

FARMINGDALE MEAT MARKET
210 MAIN STREET
FARMINGDALE, NY 11735
516-249-8200

COOKING DIRECTIONS FOR A LEG OF LAMB PURCHASED AT FARMINGDALE MEAT MARKET

*An hour prior to cooking, take leg of lamb out of refrigerator and let meat sit at room temperature.

*Season with salt, pepper, garlic powder and onion powder.

*Preheat oven to 350 degrees.

*Cook for 2 hours and 45 minutes at 350 degrees for medium.



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Farmingdale Meat Market
The Finest Meats Since 1946