



# AMA LABORATORIES

## AN INVESTIGATION INTO THE EFFICACY OF TOPICALLY APPLIED ADONIA LEGTONE TO REDUCE THE APPEARANCE OF CELLULITE IN 9 MINUTES

MS08.INUSE.L3111.REP1.GKL

Within the limits imposed by the conduct and population size of the study described herein, the test product (AMA Lab No.: L-3111; Client No.: Adonia Legtone Serum) when used in accordance with the intended package directions demonstrated statistically significant average improvement of 47% in the first 9 minutes with a maximum of 67% reduction in the visual appearance of cellulite observed. Further, this phenomenon was documented and confirmed during the course of the study.

One test samples labeled Adonia LegTone Serum, were received from Adonia Organics LLC and assigned AMA Lab No. L-3111.

The purpose of this study is to evaluate the efficacy of a topically applied body cream product intended to reduce the appearance of cellulite after 9 minutes. Assessments were conducted visually and photographically.

Standards for Inclusion in the Study:

- Individuals between the ages of 35 and 60.
- Individuals in general good health and free of any dermatological or systemic disorder that would interfere with the results or increase the risks of study participation, at the discretion of the Investigator.
- Individuals with no hair in test site areas that would interfere with instrumental readings.
- Individuals who have completed a preliminary medical history and screening document mandated by AMA Laboratories, Inc.
- Individuals who have read, understood and signed an informed consent document required by CFR Title 21, Part 50, Subpart B regulations.
- Individuals able to cooperate with the Investigator and the research staff and are willing to complete the full course of the study.
- Individuals who understand the instructions for use and are willing to cooperate with the program as stated.
- Individuals with no known abnormal responses to topically applied products.
- Individuals who have abstained from using any topical treatment products for a period of 72 hours prior to study commencement and during the test period.

Prior to initiating the study, a signed informed consent was obtained, in accordance with CFR Title 21, Part 50, Subpart B, from each panelist, describing reasons for the study, possible adverse effects, associated risks and potential benefits of the treatment and their limits of liability. Each subject was assigned a permanent identification number and completed an extensive medical history form. These forms along with the signed consent forms are available for inspection on the premises of AMA Laboratories, Inc. only.

Reference: CFR Title 21 Part 56, Subparts A, B, C, and D. The IRB of AMA Laboratories, Inc., consists of five or more individuals, chosen from within the company for technical expertise and also from the local community for lay interaction. The list of IRB members is kept on file at AMA Laboratories, Inc., and is available for inspection during the hours of operation.

Healthy females between the ages of 26 and 57 were inducted into this study. The subjects were pre-qualified for participation by the Study Director based on the presence of visible cellulite in the thigh region. In order to pre-condition the test sites and keep all topical treatments consistent during the study, the panelists were required to abstain from using any moisturizers or topical treatment products, including lotions, creams and gels, for a period of 72 hours prior to study commencement and to use only the assigned test material throughout the study period.

All participants were instructed to apply the test material according to the sponsor-supplied directions.

Visual assessments were collected prior to application and again after 9 minutes. On the evaluation days, panelists reported to the clinic without any topical treatments. Upon arrival, panelists were allowed to equilibrate to the ambient environment for 30 minutes prior to test material application.

The following distinct noninvasive method was employed as the evaluation parameter:

#### Cellulite Reduction

Quantification of the cellulite condition was performed by a trained technician, using a modified and expanded version of the Fitzpatrick Wrinkle Evaluation Scale (ten-point monadic scale), with one (1) representing the least visible discoloration and ten (10) showing the maximum condition in the region selected. Each woman and her condition were evaluated, graded and separately photographed, by a scientific photographer, prior to the product being applied. The product was then applied in accordance with the intended package directions and graded again 9 minutes later.

The modified and expanded 10-point monadic scaling method allows for the qualification and measurements of efficacy and is expressed as a percentage of cellulite reduction for each subject.

The photographs of each woman's selected cellulite region were placed side-by-side to compare the pre-treated area with the post-treated area. The set of photographs thus provided a visual record of the efficacy of the product.

All technical employees of AMA Laboratories, Inc. are required to take and pass a visual discrimination examination conducted by a Board-Certified Ophthalmologist using the Farnsworth-Munsell 100 Hue Test as published; which determines a person's ability to discern color against a black background. This test was additionally modified to include a flesh-tone background more nearly approaching actual use conditions, wherein erythematous skin is graded according to intensity.

1) Fitzpatrick, R.E., Goldman, M.P., and Tope, W.D., Pulsed carbon dioxide resurfacing of photo-aged facial skin, *Arch. Dermatol.*, 132 (1996) 395-402.

The source data are: Visual scoring prior to application and again after 9 minutes and submitted January, 2009 for review. The data used in the statistical analysis reflect changes from baseline.

No adverse effects or unexpected reactions of any kind were observed on any of the subjects.

Within the limits imposed by the conduct and population size of the study described herein, the test product (AMA Lab No.: L-3111; Client No.: Adonia Legtone Serum) when used in accordance with the intended package directions demonstrated statistically significant average improvement of 47% in the first 9 minutes with a maximum of 67% reduction in the visual appearance of cellulite observed. Further, this phenomenon was documented and confirmed during the course of the study.