

BOO Table Runner

FOUNDATION PAPER PIECING PATTERN



BOO Table Runner & Potholders

Foundation Paper Piecing Pattern

Design and pattern by: Kathleen Davis for the Delafield Quilt Company, LLC

Finished block size: 8" x 8"

Finished table runner size: 43" x 11"

Pattern Includes:

Instructions and templates to create each block and table runner.

Quilter's Notes:

- Please read through all instructions prior to starting.
- Pre-wash and press all fabric.
- Seam allowances are 1/4" unless otherwise stated.

Materials, Supplies and Tools:

Fabric Requirements:

- Variety of black, purple, pink, grey and orange fabric scraps that are large enough to cover the sections on the templates
- Variety of white/beige fabric scraps
- Fabric for border of the tablerunner, 2" strips totalling 110".
- Fabric for the binding. The table runner will need approximately 120" in length of 2 1/2" strips.
- Backing fabric 47" x 15" rectangle

Supplies and Notions:

- Paper to print instructions and template (foundation paper highly recommended)
- Batting - (1) 47" x 15" rectangle
- Spools of coordinating thread

Tools:

- Paper scissors
- Rotary cutter and mat
- Ironing board and iron
- Quilting ruler - 12" in length recommended
- Straight pins
- Hand sewing needle
- Sewing machine

Preparing the foundation paper piece patterns:

1. Make sure the print settings are set to print **actual size** versus scale to fit.
2. Print out one complete set of the pattern instructions and templates. (Use of foundation paper for the templates is highly recommended.) Do not print the templates double sided.
3. Using a paper scissors cut around each template leaving about 1/4 or more around the furthest edge of the pattern.

Cutting Instructions:

For each foundation template decide on which fabric pieces you would like for each section. Cut your scraps so that they generously overlap the area of the designated template section. It may be easier to only cut the fabric pieces as you need them versus all at once.

Sewing the foundation paper pieces

Tip: Use a shorter stitch length when foundation piecing to allow for easier paper tear off.

Note: Each template identifies the order by which fabric pieces should be sewn to the template.

The shaded sections of the template are meant for darker/print fabrics. The non-shaded sections are intended for white/beige fabric.

Creating the Blocks - For each block begin with the A template

1. With the unprinted side of the paper facing up, place the first piece of fabric right-side up so that it overlaps the edge outline of the first section (labeled A1). There should be at least a 1/4" of fabric around all edges of section 1 (including the perimeter seam allowances). Placement can be verified by holding the fabric and template up to a light source. You should be able to see the fabric around the edges of section 1 when looking at the printed side of the template.

2. With the first piece still aligned over the first section, position the second fabric piece on top of the first piece right-sides together. The edge should align so that it is at least 1/4" over the seam line between sections 1 and 2. Make sure this piece is aligned so that when sewn and pressed open, it will completely cover section 2 (labeled A2). This can also be tested by securing the pieces at the seam line with a pin between sections 1 and 2 and then folding the section 2 fabric open.

4. Carefully fold the paper back so that the seam allowance is exposed. Avoiding the paper, use the ruler and rotary cutter to trim the excess fabric to a 1/4" seam allowance. Unfold the paper and flip the second piece so that right-side of the fabric is now facing open. Press the section flat.

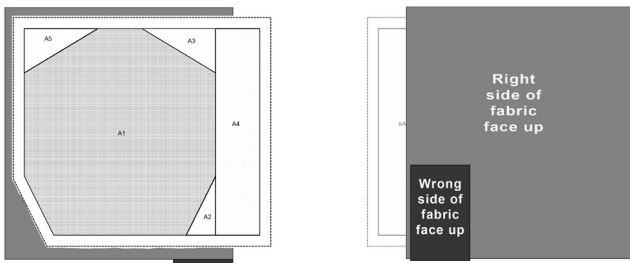
5. Lay the third piece right-sides together over the second piece at the seam line between sections 2 and 3. Align the third piece making sure that once the section is flipped open that it will entirely cover section 3 including the seam allowance.

6. Flip the template over so that the printed side is facing up and pin to secure section 3. Sew along the seam line between sections 2 and 3.

7. Fold the paper back carefully and trim the seam allowance to a 1/4". Unfold the paper and flip the third piece open and press. Use the same technique to sew the remaining sections to the template. When all sections have been sewn and pressed, trim around the template at the 1/4" dashed seam line removing the excess fabric and paper.

Continue the same process with the remaining templates.

Need help? Visit the Video and Resources page of the Delafield Quilt Company's website www.delafieldquiltco.com to view the how to sew on foundation paper tutorial.



Front view of template. Back view of template.

3. Flip the template over so that the printed side is facing up and secure the pieces with a pin. Sew along the seam line (solid line between 1 and 2).

Assembling the Blocks

Complete each block by sewing the corresponding template together (see diagram). With the right-sides of the fabric together, sew along the seam line to join each section together.

