

# 3-WHEEL LIGHTWEIGHT ROLLATOR

**User Manual** 



#### **GENERAL SAFETY WARNING**

▲ Please make sure that you read and follow these instructions carefully. Failure to do so can result in injury. Keep these instructions in a safe place for future reference.

#### **IMPORTANT**

- Only for Intended Use
- Maximum User Weight- 253 lbs.

# PRODUCT DESCRIPTION

This 3-Wheel Lightweight Rollator is designed to give support and aid to those who cannot, or who lack the confidence to, walk without some level of guidance and support. This rollator is intended for indoor and outdoor use.



Figure 1: Freestyle Rollator

# **SAFETY & PRECAUTIONS**

- The maximum user weight must not exceed 253lbs.
- Make sure that the rollator is locked in the open position before use.
- Only use as a walking aid in the forward direction.
- Do not make adjustments to the rollator unless it is stationary.
- Do not use on stairs or escalators and use carefully on steep hills.
- Do not hang items from the handles as this will affect the stability of the rollator.
- The maximum load weight for the rollator bag must not be greater than 11 lbs.



Figure 2: Parts

# **PARTS OVERVIEW**

Refer to Figure 2. Remove the packaging and check all parts carefully. Contact your supplier immediately if parts are missing or damaged and do not try to assemble.

# Contents:

1.	Main Frame & Front Wheel	x 1
2a.	RHS Handle	x 1
2b.	RHS Rear Wheel	x 1
3a.	LHS Handle	x 1
3b.	LHS Rear Wheel	x 1
4.	Bag	x 1
5.	Handwheel	x 2
6.	Handwheel Bolts	x 2

# **ASSEMBLY INSTRUCTIONS**

# **Unfold the Rollator**

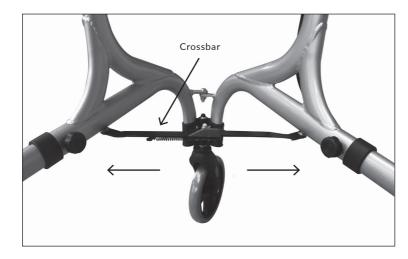


Figure 3: Unfolding the Rollator

1. Refer to Figure 2 and Figure 3. Gently pull the main frame apart until the spring locks and the cross-bar opens.

# Attaching the Wheels

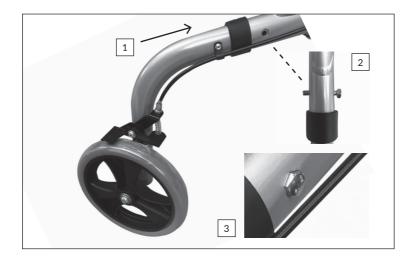


Figure 4: Attaching the Wheels

1. Refer to Figure 2 and Figure 4. Slide the RHS wheel frame tube into the RHS main frame tube.

Note: The rear wheel brake mechanism must face the external side of the rollator.

- 2. Align the holes and insert a hand wheel bolt.
- 3. Make sure that the hand wheel bolt has located into the hexagonal slot.

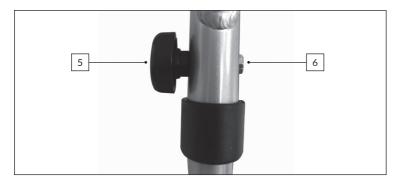


Figure 5: Attach the Hand wheel

4. Refer to Figure 5. Attach the hand wheel (item 5), to the hand wheel bolt (item 6) and tighten.

Note: Make sure that the hand wheel is located on the internal side of the frame.

5. Repeat for the other wheel.

# Attaching the Handles









Figure 6: Attaching the Handles

- Refer to Figure 2 and Figure 6. Slide the RHS handle tube into the RHS tube of the main frame.
- 2. Push and hold the handle button-clip, then push the handle until the button-clip clicks into position in the first hole.
- 3. Adjust the height of the handle to the correct height. The handle position should line up with your wrists, in a standing position, with your arms relaxed by your side.
- 4. Make sure that the thumb support on the handle is facing the internal side of the rollator.

Note: The range of the handle adjustment is in 0.98 inches increments, from 32.3 inches to 36.2 inches.

5. To adjust the handle, push and hold the button-clip, then lower to the required height. Allow the button-clip to click into the nearest adjustment hole to secure.

Note: Make sure that the button-clip has fully engaged into the hole.

6. Repeat for the other handle.

# **Brake Cables and Bag**



Figure 7: Attaching the Brake Cables







Figure 8: Fitting the Bag

- 1. To clip the brake cables Refer to Figure 7. Clip the cable on the small opening of the slot on the top frame. Repeat on the other side for the other cable.
- 2. Refer to section **Unfolding Rollator** and Figure 8. Slide one of the 'T-brackets' on the side of the bag into the slot at the top of the main frame.

Note: The bag pockets must be positioned at the rear of the rollator, facing the user.

- 3. Repeat on the other side of the bag.
- 4. Secure the bag with the safety strap.

#### **HOW TO USE**

# **Operating the Brakes**

▲ The brakes must be checked before first use, failure to do so can result in injury.

