

V
紓適寧
VITAS

星級
 淋巴管理產品
 管理好您的淋巴系統



法國製造
 天然草本成份
 不含西藥、不含激素
 MADE IN FRANCE
 NATURAL HERBAL INGREDIENTS
 NO WESTERN MEDICINE, NO HORMONE

淋巴系統是人體第二套循環系統
 Lymphatic System is the 2nd Circulation of Human Body

紓適寧淋巴管理啫喱膏
 VITAS Soothing Cream Gel

淋巴不暢的原因
 Reasons for Poor Lymph



精神緊張、壓力
 Stress, tension
 疲勞、睡眠不足、缺乏運動
 Fatigue, lack of sleep and exercise
 血液循環不佳
 Poor blood circulation



不良生活習慣包括吸煙、酒等
 Bad living habits such as smoking and drinking
 負面情緒、年紀漸長
 Anxiety, Ageing

淋巴系統功能：排毒、免疫、修復
 Function of Lymphatic System: Detoxification, Immunity, Repair



- 1 排走廢物和毒素 Waste discharge and Detox
- 2 增強免疫功能 Improve immunity
- 3 修復身體機能 Repair body function

珍貴天然草本精華配方
 natural herbal ingredients

快速滲透，不油膩，不留氣味
 Very absorbent, non-sticky & leaving skin silky soft



產品有效成份
 Active Ingredients



葡萄籽
 Vitis Vinifera (Grape Seed) Essence
 抗氧化-Anti-oxidant
 改善血液循環
 Enhance blood circulation
 改善淋巴腫脹
 Enhance lymphatic wellness



綠花白千層
 Melaleuca Viridiflora Essential Oil
 防腐殺菌-Antiseptis
 護理皮膚感染-Anti-skin infection
 緩解神經-Nerve relief
 舒緩疼痛-Relieve pain



尤加利
 Eucalyptus Globulus Essential Oil
 防細菌滋生、潰瘍及炎症
 Antiseptis & anti-inflammatory
 鎮靜作用-Calming effect

啫喱膏使用說明
 Direction to Use (Cream Gel)

1

情況：
 -肩頸不適、失眠
 -落枕（俗稱翻頸頭）
 Situation:
 -Tired neck & poor sleep quality
 -Pulled neck/shoulder

用法：
 -每天早晚各一次
 -每天數次
 Application:
 -Twice daily (morning & night)
 -Several times daily

2

情況：
 下肢腫脹勞損、血筋凸現、肌肉疼痛、僵硬
 Situation:
 Relax swollen, heavy, tired and irritated lower limb/Refresh sore and fatigue muscles

用法：
 按圖加患處，早晚各一次
 Application:
 Apply Per Fig Below + problem areas, twice daily (morning & night)

3

情況：
 血液及淋巴循環，排水、排毒
 用法：
 早晚各一次

Situation:
 Enhance blood & lymphatic circulation/drainage

Application:
 Twice daily (morning & night)

啫喱膏使用說明
 Direction to Use (Cream Gel)

4

情況：
 女性週期感到不適
 Situation:
 Menstrual pain & discomfort

用法：
 每天早晚各一次（預計經期開始前七天使用）
 Application:
 Twice daily (7 days in advance of expected menstrual period)

5

情況：鼻塞
 用法：有需要時使用
 Situation: Stuffed sinus
 Application:
 Apply when necessary

用後反應（以用後三分鐘為限）

- 很快有滲透涼的感覺，表示該部位的情況較理想。
 - 稍遲才有滲透涼的感覺，表示該部位的情況較疲勞。
 - 感覺和暖、熱甚至有微汗，表示該部位的情況較差。
 - 完全沒有感覺，表示該部位的情況非常疲勞，應每三分鐘重複使用一次，直到有涼快感覺為止。
- *紓適寧功效的快、慢、強、弱取決於淋巴的暢通程度。
 註：用前搖勻，先用於上、中、下部淋巴+有問題部位。

Likely reactions after use (within 3-minute time frame)

- Instant cooling sensation shows normal condition.
- Delayed cooling sensation shows undesirable condition.
- Feeling warm, hot or even sweat slightly shows bad condition.
- No feeling at all shows the worst condition. Should repeat using every 3 minutes until feeling cool sensation.

*Maximization of VITAS' efficacy depends on lymphatic clearance.

Remarks: Shake well before use. Must use on Upper, Middle & Lower lymphs + problem areas.

