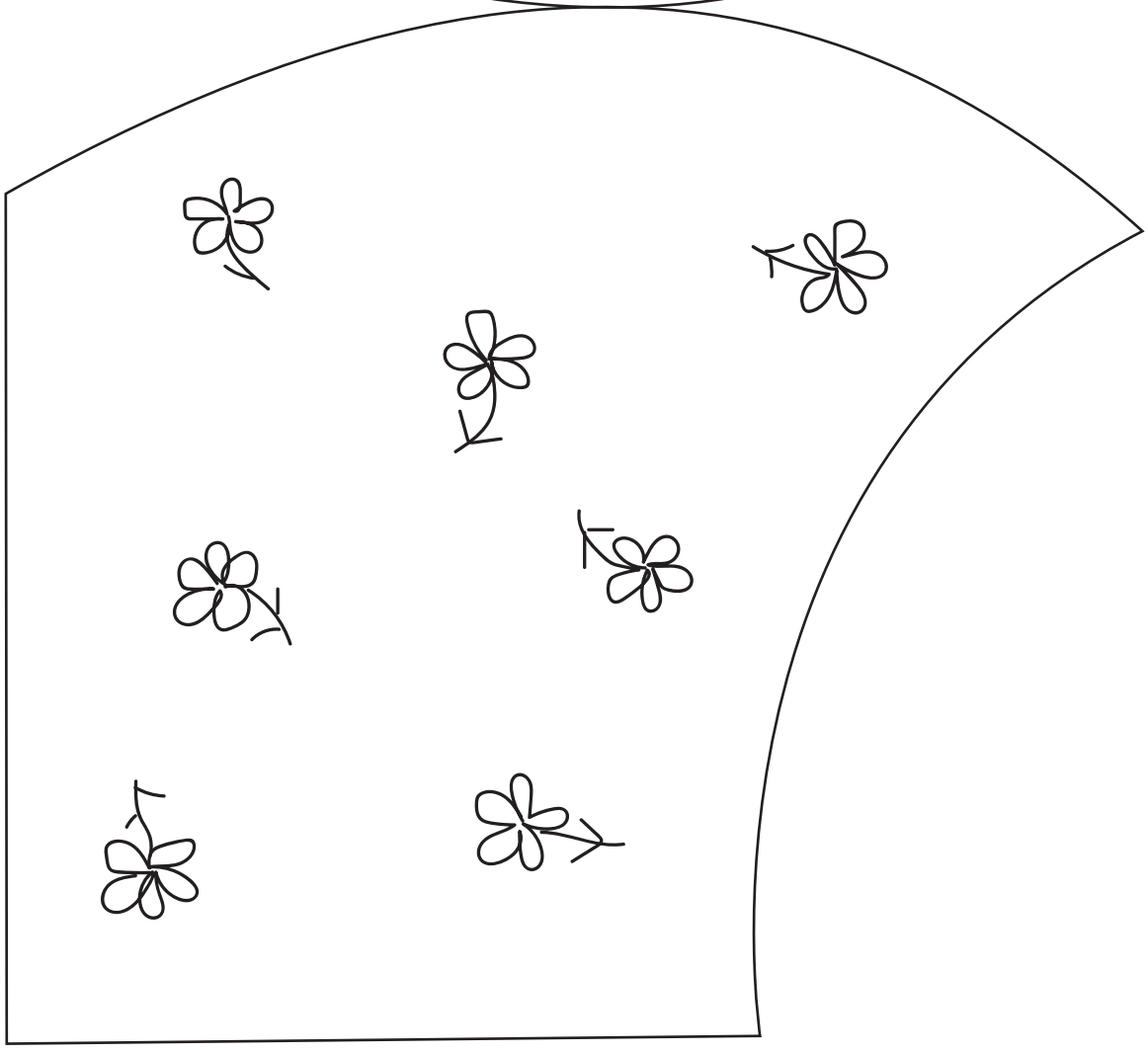

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