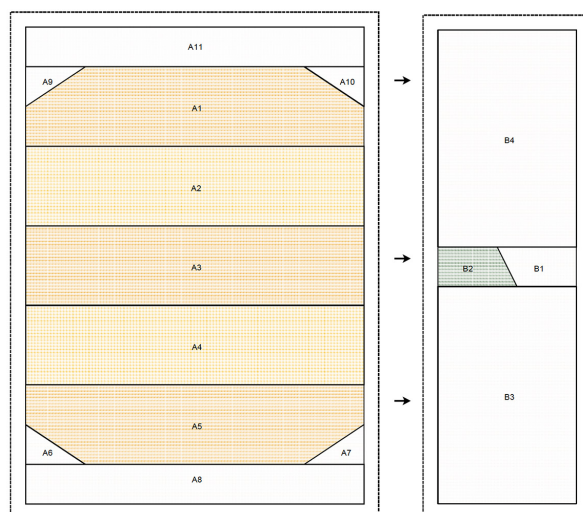
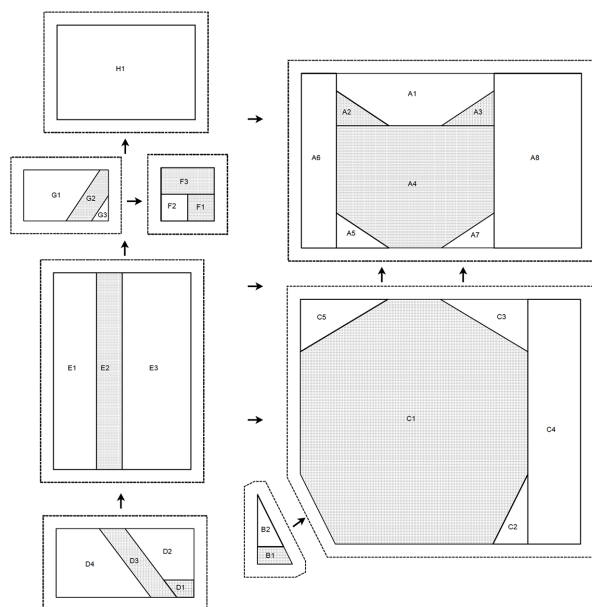
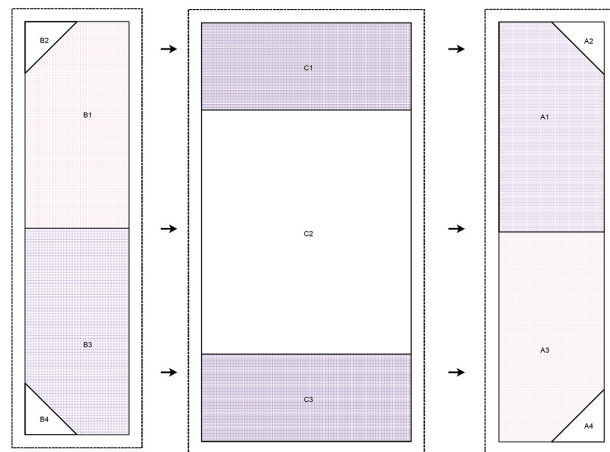
For the cat, sew sections A to C, and B to C to assemble the body of the cat first. For the tail of the cat sew together sections G and F first, and then sew this remaining sections together.

For the B, sew sections B to A, and then A to C.

For the O, sew sections B to C, and then A to C.

For the pumpkin, sew section B to A. (Make sure your stem is sewn in the right direction).

Carefully remove all of the paper from the back of the sewn square. Press again.



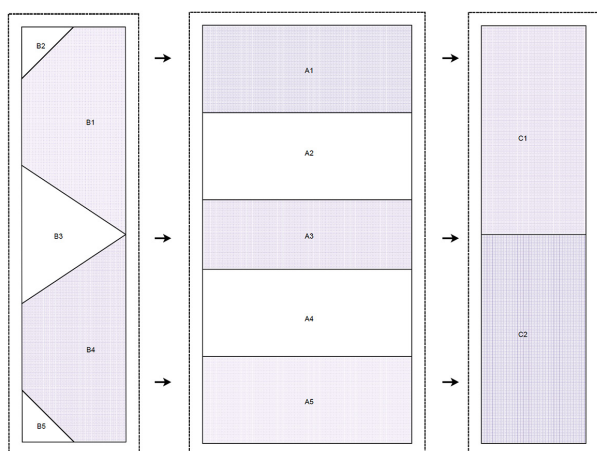
Finishing the Table Runner

1. Sew the blocks together. Cat to the B, B to the O, O to the second O, and O to the pumpkin.

2. Optional - add a border to your piece by cutting two 2" strips that measure the longest side of the piece. Sew one piece to the top and one piece to the bottom. Then cut 2" strips the length of the short sides (include the new border just sewn on). Sew a strip to each side to complete the sashing border.

3. Prepare your backing fabric and batting. By cutting them so they are at least 1" larger on each side of your piece.

4. Lay your backing fabric right side down. Lay your batting on top of the backing fabric, and then



lay your finished blocks right side up on top of the batting. Make sure the piece is centered and even. Smooth out any wrinkles.