國內網購



香港網購



總代理：舒適寧有限公司
Sole distributor: VITAS Limited

電話 Tel: 852 3167 7081

傳真 Fax: 852 3167 7082

網站地址 Website: WWW.VITAS.COM.HK

地址：香港銅鑼灣維多利亞道26號凱基商業大廈11樓
Address: 11/F, Capital Commercial Building,
26 Leighton Road, Causeway Bay, Hong Kong

舒適寧淋巴管理膠囊 VITAS Capsule



珍貴天然草本精華四合一複方
natural herbal ingredients - 4 in 1 formulation

植物膠囊 (適合素食人士)

Vegetable Capsule

(Suitable for vegetarian)

不含色素, 不含防腐劑

No colouring, no preservative

產品有效成份 Active Ingredients

紅葡萄葉

Vitis Vinifera Leaf (Red Grape Leaf)

促進淋巴系統及血液循環

Enhance lymphatic & blood circulation

提升免疫系統-Promote immunity

排水、排毒-Detoxification

抗氧化、抗衰老

Anti-oxidant & anti-ageing



北歐藍莓

Vaccinium Myrtillus (Bilberry)

促進血液微系統循環

Enhance micro blood circulation

排水、排毒-Detoxification

抗氧化、抗衰老

Anti-oxidant & anti-ageing

增強及改善記憶力、明目

Promote memory and visual acuity



大豆卵磷脂

Soy Lecithin

延緩衰老-Anti-ageing

健腦益智

Promote memory & nerve wellness

維持心、肝健康

Promote heart & liver protection



大蒜

Allium Sativum (Garlic)

有助血液循環-Enhance blood circulation

提高免疫力

Promote immunity

維持心、肝健康

Promote heart & liver protection

舒適寧淋巴管理膠囊 VITAS Capsule

服用方法

為達到最佳效果, 每天兩次 (最少隔開六小時即可)

每次三粒並多喝清水, 以四個月為一提升階段。

Direction to Use

To get the fastest & best result, take 3 capsules twice

daily (minimum 6 hours apart) and drink more water.

Take 4 months as an improvement period.

備註

本產品為天然保健品, 質感、顏色、氣味、味道等會有差異。由於每個人的體質各有不同, 所以服用後的反應因人而異。

Remarks :

Natural product, texture, colour, smell & taste may vary. The benefits of the product may vary with individual.



舒適寧淋巴管理膠囊 + 啫喱膏 (裡應外合) VITAS Capsule + Soothing Cream Gel (taking simultaneously)

適合對以下情況關注的人士使用:

美白

可以抗氧化, 減少自由基, 抗衰老, 美白, 光澤, 細緻肌膚以及祛斑功效。

塑身

可以有效促進淋巴及血液循環, 排水、排毒、消脂, 改善身形線條。

緩解

可以改善睡眠, 有效緩解肌肉僵硬疼痛, 腰酸背痛, 下肢腫脹血絲凸現以及女性週期感到不適。

維護

可以維護身體及心肝健康, 明目、健腦、增強記憶力。

啫喱膏額外用途

能緩解鼻塞、頭痛症狀、落枕 (俗稱頸痠頸痛)、抽筋、碰擦; 運動前用可促進熱身、提升表現, 運動後用有效排走肌酸、緩解肌肉酸痛; 祛風消氣、蚊叮蟲咬。

Suitable for people concerned about the following situations

- Enhance blood and lymphatic circulation
- Anti-oxidant & anti-ageing
- Improve sleep quality
- Detoxification
- Even skin tone, making skin fairer and anti-blemishes
- Improve body shape
- Relieve menstrual discomfort
- Relax irritated lower limbs and muscle stiffness
- Promote heart & liver protection
- Promote memory, nerve and visual acuity

Cream Gel (added benefits)

Relieve stuffed sinus; Relieve headache symptom; Relax pulled neck, shoulder; Relax muscle cramp and bruises; Use before exercise enhances performance, Use after exercise helps to drain lactic acid; Relieve gas pain, insect bites.

温馨提示

舒適寧淋巴管理膠囊

留意用後反應:

- 精神好些
- 排便順暢
- 身體整體較為放鬆
- 長期服用改善皮膚質素和身形線條

舒適寧淋巴管理啫喱膏

用於按摩暢通淋巴, 效果倍加理想

方法如下:

1. 先搖勻, 放約一元硬幣大小的份量於手心
2. 與按摩油混和塗於身體 (只需打底一次)
3. 之後只用按摩油即可

FEATURES HIGHLIGHT

VITAS CAPSULE

Watch out for below benefits after use:

- More energetic
- Easier defecation
- Improve overall body relaxation
- Improvement on skin quality, complexion and body shape with consistent use

VITAS SOOTHING CREAM GEL

To obtain the best lymphatic drainage results in body massage:

1. Shake well and use gel about size of one dollar coin
2. Mix well with massage oil and apply 1 time as base to body
3. Use massage oil for the rest of the massage