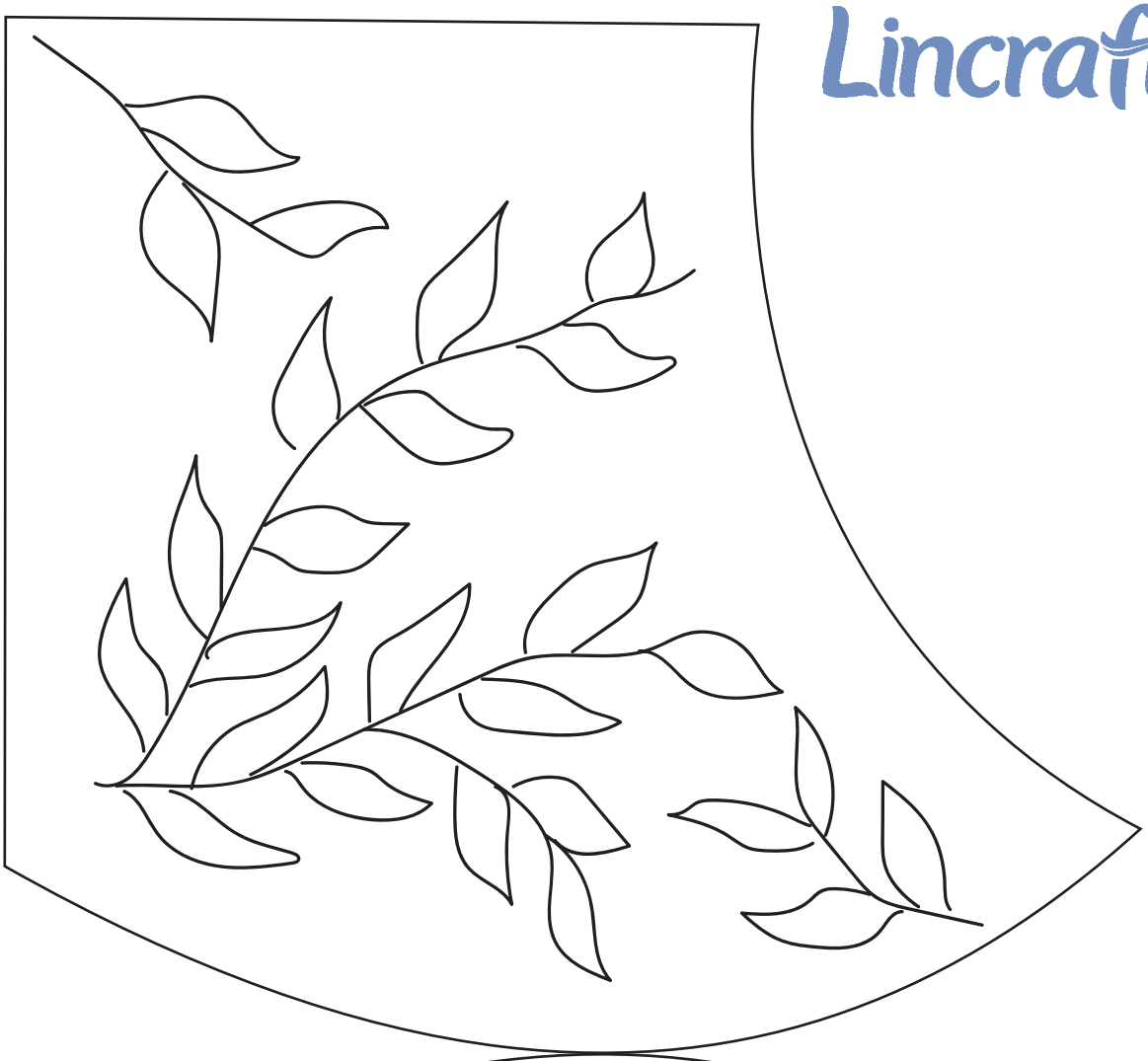