

# Spring Cleaning

## CHECKLIST

### WEEK 1:

#### Decluttering and Preparing

- Decluttering Mindset**  
Start with a 15-minute session in the most cluttered area.
- Donation Boxes**  
Set up boxes for clothes, books, electronics.
- Wardrobe Weeding**  
Donate items not worn in the past year.
- Old Medicines and Cosmetics**  
Safely dispose of expired items.
- Pantry Perusal**  
Check expiration dates and organize.
- Digital Declutter**  
Organize files and unsubscribe from newsletters.
- Rest**  
Read a book you've been putting off.

### WEEK 2:

#### Deep Cleaning Focus

- Windows and Mirrors**  
Clean all windows and mirrors for a brighter view.
- Dusting Day**  
Dust all surfaces from top to bottom.
- Vacuum Vortex**  
Vacuum floors, upholstery, and under furniture.
- Floor Focus**  
Mop or scrub floors, especially high-traffic areas.
- Bathroom Blitz**  
Deep clean the bathroom, including fixtures and vents.
- Kitchen Cleanup**  
Clean appliances, backsplash, and cabinets.
- Rest**  
Spend your day outdoors.

### WEEK 3:

#### Organizing and Refreshing

- Closet Organization**  
Categorize items for easy access.
- Book and Media Mustering**  
Organize books, DVDs, and other media.
- Paperwork Patrol**  
Sort and shred unnecessary paperwork.
- Freshen Fabrics**  
Wash curtains and upholstery covers.
- Bedding and Mattresses**  
Clean bedding and flip mattresses.
- Refresh Decor**  
Update or rearrange home decor.
- Rest**  
Engage in a creative activity that you enjoy.

### WEEK 4:

#### Maintenance and Finishing Touches

- Safety Check**  
Check smoke detectors and fire extinguishers.
- Exterior Examination**  
Clean the front door, porch, and windows.
- Garage and Storage**  
Organize and dispose of unnecessary items.
- Pet Care Corner**  
Clean pet areas and toys.
- Vehicle Vacuum**  
Clean the car's interior and exterior.
- Tech Tune-up**  
Clean and update electronic devices.
- Rest**  
Host a gathering with your family and friends.