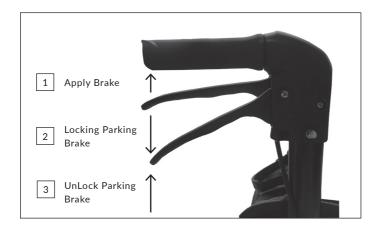


Figure 9: Operating the Brakes

#### Applying the Brakes:

 Refer to Figure 9. Squeeze the brake lever up to apply the brake. Let go of the lever to release the brake.

**Note:** The brakes are operated independently.

#### **Locking the Parking Brakes**

2. Refer to Figure 9. Push the brake lever down until it locks into position.

# **Unlocking the Parking Brakes**

3. Refer to Figure 9. Pull the brake lever up. An audible click will be heard as the brake is released.

Note: To adjust the brakes, refer to Adjusting the Brakes section.

# Folding the Rollator

1. Refer to figure 8. Release the bag security strap, then remove the bag by lifting it up with the handle. The 'T-brackets' should slide free from the bag slots on both sides.

Note: If the bag is empty it does not need to be removed prior to folding.

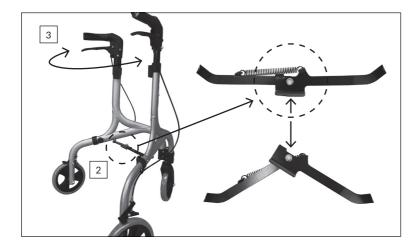


Figure 10: Folding the Rollator

- 2. Refer to Figure 10. Gently, push the cross-bar forwards to release the spring lock.
- 3. Push the handles together to fold the rollator.

# **CLEANING**

- 1. Make sure that all dirt and debris is removed from around the wheels, axle and brakes.
- 2. To clean the bag wipe with a damp cloth. Do not machine wash.
- 3. Clean the frame regularly, using a general purpose, neutral detergent and warm water.
- Please check the suitability of the cleaning products before use. Do not use abrasive cleaners or cloths as these could permanently damage the surface and invalidate any warranty.
- 5. Always allow the product to dry thoroughly prior to use or storage.

#### **MAINTENANCE**

▲ Please contact your supplier if you require assistance with the maintenance of the rollator. Incorrect adjustments can result in serious injury.

- 1. Check all button clips are fully clicked in position and that both hand wheels are tight and secure.
- 2. Check the wheels can rotate freely.
- Check for general wear or damage. Any suspected faults or damage should immediately be reported to the supplier and the product taken out of use.
- 4. Make sure the brakes are functioning correctly. When the brake levers are squeezed, the two rear wheels should not be able to rotate.

#### Adjusting the Brakes:

▲The following section requires some technical ability, do not attempt to carry out the adjustment unless you are confident to do so.

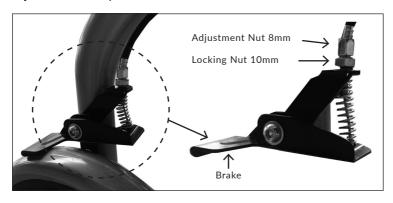


Figure 11: Adjusting the Brakes

- 1. Refer to Figure 11. The brake adjustment nut is located at the bottom of the brake cable, above the rear wheel on both sides.
- 2. Use a 10mm wrench to loosen the locking nut in a counterclockwise direction.
- 3. Use an 8mm wrench to adjust the brake tension. To tighten the brakes, turn the adjustment nut in a counterclockwise direction.

**Note:** There must be a small gap between the brake mechanism and the wheel, when the brake lever is released.

Use a 10mm wrench to tighten the locking nut in a clockwise direction.

**Note:** Use the 8mm spanner to make sure the adjustment nut remains in position, while tightening the locking nut.

#### 4. Test the brakes.

**Note:** Incorrectly adjusted brakes can lead to injury, please contact product provider if you require assistance.

#### PRODUCT DISPOSAL

This product should be thoroughly cleaned prior to disposal. This product is manufactured from metal and plastic and can be disposed of through Local Authority Household Waste and Recycling Centers or through Local Trade Waste Collectors.

# LIMITED LIFETIME WARRANTY

Your Medic Therapeutics product is backed by a limited lifetime manufacturer's warranty. Medic Therapeutics will repair or replace your device at any time should it fail due to a defect in material or workmanship, subject to the certain limitations.

This limited warranty does not cover any damage that results from unauthorized or improper use, service, or repair. Further, it does not cover damage caused by accident, impact, negligence, or normal wear and tear. Should you discover your Medic Therapeutics product is not functioning properly, please send your device to our repair center for evaluation. If your product cannot be repaired or serviced, we will reserve the right to change it for a similar or newer model.

Please note that a flat rate of \$50.00 will be charged to cover a service evaluation fee and return shipping of your device. All warranty claims must be accompanied by a copy of your proof of purchase from an authorized retailer. Please send your device, proof of purchase, and a check or money order in the amount of \$50.00 made out to Medic Therapeutics to:

#### Address:

Medic Therapeutics Service Center 3069 Taft Street Hollywood, FL 33021

#### Contact:

warranty@medictherapeutics.com

