

AROMA BLENDS ENHANCE YOUR WELLBEING



A blend is a combination of essential oils and one or more carrier oils combined together for a specific therapeutic purpose or to nourish the skin.

- Choosing your own essential and carrier oils is a divine experience and means you know exactly what is in it and is for your particular needs.
- You can choose to select from our vast range of existing, proven, prepared aromatherapy blends or design your own.
- Blends are to be massaged onto the skin for maximum absorption to help aches, pain, circulation and aid the lymphatic system, stretch marks and more!



AROMAFLEX

Scent for a healthier future

BEAUTIFUL FEEL GOOD BLEND

Apricot, Petitgrain,
Grapefruit,
Geranium, Rose
otto and Neroli.

*Use daily on body
and face to uplift
the mind & body*

GENERAL ACHES & PAINS BLEND

Grapeseed, Black
pepper, Lavender,
Eucalyptus and
Roman
chamomile.

*Rub onto tired,
aching limbs or
muscles.*

STRETCHMARK PREVENTION #1 BLEND

Almond,
Wheatgerm,
Lavender, Orange,
Frankincense and
Lemongrass.

*Tones and aids
skin elasticity.
Prevents stretch
marks.*

BEAUTIFUL FACIAL BLEND

Jjoba and Rose
otto.

*Apply to face and
neck daily. Great
for all skin types.*

OOS / RSI BLEND

Grapeseed, Arnica,
Black pepper,
Roman & German
chamomile and
Wintergreen.

*Massage onto
strained, tense or
painful affected
muscles and joints
daily.*

RELAXATION BLEND

Apricot, Bergamot,
Geranium and
Sandalwood.

*Calming &
relaxing. Helps
relieve anxiety,
depression and
nervous tension.*

SENSUOUS BLEND

Almond, Patchouli,
Sandalwood and
Ylang Ylang.

*Aphrodisiac
qualities help
create a sense of
peace and love.*

MENS FACIAL BLEND

Apricot, Jjoba,
Patchouli,
Cedarwood,
Virginian and
Sandalwood.

*Use daily after
shave moisturiser
to relieve
inflamed, rough or
cracked skin.*

INFANT MASSAGE BLEND

Apricot, Roman
chamomile and
Lavender.

*Massage onto
baby just after
bath and / or
before bed time.*

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