5. If desired, use a few pins to secure the pieces together.

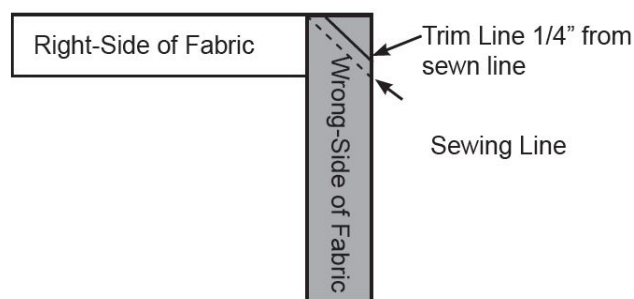
6. Quilt through all layers using the quilting method of choice.

7. Trim off the excess batting and backing using a straight ruler to the size of your quilt piece.

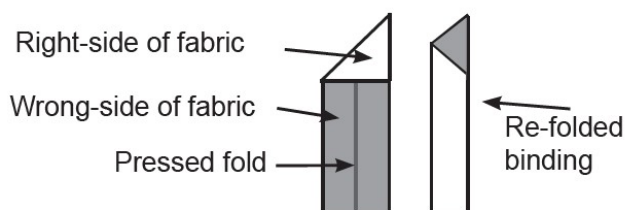
Binding the Table Runner

1. Prepare the binding by cutting the binding fabric in 2 1/2" strips. You will need enough strips to make it around the length of your piece.

2. Sew the strips together by placing one end of a strip on top of another end perpendicularly and right-sides together. Align the edges. Sew diagonally across both strips. Repeat the process until all strips are sewn together to create one continuous strip measuring 36" in length. Trim at the seam lines to create a 1/4" seam allowance. Press open all seams.



3. Fold and press the strip in half lengthwise with wrong-sides folded in. At the starting end of the binding strip fold the top corner in to create a 45° fold, re-press the fold.



4. Attach the binding to the quilted piece top by placing the binding about 4" from the top of the right-side. Align the binding to the quilt edge. Secure the binding with pins. Starting approximately 4" from the top of the binding strip, sew a 1/4" seam allowance along the edge stopping 1/4" from the bottom. Finish sewing diagonally to the corner.

5. To make the mitered corner, fold the binding towards the right to form a 45° angle. Finger press and then fold the binding back over the 45° fold. Align the binding along the bottom edge of the quilt and pin in place. Continue sewing along the edge using a 1/4" seam allowance and stopping 1/4" before the end. Repeat the process until the binding is sewn around the quilt stopping slightly before the beginning of the binding.

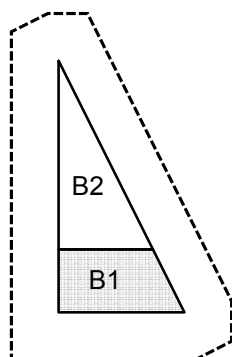
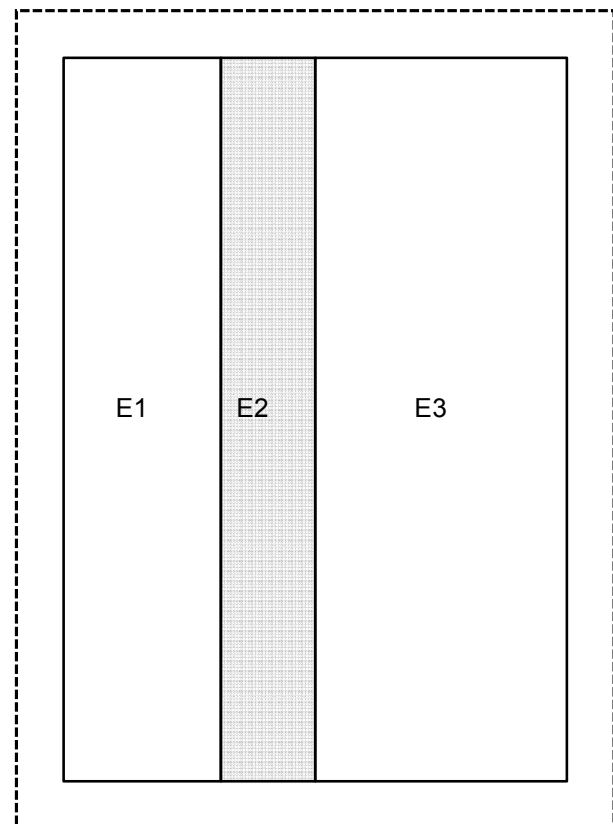
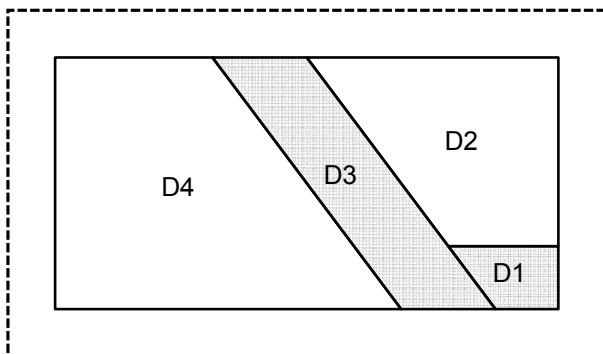
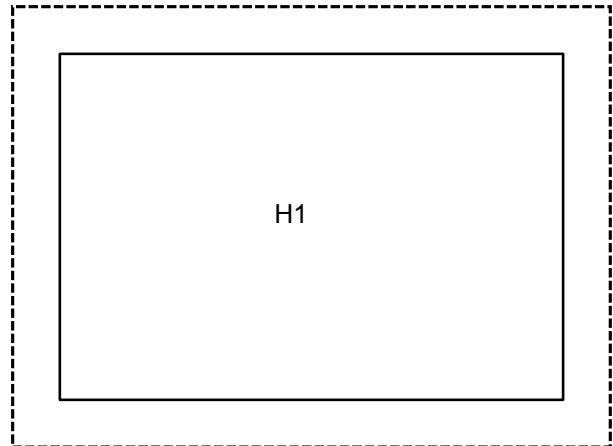
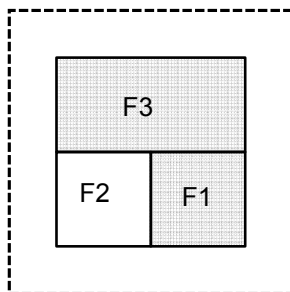
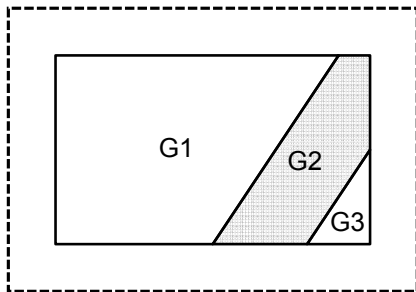
6. To connect the ending of the binding to the start of the binding, trim the excess binding from the end so that it stops right before the starting sewing line. Tuck the loose binding into the fold of the start of the binding. Finish sewing along the edge slightly overlapping the starting sewing line.

