

how to
make

Lincraft



No-Sew Face Mask

#A745

PLEASE NOTE: Keep up to date with the latest health advice provided by the Government and the World Health Organisation in regards to cleanliness, hygiene and how to properly wear a mask.

- www.health.gov.au/resources/publications/coronavirus-covid-19-information-on-the-use-of-surgical-masks
- www.who.int/emergencies/diseases/novel-coronavirus-2019/advice-for-public/when-and-how-to-use-masks
- <https://www.dhhs.vic.gov.au/face-masks-covid-19>

DIFFICULTY ●○○

Approximate Time of Project: 20 minutes

MATERIALS

- 25x20cm plain cotton or polyester
- 25x40cm printed cotton fabric
- Bias binding

EQUIPMENT

- Fabric glue
- Fabric scissors
- Iron (optional)

HELPFUL HINTS

- Once on your face the mask should not be touched until removed. At which point you put it in a sealed plastic bag until you are able to wash and dry it. Because of this we recommend making a few so you always have one ready to go.
- Elastic has not been used in this pattern as it is unlikely the glue will sufficiently hold the strain of the elastic.
- This mask has three layers of fabric to make it. This will ensure it holds its shape and structure better and provides more protection.
- A 10cm piece of wire can be glued into the edge of the mask where the bridge of the nose is to prevent glasses fogging up while wearing your mask.
- Wash mask with regular laundry soap or by hand with soap and allow to dry completely before wearing.

STEPS

1. Cut the following:
 - Printed fabric- two 25x20cm rectangles.
 - Plain fabric- one 25x20cm rectangle.
 - Bias binding- two 90cm strips.
2. Place a rectangle of printed fabric right side down on your table. Run a line of glue around all four edges.
3. Lay the second piece of printed fabric on top of the first and press edges together along the glue. Allow to dry.
4. On the wrong side of the printed fabric run a line of glue on a 25cm edge. Create a hem by turning 1cm of the edge over and stitching to the glue. Repeat on the other 25cm edge and for both 25cm edges on the plain fabric. Allow to dry.
5. On the wrong side of the plain fabric run a line of glue around all four edges. Place the printed fabric on top of this so the wrong sides are together. Allow to dry.
6. Pleat your mask lengthways and glue pleats shut on the raw edges only.
7. Mark the middle of your bias binding. Line this up with the middle of the side of your mask at the sealed pleats.
8. Fold your bias binding in half so the raw edges are hidden inside.
9. Sandwich the sealed pleated edge in the bias binding and glue. Repeat for the other side of the mask with the second strip of bias binding. Allow to dry.
10. Glue the bias binding ties together so the raw edge is sealed inside. Allow to dry completely.
11. Tie the top ties of the mask together behind your head. Tie the lower ties together behind your head. Open the pleats at the front of your mask so it covers your mouth, nose and sits below your chin.

