

Themed *Healthy Local Food for All*, this is a zero-waste, FREE festival celebrating the virtues of eating locally grown and produced food from Massachusetts and New England. The festival features freshly harvested produce, meat and seafood, locally produced artisan beverages, delicious dishes for \$6.99 sets created with local ingredients, and takeaways from Made in New England producers. Festivalgoers can engage with farmers, chefs and entrepreneurs, learn from exhibits and demonstrations about gardening, cooking, nutrition, health and exercise while enjoying festive music by local musicians!

6th ANNUAL BOSTON LOCAL FOOD FESTIVAL 2015

ACTIVITIES:

- 1 CommonWealth Kitchen
 - 2 Seafood Throwdown
 - 3 New England Village
 - 4 Family Fun Zone
 - 5 Chef Demos
 - 6 Music & Dancing
- Information
 - Parking
 - Specialty/Farms
 - Food Trucks
 - Restaurants
 - Exhibitors
 - Hubway
 - Restrooms
 - Bike Racks
 - Drinking Fountain



THE FESTIVAL MAP
Download Official Festival Map



bostonlocalfoodfestival.org



FESTIVITIES SCHEDULE

NEW ENGLAND VILLAGE

Discover the '50 by 60' Food Vision for New England presented by Food Solutions New England. Learn from the authors about the Vision and how you can play a role. Taste and enjoy what the region has to offer from vendors representing each state of New England.

12:00 - 12:30 PM Food Solutions New England hosts a press conference to give an update on the New England Food Vision, which calls for our region to build the capacity to produce at least 50% of clean, fair, just and accessible food for all New Englanders by 2060.

FAMILY FUN ZONE

(Rings Fountain and an Lawn on Zone B along with Eichelman Aerial Rope Sculpture)

Family Fun Zone is presented by: The Trustees, KAS Consulting, and The Rose F Kennedy Greenway.

Visit the Family Fun Zone for Goats, Fruit & Veggie Printmaking, a Cherry Tomato Sculpture Competition, the New England Aquarium Tidal Pod, Bean Bag Toss & More!

- 11:00 AM - 2:00 PM Veggie Tattoos & Mystery Box with ChopChop Magazine
- 11:00 AM - 3:00 PM Kite Making & Take a Closer Look with Cambridge Science Festival & Science on the Street
- 11:00 AM - 4:00 PM Seed Ball Making & Apple Cider Press with Spontaneous Celebrations & Boston Food Force Coalition
- 11:30 AM - 12:30 PM Bollywood Dance with Shikha Bajpai from Bollywood Studios
- 12:00 - 4:00 PM Eichelman Aerial Rope Sculpture activities with Arts Ambassadors
- 12:00 - 1:00 PM Dance with Me & Round and Round on the lawn with Body by Brandy 360
- 1:00 - 1:30 PM Grand Ole Goats from Chestnut Hill Farm
- 1:30 PM Greenway Public Art Tour with Arts Ambassadors
- 1:30 - 2:00 PM Bollywood Dance with Shikha Bajpai from Bollywood Studios
- 2:00 - 2:30 PM Grand Ole Goats from Chestnut Hill Farm
- 2:30 - 4:00 PM Family Yoga on the Lawn with Health Yoga Life & Beacon Hill Studio
- 4:00 PM Cherry Tomato Sculpture Winner Announcement

LET'S DANCE BOSTON

- Hosted by Celebrity Series
- 3:00 - 3:45 PM Group Swing Dance Lessons
- 4:00 - 5:30 PM Live Music & Open Dancing

DEMO SCHEDULES

- LE CORDON BLEU CHEF DEMOS**
- 11:00 - 12:00 PM Chef James Henry
- 12:00 - 1:00 PM Chef Eric Ullman
- 1:00 - 2:00 PM Pankaj Pradhan, The Red Lentil - "Vegan, Gluten-Free Risotto Cake?"
- 2:00 - 3:00 PM Dr. PK Newby, The Nutrition Doctor - "Live Your Healthiest Life. Delicious!"
- 3:00 - 4:00 PM Chef Paul O'Connell

NORTHWEST ATLANTIC MARINE ALLIANCE'S FISHTOCK

- Fishtock is presented in partnership with the Northwest Atlantic Marine Alliance and highlights cooking with local day-bay seafood.
- 12:30 - 2:30 PM Seafood Throwdown featuring Women of Fishing Families out of Chatham, MA vs. Women of New England Fish Mangers out of Dover, NH. Using a mystery catch and ingredients purchased at the Festival, the teams will compete to create the most delicious dish!
- 3:00 - 4:00 PM Crab Demos, Chiz who Fish will use the underutilized Jonah Crab to create delicious crabcakes.



ON THE GREENWAY NEAR AQUARIUM STOP
www.bostonlocalfoodfestival.org



@BostonLocalFood #BLFF15

