

# WASH OR IRON BEFORE FIRST USE



**Clean your hands.** Before touching the mask, wash your hands thoroughly with both soap and water.



**Loosely tie the elastic strings and pull the elastic loops over your ears.** Put one loop over left ear and the other over right ear. **Be sure the metal nose clip is on top.**



**Starting at the top, using both hands, mold the metal nose clip around your nose to achieve a secure seal.**



**Fit the mask to your face and under your chin.** Once the mask is completely secured, adjust to ensure it covers your face and mouth, and bottom edge of mask is under your chin. **Now that you have created your proper fit, remove the mask and securely tie the ends of the elastic loops.**

## MASK SPECIFICATIONS

**Outer layer:** Polyester compound 200gsm  
Lightweight yet durable double knit fabric  
for 2 x the protection from droplets

**Inner layer:** 100% cotton 135gsm  
Hypoallergenic and comfortable inner layer  
with inbuilt pouch for antiviral filters to fit  
Full mask is washable up to 90 degrees and  
can be ironed

**Ties:** Elastic spandex compound that  
ties/adjusts.

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**This mask should NOT be used as a replacement for conventional and approved Personal Protective Equipment. It has not been industry tested nor has it been approved by any governmental authority.**

**Material and ink meet these international safety standards:** ISO 14389; ISO 14184-1; ISO 9237; ISO 14362-1; ISO 14362-3.  
No further safety or guaranty claims are made.  
Use at your own risk and discretion.

## IMPORTANT INFORMATION

Wearing this face mask is not a guarantee that you won't get sick – viruses can also transmit through the eyes and tiny viral particles, known as aerosols, can penetrate masks. However, masks are effective at capturing droplets, which is a main transmission route of coronavirus, and some studies have estimated a roughly fivefold protection versus no barrier alone (although others have found lower levels of effectiveness).

If you are likely to be in close contact with someone infected, a mask cuts the chance of the disease being passed on. If you're showing symptoms of coronavirus, or have been diagnosed, wearing a mask can also protect others.

**Canad Face Covering does not claim to completely protect or prevent you from contracting or transmitting COVID-19 or any other airborne virus, bacteria**

or other disease. Face and mouth masks are barriers to help confine droplets caused by sneezing or coughing.

Our masks act as a simple barrier between you and the world. As with all health decisions, please consult with your doctor or medical professional to determine compatibility and suitability with your personal situation.

We still advocate social distancing in line with the government's advice. For further information please refer to:

<https://www.canada.ca/en/public-health/services/diseases/2019-novel-coronavirus-infection/prevention-risks/instructions-sew-no-sew-cloth-face-covering.html>