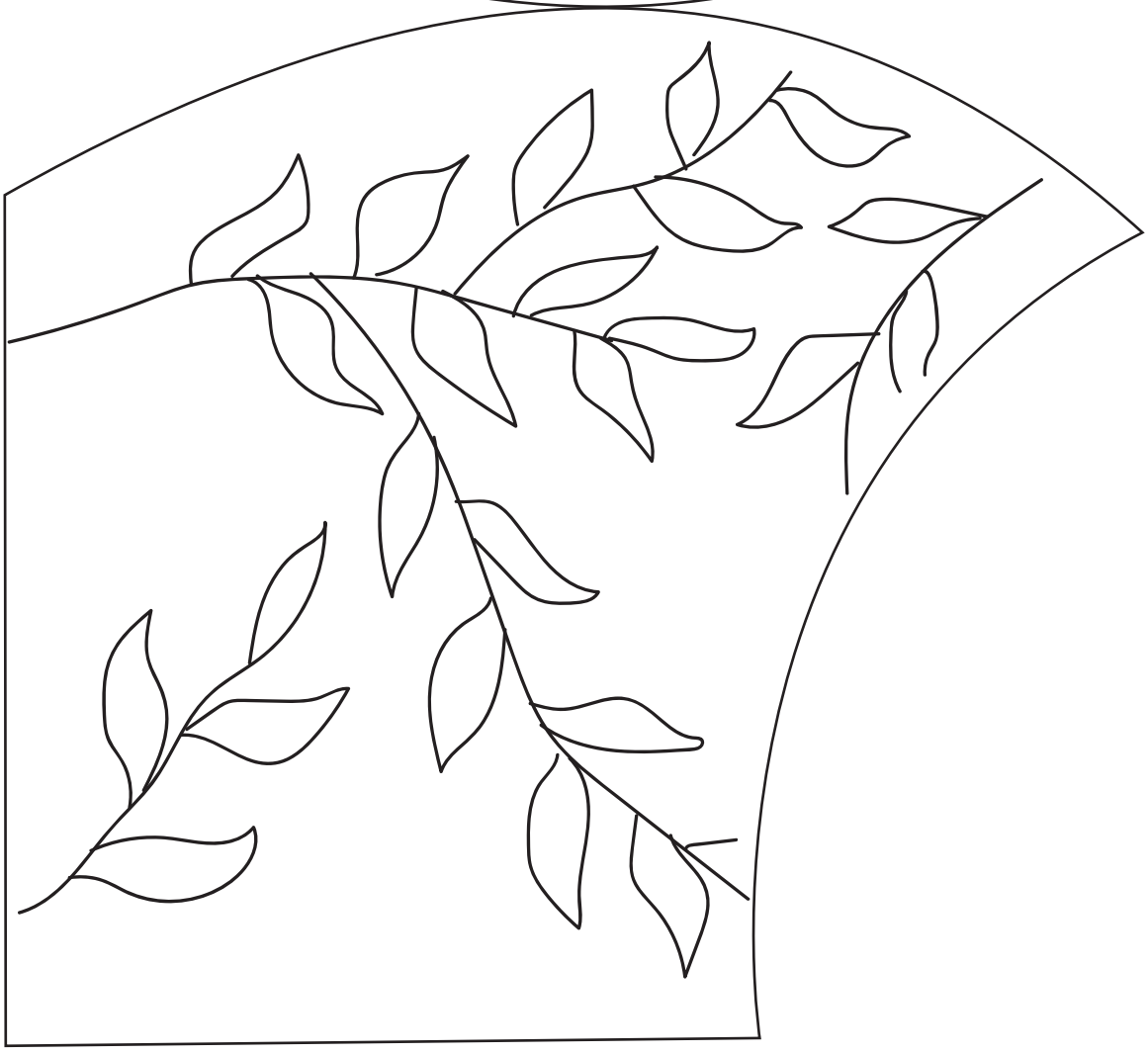
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