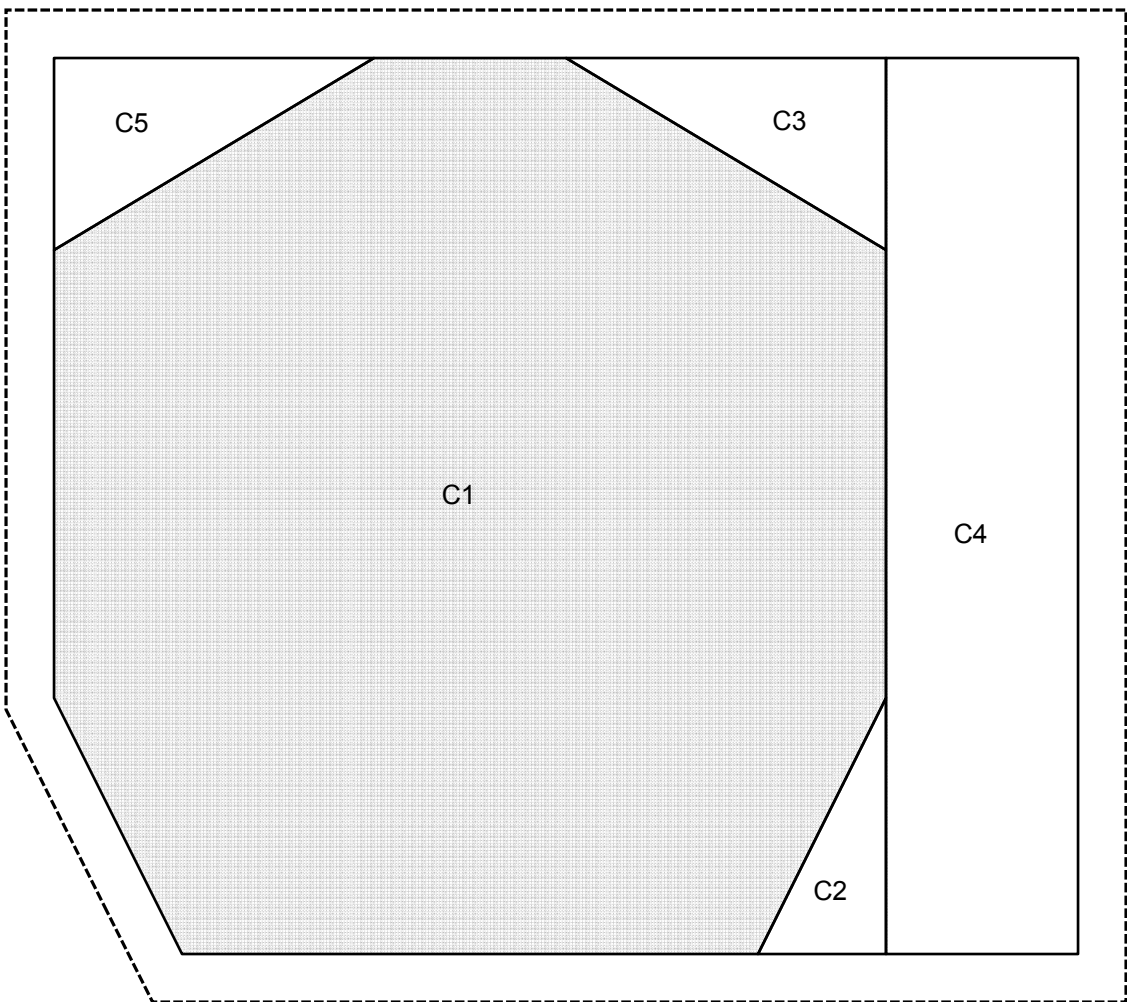
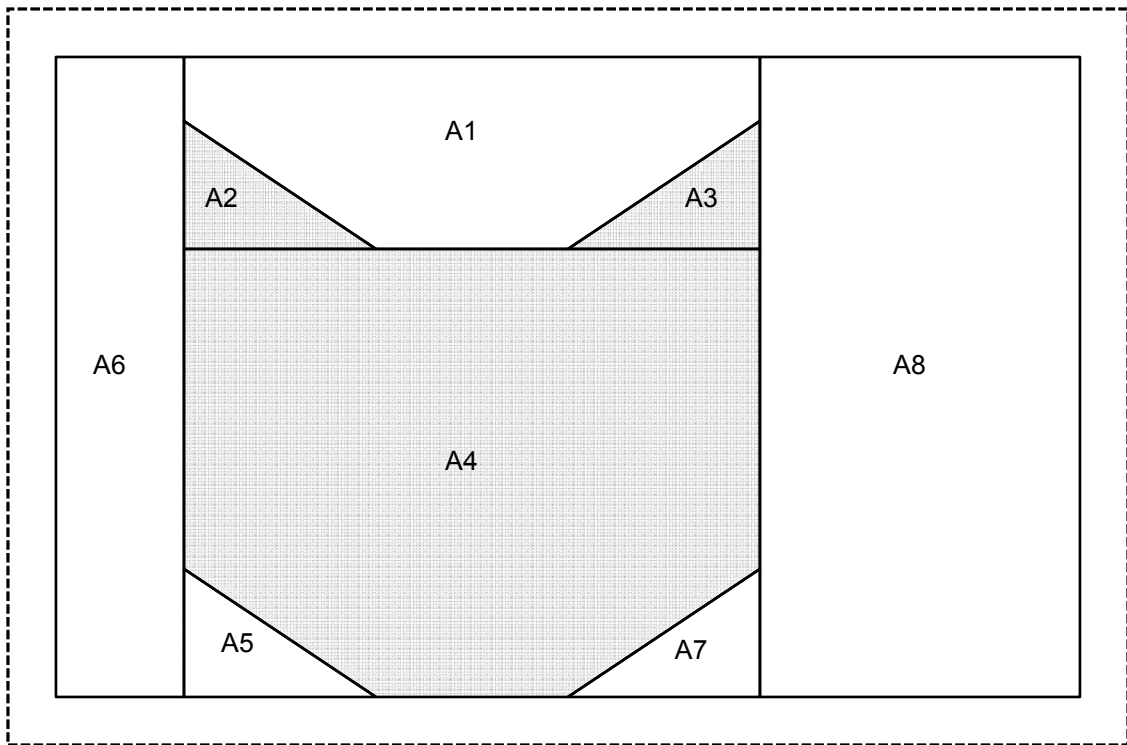
7. Flip the piece over so that the back side is facing up. Pull the binding over the edge and onto the back so that the binding edge overlaps the sewing line from the front. Pin or clip the binding in place. To create the mitered corners pull one side over first to form a 45° angle. Then pull the other side of the corner over and line up the 45° edges.

