



Instructions

Step 1: Shibori is a Japanese method of resist dyeing cloth to create patterns. Patterns are created by twisting, folding, and binding. It can be unpredictable, but the effects are spectacular, and using commercial dyes can give you a range of colours to give your project more depth.

Step 2: By folding the t-shirt we will create areas that will receive much less dye this will create the white areas in the design and the lines will be the areas that receive the dye.

Step 3: Lay the T-shirt down flat and fold it in half lengthways, then fold it in lengthways 2 more times for each side. You should have a long piece of fabric that is concertina folded.

Step 4: Concertina fold the t-shirt again so that you have a small rectangular package approximately 10x12cm big. It will be fat but that is ok.

Step 5: Sandwich the fabric in between the two pieces of plastic, and hold it in place with the rubber bands. Place 2 evenly spaced lengthways, and 2 crossways it should look like a naughts and crosses game.

Step 6: Put on your rubber gloves and mix the dye following the instructions on the bottle, and submerge the bound t-shirt. How long you leave the t-shirt will determine how strong the colour is. Ours bathed for 40 minutes. Just let the package soak you don't need to agitate the water for this project.

Step 7: Fill a bucket with cold water, and wearing rubber gloves submerge the package. Swish it around until the dye runs out. Then remove the rubber bands and plastic resist and open the t-shirt. Keep rinsing until the water runs clear, then hang your t-shirt to dry.