

elim

SPA • PRODUCTS

Elim Deluxe Treatment

A STEP-BY-STEP GUIDE

BEFORE YOU START

- Complete the client consultation.
- Verify the absence of contra-indications.
- Identify areas for callus treatment.

01

CLEANSE

- Spritz feet with Elim Spa Prep and dry with towel.

02

CALLUS REMOVAL

- Apply Elim Callus Tonic to cotton pad/gauze and apply to callus (use 5ml per foot).
- Wrap foot in plastic wrap.
- Set timer for 10 minutes.
- Unwrap foot and remove softened callus with Stainless Steel Foot Scraper.
- Polish treated areas using a soft pumice stone or foot file to refine the surface.
- Apply Elim pH Neutralizer to a cotton pad and wipe treated areas (use 1ml per foot).

03

EXFOLIATE

- With circular upward motions apply AHA Foot Exfoliant (2.5ml per foot).
- Massage to achieve deep exfoliation.

04

DETOXIFY

- Spread Elim UltraMud clay mask over feet. Wrap feet in warm towels (use 2.5ml per foot).
- Leave on feet for 5 minutes.

elim

SPA • PRODUCTS

05

SOAK

- Add 5ml of antibacterial [Elim Spa Additive](#) to pedicure bowl with warm water.
- Rinse feet to remove AHA Exfoliant and UltraMud Mask.
- Thoroughly dry feet.

06

MASSAGE

- Massage feet with [Elim Foot Perfector](#) (apply 2.5ml to each foot).

07

CUTICLE TREATMENT

- Apply a drop of [Elim Cuticle MD](#) to each toe.
- Massage into cuticles.

08

SHIMMERING FINISH

- Spritz [Elim Gold Spritz](#) on the feet and legs for the Mediheel pedicure signature finish,
- Shake bottle vigorously before application to evenly distribute gold shimmer.

TREATMENT NOTES

- An Elim Deluxe Treatment can be completed in about 45 minutes (exclusive of polish/gel polish application)
- Cuticle and nail care should be performed during Step 2 Callus Removal.

Complete the [Elim Online Course](#) to learn more about Elim treatment options. Scan the QR code to register. Scan the QR code to watch a Mediheel Treatment Video.

Tag us in your before & after posts! IG: @elim_usa_canada

If you have any questions, contact us at info@elimcanada.com or 1-877-424-6435 x 80



Register

ELIMCANADA.COM



Video