8. Finish by using a slip stitch around to secure the binding to the back of the quilt.

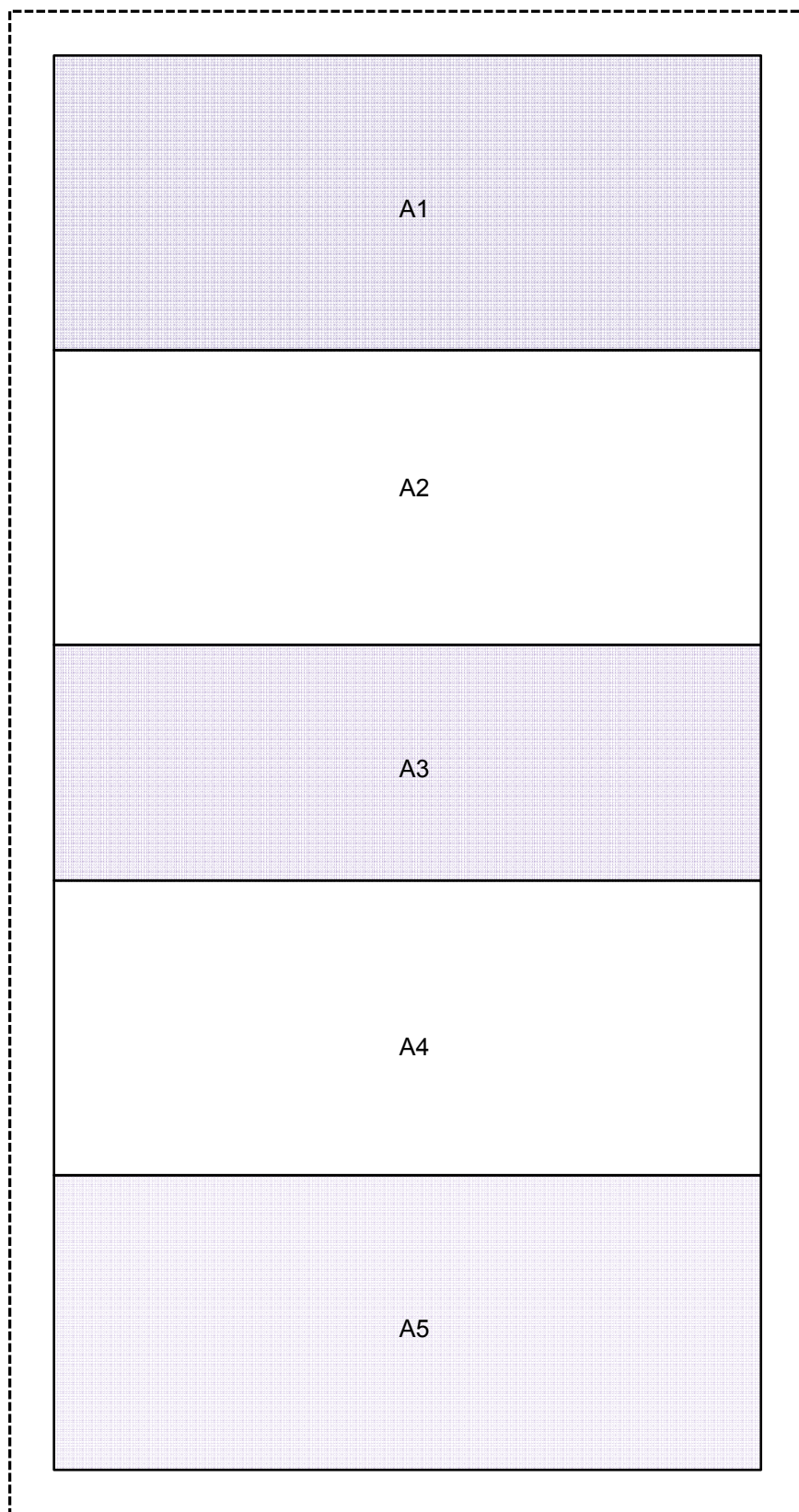
Fabrics used in the example project came from the Spook 'n Sweet collection by Art Gallery Fabrics

