



how to  
make

Scrunchie

#A640

**DIFFICULTY** ● ● ●

**Approximate Time of Project:** 30 minutes

**MATERIALS**

Fabric  
Thread  
Elastic

**EQUIPMENT**

Fabric scissors  
Iron  
Sewing machine (or sewing needle)  
Safety pin (for pulling elastic through)  
Pins

**STEPS**

1. Cut a rectangle of fabric 15x45cm (seam allowance included).
2. Fold 1cm of fabric over at one end and iron down.
3. Fold fabric lengthways with right sides together.
4. Sew along long side to create a tube.
5. Turn right-side out.
6. Cut elastic 15cm long.
7. Thread elastic through the tube, holding the end.
8. Once elastic is sticking out both ends knot securely.
9. Move the knot to the opposite side of the tube.
10. Slip the unhemmed end into the hemmed end and pin.
11. Sew the ends down.

