

A STEP-BY-STEP GUIDE

BEFORE YOU START

- Complete the client consultation.
- Verify the absence of contra-indications.
- Identify areas for callus treatment.

01

CLEANSE

 Spritz feet with <u>Elim Spa Prep</u> and dry with towel.

02

CALLUS REMOVAL

- Apply <u>Elim Callus Tonic</u> to cotton pad/gauze and apply to callus (use 5ml per foot).
- Wrap foot in plastic wrap.
- Set timer for 10 minutes.
- Unwrap foot and remove softened callus with <u>Stainless Steel Foot</u> <u>Scraper</u>.
- Polish treated areas using a soft pumice stone or foot file to refine the surface.
- Apply <u>Elim pH Neutralizer</u> to a cotton pad and wipe treated areas (use Iml per foot).

03

MOISTURIZE

- Apply <u>Elim Foot Perfector</u> and massage into feet (2.5ml per foot).
- Discuss home care and book a follow up appointment.

TREATMENT NOTES

- An Elim Deluxe Treatment can be completed in about 20 minutes (exclusive of polish/gel polish application)
- Cuticle and nail care should be performed during Step 2 Callus Removal.

Complete the <u>Elim Online Course</u> to learn more about Elim treatment options. Scan the QR code to register. Scan the QR code to watch a Callus Treatment Video.

Tag us in your before & after posts! IG:@elim_usa_canada
If you have any questions, contact us at info@elimcanada.com or 1-877-424-6435 x 80





🗓 Register