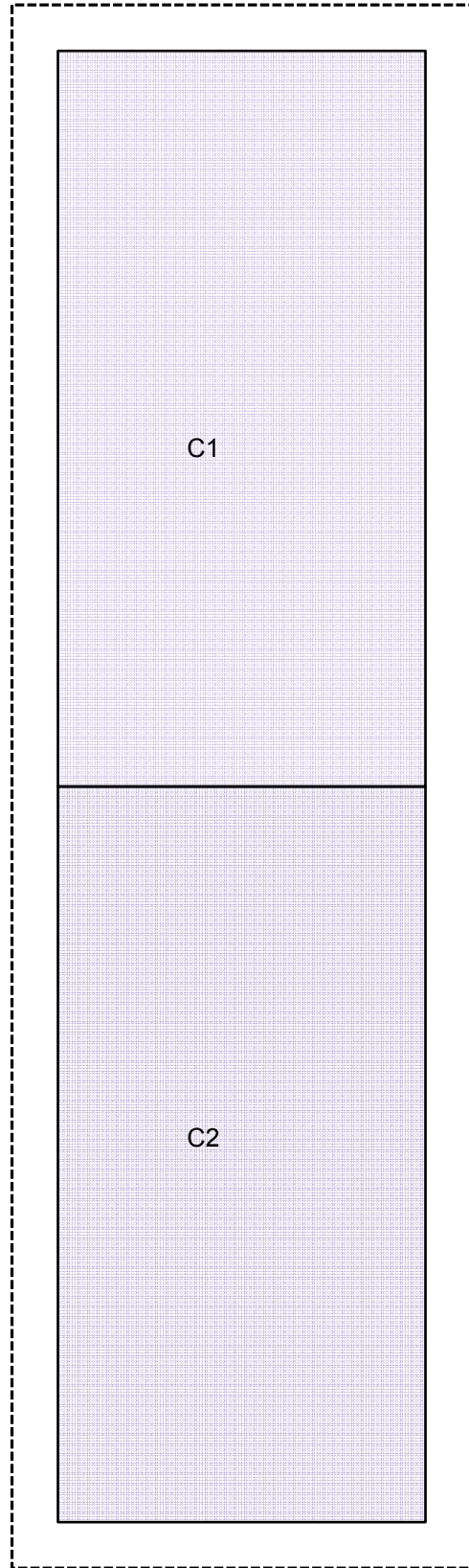
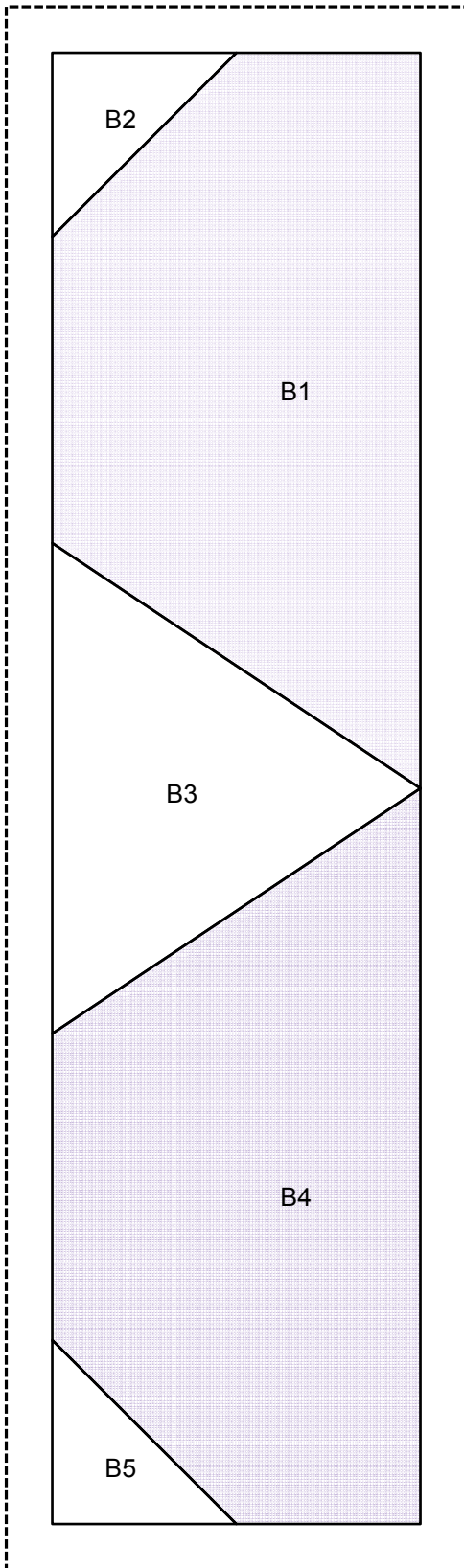
CAT Block
Finished block size 8" x 8"



