

STEP BY STEP

BIO SCULPTURE POLISH MANICURE WITH GEMINI

01

CUTICLE PREPARATION

- Apply **Cuticle Remover** and gently push back cuticles with a metal tool or wood stick
- Use cuticle nippers on hang nails and dead skin
- Wash & dry hands well

02

FREE EDGE SHAPING

- File the free edge to the required length and shape
- Support the nail body while shortening

03

CLEANSE & TREATMENT BASE

- Wipe nails with **Nail Cleanse** and lint free nail wipe
- Apply **Lavender Base** to all nails

04

COLOUR & TOP COAT APPLICATION

- Apply two coats of **GEMINI** colour of choice
- Finish with the **Mirror Top Coat**

05

AFTERCARE

- Once polish has dried, Apply **Vitamin Dose** under the free edge
- Apply **cuticle oil** to cuticles and massage into surrounding skin

STEP BY STEP

BIO SCULPTURE GEL MANICURE WITH EVO

01

NAIL PLATE PREPARATION

- Wash and dry hands
- Analyze nail type and condition to select suitable treatment
- Apply **Cuticle Remover** and push back cuticles, and shape nails
- Clean nails with **Nail Cleanse**

02

APPLY FLAT BASE LAYER

- Apply a flat base layer (**Evo 8oBase & Build**)
- Cure 60 seconds in **Ultra Curing Lamp**
- On short nails proceed to step 4
- On longer nails, proceed to step 3

Note: The flat base layer is applied as a thin even layer on the nail

03

UPPER ARCH STRENGTHENING LAYER

- Apply the upper arch strengthening layer using **Evo 8oBase & Build**.
- Cure 60 seconds in **Ultra Curing Lamp**

Note: An Upper Arch Brush can be used to wet gel shape the arch and place the apex

04

CLEANSE AND REFINE

- Cleanse with **Nail Cleanse** and lint-free wipe
- Gently refine the surface with a Pink or Green buffer to ensure a flawless base
- Cleanse with **Nail Cleanse** to remove dust

05

COLOUR APPLICATION - FIRST LAYER

- Invert the **Evo Colour** a few times to evenly mix pigment
- Prepare the Evo Brush by removing excess product from the shaft
- Apply the gel to the centre of the nail, drawing the brush past the free edge. Repeat left and right side strokes, ensuring that the side walls and lower curves are covered
- Offload gel at the free edge to seal the c-curve. Use excess product to create a tidy cuticle outline
- Cure 30 seconds in **Ultra Curing Lamp**

06

COLOUR APPLICATION - SECOND LAYER

- The second layer of colour must be a smooth layer application with less pressure on the gel brush to achieve the colour intensity
- Repeat colour application, using less pressure on the brush
- cure for 30 seconds in Ultra Curing Lamp

07

TOP COAT APPLICATION

- Apply Evo Top Coat thinly and evenly
- For Gloss Top Coat, cure 30 seconds in Ultra Curing Lamp
- For Suede Matte Top Coat, cure 10 seconds in Ultra Curing Lamp
- Use Nail Cleanse and lint-free wipe to remove dispersion layer
- Wash hands and apply **Ethos Cuticle Oil**



Bio Sculpture Tutorial

SCAN & LEARN

- Scan the QR code to access an online tutorial covering application and removal of Bio Sculpture overlays

STEP BY STEP

BIO SCULPTURE GEL REMOVAL

01

PREPARATION

- Remove polish with **Polish Remover**
- Use 100 grit file to break the seal and remove the top layers of gel
- Remove filing dust

02

WRAP

- Apply **Ethos Almond Oil**, covering the buffed gel surface and surrounding cuticle area
- Place a cotton square saturated in **Gel Remover** on each nail
- Close with a pre-cut foil square
- Allow to soak for 10 - 15 minutes

03

UNWRAP

- Unwrap the foil one nail at a time and apply a drop of **Ethos Vitamin Dose** to the nail. The Vitamin Dose will assist in lifting the stubborn gel. Use a metal tool to carefully remove the gel, working from the free edge towards the cuticle.
- If the gel has not released from the nail, apply more Gel Remover to the cotton square and re-wrap. Wait a few more minutes.

04

CLEANSE AND PREP FOR GEL OVERLAY

- Once the gel has been removed apply **Ethos Kiwi Scrub/Ethos Passion Berry Exfoliant/Ethos Cuticle Remover** and proceed with cuticle work. File and shape the free edge
- Wash hands and nails. Dry well
- Proceed with nail plate preparation and the gel overlay



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