




# zenimal

## Quick Start Guide

### Ready to Start?

- 1** Press and hold  Button for 3 seconds to turn the Zenimal on
- 2** Press one of the 9 track buttons to start playing

### Pausing / Playing

To pause, press  once.


If paused for more than 5 minutes the unit powers down automatically

To unpause and continue playing press the  again.

Relaxing music will play for 10 minutes when the Zenimal is powered up, and will automatically shut off after 10 minutes if no track is selected.

### Buttons ahoy!

To restart a track from the beginning, press and hold the same track button again for 3 seconds

To turn Zenimal off, press  for 3 seconds. The Zenimal will play a sound to confirm it is off.

Press **-** or **+** to control volume levels

### Winding Down

The Zenimal will automatically power-off 3 minutes after the meditation/music ends.

### Battery Status LED Light

Red = 10% battery capacity

For more information,  
please visit  
**[www.zenimals.com](http://www.zenimals.com)**  
or  
email us at

**[hello@zenimals.com](mailto:hello@zenimals.com)**