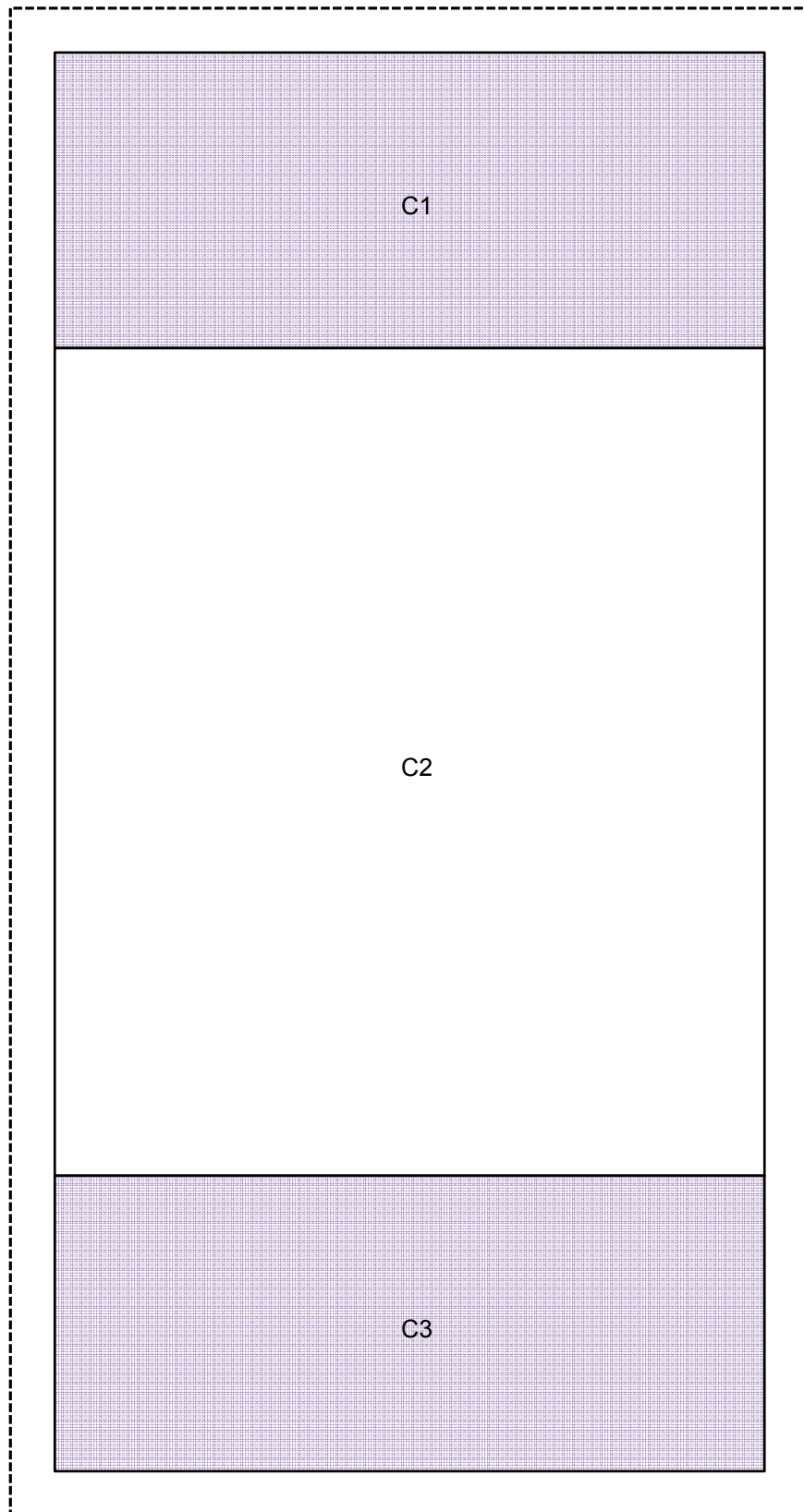


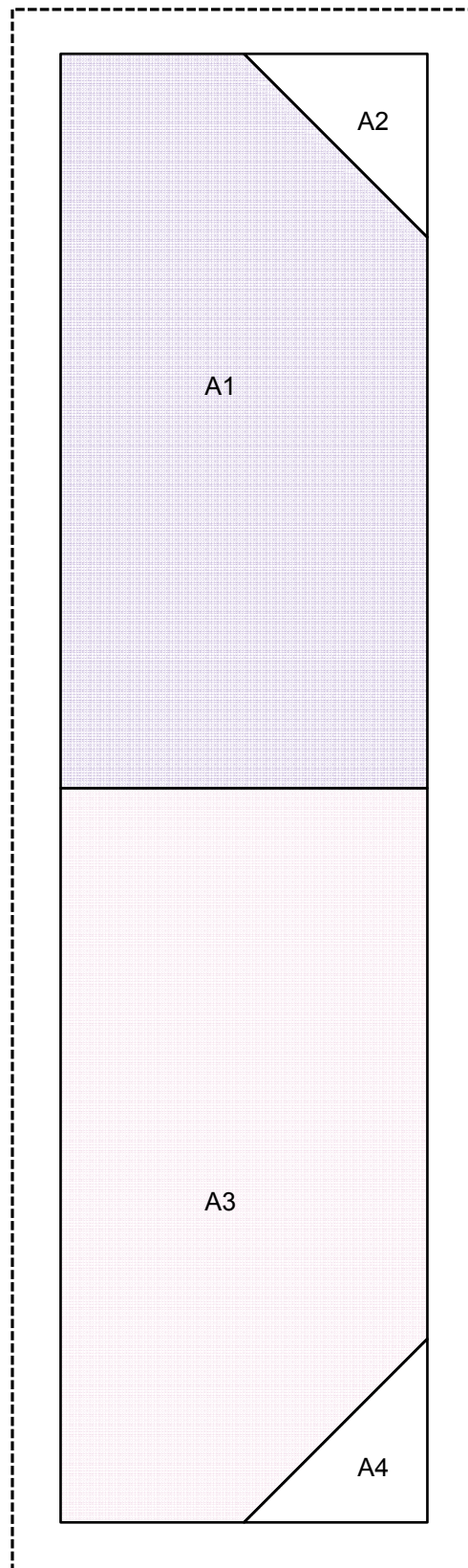
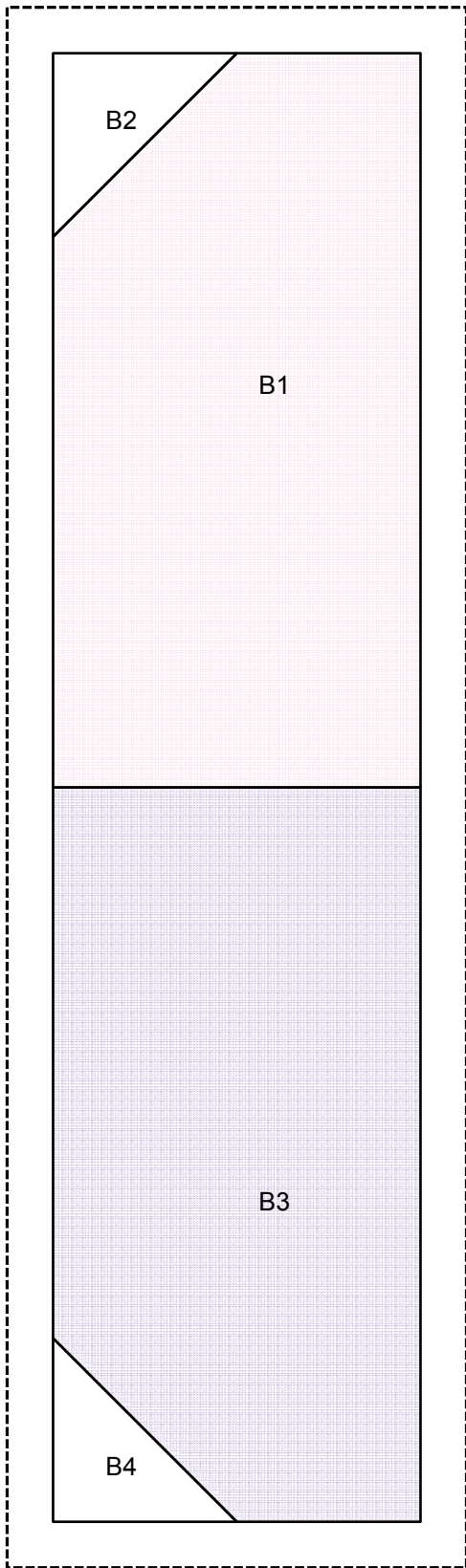
B Block
Finished block size 8" x 8"





O Block
Finished block size 8" x 8"





Pumpkin Block
Finished block size 8" x 8"

