

CAREGIVER

a love story



when love isn't enough.

CAREGIVERALOVESTORY.COM

DIRECTED AND PRODUCED BY JESSICA NUTIK ZITTER, MD & KEVIN GORDON
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FEATURING BAMBI FASS, RICK TASH, MYA TASH, JESSICA NUTIK ZITTER, RABBI GERSHON ALBERT
CINEMATOGRAPHY BY CLARE MAJOR & SHALEECE HAAS EDITED BY KEVIN GORDON MUSIC COMPOSED BY WILLIAM RYAN FRITCH



STUDY GUIDE

Caregiver: A Love Story

caregiveralovestory.com

Available for educational screening at
gooddocs.net/products/caregiver

PART I

Preparing to Watch the Film



The film you are about to see, “Caregiver: A Love Story,” tells the story of Rick Tash as he cares for his dying wife over the last 9 weeks of her life. Rick is one of the 53 million family members caring for sick, disabled, or dying loved ones at home. In witnessing his experience up close and personal, we begin to learn about Family Caregiver Burden—the rising public health crisis that is affecting one out of five Americans.

Before watching the film, we invite you to reflect on the five statements in the table below. Explain your thinking in the spaces provided. After watching the film you will have a chance to confirm, change, or expand on your responses.

Statement

Agree or disagree

Why?

It's better for a person needing care to live at home.

It is our duty to care for a loved one at home.

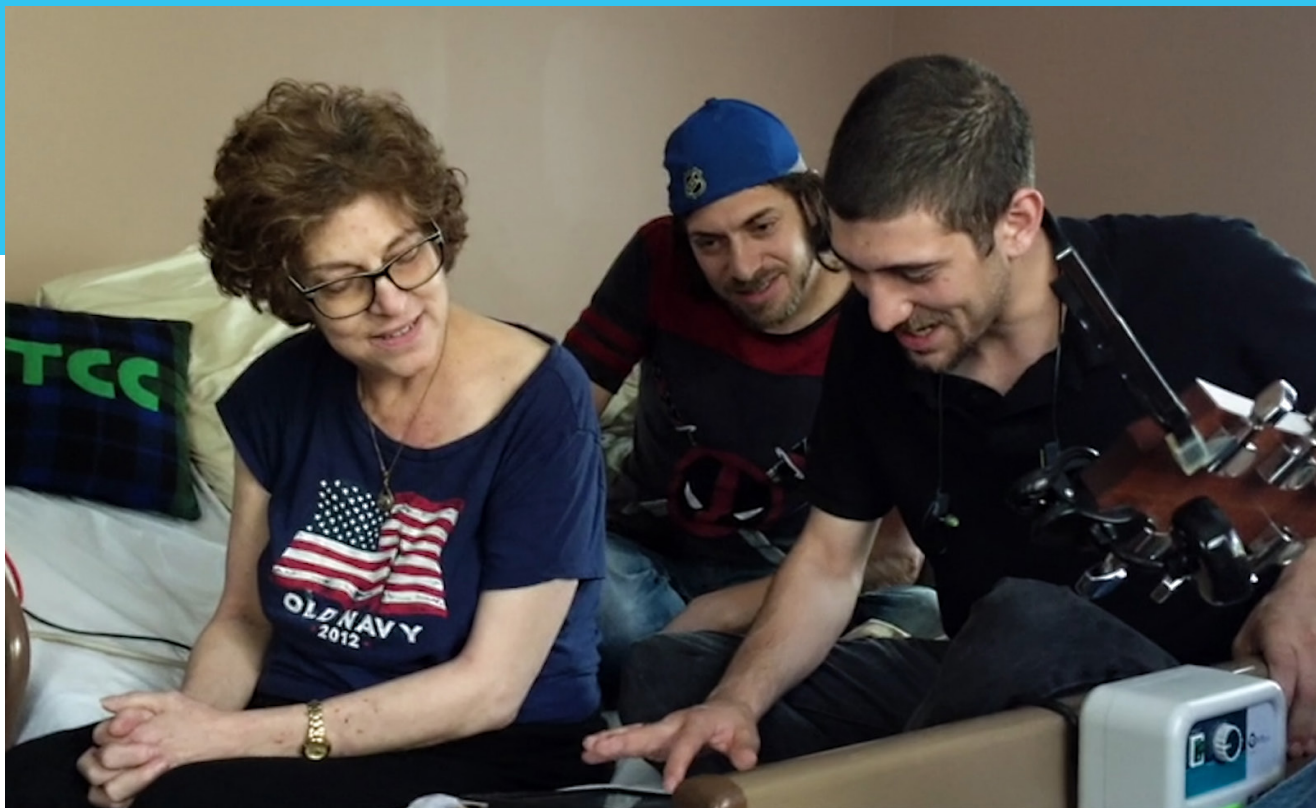
Family caregivers get a lot of support from hospice.

Strong family, friend, and community relationships make caregiving a lot easier.

There are a lot of formal resources and support for family caregivers.

PART II

While watching the film



As you watch the film, identify and list some of Rick’s challenges—physical, emotional and financial—over the course of his 9 weeks of caregiving.

Examples of physical challenges	Explain your thinking.
1.	1.
2.	2.
3.	3.

Examples of emotional challenges	Explain your thinking.
1.	1.
2.	2.
3.	3.

Examples of financial challenges	Explain your thinking.
1.	1.
2.	2.
3.	3.

PART III

After watching the film



There were many systems that were involved in Rick's life over the course of the last 9 weeks of Bambi's life.

Can you think of any missed opportunities where those institutions or people could have taken more of a load off of Rick?

Missed Opportunities:
Healthcare System

1.

2.

3.

Missed Opportunities:
Employment System

1.

2.

3.

Missed Opportunities:
Friends, Family, & Community

1.

2.

3.

Missed Opportunities:
Social Services

1.

2.

3.

PART IV

After discussing the film



Now that you've explored family caregiver burden, please revisit your initial responses to the following questions.

Statement	Agree or disagree	Why?
It's better for a person needing care to live at home.		
It is our duty to care for a loved one at home.		
Family caregivers get a lot of support from hospice.		
Strong family, friend, and community relationships make caregiving a lot easier.		
There are a lot of formal resources and support for family caregivers.		

NEXT STEPS

Your main takeaways from the film:

- 1.
 - 2.
 - 3.
-

What changes would you like to see for caregivers like Rick?

In the workplace:

-
-
-

In the healthcare system:

-
-
-

With friends and families:

-
-
-

In government and community:

-
-
-

Visit our resources page

caregiveralovestory.com/resources