



**MEDIC  
THERAPEUTICS**

## **ELECTRIC NECK & SHOULDER WARMER**

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**User Manual**  
FOR PERSONAL USE ONLY



Model No.: NA-H30B

**Read the entire manual carefully  
before using this device.**

## IMPORTANT SAFETY INSTRUCTIONS DO NOT DESTROY

When using this or any other electrical appliance, always follow these basic safety precautions:



### **DANGER**

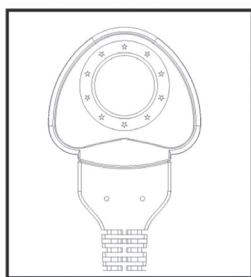
Burns will result from improper use. To reduce the risk of burns, electric shock, fire or accident of any kind, this product must be used in accordance with the following instructions.

### IMPORTANT SAFETY INSTRUCTIONS, DO NOT DESTROY

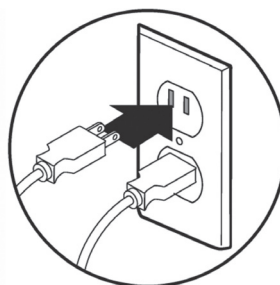
1. Do not use while sleeping.
2. Burns can occur at any setting, check the skin under the pad with frequency to avoid burns and blisters.
3. Do not use on an infant.
4. Do not use on a disabled, sleeping, or unconscious individual.
5. Do not use on an individual with poor circulation, paralysis, or diabetes.
6. Do not sit, lean or otherwise crush the pad and avoid sharp folds.
7. Always place pad on top of, not under the body.
8. Never place the pad between the body and a chair, sofa, bed or pillow.
9. Do not use on areas where the skin is sensitive.
10. Do not use in an oxygenated environment.
11. Do not use with metal pins or other metallic accessories.
12. Do not use with liniment or ointment.
13. Do not use in conjunction with any other heat-generating product or treatment.

14. Never pull on the supply cord and do not use the cord as a handle.
15. Always unplug when not in use.
16. Do not dry clean.
17. When storing, wrap the unplugged cord loosely around the pad.

This heating pad has a polarized plug (one blade is wider than the other) as a safety feature. This plug will fit into a polarized outlet only one way. If the plug does not fit fully into the outlet, reverse the plug. If it still does not fit, contact a qualified electrician



Locate and align arrows



Plug into wall outlet

### DO NOT ATTEMPT TO DEFEAT THIS SAFETY FEATURE.

1. **WARNING:** Don't use this pad with other heating pads/electric blankets under sheets.
2. **FUNCTION:** Shutting off automatically after 90 minutes.

### CARE AND MAINTENANCE

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1. Disconnect the power cord from the electrical outlet.
2. Make sure the Pad Connector is disconnected from the Control Connector by pressing the tabs on the sides of the Control Connector while pulling the connectors apart.
3. Machine or hand wash the Pad using a mild detergent, cool water or warm water, the water temperature cannot be exceeding than 86 °F, and a gentle/delicate cycle.
4. Line dry or lay the Pad flat to dry.

5. Make sure the product is completely dry before the next use.
6. To store the product, loosely roll the Heating Pad toward the Storage Straps, loop the Straps over the rolled ends, and then store it in a cool, dry, dark location after each use. Avoid sharply folding the Heating Pad.

## ELECTRICAL SPECIFICATIONS

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Model No	Voltage	Frequency	Wattage	Amperage
NA-H30B	120 V AC	60 Hz	50 W	0.4A

## FREQUENTLY ASKED QUESTIONS

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1. **When should a heating pad be used?**  
Whenever a hot form of temporary relief is desired for personal comfort.
2. **What temperature does this product reach?**  
Maximum temperature does not exceed the Underwriters Laboratorie temperature limit of 176 °F (80 °C) when set to “Hi”. Temperature varies by heat setting; you may need to use a lower heat setting depending on the specific application and your personal preference.
3. **How much time does it take to warm up to each temperature selection?**

Temperature Selection	Indicator	Heat Up Elapsed Time
Low	1	6 min
Med	2	8 min
High	3	10 min
Use for more than 30 minutes for better heat sensation		

## LIMITED LIFETIME WARRANTY

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Your Medic Therapeutics Electric Neck & Shoulder Warmer is backed by a limited lifetime manufacturer's warranty. Medic Therapeutics will repair or replace your device at any time should it fail due to a defect in material or workmanship, subject to the certain limitations.

This limited warranty does not cover any damage that results from unauthorized or improper use, service, or repair. Further, it does not cover damage caused by accident, impact, negligence, or normal wear and tear. Should you discover your Medic Therapeutics Electric Neck & Shoulder Warmer

is not functioning properly, please send your device to our repair center for evaluation. If your product cannot be repaired or serviced we will reserve the right to change it for a similar or newer model.

Please note that a flat rate of \$35.00 will be charged to cover a service evaluation fee and return shipping of your device. All warranty claims must be accompanied by a copy of your proof of purchase from an authorized retailer. Please send your device, proof of purchase, and a check or money order in the amount of \$35.00 made out to Medic Therapeutics to:

Medic Therapeutics Service Center  
3069 Taft Street  
Hollywood, FL 33009

Contact:  
[warranty@medictherapeutics.com](mailto:warranty@medictherapeutics.com)



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